

There was an impressive turn out at the AGM on the 31st May, and an even more impressive turn out at the dinner in the George Hotel afterwards. The food, the company and the surroundings were all superb and most people thought it to be very good value for money.

Welcome to the new members of the committee and many thanks to the retiring members. The new line up is:-

Chairman: Bob Cherry Secretary: Andy Spenceley
 Treasurer: Ian Lamont Social Sec: Pete Couldery
 Newsletter: Ken Ovens Junior Memb: Pogo Paterson
 SE Area Rep: Calum McIntosh
 Other Members: Mark Wood & Peter Woolverton

I felt that many of you might not even know some of these characters so I "persuaded" each of them to submit a pen portrait of themselves for the newsletter.

Bob Cherry

September 1957 - Belfast - Born
 November 1976 - Forest of Dean - Began orienteering
 April 1979 - Reading University - Organised BUSF
 June 1979 - Reading University - Got degree (just)
 September 1979 - Tanzania - Lost in the Bush
 January 1982 - Forres, Morayshire - Froze!
 May 1983 - Edinburgh - Joined Interlopers

Andy Spenceley

Started orienteering after going to Nottingham University to make a change from running. I was introduced to the sport in East Midland's forests, the sort of place where planners would dig a depression so they had somewhere to put a control. I drew the circle in the wrong place on my 1st control on my 1st ever course and have been wandering aimlessly ever since. Discovered contours on my arrival in Scotland at the end of 1981 and the shock caused my semi-retirement from the sport to take up hill running. My results have ranged from 2nd last one day in Trossachs '79 to 1st in M21A at Midland Champs '81 & 31st M21E British Champs '82.

Ian Lamont

Started orienteering in 1973 and came to Interlopers in 1980 via StAUOC, CO and LOK. As a banker he got stuck with being Interlopers treasurer, a job he also does for SOA. Although he doesn't attend as many events as he should he is readily recognizable as the balding one with the beard and cheque-books. He was for many years the custodian of the EEC lager lake but this has been greatly reduced and he no longer moon-lights as a Sumo wrestler. His ambition is to complete a M21B course in under 2 hours.

Pete Couldery

I started orienteering in Sussex with Saxons OC back in 1976. My running career peaked a few months later when I beat Steve Overt in the Saxons OC Come-and-try-it race at Stanmer Woods---but I somehow never managed to repeat the achievement on the local running track! I continued my orienteering with clubs at Manchester and Durham universities, and joined Interlopers when I arrived in Edinburgh in 1982. I run in either M21A or M21E, according to the mood of the BOF ranking computer. My most satisfying results recently have been with our M21 relay team which was placed 14th in the JK Relay and 6th in the Scottish Relay.

Mark Wood

I found out about orienteering through the school about 1½ years ago. My first event was a Lothian-O-League at Selm Muir where I came joint first in the white course (Beginner's Luck!). This is my first year as an Interloper and obviously my first year on the committee. Normally in Badge events and Championships I run the M15 course.

Pogo Paterson

He is an active M17 within the club, having been a committee member for one year already and a club member for many more. His name will go down in history as the designer of "Pogo's Revenge", the superb new club banner.

Peter Woolverton

This is his third term as an ordinary committee member. Previously he served on the S.E.Area committee and was chairman of the Lothian Schools Orienteering Association. He is an M35 of Gold standard though recently has been seen pot hunting in M35B. His first public appearance was at a CATI in Holyrood Park in March 1977, with his first competitive run in M21B at the SE Area Champs in Glentress in June of that year. He is an outdoor education teacher at Liberton High School where he has taught for 13 years. When not sailing, ski-ing, canoeing, caving or mountaineering he runs an orienteering club in the school from which a number of juniors have graduated to Interlopers. His main interests within orienteering are keeping junior entry fees as low as possible, encouraging juniors to maintain their interest in the sport and getting his son Tom running in M10 as soon as possible.

Ken Ovens

During my first week at Edinburgh University in 1976, I felt that I should take up a sport. I looked through the sports section of the student's handbook, saw the word orienteering and decided to try it. On attending the first meeting I was horrified to discover that it involved running, but still agreed to go along to a training event at Cademuir. The sport has been stuck with me ever since. In 1980, on graduating from the university and starting work with Ferranti, I joined Interlopers. Within a year they had me on the committee and I haven't been able to escape yet. I tend to favour the recreational aspects of the sport rather than the highly competitive ones. This may be either the cause or the effect of my inability to achieve a Gold standard in M21.

Calum McIntosh

I have been orienteering eighteen months now. My first event was a CATI at Blackford Hill and since then I have been competing all over the country, maybe not very well, but enjoying and learning the sport all time. I came into orienteering through hill walking/climbing which I still do whenever I am not orienteering. I enjoy the long-O/mountain events-Capricorn, Saunders, O.S. Mountain Trial. Aims for the future are to improve my standards in competition and keep enjoying orienteering.

