

NEWSLETTER No 38

Club Chairman :	Hew Fraser	Social Secretary :	John Mitchel
Secretary :	Kenneth Ovens	Junior Member :	Ann Heyworth
N/L Editor :	Geoff Ramsay	Other Members :	Scott Balfour
Treasurer :	Meg Fraser		Jim Doig
		S.E.Area Rep. :	Gordon Shiach

NEWSLETTER - Hello from me - and apologies to all for the late arrival of this issue. Being the first issue which I have had to put out, I underestimated the work required to get things going and over estimated my typing ability! (I'm hoping for better results next time around). I'm sure all the club will join me in thanking Hilary for the work which she has put in on the newsletter up to now - I hope she will continue to be an active contributor.

I owe thanks to Ray, Meg, Hew, Dermod and Douglas for their contributions - at least I didn't have to write very much of this issue by myself (I hope it keeps up). I also owe thanks to Ian Lamont for his letter on the debate about the amalgamation of the Edinburgh Clubs. I've held it over to the next issue so that it and its subject can be given the attention they deserve. If you have any views on the matter which you want published, write NOW! The deadline for contributions for the next issue is Friday 11th September (to be sent out by the end of the month). Let us know all the naughty things you did over the summer. Geoff

HARD WORK - Hew Fraser

Thanks to Ian Hendrie and Carol McNeil for respectively organising and planning the Scottish Champs Individual Event (and also to those who helped). Thanks also to Scott for his years as a very effective secretary, to Hilary for producing the newsletter during the last year, and to Robin, Bob and Ben for their committee work. Robin had previously been chairman and Bob treasurer - both have served the club well.

NEWS FLASHES

HEW FRASER

Gareth Buffet may not have been seen on the local O-scene recently, but according to the latest issue of Compass Sport he's obviously alive and well and running for a new Welsh fell-running club called MYNYDDWYR MORGANNWG!! How about a translation/brief comment for the newsletter, Gareth ?

Carol, too, is appearing in the fell-running results - I'm sure its excellent training for the World Champs in Switzerland. Carol has been working very hard for that event and we all wish her the very best. We also look forward to seeing what a World Champs Medal looks like.

Congratulations also to Graham and Douglas Guy (and Ben Hall?) who have been selected for the BOF junior squad (Sorry if I get this wrong but I can't read Hew's writing - ed.)

Ian Miller is reported to be training hard in Abu Dhabi in temperatures of 90 degrees plus, and enjoying sailing and swimming. Reports are that he also does some work.

Hilary was competing in an all -female (which included Sue Harvey and Ros Coates) team in the 3 Peaks Yacht Race. We haven't heard how they got on, but look forward to a report for the next newsletter.

CATI DETAILS : As before - bring poly bag, compass, red pen, whistle, and 20p. From 5 to 7 pm. Any beginners who would like further information or advice/coaching on the night should contact the club member shown against each event (or look out on the day for the Interlopers banner).

- Wed. 26 August Holyrood Palace - ESOC - (Scott Balfour)
- 2 Sept. Crammond - Interlopers - (John Mitchell)
- 9 Sept. Colinton Dell - ?? - (Roger Vander Steen)
- 16 Sept. Corstorphine Hill - AROS - (Ken Ovens)
- 23 Sept. Selmuir - Currie High Sch. ??



CATI's continued -

30 Sept. Long Niddrie - Lothian Schools  
7 October Beecraigs - LINOC - (Gordon Shiach ?)  
25 October Cademuir ?? - details to follow

\*\*\*\*\* CLUB CHAMPS \*\*\*\*\* Dermod Ruddock

A Unique (so far) Occurrence !

Average (i.e. not raining) weather but slow going underfoot meant that I wasn't surprised that nobody got around all the controls on the score (Champs) course. In fact, the best result before the handicap was added was about 260 out of a possible 400 points. With the handicap, Graeme Guy managed to get 320 points, beating two other M17's (Douglas Guy and Ben Hall) into second and third places. This suggested that the handicap worked quite well; the best people in each class being given an equal chance. I do think, however, that the system favoured the men (Can I please have my £6.00 expenses, Meg?). The names and classes which people put on the control cards must reveal something about inner termoils. Take John Mitchell - he reckons he needs 'his own' class to get on. Steve seems to have similar problems and is campaigning for an M35Z class at future champs. Ian Hendrie is very well known - he just writes 'Me' and everyone knows who it is. Interlopers now have their own 'Tricky Dicky' in the shape of Richard Horswill (StAUOC please note). Meg has a peculiar problem - (I cut this bit out - ed.!). Douglas McKeith put 'plenty' against class and proved it by coming last - he got a pink certificate for his pains. The first three finishers and Rona McCarthy (first equal of the women) all received prizes - I won't tell you what they were or you won't come next year.

