## INTERLOPERS NEWSLETTER No 44 October 1982

There seems to be plenty to occupy my stemodigit this time, what with Florence Nightingale on Roller Skates on Ice, Competitions, Events, Results, Forthcoming Distractions, and even some Orienteering!!! So Dive In Happy Reader!

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#### RECENT EVENTS and RESULTS

Events seem to have started happening again, and I actually have some results extracts to prove it.

The Caper Ceilidh weekend used some tough new areas and provided some tough foreign competition; the results lists are rather complex to interpret - I just hope I've got it right!

Score	Event,	Airthrey Castle 30	)-Jul-82.	
W17A:	lst	Ann Heyworth	281 pts	
W19B:	lst	Katherine Shiach	200 pts	
M21A:	29th	Pat Squire	227 pts	
M50:	5th	Ray Heyworth	215 pts	
South	Achray,	31-Ju1-82		
W17A:	lst	Ann Heyworth	48min 47sec	4 1 km + 125 m
W19A:	5th	Meg Fraser	67:07	5.3 km + 310 m
W19B:	9th	Katherine Shiach	65:50	2.7 km + 170 m
~19A:	lst	Graeme Guy	61:35	6.3 km + 395 m
21A:	18th	Ian Miller	80:18	7.3 km + 500 m
	26th	Pat Squire	85:42	
	34th	Andy Spenceley	87:20	
	42nd	Hew Fraser	91:43	
M21B:	15th	Dave Kershaw	68:44	5.4 km + 280 m
	17th	John Mitchell	69:12	
M43A:	31st	Gordon Shiach	83:22	5.3 km + 310 m
	37th	Ron Sinclair	88:51	
M50:	13th	Ray Heyworth	76:38	4.3km + 170m
		t August		
Conti	nental C	up Class W17: 3rd		
W19A:	7th	Meg Fraser	144:13	7.0 km + 320 m
W19B:	3rd	Katherine Shiach	127:57	4.8 km + 250 m
M19A:	lst	Graeme Guy	98:16	8.7 km + 410 m
M21A:	32nd	Hew Fraser		10.1km + 480m
	38th	Andy Spenceley	153:15	
	49th	Pat Squire	181 39	
	retir			
M21B:	8th	John Mitchell	125:15	8.1 km + 370 m
	13th	Dave Kershaw	140:29	
M35A:	9th	Scott Balfour	113:47	8.7 km + 410 m
M43A:	31st	Gordon Shiach	259:59	7.0 km + 320 m
	retir	ed: Ron Sinclair	sounds	
M50:	5th	Ray Heyworth	123:48	5.7 km + 250 m

he Relay results are incomprehensible, but it seems that he Interløpers team of Ian M, Scott S and Andy S were 3rd in the 5.4km 'Ad Hoc Long' class.

The South-East Area Champs were held at Glenearn & Berryknowe on the 26th Sept, and a good crop of Interløpers turned out to help on the day. The day was marked by several interesting activities, including a Florence Nightingale act by Mad Mitch, holding the competitor with a "cartridge" injury all the way to Hospital. Carol Brougham discovered the art of sticking little labels on soggy control cards, and a whole group of us were nearly dumped in the Tay while trying to take down the finish tents in a hurricane — unfortunately Mad Mitch's hang-gliding experience didn't seem much use!

M21A:	5th	Ben Hall	78:30	13.0 km + 180 m
	15th	Richard Spiers	89:34	
	18th	Hew Fraser	93:55	
	20th	Pat Squire	100:26	
	23rd	Dave Kershaw	114 20	
M35:	5th	Cliff White	77:01	10.4 km + 210 m
	6th	Pete Woolverton	79:30	
W19A:	2nd	Meg Fraser	73:27	9.0 km + 220 m
M43:	2nd	Ron Sinclair	75:37	9.4 km + 200 m
M21B:	no n-c	omp Andy Spenceley	61:57	
W35:	4th	Jenny Pond	93:50	6.0 km + 110 m
M15:	lst	Packet Hyman	33:56	5.0 km + 100 m
	9th	Rob Paterson	43:56	

Neil Buchanan did the 3km Wayfarer's course in 33min 50.

Many thanks are due to everyone who worked on this event, especially to Scott who planned, Ken Ovens and Ian Lamont who sort-of organised, Ray and Ann Heyworth who controlled, and all who came to help on the day.

This event has a comprehensive set of trophies (two more were donated on the day), and although we had 180 competitors, it seems a pity that we can't make something a bit more prestigious out of it. Any ideas?

