

Club Chairman : Hew Fraser  
 Secretary : Scott Balfour  
 N/L Editor : Hilary Smith  
 Treasurer : Meg Fraser

Social Secretary : John Mitchell  
 Junior Member : Steven Hall  
 Other Members : Bob Stobie  
 Robin Sloan  
 Gordon Shiach  
 S.E. Area Rep

ARGENTINNY - I have been orienteering with schoolchildren for the past three weeks now, introducing them to all the basic techniques. The films that I have been showing them are the ones that are being shown on the club night on the 1st of April. Apart from one or two points, the films are very good and I would think they are particularly relevant for those in the club who are fairly new to the sport. It helps to get off to a good start in the sport, so come along and pick up a few hints on technique and meet some more club members. So that is at the Outdoor Centre, McDonald Road at 7.30 pm. Hew Fraser is in charge of films and discussions.....and it appears that there is also a talk on cross-country skiing the same evening at the same building!

The DEADLINE for the next Newsletter is Friday 15th May - write to me with your news, views.....it would be good to hear a fresh voice on these pages, so don't hang back, write!!

### SCOTTISH SENIOR CHAMPIONSHIPS 1981 - THIS IS AN IMPORTANT NOTICE

IAN HENDRIE

Saturday May 2nd, Craig-a-Barns, Dunkeld

As you may or may not know, Interlopers are organising this event. So, before pressganging people into "volunteering" for certain tasks, I would like to give club members the opportunity of coming quietly to offer their services.

Offers of any sort of help will be welcomed but especially required are team leaders to be in charge of the following:-

1. Registration
2. Start
3. Finish
4. Results
5. Car Parking
6. Enquiries and equipment

Those who have recently joined Interlopers ask Scott or Hew, Meg or John, or someone else to point me out at events when you have decided what services you are prepared to offer. Otherwise I can be contacted at 12 Polwarth Grove, Edinburgh.

\*How will be hearing more from Ian later on in this newsletter; meanwhile, DO THINK about what YOU can do to help and contact him as soon as possible \*

### JAN KUJALSTROM WEEKEND - 17th-20th April 1981 Stafford

Scott Balfour

Good response from members - quite a few prepared to travel to Birmingham for the Easter Weekend. There aren't sufficient numbers to make up teams for H13, H43, D35, D17 or D19. Juniors owe Scott £1 each and Seniors £1.50.

H17 D.Guy, G.Guy, S.Hall, H17 P.Hyman, G.Stoddart, G.Tilling....

D.Open M.Fraser, F.Ashmore, C.McNeill....

Two long and one short M21 from the following people.....

I.Hendrie, K.Ovens, H.Fraser, I.Miller(?), J.Mitchell, J.Doig, S.Balfour, G.Ramsay, S.Torry, R.Vandersteen, D.Ruddock(??).

Ian Miller may not be able to get off work and Dermot has not yet been cleared to resume training by his doctor.

### HARVESTER TROPHY - 27th-28th June 1981 Guildford

Scott Balfour

The seven person night relay will be held within 15 Km of Guildford.

Anyone out there who fancies co-ordinating a team, please let the others know - we might even manage two teams!! Cost expected to be about £21 per team with a possible rebate.

### GALLOWAY '81 - HELP REQUIRED

Ian Harton is organising the Day Four (Thursday) of Galloway '81 and would appreciate any help on the day and PARTICULARLY help for a couple of hours on the Wednesday which is the rest day of the 6-day event in August. The date is 6th August at Dalbeattie Forest.



# GALLOWAY '81 - Accommodation

Club members are intending to stay near or around Kippford. John Mitchell has the price list for Doonpark(?) Caravan Site near Kippford. There are still large 6-berth caravans available - camping space there is limited.

LETTERS LETTERS LETTERS LETTERS LETTERS LETTERS LETTERS LETTERS LETTERS LETTERS LETTERS

I have received a couple of thought-provoking letters from club members, the contents of which follow. Any further discussion of the points that they raise will be welcomed through the newsletter.....