The serious bit over, we had a 'relay' in which Douglas McK. (Using his class ?), Ronnie Sinclair and Rona McC. managed to win, a close minute ahead of Pat Squire, Scott Balfour and Gordon Shiach. John M. demonstrated a clever finish technique which involved missing the last control and loosing 2 places..... By now the weather was getting worse so a move was made to a well-known pub in Juniper Green, then finally it was back to Hew and Meg's for coffee, biscuits and a look at the JK Trophy. All in all, it was great fun for everyone.

Thanks to Hew and Meg for the prizes and hospitality, no thanks to me for the maps (ugh!), and thank you for coming - 30 wasn't bad, but let's have a few more next year. Now there was a question of some controls which disappeared - I think John knows about them.....

(THE END)

1st	Graeme Guy	M17	320	13th=	Rona McCarthy	W15	190
2nd	Douglas Guy	M17	305	=	Gus McLachlan	M21	190
3rd	Ben Hall	M17	285	16th=	Richard Horswill	M21	185
4th	Giles Tilling	M17	280	=	Ken Ovens	M21	185
5th	Robin Sloan	M21	245	=	Helen Bruce	W17	185
6th=	Roger Vandersteen	M35	220	19th	Steve Terry	M35	180
7	= Ronnie Sinclair	M43	220	n/c	Cormac McCarthy	M19	170
8th=	Ian Hendrie	M21	215	20th	Scott Balfour	M21	165
	= Packet Hyman	M15	215	21st	John Mitchell	M21	160
10th	Robert Patterson	M13	210	22nd=	Pat Squire	M21	155
11th=	Gordon Shiach	M43	200	=	Geoff Ramsay	M21	155
	= Hew Fraser	M21	200	24th	Margaret Bruce	W19	125
13th=	Meg Fraser	W19	190	25th	Douglas McKeith	M21	105

(relay)

- 1st. course A - Ronnie Sinclair, Douglas McKeith, Rona McCarthy
- 2nd. " B - Pat Squire, Scott Balfour, Gordon Shiach
- 3rd. " B - Robert Patterson, Gus McGlachlan, Steve Terry
- 4th. " A - Packet Hyman, Geoff Ramsay, John Mitchell
- 5th. " B - Helen Bruce, Douglas Guy, Meg Fraser
- 6th. " A - David Sloan, Ben Hall, Cormac McCarthy
- 7th. " A - Margaret Bruce, Graeme Guy, Richard Horswill

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## RESULTS \*\*\*\*\*;

Ray Heyworth

Spottiswoode - 14th December 1980 (L-O-L) - Yellow 6 M.Drummond; Red 7 P.Hyman; Green 9 R.Gardner, 10 G.Shiach, 13 K.Shiach, 18 R.McCarthy; Blue 2 H.Fraser, 8 C.White, 9 R.Vandersteen, 10 G.Tilling, 13 A.Heyworth, 19 R.Heyworth, 25 P.Woolverton, 27 M.Fraser

Gullane Dunes - 22nd Feb. 1981 (SUSF and badge) - W19A (SUSF) 2 C Heardman, 4 M.Fraser, (open) 9 S.Kennedy; M21A 11 D.Guy, 14 R.Sloan, 16 S.Hall, 19 S.Balfour, 20 H.Fraser, 23 C.McNeil, 30 G.Guy, 31 G.Stoddart, 36 P.Woolverton; M21B 13 I.Lamont; M35 R.Vandersteen, 5 C.White, 9 P.Leach; M43 4 R.Gardner, 5 G.Shiach; M50 3 R.Heyworth; M17 2 G.Tilling; M15 8 P.Hyman, 19 M.Gardner; W43 4 A.Gardner; W17 1 A.Heyworth; W15 2 R.McCarthy.

Gleniffer Braes - 1st March 1981 (Junior badge) - W15 3 R.McCarthy; M17 1 G.A.Tilling, 2 S.Hall, 7 G.Stoddart.