#### OTHER RECENT HAPPENINGS

In the <u>CompassSport Cup</u> we were drawn against FVO, the heat to be run as part of the Pentlands event on 10th October last. Guess what?? — we lost. Rather resoundingly. The one consolation we can take is in the fact that FVO are one of the favourite clubs to win the whole competition — they have much more solid strength than we have at present.

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#### FORTHCOMING MOUTH-WATERING ATTRACTIONS

It's even more worthwhile now than ever to come to the Southsider on Tuesday evenings -- they have a Jazz Band! I wonder who will last the longer, them or us?

The Cycle-O season starts on Wed 24th November -- this is a very enjoyable fixture for anyone with a bike, a street map, torch and pencil. It's based on people's homes so that Juniors can be made welcome, but for anyone who's so inclined, BYOB and turn it into a party!

Contrary to any other information you may have, the  $\frac{First}{Lothian}$  O-League event is to be held by us on the  $\frac{28th}{Lothian}$  November at Calder Wood. Andy Spenceley is organising, and would be very grateful to hear of any volunteers to help out. Packet Hyman is planning and Fiona Hendric controlling. The Editor is offering his flat as a base for officials if they wish to use it at any time.

A <u>Skittles Evening</u> is planned for Thurs 2nd December, in conjunction with ELO (Brian Porteous's lot). This is to be held at The Golf Hotel, Gullane, and an evening meal is included in the price of approx £3-80. This is Highly Recommended as a social fixture and Andy Spenceley would like to hear immediately from everyone intending to go. (Reserve me a place, Andy!).

Interlépers have been allocated the tasks of organising (or helping to organise) the Scottish Relay Championships in 1985, and helping with J.K '88 if it's decided to hold this in Scotland. These are our only known championship commitments at present, and this is just to give you plenty of advance warning!

Ken Ovens has advance information about various  $\frac{\text{Overseas}}{\text{details}}$  in the coming year -- contact Ken for full  $\frac{\text{details}}{\text{details}}$ . The following is a summary of those currently known.

31 March - 2 April 1983: W. Denmark: Easter 3-day Event 21 May - 23 May 1983: Belgium: Charleroi 3-day Event 8 July - 10 July 1983: Switzerland: Jura 3-day Event 4 July - 8 July 1984: France: Bordeaux 5-day Event

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#### OTHER MISCELLANEOUS SNIPPETS OF GUFF

A copy of the audited accounts are attached, with the Treasurer's Compliments. Contact Ian Lamont if you have any queries.

Other Junior news: We need to try to attract more Juniors to join Interløpers, so various ideas have been suggested. Basically, everyone is asked to try to publicise the merits of the club particularly the JIM Fund described above, but also the committee's decision to give Juniors joining for the first time a discount of 50p on the membership fee, i.e first-time membership for 50p. Other benefits of membership - cheap transport to events, advice and coaching, social activities. Also, Ken-O now has an information sheet with attached membership form, and copies of this are available to anyone who wants to do some recruiting. If you have any other ideas for encouraging Juniors, please COMMUNICATE!

Mapping is still proceeding in fits and starts (mainly fits). Steve Terry is currently helping Gus McLachian survey an area near Aberfoyle for next year's Scottish Champs, and if anyone with a bit of mapping experience wishes to help, let us know.

Bowhill is also still on wishes to help, let us know. Bowhill is also still on the books, but not much more is likely to happen until next year. For this project we need a CO-ORDINATOR, to do things like liaising with landowners, chivvying people to help, keeping an eye on finance etc so as to leave Steve to do the Technical stuff. Douglas McKeith was doing this, but he has decided to try to do some real work instead, so anyone else who wishes to volunteer would be very welcome. Any volunteers to help survey (no experience necessary) would also be welcome.

It's been decided to reprint the Glenearn & Berryknowe and the Archerfield maps, as stocks are now very low. Some minor revisions will probably be needed. I'm not sure if it was decided WHO was to do this!

examples of the differences between U.S and British cultures and language, as well as differences in Orienteering. You can learn about Meet Directors, the Troll Cup, Mount Misery, Waivers of Liability, non-magnetic plastic compasses etc etc ...