## Open Letter to ESOC, AROS, and Interlopers Club Members

Ian Hendrie

Since arriving in Edinburgh last September I have heard a lot of talk and discussion about the possibility of one orienteering club in the city. However, no one has seemed prepared to act on the idea and this is the reason for this open letter.

I thought that if something was put down on paper then the suggestion of one club could be discussed by all club members and club committees to decide whether it would benefit orienteering in Edinburgh. If the majority decided there is no need for change the idea would be dropped but if the idea was feasible and people thought it would be of benefit then a working party could be set up from all three clubs to discuss the best way to form such a club(maybe even ESOC and Interlopers getting together as AROS is a closed club).

One thing which has to be considered when someone moves to Edinburgh - which club do you join? I think this is one reason why AROS was formed. To start the discussion off I would like to put forward the disadvantages and advantages that I see for one club against the present system.

Firstly, three disadvantages:-

1. one club may be too big to serve Edinburgh, new members finding it too difficult to integrate into the club.
2. the present clubs have their own traditions which may possibly be lost.
3. the difficulty of a club name being chosen eg. in Birmingham two athletics clubs, namely Sparkhill Harriers(with good facilities) and Small Heath Harriers(with good athletes), wanted to amalgamate but didn't due to disagreement on a club name. I would suggest 'Edinburgh Orienteers' as a name for an Edinburgh club.

People may come up with more disadvantages which I cannot think of at the moment.

Now, as people will gather, I am in favour of one club and here are the advantages as I see them:

1. Orienteering in Edinburgh might develop faster as efforts could be co-ordinated rather than three clubs doing their own thing with possible duplication.
2. The workload could be spread out and therefore would not always fall on the same people.
3. Training could be organised for all abilities(c.f. at present the ESOC training night on Thursday evenings is attended by members from all three clubs + EUOC).
4. Larger social and age groupings would make it worth trying to organise social-type events, and not just pub nights, for all club members.
5. A single club would be able to compete successfully against all other British clubs with the possibility of good publicity in the Edinburgh press. This would help to develop the club.
6. If 5 could be achieved there would then be the possibility of approaching Lothian Regional Council for the provision of a club hut( as in Scandinavia) with resulting benefits and possibly shared with other clubs.
7. The pooling of mapping resources might result in more areas being mapped, even away from Edinburgh, which does after all provide the arena for orienteering.

There are probably other advantages which I can't see but the above should have given people something to think about. I have gone on for quite long enough now, so I'll stop now and leave the ball in your court - take action, write to your local committees with your views. I look forward to hearing the response to this letter.

And now prepare yourselves for extracts from a letter from young Dermot. I hope that he gets well soon for he has been stirring up the fire embers whilst festering away in his sick bed. Not content with writing to Score, he has written to me with some comments on the club.....see next page.



LETTER from Dermod Ruddock to Scott Balfour

Dear Scott,

While I have been ill, I have spent a lot of time thinking about Interlopers and how I might be able to help the club expand, both in actual membership numbers and in the numbers who participate in club activities etc, before I leave for Cheltenham Art College in September. I suppose that I am suffering from a guilty conscience due to spending too much time doing my own training, and not enough on helping and participating in club things. Also, I have had plenty time to think about my ideas.

INTERLOPERS O.C.

Membership figures

APRIL 1979: TOTAL 80-85 members. c.30 active. Juniors - c.25 members (15+20 active)

MAY 1980: TOTAL 80-90 members. 35+ active. Juniors - 15+ members (c.10 active)

JANUARY 1981: TOTAL 80-90 members. 30-35 active. Juniors - c.20 members (c.12 active)

By "active" I mean helping with organisation and competing regularly. At present we are sadly lacking in active juniors, particularly young ones! Our total active membership is also very small, particularly in relation to the total membership.

