

INTERLOPERS ORIENTEERING CLUB

AGM AGENDA & NEWSLETTER No. 41

The Annual General Meeting of Interlopers Orienteering Club will take place on Friday 7th May 1982 at the Lothian Outdoor Education Centre, McDonald Road, Edinburgh. The meeting will start at 7-00p.m.

AGENDA

- 1) Apologies for Absence
- 2) Minutes of the 1981 AGM
 - a) approval
 - b) matters arising
- 3) Chairman's Report
- 4) Financial Statement for Year Ending 31st March 1982
- 5) Membership fees for 1983
- 6) Election of Office Bearers
 - a) Chairman
 - b) Secretary
 - c) Treasurer
 - d) Social Secretary
 - e) Newsletter Editor
 - f) One Junior Member
 - g) Two Other Members
 - h) Representative to the S.E. Area Committee
(may be one of the above)
- 7) Any Other Competent Business

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NEWSLETTER

According to it's "editorial", the last issue of the newsletter came to you as a direct result of threats of physical violence against the editor.

Unfortunately, such threats had no effect this time, so your over-worked and under-paid secretary "volunteered" to type this issue.

I am aware that many of you have been rather annoyed by the late appearance of the last few issues and the resultant lack of up-to-date information. I can only apologize for this and assure you that the situation has been annoying the committee as well. Hopefully things will be better after the AGM!

Warning If you have not yet renewed your membership for this year, your name will already have been removed from the mailing list for SCORE and/or the ORIENTEER. (This applies only to Associate or Full members of BOF)

If you have not yet renewed your membership for this year, your name is about to be removed from the INTERLOPERS mailing list and this will be the last issue which you will receive.

Membership Fees

	<u>CLUB ONLY</u>	<u>ASSOCIATE BOF</u>	<u>FULL BOF</u>
Junior	£1-00	£2-05	£5-55
Senior	£2-00	£6-35	£11-10
Family	£3-00	£9-00	£15-25

Fees should be sent to the treasurer along with completed renewal forms, or just a note of your name and address for "Club Only" members.

Planning Competition

All budding armchair planners should contact Scott Balfour (preferably in writing) to enter the Interlopers planning competition. Write soon, then sharpen your pencils, buy tracing paper, look out your pins and reels of thread, read the BOF book 'Course Planning' and then phone up Scott to ask what has happened to the 2 maps which he was supposed to send to you. Entrants will be asked to plan both ~~W15/M13~~ a W15/M13 and a W19/M17 course. Entry is FREE and there are some fantastic prizes to be won including a prize for the best 'novice' entry. The closing date for submission of completed entries is 14th May. By that date you should have returned a map with two beautifully drawn courses, course descriptions and details of length and climbing. CONTACT SCOTT NOW !

Relay Events

Anyone wishing to run in any Relay events this year for an Interlopers team should let Ken Ovens know well before the closing date for entries. Six teams have been entered for the Scottish Relay Championships and there are already some names down for the following events.

British Relay Champs	12/6/82	Names to Ken by	27/4/82
Harvester Trophy	19-20/6/82	Names to Ken by	15/5/82
Caper Ceilidh Relay	2/8/82	Names to Ken by	24/5/82

Transport

If you want to go to an event but do not have any transport, try contacting Ken Ovens. He will attempt to put you in touch with someone who is able to give you a lift to the event.

NEOC Times

The club receives copies of 'NEOC Times' the magazine of the New England Orienteering Club (from the USA). Anyone wishing to be put on a circulation list of people to see these should let Ken Ovens know.

Holiday in France

The club has received a leaflet from 'Golfe Bleu Club de Vacances' advertising some holidays that they are providing in 1982. The holiday camp 'Golfe Bleu' is situated on the French Riviera close to St-Tropez and in collaboration with the French Orienteering Federation is arranging international competitions and training camps for orienteers on all levels. The training camps will be in operation from early June to Mid-September. A number of walking tours are also available. The cost is about 1000 FF per person per week. If you are interested, let Ken Ovens know and he will let you see ~~xx~~ the leaflet.

Beer & Skittles

There will be a club Beer & Skittles night at the 'Sheeps Heid' in Duddingston on Monday 7th June from about 7-00p.m. onwards. PUT IT IN YOUR DIARY NOW !

Club Meal

Immediately after the AGM on 7th May, we will adjourn ~~to~~ to either a Chinese or an Indian restaurant for a meal. Come along and see how many chairs we can get round each table this year !

Well Done !