Dalswinton - 8th March 1981 (S.W. Champs and assessment) W15 4 R.McCarthy; W19B 13 I.Allan; M15 M.Gardner; W35 11 J.Pond; M17 2 G.Guy, 3 D.Guy, 7 G.Tilling; W19A 7 C.Heardman, 9 M.Fraser; M43 7 G.Shiach; M35 7 R.Vandersteen; M21A 9 J.Doig, 18 H.Fraser, 32 I.Hendrie, 35 S.Balfour, 43 P.Squire, 47 C.McNeill (!), 58 J.Mitchell.

Crathes Castle - 15th March 1981 (Scottish Schools Champs) - W15A 3 R.McCarthy; M17A 1 G.Guy, 4 G.Tilling, 5 D.Guy.

Elibank - 22nd March 1981 (L-O-L) - Green 4 G.Shiach, 6 R.McCarthy; Blue 2 S.Hall, 5 C.White, 7 J.Mitchell, 8 G.Tilling, 13 I.Hendrie, 14 D.Kershaw, 20 A.Heyworth, 22 A.Box, 23 R.Heyworth, 26 I.Jones, 27 R.Sinclair.

Craigluscar Hill - 29th March 1981 (L-O-L) - Green 5 G.Shiach, 14 S.Kennedy, 15 R.McCarthy; Blue 2 H.Fraser, 5 S.Hall, 6 I.Hendrie, 7 J.Mitchell, 10 G.Tilling, 13 R.Vandersteen, 18 P.Woolverton, 23 G.Stoddart, 25 M.Fraser, 26 K.Ovens, 27 D.Kershaw, 28 P.Leach, 30 C.White, 33 C.Tringham, 34 A.Heyworth, 35 I.Jones, 36 R.Heyworth.

Newcastleton - 5th April 1981 (badge) - M21A 5 I.Hendrie, 9 J.Doig, 14 G.Guy, 15 J.Mitchell, 16 I.Miller, 17 H.Fraser, 18 R.Horswill, 24 D.Guy; M35 2 C.White, 13 S.Terry; W19A 3 M.Fraser; M43 2 G.Shiach, 12 R.Gardner; M21B 1 G.Ramsay, 4 P.Woolverton, 7 K.Ovens; M17 2 S.Hall; W35 4 J.Pond; M50 1 R.Heyworth; M15 6 M.Gardner; W17 4 K.Shiach; W15 1 R.McCarthy; W43 2 W.Gardner.

Scotlands galoppen 1980 - W19A 4 M.Fraser; W17 1 A.Heyworth, 2 C.Heardman, 3 K.Shiach; M21A 2 J.Doig; M21B 2 S.Terry; M19 4 G.Tilling; M17 2 D.Guy, 3 G.Guy; M43 5 G.Shiach; M50 1 R.Heyworth.

Lothian-O-League 1980-81 - certificates - Yellow JM 3 M.Drummond; Orange SW 3 I.M.Allan; Red JM 1 P.Hyman; Green JW 1 K.Shiach, 2 R.McCarthy; SM 2 G.Shiach, 3 R.Gardner; Blue JW 1 A.Heyworth; JM 1 S.Hall, 2 G.Tilling; SW 2 M.Fraser; SM 2 H.Fraser, 3 R.Vandersteen.

Scottish Championships - Craig a' Barns - 2nd May 1981 (organised by interlopers) - M21A 5 J.Doig, 45 I.Miller; M19A 11 D.Guy; M43 31 G.Shiach; M21B 1 P.Squire, 15 P.Woolverton; M50 12 R.Heyworth; badge W17 1 K.Shiach, W13 10 A.Gardner.

Scottish Relays - Garshelloch - 3rd May 1981 - women 1st (third time in five years) C.McNeill, A.Heyworth, M.Fraser; men 8 INT1, 21 INT2, 32 INT3; M43 5 INT.

Falstone - 10th May 1981 (badge) - W17 1 K.Shiach; M21A 10 I.Hendrie, 11 D.McKeith, 12 R.Horswill, 22 J.Mitchell; M21B 8 D.Kershaw; M43 7 G.Shiach; M50 2 R.Heyworth.