Interlopers O.C. present

BADGE EVENT

Normans Law, Fife

Sunday 23 September

TERRAIN: Detailed open moor and mixed woodland MAP: 1:10,000 25' contours 5 colours
 COURSES: Badge Courses for M/M10-M/M60 plus courses for Novices and Wayfinders
 PARKING: Grid Ref NO302188 (Denmuir Farm), signposted from A913/A914 junction
 STARTS: 1030-1230 (Allow 15 minutes from Parking Area to Start)
 ENTRIES: Novices and Wayfinders - Entry on the Day only, £1.30 (Seniors) £0.60 (Juniors)
 Badge Courses - Pre-entries please by 14 September, enclose 2x S.A.E.s plus
 £1.30 (Seniors), £0.60 (Juniors), payable to "Interlopers O.C."
 to: Peter Woolverton, 41 Swanston Park, Edinburgh, EH10 7BR
 (Limited E.O.D. available at £2.00 (Seniors), £0.80 (Juniors))
 ORGANISER: Peter Couldery 031-229-2936 PLANNER: Mike Burton

APATHY

The level of apathy in Interlopers is almost the same as that shown in the recent Euro elections. Only 30% of the membership has so far returned the questionnaire sent out with the last newsletter. I appeal to the rest of you to consider the questions carefully and return the completed forms to Ken Ovens as soon as possible.

SCOTTISH CHAMPIONSHIPS, TOUCH - A PERSONAL VIEW
Peter Woolverton

Colds and flu and a cracked rib before Easter persuaded me to drop to M35B in the JK and I discovered that it rather suited me! With fine Welsh scenery and weather and a less competitive atmosphere, I relaxed, took things easy, and finished a satisfying 7th compared with something like 77th in M35A in JK83! With this in mind, along with the memory of 2 1/2 hours floundering in Glen Tanar in 1982, and almost as long in the Trossachs last year, and feeling little fitter than I did before Easter, I ran M35B at Touch. To my amazement I won and collected my first orienteering certificate!

Since that day I have faced accusations of pot hunting and glory seeking, and pressure to live up to the title of M35B Champion of Scotland. Such success opens doors in journalism it seems, as this newsletter editor reckoned I was best qualified to report on this year's Scottish Champs! The truth is that far too many good M35Bs were running above their class.

Ulterior motives apart, the weekend at Touch was very enjoyable. With FVO and LINOC at the helm the organisation was excellent, and the weather was ideal. My lasting memory of the Individual Event will be that of running across carpets of wild flowers in the clearings, and the Relay venue will be remembered for the fine views to the north and east. The commentary at the Relay change-over/finish was informative and entertaining and the Interlopers tent occupied the prime vantage point. Had it been wet and windy on the Sunday the choice of site might have come in for some criticism, but the gamble paid off handsomely.

There were many good Interloper performances. In the Individual Event there were Championship times from Pakit Hyman (17A), Ann Heyworth (19A), Hilary Smith (21E) and Carol McNeill (35A). In M21E there were Gold times for Pete Couldery, Stephen Hall, Graham McIntyre and John Campbell. Silver times were clocked by Meg Fraser and Fiona Hendrie (21E), Fiona Craddock (21A), Hilary Fairlie (21B), C. Sinclair (W45B), Mike Burton, Bob Cherry, Hew Fraser (all 21E), Ken Owens (21A), Pat Squire and Cliff White (35A), Peter Woolverton (35B) and Mark Wood (15A).

Bronze times came from Ray Heyworth (55), Ronnie Sinclair and Gordon Shiach (45A), Scott Balfour, Steve Terry and John Foey (35A), Murray Drummond (17A) and Alan Meikle (15A).

In the Relays "INT 2" (Pakit Hyman, Pete Couldery and Graham McIntyre) finished 6th out of 49 teams in the Men's Open with Pakit turning in the 9th best individual time. "INT 6" (Ann Heyworth, Meg Fraser and Fiona Craddock) finished 4th in the Women's Open with Ann 9th overall. "INT 4" (Peter Woolverton, Pat Squire and Scott Balfour) missed winning M35 by just 55 seconds! Eddie Broadley, commentating, actually credited Interlopers with the win at first, which, following this contributor's involvement in a surprise win in the Men's Short Open at the JK, almost convinced Liberton pupils that he wasn't totally incompetent. The Liberton juniors found it hard going, especially Billy Forsyth (M13) who ran the first leg, but Brenda McCaw, running second leg closed about 26 minutes on the team ahead. Mark Wood was involved in the miniest mass start of the day - all on his own.

Happy memories then, of the 1984 Scottish Champs, with the club in good health and showing greater promise for the future.