Newsletter

This is a bit small. I think that we could learn a few things from the New England OC one (Wouldn't mind seeing one - Ed). Ours doesn't give detailed enough results; could do with more articles - main contributors being Scott, Steve, Carol, Hew and Ray; our calendar is short of events and event details; a section at the beginning of each N/L giving brief notes about events would be useful and encouraging to beginners eg info on LOL and CATI.

Publicity

This is virtually non-existent. It is essential to have publicity for the sport and Interlopers if we want them to grow. Ed Broadley (L.I.N.O.C.) has been working on the Evening News and Radio Forth in connection with local event publicity, both before and after the event. More publicity would hopefully lead to increased numbers at events which we could take advantage of by having an attractive display board (I am very willing to cope with this....and other things as well of course).

Coaching/Club Weekends

These could be a lot better supported. This would lead to better performance at events and more interaction of club members which is what being a club is all about. We now have sources of accommodation in the NE (Earnhill, Findhorn), W (Ardentinny), SW (Castle-Douglas) and three designated coaches (Carol, yourself and Ian Hendrie) - as well as others who are very capable, and yet courses are generally not as well attended as they should be. Club evenings too are not as well attended as they might be though they are generally very informative.

Lack of Junior membership/sponsorship

As I see it Interlopers stands to be very very short of junior talent by 1983, unless we do something about it, and "something" has got to be recruitment at an earlier age (ie early secondary) through our teacher members and by our publicity at LOL and CATI events. An influx of young new members might put a strain on transport, so instead we hire a mini bus. This would have to be funded from an outside source somewhere as we couldn't go on financing it from club funds for long. I suggest that unless an SOA or Sports Council Grant was easy to come by, we should try to get sponsorship from a firm or shop starting with local shops (A.C. Sports would be good as it stocks Reebok and Nike gear, and we have dealt with them previously). If we could get sponsorship, we would have to give returns and this is where publicity crops up again eg t-shirts with shop's and club name name. Also we could get short articles and photos in the "Evening News". I used to think that putting the club's name on things was pretentious, but now I realise that it is an essential part of our survival/growth. Hopefully the process (ie sponsorship) could be escalated, and running minibuses made much easier and cheaper. Getting a first sponsor would be hard as it is much easier to use a contact in the firm/shop than to write - Gordon Ross has organised sponsorship/cheap equipment deals for the Scottish team and he will bear out the previous statement. In this vein, Carol talked of speaking to Alan Chainey at A.C. Sports to see whether he would consider sponsorship. Other people in the club with similar contacts as Carol could be useful.

I hope that all this stuff is to some extent original, and hopefully it is of some use as well. The big thing is publicity/sponsorship and I'd like to hear what you think. I hope you haven't thought of all these things already.

Yours Dermod.



CLUB TRAINING-BEGINNERS Intended primarily for Novices and beginners, although other club members can help with instruction. SATURDAY 28th March 2pm at Corstorphine Hill, Quarry car park at the North end. Bring poly bag, red pen and compass. (Apologies to all club members interested in this day and perhaps missing it because of the lateness of the N/L-Ed).

TUESDAYS TRAINING - MEADOWS 7.50 pm The jogging and interval sessions will carry on through the summer. Probably none on April 21st after Easter Weekend and JK. The majority of those attending can be found in the South Sider bar near Nicholson Street from about 9pm - ALL WELCOME.

THURSDAYS TRAINING- LIBERTON HIGH SCHOOL 6.45 pm The final session for this winter takes place on Thursday 2nd April. During the summer we will have a rest from volleyball, pop-mobility and circuit training. As last year, we will probably have club runs on Thursday from various venues - Meggetland run with ESOC was popular as were runs from Meadowbank. DETAILS LATER.

CATI'S The summer season of CATI'S resumes on Wednesday 6th May. Sheets giving details will be available soon. If you don't hear about them, phone Scott early May and he shall send you details. This year we hope that experienced orienteers who know the area will follow or help newcomers and it should still be possible for them to get some good running training done. Please make an effort to introduce yourselves to other club members .....  
FLY THE FLAG!!