South-East Area Championships - Cardrona - 17th May 1981 - M13 13 R.Paterson, 14 M.Drummond; M15 15 P.Hyman, 18 M.Gardner; M17 5 G.Tilling; M21A 5 S.Hall, 10 D.McKeith, 21 H.Fraser, 24 I.Hendrie, 31 J.Mitchell, 32 S.Balfour, 34 P.Squire; M21B 3 D.Kershaw; M35 14 R.Vandersteen; M43 15 R.Gardner, 18 G.Shiach; M50 4 R.Heyworth; W15 5 R.McCarthy; W17 1 A.Heyworth; W19A 8 M.Fraser; W35 3 J.Pond.



Roseisle - 30th May 1981 - A 1 J.Doig, 7 R.Horswill; B 3 A.Heyworth, 4 J.Mitchell, 14 R.Heyworth.

Northern Lights - Assich - 31st May 1981 - M19 1 G.Guy, 2 D.Guy; M21A 3 J.Doig, 6 H.Fraser, 14 R.Sloan, 18 I.Hendrie, 21 J.Mitchell, 22 R.Horswill; M35 10 S.Terry; M43 5 G.Shiach; W17 1 A.Heyworth; W19A 3 M.Fraser; M50 1 R.Heyworth.

British Championships - Dipton Wood - 7th June 1981 - M17A 7 S.Hall, 8 D.Guy, 9 G.Guy (winners, junior team), 29 G.Tilling, 34 J.Laing; M21A 30 J.Doig; M21B1 13 H.Fraser, 50 S.Balfour; 67 D.Kershaw; M21B2 61 J.Mitchell, 78 K.Ovens; M35A 38 R.Vandersteen; M43A 50 G.Shiach; M50A 12 R.Heyworth; W15A 11 R.McCarthy; W17A 2 A.Heyworth; W19A (5 n/c) C.McNeill; W19B 4 M.Fraser.

Pentlands - 14th June 1981 (badge) - M13 10 R.Paterson; M15 6 P.Hyman; M17 1 G.Tilling, 2 M.Hall, 6 M.Gardner; M21A 2 J.Doig, 4 D.McKeith, 10 S.Balfour, 11 G.Guy, 13 P.Squire, 17 G.Ramsay, 18 D.Guy, 19 R.Horswill; M21B P.Woolverton, 3 D.Kershaw; M35 5 C.White, 7 S.Terry; M43 4 R.Sinclair, 5 G.Shiach, 11 R.Gardner; M50 1 R.Heyworth; W17 1 A.Heyworth; W19A 1 M.Fraser; W35 3 J.Pond; W43 4 A.Gardner.

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Lothian Scheme of Sports Awards

Ray Heyworth

Application forms for scholarships and grants are available from Leisure Services, Lothian Region, 40 Torphichen Street, Edinburgh EH3 8JJ from the 1st August. Completed forms (and claim forms from present holders of grant awards) must be received by Scott Balfour by 14th August. Enter badge standards as well as position in your results. Please ask if you would like advice. Grants are available to attend courses for Controllers, for officials at events as well as competitors, for travel, residence and fees.

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Novice Training

ESOC are arranging a training event at Binning on the 11th October. Interlopers are planning to use this event to follow up the novice help given at CATI's by arranging elementary (not advanced technique) training. Contact the club committee for details if you are interested.

Socials

- Write now in your diary : Beer n' Skittles on wed. 14th October at 7.30 pm, Sheep's Heid, Duddingston.

Beecraigs/barbecue !!! Nobody could summon any enthusiasm to send me anything about this. Was it that bad ?? - ed.

7 Hills Race

Douglas McKeith

This annual scamper around the 7 hills of Edinburgh is worth trying. It's only 14½ miles and involves getting to the tops of Calton Hill, Esplanade, Corstorphine Hill, Easter Craiglockart Hill, Braid Hill, Blackford Hill, Arthur's Seat (directissima!) and then back up Calton Hill to finish. These's a race for those who want it, and its a challenge for those who just want to finish the course. Gordon Shiach, Richard Gardner, Scott Balfour, Stephen Hall and Gordon Stoddart kept the flag flying for Interlopers. The whizz athletes got around in btween 2 and 3 hours.

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\*\*\*\*\* Fame \*\*\*\*\*

If you weren't too busy demolishing your steak pie and chips at about 6.20 pm on March 30th, and happened to be watching Reporting Scotland, you may have seen the BBC's commercial for Interlopers. For about 20 seconds or so Meg Fraser could be seen jogging with a BBC reporter on the Blackford Hill and wearing - yes - an Interlopers T shirt !