#### SCHEDULE ( ! cf "NEOC Times")

Ken Ovens can help with details of any specific event listed here, and he would also like to hear of anyone needing or offering transport to any event — he can put you

NOVEMBER Tue 2nd 7.45 pm: Intervals/Training: Meadows, S.E corner 8.30 pm: Pub night: Southsider, W Richmond St. Sat 6th Junior Home International Relays ?? N. Achray ?? Sun 7th Scottish Junior Champs & Senior club event (EOD) - Blair Atholl. (ESOC) - Pete Woolverton has space in a minibus going to this. (So has the Editor's car.)
Tue 9th Training / Pub night
Sun 14th (Moravian) Club event, Oakenhead. (Border Liners) Badge event, Brampton. Tue 16th Training / Pub night Sun 21st (FVO) Badge event, Birnam Wood. Tue 23rd Training / Pub night Wed 24th 7 pm: Cycle-O, at Dave Nisbet's, 9 Marchhall Cres (667 - 6040)Sat 27th-Sun 28th Irish International 2-day event.

Sun 28th (INT) Lothian O-League 1 Calder Wood. \*\*\*\*\*\*\*Contact Andy Spenceley\*\*\*\*\*\*

Tue 30th Training / Pub night DECEMBER

Thur 2nd Dinner & Skittles, Golf Hotel, Gullane. £3-80
\*\*\*\*\*\*\* Contact Andy Spenceley \*\*\*\*\*\*\*

Sat 4th British Night Champs, Longhorn (enter by 8th Nov)

Sun 5th Galloway Galoppen 3; Glasgow Galoppen 4.

Tue 7th Training / Pub night

Sat lith (INVOC) Night event, Ardersier. Sun 12th (LINOC) L.O.L 2, Riccarton Hills.

Mon 13th Interløpers Committee Meeting.

\*\*\*\*\*\* DEADLINE FOR NEXT NEWSLETTER \*\*\*\*\*\* (I'll try to get it out before Christmas.)
Tue 14th Training / Pub night

Wed 15th 7 pm Cycle-O Geoff Ramsay's flat, Tue 21st ?? Training / Pub night
Tue 28th ?? Training / Pub night

JANUARY 1983

Tue 4th Training / Pub night Sun 9th (Moravian) Club event, Binn Hill.

Tue 11th Training / Pub night

Sun 16th Galloway Galoppen 4 ??

Tue 18th Training / Pub night

Wed 19th 7 pm: Cycle-0: Ewart Scott's flat,

42 Learmonth Grove (Check!!)

Sun 23rd (ESOC) L.O.L 3, Corstorphine Woods. Tue 25th Training / Pub night

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#### ADDRESS LIST CHANGES

A full address list is attached. The following are the main changes.

has moved, but hasn't told us where! has moved: 10 Double Hedges Park, EH16 6YL John Edwards Fiona & Ian Hendrie have moved: 3 Woodburn Terr I The Jones Family have re-joined 54 Bruntsfield Gdns 3 Woodburn Terr EH10 4SH Carol McNeill has a postcode: DG7 1SH Judith Prowse has moved: The Loaning, 14 Merchiston Bank

Gdns, EH10 5EB Margaret Tullie has moved: 1st Flat L, 215 Brunstfield Pl. EH10 4DH

John Watkins has decamped to Germany.

New Members M17 C Chris Harvey: 440-2379, 74 Penicuik Rd, Roslin, Midlothian, EH25 9NQ

M21 C Richard (Tricky Dicky) Spiers: 18 Herkless House, David Russell Hall. St Andrews Univ.

Attention all family members: We would like to get the names and O-class of all the active members of each family, to put into the Membership List (if you have no objection). So could families please contact me (Steve Terry) and let me know who you all are?

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#### MEMBERSHIP REMINDER

Ken Ov. .a

The renewal forms for those of you who are members of BOF will be posted on 1st December and will offer a choice  $\frac{1}{2}$ of membership with magazine or membership without. magazine "CompassSport/The Orienteer", will be available to members at the reduced rate of  $\pm 4-00$  for six issues. The fees for 1983 will be:-

Club only	BOF without	BOF with
	Magazine	Magazine
Junior €1	€ 2-85	€ 6-85
Senior £2	€ 7-70	£ 11-70
Family £3	£ 11-55	£ 15-55

This is just for information -- please do not try to renew your membership yet.

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#### THE INTERLOPERS CUP

Pete Woolverton

The Interlépers Cup was presented for the first time to the winning team in the Silver Class of the Lothian Mour Challenge, held this year over Minch Moor on September tich and 12th.

The winners were Armadale Aztecs, alias K Robertson and I Wallace from Armadale Academy, who completed the  $28\,\mathrm{km}$  course in  $6\,\mathrm{hr}$   $42\,\mathrm{min}$   $24\,\mathrm{sec}$  over the two days. Competition was keen with a team from Liberton High School finishing just 39 secs behind the Armadale pair. In third place a team from the Royal High School finished just 2 mins 2 secs later. There were a total of 45 teams competing in the Silver Class.