J.I.M.FUND The sponsored hill run in February has boosted the fund to help junior orienteers. As last year, juniors, students and unemployed layabouts ("Who me ?..Dermot) should apply in writing to Meg Fraser before the end of April. Financial help may be given to orienteers going abroad, or help with expenses in getting to the British, Southern etc.  
BRITISH RELAYS SATURDAY 23rd May, READING

Scott Balfour will enter the teams. Those willing to run in the relay teams should tell Scott by the 8th APRIL. Relay entry will be paid for by the club for this event. The event takes place on Sat 23rd May near Reading and is followed on the Sunday by the Inter-Regional Badge Event. Geoff Peck has offered to book a village hall - so let Scott know soon if you want to run and want accommodation.

CLUB CHAMPIONSHIPS AND SOCIAL FRIDAY 12th JUNE SELMUIR

The same weekend as the ESOC Pentland Badge Event, so we hope for a good turnout. Details available later.

SOCIAL SOCIAL... After the Beecraigs CATI in May, we will be holding a barbeque in the picnic area. If the weather is bad, Hew and Meg have invited us back to their house.

SQUASH NIGHT REPORT

This was quite a success with a dozen members turning out, some in whites and others in orienteering gear. High spot of the evening was Ronnie Sinclair sending John Mitchell on interval runs round the court. Ronnie has offered to give a squash lesson in return for a orienteering lesson. This excellent night may be repeated - nag Hew and Meg if you're interested.

EILDON "FUN RUN" JANUARY 4th 1981

Young Martin Sloan is only 18 months old, so it's a bit difficult to understand what he says. This is a rough translation of his grunts and dribbles on January 4th.

Daddy, why are these people coming from Edinburgh so early on a Sunday morning, when it's been snowing last night? Daddy, why are these people taking off their clothes when it's not bedtime? Daddy, why is it important to run up the Eildon Hills in less than an hour? Daddy, what's that growing on John's chin and why has he got hairy knees?

Goodbye Daddy, goodbye Meg, goodbye John, Fiona, Hew, Malcolm, Ian and Ben. Mummy, what do you mean by 'certifiably insane'? What's a mountain rescue team? Mummy, why are you heating all that soup?

Are you Daddy? Why's your face that funny colour? What's a polar air stream? Does Ian have a beard to keep his face warm in winter? Why's Malcolm got a limp? Hew, I'm not allowed to stand in my soup, even if my feet are cold, so why should you?

Daddy why are Ben and John playing with David's TU game after the others have gone home? Mummy, why's Daddy gone back to bed?

Report from MARTIN SLOAN via DA



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Sarah Ashmole, Lynn Balmer, Tony Box, Buchanan Family, Alan Burchell, Stephen Hall, James Helliwell, Kirsty Herd, Izzie Inglis, Jones Family, David Kershaw, Nicky Maxwell, David Muiry, Jenny Muiry, Caroline Nash, Lucy Richard, Gill Robbie, Diane Savage, Alison Shanks, Duncan Shiell, Gordon Stoddart, Marjorie Thoms, Fred Trott, John Wardlaw.

Steve Terry M21 F 127 Spottiswoode Gardens Midcalder W.Loathian EH53 OJY  
Home Midcalder 881241 Office Livingstone 411583

Jonothan Musgrave M19 C Fraser House Pollock Halls of Residence Dalkeith Road Edinburgh.

John Campbell M21 C North Cottage 2 South Oswald Road EH9 2HG 667-5840

Douglas Guy)M17 C Deer Park House, 7 Queensferry Road EH4 3EY.

Graeme Guy )Home: "Gursachan"(can't make out Scott's writing here so spelling may be wrong)  
Aboyne, Aberdeenshire.