The reason for this sudden rush of publicity was unfortunately not Meg's athletic prowess (!) but a short feature publicising a small pulse rate monitor developed by some of Meg's fellow engineers at Edinburgh University. This device also happens to be known as the 'jogger's friend'.

(Meg says that all requests for autographs should be sent to her publicity agent's office at 3 Juniper Gardens !)

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Balerno Gala Week Run

Meg Fraser

On the sunny evening of Monday 25th May a small band of intrepid Interlopers athletes took on the giants of Balerno over the 5.8 mile course of the Balerno Gala Week Run. Leading the field up the hill past the Marchbanks Hotel were Fred Hyman and Hew Fraser - at least they may have been, but I was too far back to see ! They finished in 35 minutes 19 seconds and 37 minutes 22 seconds respectively and were too tired to notice what the winning times were.

Meanwhile, Margaret Hyman and I, following at a more sedate pace finished in 44minutes 26 seconds and 42 minutes 54 seconds respectively, taking 1st and 2nd places in the ladies race.

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Address Changes - if you have moved, please let us know !

Ian Lamont - now at Ground Flat, 10 Murrayfield Place, Edinburgh EH12 6AA  
tel. 346-2689

Susan Mustard - now at Smeaton Farm Cottages, Dalkeith, Midlothian  
EH22 2NL

(Family) Hyman - new telephone number 5-412322

Robin Sloan - now at Roseisle, Aldie Crescent, Darnick, Melrose,  
Roxburghshire TD6 9AY (phone number not changed)

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EPILOGUE

While you're basking in the sun at Galloway try to think up something for the next issue - remember, this is your newsletter. If I survive a week's hang-gliding with John Mitchell after the Galloway week then the next issue should be out in late September.

Geoff.



STOP PRESS: RESPONSE TO IAN HENDRIE'S LETTER ON THE AMALGAMATION OF THE EDINBURGH  
ORIENTEERING CLUBS

In view of the recent debate on the position of the Edinburgh Orienteering clubs and the questionnaire which is being circulated on the subject, I think it is important that the only written response from a club member should be circulated now. Ian has obviously considered the matter carefully and I think his letter puts forward good justification for Interlopers continued independent existence. Enclosed with this newsletter is a questionnaire - please complete it and return as asked - this matter should be decided by a majority of club members.

Hew Fraser

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IAN'S RESPONSE

I cannot agree with Ian Hendrie's opinions as expressed in the last newsletter and think that the benefits he looks for from the amalgamation of clubs can be better achieved by co-operation among all the existing clubs in the Edinburgh area. The main areas for such co-operation include:

- a greater variety of training and social events
- aid and facilities from the Regional Council
- expansion and development of the sport in the area
- a joint newsletter
- transport to events
- overseas tours

Long-term success in competition will not come from the amalgamation of clubs but from improved and increased training for club members. Surely the Edinburgh clubs could co-operate to provide such training, at all levels, for their members. The same applies to the teaching of mapping skills, the provision of mapping equipment and the production of maps.

Sharing the workload, particularly ~~XXX~~ in event organisation, is a recurring problem in the sport. I believe more people would be encouraged to offer their services, even for large tasks, if they felt that experienced clubmates, known to them, would be on hand to give advice and assistance. Such feelings can be more easily fostered in a smaller, less impersonal club, than in the type of club proposed.

Increased coverage in the local press and radio will not necessarily follow from having a single open club in Edinburgh or even by improved results in competitions. The best way to achieve such coverage is by direct and regular contact with the Press. One person prepared to cultivate local press contacts could forward information and news items from and about all the clubs in the area to the appropriate media.

Amalgamation then would not solve any of the above problems but would result in a large unwieldy unit, awkward to administer and daunting to prospective new members. In addition, the effect of the submergence of the traditions and distinguished histories of the constituent clubs and the difficulty in choosing a new name should not be underestimated. Shouldn't Orienteers coming to or starting in Edinburgh have a choice of open club? Can Edinburgh really sustain one open club? I think it will help to expand the sport if clubs have to compete for members rather than one club monopolising the "market."

I do not believe that the present club structure in Edinburgh is perfect nor will I pretend that getting the existing clubs to co-operate to their advantage will be easy. However I think such co-operation can yield far greater benefits than any amalgamation. Couldn't we achieve more with two strong open clubs than we could with only one?

Ian Lamont