In the Gold Class the Davidson brothers from LINOC won the Adventure Equipment Trophy, covering the 38km course in 6hr 36min 38sec. Inveralmend Invalids, alias Interlépers Packet Hyman and Robert Paterson, came second with a time of 7hr 8min 34sec. Only 3 secs separated these two teams on the second day. 13 teams competed in the Gold Class, Interløper Murray Drummond being a member of one of them.

Interlépers were to the fore in the organisation of the event: the courses were planned this year by Cliff White, John Mitchell was Campsite Manager, the maps were pre-marked by Ann Heyworth who also provided general assistance, and Stephen Hall, a member of last year's winning team in the Gold Class, returned to assist with the planning. Fiona and Ian Hendrie lent a hand too.

The event, now 3 years old, is well established with 25 secondary schools in Lothian Region actively interested. Record numbers this year stretched the organisation and if any reader would like to offer her or his services next year, I would be very pleased to hear from them.

The L.M C is a strange phenomenon, to be experienced once a year in the hills around Peebles.

 $L.M.\,C$  can be suffered to 2 different extents, the milder form being silver and the more dangerous complication of L.M C being gold.

To suffer from silver you need: between 1 and 3 legs, an IQ of between 36 and 68, and a sense of humour. For the gold you must have the above characteristics, but you must also be masochistic and smitten with the blight of fitness.

As if covering enormous distances isn't enough, you are obliged to carry tents, sleeping bags etc. Just to add to the fun, some bright spark on the organising team thought up a list of weird and wonderful artefacts of our society, i.e thermos flasks, polar jackets, torches, Philips recorders etc, all of which were about as useful as feet on a fish but had to be carried. Just in case the Martians landed (or as presents for the indigenous Linoc tribe) some teams also carried frying pans, kettle, hair brush, towel etc (they will remain nameless).

I and my partner Pogo of the Short Hair (alias Robert Paterson) (you wait til I get my hands on you Packet) had entered for the gold thing. We prepared carefully and our packs down to the minimum 150 lbs (something like that) nd drove down in the Hyman limousine at about 98 mph (don't tell lies Packet) ..well all right, 110 mph then!

The event... we won't bore you with the morbid details; suffice it to say that we finished Day I in a state of great exhaustion and in 2nd position behind the favourites IFK something or other from LINOC (no-one told us motorbikes were allowed). As each team finished their equipment was checked (not that equipment Rob you fool!) and all were disqualified for not carrying a Philips video recorder by John "The Biker" Mitchell. After that you were free to assemble your night's dwelling and prepare your dehydrated monosodium glutomate with added lumps. The clever trick was to carry a large amount of some very light commodity (Packet's telling me all these big words of over one syllable) such as dried coffee, which meant we could barter cups of coffee for anything we lacked, including chicken curry, beef curry, sugar, custard, sausages, cremola foam etc (the things people will carry!!).

We hit the sack (went to bed) at 9 pm so we could get loads of "shut eye" as did most of the gold competitors, but unfortunately some stinking rotten @!# ?!! (censored) silver competitors built a fire and chased each other round the camp singing and tripping over guy lines and generally making asses of themselves, so we didn't get to sleep til fter midnight.

We got up at 6 am and ate the rest of our dried "stuff", packed our gear and at 8 am we headed for the hills, as did all the other competitors who hadn't jacked it in at the end of Day 1. We had a good run on Day 2 and finished equal with the IFK's from LINOC (although 35 mins down on combined times) so we were very pleased with our 2nd place.

We have recovered now, but it seems likely we will suffer a relapse at the same time next year!

P S. We would like to thank everyone who helped make L M.C possible and who put a lot of time and effort into making it a success. Thanks!!!

This boring gibberish was submitted by

Patrick Hyman and Robert Paterson.

To Steve: sorry about the footprints, they're Rob's (accidental he assures me).

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## BLADES AND ROLLERS

by John Curry

In the past few weeks the younger and more athletic members of several O-clubs in Edinburgh have been taking to the ice and the disco floor in an attempt to master the art of skating.

The first evening saw the first assault on the Disco floor; the floor is said to be bringing charges, but less of the frivolity. Within minutes of reaching the dance floor all the party had fallen at least once. But very soon

Ben Hall had the game mastered; next to succeed was the younger MacIntyre hot from his earlier successes on the

Miss Panther owned up that she could ice skate but then proceeded to fall backwards. Miss Smith (of the "long blonde hair" fame) on the other hand just seemed to enjoy the comfort of the seated position, but attained this frequently from a great height (ask about the bruises etc). All present seemed to master the basics, although Mr Guy seemed to keep a low profile on this occasion.