MONTREATHMONT 1st Feb 1981 - M21A: 8.D.Guy, 11.I.Hendrie, 14.H.Fraser, 17.K.Ovens, 21.G.Tilling, 27.P.Squire, 31.D.Kershaw; M35: 1.R.Vander Steen, 6.S.Terry; M17: 3.J.Laing; W19A: 1.M.Fraser; M43: 4.G.Shiach; W17: 1.A.Heyworth, 4.K.Shiach; M50: 2.R.Heyworth.

BINNING WOOD - 8th Feb 1981 - Yellow: 5.M.Drummond; Orange: 27.I.Allan, 37.A.Gardner, 54.M.Jones; Red: 3.P.Hyman, 25.M.Gardner; Green: 6.K.Shiach, 7.G.Shiach, 17.J.Pond, 21.R.Gardner, 29.M.Davenport; Blue: 1.I.Miller, 4.S.Hall, 7.R.Vander Steen, 12.D.Guy, 13.G.Ramsay, 17.P.Squire, 18.P.Woolverton, 19.C.White, 20.G.Guy, 26.A.Box, 28.I.Jones.

SOUTH ACHRAY - 15th Feb 1981 - W15: 1.R.McCarthy; W17: 1.A.Heyworth; W19A: 3.M.Fraser; W19B: 3.S.Kennedy; W35: 2.J.Pond; M21A: 6.H.Fraser, 10.D.Guy, 15.I.Hendrie, 21.J.Mitchell, 34.P.Squire, 37.P.Woolverton; M21B: 1.K.Ovens, 6.S.Balfour; M35: 3.R.Vander Steen, 10.R.M.Sinclair; M43: 3.G.Shiach, 7.R.Gardner, 9.T.Box; M50: 1.R.Heyworth; M15: 16.M.Gardner.

## Hilary Smith

You may remember reading about Carol's efforts in this race last year when she and two other ladies were part of a team of five, the two others being the men who were basically in charge of racing the yacht whilst Carol and co had to slog up Britains three major mountains in between the stretches on the sea. I think that this was the first time that ladies had been the runners in this fairly arduous race. One may wonder at the madness involved in doing such a race, but then other people get a lot out of carting slalom canoes up to 17,000 feet on Everest in order to enjoy the spectacular and arduous waters to be found only on the Dubh Kosi River.

So why then have Carol, myself and three other ladies decided to accept the challenge of the Three Peaks Yacht Race 1981? The thought arose shortly after Carol had competed in the 1980 race and perhaps then realised the feasibility of a team of ladies being able to do it. So it transpired over a quick telephone call (the only type of call one ever has with Carol as you are lucky enough to catch her en route from one place to another!!) when I found myself saying "Yes". The carrot that really tempted me was the thought of the sailing involved and the fact that I have wanted to do the race. I think that I am only now beginning to realise what I have let myself in for as a running/sailing member of the team as I slogged around on an 8 mile run the other weekend in the brilliant snow cover on the Pentland Hills with Hew Fraser and Lesley Barwise. The thought struck me as I panted at the end of our run that the stretch up the Ben would be at least twice as long!! (timewise)

Having decided to do it our main problem was to find a suitable boat since none of us were wealthy enough to own a £40,000 yacht. At this point in time our sponsor appeared in the shape of Mr Jimmy Simpson (of Simpson Meat Canning etc) who has generously offered us his/



his LUNA 50 and full sponsorship during the race. The LUNA is an amazing boat designed as a large, luxury cruising yacht that can be easily handled by two people. Among other things it has the very latest satellite navigation, so there should be no fear of us getting lost as Carol has 40 winks on her bunk!!

The full team consists of Kay Philp (skipper), Charlotte McBeath (formerly an instructor at Benmore Outdoor Centre and now working for Jimmy, skippering the Luma up the coast of Britain), Sue Harvey (one of the team runners...she thinks the race will be an amusing challenge!!), Carol McNeill (runner and sailor) and myself (runner and sailor). The race starts on June 27th and if we finish there will be more news from us later.