NEW MEMBERS

Welcome to the Sinclair family of 5 St. Thomas Rd., Edinburgh, EH9 2LQ. (667 4250)
 I think the orienteers in the family are Martin (M35) and Anita (W11).

ADDRESS CHANGES & CORRECTIONS

Helen Bruce moves to:-
 3 Lammermuir Gardens, Tranent, East Lothian, EH33 1NN.

Dave Copland moves to:-
 1st Flat Left, 37 Lochee High Street, Dundee. (D.611269)

John Foey is moving in mid July to:-
 30 Harper Road, Salisbury, SP2 7HQ.

Mike Sullivan lives at 8 North Bughtlinside,
 Mike Burton lives at 13 Strathfillan Road,
 Susan Wilkie has a phone (447 7441)

????? !!!!!

Pogo Paterson

You've seen the horror of Junior Section, now read this chilling tale of horror-----

JUNIOR SECTION II (18) Not for the squeamish.

Hello, yes it's me again. You thought that after the total lack of response (especially by girls for page 3) to the item in last month's newsletter I would give up, but no, not me. I have returned this month with the second junior section, but alas without any of your contributions. So, where are all you young Shakespeares, Elliots, and Owens (even a Grimm would be better than nothing).

The Scottish Championships weekend went off quite well, so I'll be expecting masses of articles telling us about your escapades in Touch and also about any other subjects, no matter how tenuous the links are with orienteering. So put pen to paper and get scribbling.

Finally, what the best dressed orienteers are wearing-- the new Interlopers O-suit, in white with green and yellow stripes !!! (only £12.65 from Pete Couldery, or £14.50 from me).

P.S. Remember that my address is in the membership list.

P.P.S. Anyone notice a resemblance between Pakit Hyman and the Interlopers motif?

CLUB CHAMPIONSHIPS-COLINTON DELL, 13th JUNE

Bob Cherry

This years Club Champions are Coreen Sinclair, Andy Spenceley and John Campbell, after an arduous (for the organiser, anyway!) relay in Colinton Dell. They ran the fastest on their respective legs of the relay. The winning relay team was Andy Kennedy, Alan Meikle and John Campbell. Congratulations!

Courses included plenty of route choice, vertical climbs, river crossings and missing controls (and for Scott Balfour, a map showing only half the course- he still managed to finish!)

31 people came and I hope, enjoyed it. Many thanks to Roger VanderSteen for producing a 1st class map.

P.S. The organiser can personally vouch for the quality of the prizes! - having sampled one afterwards.

Full Results

	<u>LEG 1</u>	<u>LEG 2</u>	<u>LEG 3</u>
1	M.Kasyck ESOC 20-49 Team 10	A.Curtis ESOC 32-24 Team 1	J.Campbell INT 22-07 Team 4
2	C.Sinclair INT 23-40 Team 3	A.Spenceley INT 34-29 Team 9	W.Gauld ESOC 28-49 Team 10
3	C.Dallas ?? 25-03 Team 9	P.Couldery INT 35-04 Team 2	F.Hendrie INT 33-51 Team 3
4	A.Hill ?? 25-33 Team 7	J.Mitchell INT 35-12 Team 5	M.Sullivan INT 39-34 Team 7
5	A.Kennedy ?? 27-41 Team 4	J.Morris ESOC 36-37 Team 7	V.Robinson ESOC 39-39 Team 2
6	C.Boyd INT 27-50 Team 1	A.Meikle INT 47-25 Team 4	J.Foey INT 46-27 Team 8
7	Roddy ?? 39-20 Team 8	P.Woolverton INT 51-23 Team 8	M.Drummond INT 49-09 Team 1
8	J.Burnell ?? 64-22 Team 2	R.Sinclair INT 52-18 Team 6	L.Boyd INT 49-50 Team 9
9	S.Baker ?? 65-24 Team 5	C.McIntosh INT 55-29 Team 10	Macpherson+Co 53-18 Team 5
10	D.Hill ?? 65-24 Team 6	M.Wood INT 56-53 Team 3	B.McCaw INT Retd. Team 6

The teams finished in the following order:-
 4,7,10,9,1,3,2,5,8,6.

SKITTLES NIGHT

Only 10 people came along to the skittles evening on 18th June at the Sheep's Heid. This was a little disappointing but one must remember that its quality that counts, not quantity. The scores achieved were variable to say the least and consistency was an unheard of virtue.