Next we moved to the Rink where other members of the club and EUOC joined in the fun. Andrew Spenceley seemed to grasp the basics, Jonathan Musgrave the side and Steve Murdoch the nearest woman before falling to the floor.

Everything went smoothly with Jonathan and Steve M being coached by the ladies, who all seemed to master skating quite quickly. Then disaster struck when someone invented the chain. With this new idea Miss Smith succeeded in proving her theory on strangulation on ice, with wet results. Then Steve M chose two pretty young ladies to form his chain. After two laps of the Rink everyone thought they had mastered the art of chain skating and they were gaining speed by the second, but alas no, Steve introduced them to the delights of the high speed fall and slide. Through the wettest part of the rink he could find.

After a short interlude to dry off and have a cup of something warm we all returned to the ice. By now everyone was warmed up and the challenge for speed began. It ended when Jonathan fell and was rushed to the locked first aid room. But all the injuries were, apart from Jonathan, mainly wet clothes and more bruises.

A few days later the gang decided to branch out and go professional: this meant a visit to Coasters at Tollcross. But after much planning our heroes were foiled: No Skating on Friday Nites (take note). Not to be outdone we all trekked off to find another disco at Chambers St union. There our numbers were increased by a little-known Wxx from CUNOC and now EUOC (you might notice her on Tuesday in the Pub).

A recurrence of the Chain Game gave me the opportunity of fast skating. Roma McCarthy quite rightly declined the last place in the chain in favour of myself and as the speed increased I just managed to survive a head-on collision with the side. We later discovered Douglas Guy's true forte, spinning in the middle of the floor, and he became quite good at it after a little tuition. But I'm sorry to say the others seemed to spend some time in heaps around the floor. The major disappointment was not seeing the Sec. on the floor. He said they had no boots his size. Never mind!

If anyone wishes to take part in a kinky evening of bruises and wet bums, phone Andy and ask him to organise it.

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## COURSE PLANNING COMPETITION RESULTS

Colin Tyre (Chairman of ESOC)

3. S Hall.

General Comments.: Standard wasn't very high.
Woolverton's were far too long; Ben Hall's too short.

W19: Ken Oven's course is by far the best. In the others, the orienteering is too easy, and in Pete's and "Miss D Controlls"'s the climbing too much.

M15: Serious misapprehensions about the required standard here: too many controls on road and stream junctions.

Judging.: Unfortunately Ken Ovens only submitted one course, and Robin Sloan did an M13 instead of an M15. The best 3 on each course would be as follows:

W19: 1. K Ovens; 2. R Sloan 3. Miss D Controlls

M15: (1. R Sloan -- if you count this one) 2 Miss D controlls

So I don't know who the winner should be: either

(a) Ken, for planning the best course;

(b) Robin, for planning the 2nd best W19 and the best (albeit wrong) junior course.

or (c) Miss D Controlls, who is the best to have followed instructions, but whose courses really aren't very good.

(Colin is a lawyer - Ed )

P.S. -- There is a Parawanga T-shirt for the winner, whoever that is. Contact Scott Balfour for the next

# PAIN-FILLED GARDENS OF THE MIND etc Story: Jean Smith Pictures: Steve Terry

At last I've got round to compiling the results of the Edinburgh Marathon. Unfortunately, due to failing eyesight, I have probably managed to omit a few names. Nothing personal I assure you, but I tended to see "funny things" after looking down long columns of names, and lost concentration. Not that I had much to begin with.

## INTERLOPERS

36th	Pat Squire	21 / -
37th	Scott Balfour	2hr 47min 56sec
160th	Ian Miller	2:48:08 3:05 12
303rd	Dave Copland	3:16:04
693rd	Roger Vandersteen	3:34:17
726th 984th	Margaret Hyman	3:35:35
1235th	Gordon Shiach	3:45:14
1665th	John Mitchell Richard Spiers	3:52:13
1874th	Pete Woolverton	4:06:13
2570th	Carrie Woolverton	4:14:17 5:09:59

## A FEW WELL-KNOWN NAMES

19th	Andy Curtis	2 /0 10
419th	Ann Curtis	2:40:12
433rd		3 22;42
	Fiona Nixon	3:22:54
1308th	Ros Coates	3:54:13

My humble apologies to anybody I have missed out (I'm sure that's a lot). Congratulations to all those who ran in the Marathon under appalling weather conditions, and a big cheer for those who stayed out in the pouring rain to watch.

Again, well done folks, and hope to see you all run next year!

- Sorry, the pictures won't copy properly! Better buck next time. Steve.