#### LONDON MARATHON LADIES

Marjorie Thoms took up the challenge of long distance running this weekend (28th March) - she has been running in the London Marathon! Ann Curtis was also competing in it. Would Marjorie like to write an article for the next N/L on her fortunes in this race and perhaps some explanation of the sort of training she was doing in preparation for the marathon.

CALENDAR Further details about venues, directions etc can usually be got by phoning Scott. Please let Scott know if you are going somewhere far away as often people enter on the off chance that they can get fixed up with a lift - anyone needing a lift can therefore be put in touch.

#### APRIL:

- 2nd ..... Local Schools Event, Glentress. A.T. Hewat, Regional HQ, Newton Street, Roswells, Borders.
- 5th ..... LINOC Badge Event, Newcastleton. E. Broadley, Linlithgow Academy, Linlithgow. (March 26th)
- 12th ..... Last day to give Scott your intention to run for the club in the British Relays on Saturday 23rd May in Surrey. On the Sunday the Inter-Regional Championships take place. Scott will enter all teams but not entries for the Sunday individual event. (Relay costs £2 or £1.40 per head.)
- 17-20th ..... JAN KJELLSTROM TROPHY, Stafford. (entries closed 31st January)
- 22nd ..... FVO Evening Event, Abbey Craig.
- 26th ..... Grampian Relays, Clunie Wood, Durris. M. Musgrave, 38 Morningfield Road, Aberdeen. (entries close April 11th)
- 29th ..... Borders Galoppen 1, Wilton Park, Hawick. J. Hurt, Hawick High School, Hawick.
- MAY:
- 2-3rd ..... SCOTTISH CHAMPIONSHIPS, Senior and Relay, Craig o' Barns. J. Sans, 1 Phil View, Ashfield, Dunblane. (Closing date April 4th)
- 2-4th ..... WELSH O-RINGEN, Lake Vyrnwy, Andy Beveridge, 16 Plas Hen, Llanddaniel, Anglesey. (closing date 13th April - no late entries)
- 6th ..... FVO Evening Event, Glen Cryan.
- 10th ..... Borders Galoppen 2, Duns Wood. Miss N. Smith, Berwickshire High School, Duns.
- 10th ..... MOR Open Club Event, Monaghty. B. Stewart, Achnamara, Commerce Street, Lossiemouth.
- 13th ..... WFO Evening Event, Beveridge Park, Kirkcaldy.
- 13th ..... FVO Evening Event, Laigh Hills.
- 17th ..... SE AREA CHAMPIONSHIPS, Borders. Miss L. Macpherson, Dundrummin, Parkdail, Hawick (closing date May 4th)
- 19th ..... CATI Ardentinn. N. Scriven, Ardentinn Outdoor Centre, By Dunoan.
- 20th ..... FVO Evening Event, Sheardale or Sheffmuir.
- 23-25th ..... BRITISH RELAYS and INTER REGIONAL CHAMPIONSHIPS, Holmbury Hill, Winterfold and Pitch Hill. Diane Leakey, 27A Ferrymead Gardens, Greenford, Middlesex, UB6 9NE (01-578-7852). (closing date 22nd April)
- 26th ..... Ardentinn CATI. As above.
- 27th ..... Borders Galoppen 3, Broomfield Forest, Kelso. J. Flemming, Grammar School, Kelso.
- 27th ..... WFO Evening Event, Carnock Wood.
- 31st ..... Northern Lights 1981, Assich, Near Cawdor. Ken Davidson, Druimbeg, Stratherrick Road, Inverness.
- 31st ..... ARDENTINNY Mountain Marathon and Long-O. As above.
- ..... FVO Evening Event, Murrayshall.
- 4th ..... Ardentinn CATI. As above. .... 7th ..... BRITISH CHAMPIONSHIPS, NE EN



CLUB TRAINING-BEGINNERS Intended primarily for Novices and beginners, although other club members can help with instruction. SATURDAY 28th March 2pm at Corstorphine Hill, Quarry car park at the North end. Bring poly bag, red pen and compass. (Apologies to all club members interested in this day and perhaps missing it because of the lateness of the N/L-Ed).