CALENDAR

July

2nd-8th French 5 Days, near Bordeaux
 Fri 13th INT/ESOC Barbecue, Yellowcraigs.
 See "Bits and Pieces" for full details.
 Sun 29th Kirkton Kanter (Again see "Bits and Pieces")

August

Mon 13th Interlopers Committee Meeting
 18th-21st Mammoth Weekend, Eskdale, Cumbria.
 25th-27th White Rose Weekend, North Yorks Moors
 25th-26th AROS Social Weekend, Glencoe

September

Sun 2nd Edinburgh Marathon
 Wed 5th Evening Colour Coded Event, Selmuir (5-7p.m.)
 8th/9th Lothian Mountain Challenge, Lammermuirs

EVERY TUESDAY

Interval Training, The Meadows. Be at the east end of Melville Drive ready to run at 7-45pm.
 Pub Night, Southsider, West Richmond St., 9pm

EVERY THURSDAY

Training run from Meggetland (off Colinton Rd.) starting 6pm. Changing rooms and showers.

For further details about any of the above events contact Andy Spenceley.

PICTORIAL DESCRIPTIONS

Many club members have difficulties with the pictorial descriptions which are used in most major events. The following is a brief introduction to these but is far from an exhaustive listing.

A typical description sheet might look like:-

M21A	9.0 km	400m						
1	114	+	▲		1.5	○		
2	121		mm		3	L		
3	156	→	∩	—				⋈
18	124		≡			○		
○	-----200m-----						⊙	
↑	↑	↑	↑	↑	↑	↑	↑	
A	B	C	D	E	F	G	H	

Column A is the control number, e.g. the 3rd control on the course.

Column B is the control code, the number written on the control itself.

Column C describes which of two or more similar features within the circle carries the control. Examples:-

↓ = |+| |·| →
 Southern Upper Middle Between Eastern

Column D describes the feature itself. Examples:-

• ○ |P mm V ≡ ▲)(
 Knoll Hill Spur Crag Pit Marsh Boulder Saddle

∩ U ~~~~~ ⊙
 Re-entrant Depression Stream Clearing

Columns E&F further describe the feature. Examples:-

— V 2.0 > —
 Shallow Deep 2m High Bend End

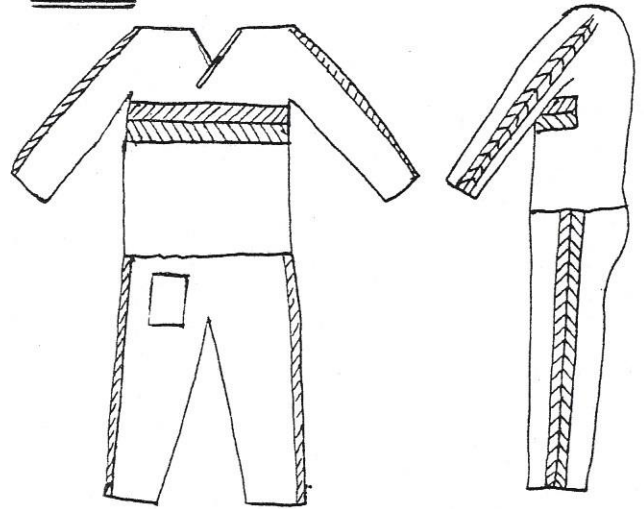
Column G gives the position of the control with respect to the feature. Examples:-

L T O V >
 Foot Top N.Side E.Edge S.Tip E.Corner

Column H gives any other information. Examples:-

⋈ ✓ □
 Manned Control Radio Control Refreshments

O-SUITS



WHITE GREEN YELLOW

The new Interlopers O-Suits have arrived. Most have already been claimed, but a few are left. They cost £12-65 per suit. If you want one, get in touch with Pete Couldery when he gets back from France.

BITS AND PIECES

Those of you who witnessed four club members spend over 15 minutes putting up the new club banner at the Scottish Champs will be glad to hear that Pogo is now writing a handbook for it. This should hopefully reduce frustration at future events.

There is a combined INT/ESOC barbecue at Yellowcraigs on Friday 13th July from 6p.m. Bring your own food, drink etc. Turn off the A198 at Grid Ref. 519842, just east of Dirlleton. Peter Woolverton has booked a minibus for this. Anyone interested in using this means of transport should contact Peter in plenty time.

There is to be an Interlopers mapping course later in the year. Further details will be given in future newsletters, but if you are impatient you can get in touch with Ian Lamont.

Bob Cherry is going to act as transport co-ordinator this year. If you need transport to an event, let Bob know, and he will try to put you in touch with someone who can provide it.

The Lothian Mountain Challenge, a two day mountain marathon event for Lothian schools is to be held on the 8/9th September in the Lammermuirs.

An event called "The Kirkton Kanter" is being held by GRAMP in the Durriss area (SW of Aberdeen) on Sunday 29th July. It will consist of running between several small woods and orienteering in the woods themselves. There is to be a 10k and a 20k course and each will involve about 50% running and 50% orienteering. Entry forms from Mike Murray, 13 Bingham Park, Milltimber, Aberdeen AB1 0EE. (0224-734389)

The Interlopers T-shirts have been selling quite well, but a few of the smaller sizes are still available at £2-50. The sizes left are 26/28 and 30/32. If you are interested, contact Ken Ovens.