Many thanks to Richard Horswill and Ray Heyworth for organising and planning the excellent Badge Event at Gullane on 21/2/82. Thanks also to Jenny Pond for dealing with the pre-entries, Jill Nuttall for doing Richard's errands, and last but ~~not~~ not least, all of you who helped on the day.

Controllers Course

There is to be a Controllers Course on 5th June in Edinburgh. For further details try contacting Ken Ovens. (Hopefully someone is going to give him the details soon!) To become a controller you must have planned an event and organised an event, both of which must have appeared in the BOF fixtures list, and you must have attended a controllers course.

Some of the course may be of general interest to people not intending to become controllers as it will cover some aspects of planning.

South East Area Champs

The club is organising the South East Area Champs this year on 26th Sept. The probable venue is the Pentlands. As this is basically a Badge Event with a fancy name, there must be someone reading this who feels that they could cope with organising or planning this event. Volunteers for these two posts are URGENTLY required. CONTACT KEN OVENS NOW !

Royal Deeside '83

Interlopers, along with 'SOLWAY' and 'ELO', have been asked to organise Day 5 of the Scottish Six Day Event 'Royal Deeside '83' at Glen Tanar (near Ballater). We require people to volunteer as Organiser, Planner and Assistant Planner. The names of these officials must be known by early June so please think about it. If you are willing to accept one of these jobs please let Ken Ovens know ASAP. The controller for this event will be Brian Porteous of ~~the~~ ELO.

At the last RD83 committee meeting entry fees of £4-00 for seniors and £2-00 for juniors were proposed but have not yet been accepted. Any strong feelings?

Last year at Galloway '81, each competitor received a NEW overprinted map of his/her course on the evening of each event but this resulted in a large wastage of maps. (This is because ~~three~~ two maps per competitor are overprinted based on the number of competitors on the biggest day + a safety margin)

At the last meeting there was a proposal to issue BLANK maps and to display master maps in the event centre each evening so that only one map per competitor has to be overprinted. This should reduce wastage considerably.

If you have strong feelings about either of these proposals, contact Ken before the next RD83 meeting on 19th June.

Training Day

The South East Area Committee has set up a small sub-group to initiate coaching development in the Lothian Region. To date they have arranged coaching on 28th March and the weekend of 22/23 May for promising youngsters from all schools and clubs. As the CATI (Come-and-try-it) season progresses, the sub-group hope that more adults will be drawn into the sport. To help them, the sub-group have recommended a training day (a bit like the ESOC training day which has been successful in the ~~xx~~ past) where all adults, children and club members can sample various coaching/technique exercises. Interlopers were asked and have agreed to hold this training day. Volunteers are required for the posts of organiser and assistant planner. Scott Balfour will be able to help and advise on the details of the courses but will not be there on the day (as he is taking his school ~~canoe~~ canoe club on a sponsored canoe trip, along with other canoeists from all over Scotland). The event is to take place on 6th June.

If you think that you can help, contact Scott. (Its easier to do than a L-O-L !)

CATIs

Interlopers have been asked to run two Come-and-try-it events this year. ~~the~~ They are on 26th May at Blackford Hill and on 2nd June at Cramond. These are very informal events which require minimal organisation. Both events run from 5-30p.m. to 7-00p.m. and usually attract groups from a number of schools in the area. If you are willing to help by running one of these events please get in touch with Ken.

This page asks for volunteers for NINE event officials at various levels. YOU must be able to cope with at least one of the posts. Please don't just leave it to 'someone else' to do all the work.

Mapping

The field survey for the map of Bowhill is now under way. Several man-days have already been spent in the forest. * * 3 * *

Where are the Juniors ?

The main aims of the South East Area Sub-Group on Coaching are to involve the clubs like ESOC & INT more with the schools and so keep more youngsters in the sport and increase the coaching available.

To this end, the schools in the Lothian Schools O.A. are to be attached to orienteers from the main clubs. This has happened informally already - pupils at George Watsons College get to know about Interlopers through Roger VanderSteen, pupils at Liberton associate themselves with Interlopers through Scott Balfour and Peter ~~Wool~~ Woolverton, pupils at Boroughmuir get help from ESOC through Bill Gauld. Interlopers are to adopt some schools and several members will be invited, or will volunteer, to get in touch with the teacher in charge and help out at CATI and local events at first. Eventually it is hoped that the school members will be able to get help with transport to those important events further afield when their own school is unable to go. The personal approach should help.