TUESDAYS TRAINING - MEADOWS 7.50 pm The jogging and interval sessions will carry on through the summer. Probably none on April 21st after Easter Weekend and JK. The majority of those attending can be found in the South Sider bar near Nicholson Street from about 9pm - ALL WELCOME.

THURSDAYS TRAINING- LIBERTON HIGH SCHOOL 6.45 pm The final session for this winter takes place on Thursday 2nd April. During the summer we will have a rest from volleyball, pop-mobility and circuit training. As last year, we will probably have club runs on Thursday from various venues - Meggetland run with ESOC was popular as were runs from Meadowbank. DETAILS LATER.

CATI'S The summer season of CATI'S resumes on Wednesday 6th May. Sheets giving details will be available soon. If you don't hear about them, phone Scott early May and he shall send you details. This year we hope that experienced orienteers who know the area will follow or help newcomers and it should still be possible for them to get some good running training done. Please make an effort to introduce yourselves to other club members ..... FLY THE FLAG!!

J.I.M.FUND The sponsored hill run in February has boosted the fund to help junior orienteers. As last year, juniors, students and unemployed layabouts ("Who me ?..Dermot) should apply in writing to Meg Fraser before the end of April. Financial help may be given to orienteers going abroad, or help with expenses in getting to the British, Southern etc.

BRITISH RELAYS SATURDAY 23rd May, READING

Scott Balfour will enter the teams. Those willing to run in the relay teams should tell Scott by the 8th APRIL. Relay entry will be paid for by the club for this event. The event takes place on Sat 23rd May near Reading and is followed on the Sunday by the Inter-Regional Badge Event. Geoff Peck has offered to book a village hall - so let Scott know soon if you want to run and want accommodation.

CLUB CHAMPIONSHIPS AND SOCIAL FRIDAY 12th JUNE SELMUIR

The same weekend as the ESOC Pentland Badge Event, so we hope for a good turnout. Details available later.

SOCIAL SOCIAL... After the Beecraigs CATI in May, we will be holding a barbeque in the picnic area. If the weather is bad, Hew and Meg have invited us back to their house.

SQUASH NIGHT REPORT

This was quite a success with a dozen members turning out, some in whites and others in orienteering gear. High spot of the evening was Ronnie Sinclair sending John Mitchell on interval runs round the court. Ronnie has offered to give a squash lesson in return for an orienteering lesson. This excellent night may be repeated - nag Hew and Meg if you're interested.

EILDON "FUN RUN" JANUARY 4th 1981

Report from MARTIN SLOAN via DAD

Young Martin Sloan is only 18 months old, so it's a bit difficult to understand what he says. This is a rough translation of his grunts and dribbles on January 4th.

Daddy, why are these people coming from Edinburgh so early on a Sunday morning, when it's been snowing last night? Daddy, why are these people taking off their clothes when it's not bedtime? Daddy, why is it important to run up the Eildon Hills in less than an hour? Daddy, what's that growing on John's chin and why has he got hairy knees?

Goodbye Daddy, goodbye Meg, goodbye John, Fiona, Hew, Malcolm, Ian and Ben. Mummy, what do you mean by 'certifiably insane'? What's a mountain rescue team? Mummy, why are you heating all that soup?

Are you Daddy? Why's your face that funny colour? What's a polar air stream? Does Ian have a beard to keep his face warm in winter? Why's Malcolm got a limp? Hew, I'm not allowed to stand in my soup, even if my feet are cold, so why should you?

Daddy why are Ben and John playing with David's TU game after the others have gone home? Mummy, why's Daddy gone back to bed?