So far 'our schools' are:-

<u>School</u>	<u>Helpers</u> (more are required)
Inveralmond	Martin Hyman
Craigmount	Cliff White, Ann Heyworth, Murray Drummond
Liberton	Peter Woolverton, Scott Balfour
George Watsons	Roger VanderSteen

There are many other schools on the list requiring contacts. Phone Scott if you already have an association with a school which he doesn't know about. Otherwise Scott will pick those staying in the vicinity of schools which the Sub-Group assign to Interlopers. (Colin Tyre is doing the same thing for ESOC)

Don't be put off - get involved, get along to CATIs with 'your' school.

You may just see them now and again, but at least the youngsters will see enough of you to be able to ask for advice or to ask for a lift to an event. (or perhaps even to offer you a lift !)

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Marathon Running

Scott Balfour

I first thought about marathon running while running round and around and back on an M21A course looking for all the controls. It took only a little extra training (mainly a long 1 to 1½ hour run at the weekend) to enable me to complete my first marathon at Whitly Bay last July. There I discovered other runners/maniacs- Pat Squire, Gordon Shiach, Martin Hyman, Fred Hyman and John Mitchell- all plodding away. There are no doubt others quietly plucking up courage to enter so the next newsletter could usefully carry some details and stories of the training programme followed by the above people.

By that time, Richard Horswill, Pat Squire, and Martin Hyman should have completed the London Marathon. Write and tell us about it.

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News from the Far East

Ian Miller should now be enjoying a few weeks holiday in Australia after a tour of duty that has taken him from Abu Dhabi to Brunei, then via Hong Kong to Korea. He reports that Brunei was warm and sunny and that he has been training by running along tropical beaches. He went out once with the Hash Harriers along a trail which apparently plunged into the jungle crossing swamps and chest deep streams.

Having survived the leeches and the snakes in the jungle, the next stage in Ian's travels took him to Hong Kong for a day before he continued on to S. Korea where he was dismayed to find that it was snowing. He was delayed in Korea for some time and was complaining that he had depleted his stock of reading matter and that he was going to have to pay for his own bar bill.

From the start of May he will be back in Abu Dhabi again until July when he hopes to return to the U.K.

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A Report on the AROS Weekend

AROS has been a controversial orienteering club since its conception about two years ago. However, since the recent referendum concerning amalgamation of Edinburgh clubs, Auld Reekie Orienteering Society's role has changed somewhat. We, the competitive elite of Edinburgh orienteering have decided to let the rest of you win some honours from now on (remember Scottish Relays 1981 ?) and concentrate our activities on education. (Some of us have actually joined INT already in order to further this aim)

So if you are interested in spending a nice quiet weekend in the country, away from the hustle and bustle of urban life, away from the corruptive influences of the permissive age, and in the company of really 'nice' people- then don't read on - the Auld Reekie Orienteers Weekend (AROW) is not for you.

The last weekend in the series (of two) was at the end of February and attracted 31 expectant individuals. They included parties from as far away as Hastings; about 10 Interlopers and at least one famous horticulturalist. (that's a stamp collector, stupid)

The basic ingredients (which we hope to beat next year) included very modest hotel accommodation in the tranquil village of Aviemore, lots of snow, lots of early nights and mornings at local hosteleries, and free singing lessons.

There is absolutely no emphasis on orienteering - day time activities include walking X-country or downhill skiing, ice climbing, swimming+sauna, ice skating, moaning about the state of one's head and the now famous Mad Mitchell IV v The Hoggan's Heroes curling match which has never taken place, but would probably be more like all-in ice-hockey.

The formula for the weekend is bound to be ~~XX~~ successful - I certainly haven't heard any complaints, other than from the hotel staff!

I would like to thank everyone for paying up, Selwyn and John for the climbing lessons in the bar, John Mitchell for the biggest laugh of the weekend - ask him about blowing corks across a tray of water, the hotel staff for being so understanding, nay, blind, and lastly the weather.

By the way, Mad Mitch, can I please have the money for that mirror ? Please come to the next AROS weekend - perhaps in ~~1982~~ Glencoe, September - a good time is guaranteed.

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Extracts from a Letter from Graeme Guy

My precise location is Northampton, a small city, half way between London and Birmingham, in a land which compared to home is like a vast desert. Field after depressing field ~~rolls~~ rolls on like sand dunes to the horizon. Unfortunately Northampton is no oasis and I am not overjoyed with the BA course I am following or happy with my orienteering.

Although an orienteering club does exist (Nere Valley Orienteers) it is very small and the members don't travel beyond their home territory. This leaves me having to hitch to events, which becomes a real hassle. Most of my training is on dull boring roads but believe it or not, there are actually some trees down here. So my advice to any young Interloper who intends to continue orienteering (at a high standard) and is leaving home to go to University or college is :-

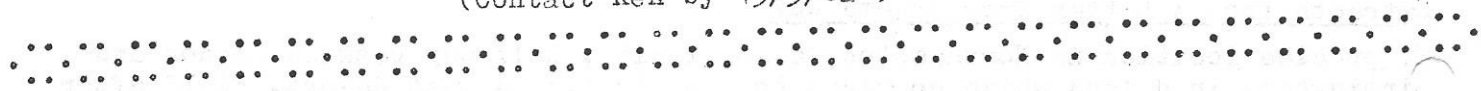
- i) Choose a University or college with an O club as this should guarantee cheap transport to events and free or reduced entry fees.
- ii) Choose one which is compatible with a training programme i.e. forests & hills near at hand.
- iii) If you like the Scottish O Scene and have many friends, don't go too far south of the border.

Well that sums up my first term at Nere College and if it has brought sympathetic tears to your eyes you had better have a box of tissues handy for next terms report.

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The address on the letter was :- 74 Semilong Road, Northampton. (Phone-712289)

Calendar

- Sun. 25 Apr LINOC BADGE EVENT Bathgate Hills (998741)
E.Broadley, 44 Tolsta Cres., Polmont, Falkirk. (Pol. 711511)
- Wed. 28 Apr CATI Holyrood Park 5-30p.m. to 7-00p.m.
- Sat. 1 May SCOTTISH INDIVIDUAL CHAMPS Glen Tanar (Entries Closed)
- Sun. 2 May SCOTTISH RELAY CHAMPS Inver (Entries Closed)
- Wed. 5 May CATI Linlithgow Academy 5-30p.m. to 7-00p.m.
- Fri. 7 May INTERLOPERS AGM & CLUB MEAL (See pages 1 & 2)
- Sun. 9 May STAUCO BADGE EVENT Lomond Hills, Fife (228063)
L.Cooper, Herkless House No. 40, David Russel Hall, St Andrews, Fife.
- Wed. 12 May CATI Fernieness 5-30p.m. to 7-00p.m.
- Fri. 14 May Closing date for INTERLOPERS PLANNING COMPETITION (See page 2)
- Sun. 16 May BRITISH CHAMPIONSHIPS Shining Cliff Woods & Crich Chase
- Sun. 16 May Galloway Galoppen VII Drumlanrig
K.Halliday, The Schoolhouse, Glenzier, Canonbie, Dumfriesshire. DG14 OTN
- Wed. 19 May CATI Selmuir 5-30p.m. to 7-00p.m.
- Wed. 26 May CATI Blackford Hill 5-30p.m. to 7-00p.m. (Org. by INT)
- Sun. 30 May NORTHERN LIGHTS '82 Oakenhead Wood (250681)
D.Ritchie, Flat A, Palmer's Cross, Elgin. (0343-46978)
- Wed. 2 Jun CATI Cramond 5-30p.m. to 7-00p.m. (Org. by INT)
- Sat. 5 Jun Controllers Course in Edinburgh (See page 2)
- Sun. 6 Jun Training Day by INTERLOPERS (See page 3)
- Mon. 7 Jun Beer & Skittles Sheep's Heid 7-00p.m.
- Wed. 9 Jun CATI Holyrood Park 5-30p.m. to 7-00p.m.
- Sat. 12 Jun BRITISH RELAY CHAMPS Pembrey Forest (Contact Ken by 27/4/82)
- Sat. 19 Jun HARVESTER TROPHY (7 man overnight relay) Scotton Moor, N.Yorkshire.
(Contact Ken by 15/5/82)



WELCOME to the following new members

- Stephanie Roberts, 9 Dundonald Street, Edinburgh EH3 6RZ 031-556-5054 (W19)
- Lesley Wann, 44 Regent Place, Edinburgh EH7 5BG (W19)
- Carolyn Paterson, 18 West Newington Place, Edinburgh EH9 1QU 031-667-8021 (W19)
- John Watkins, 46 Beauchamp Road, Edinburgh EH16 6LU 031-664-3500 (M21)

Address Changes

- Dewi Jones - now at - 7 Iona Street, Edinburgh 031-553-3273
- Peter Woolverton - now at - 41 Swanston Park, Edinburgh EH10 7BR 031-445-3818

Well, here endeth another newsletter. Sorry about all ~~the~~ the deletions but I don't have any stencil correcting fluid. Why is there a bruise developing ~~on~~ on the end of my typing finger ? (note the singular !)