

CAPITAL "O"

EDINBURGH'S ORIENTEERING NEWSLETTER

MAY 1985

A JOINT PUBLICATION BY ESOC AND INTERLOPERS

EDITORIAL

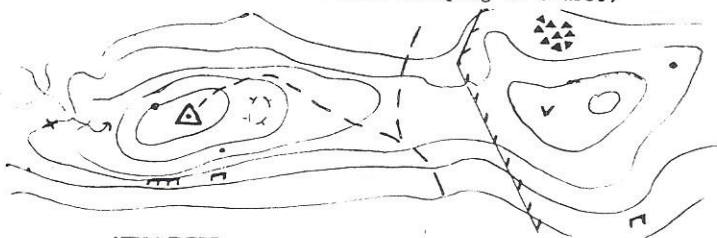
Ken Ovens

It is the time for championships and AGMs again. This month we have the Scottish Championships which are being organised by ESOC and Interlopers and we also see the announcement of an Interlopers club championships similar to that already run by ESOC.

On the AGM front there are the AGMs of the SOA and Interlopers within six days of each other. A large number of committee posts will become vacant at these AGMs and anyone who has a little free time to spare and who would be willing to stand for election would be welcomed by either of these committees.

I hope that you all like the format and content of the new style newsletters. I am still not convinced that the joint newsletter is a good idea but I can see more in its favour now than I could when it was first suggested. A little feedback does reach the editors' ears every now and again but not much. Let us know what you would like to see in the newsletter (keep it clean!) and we will do our best to oblige.

See you ALL at the Scottish. (Helping of course)



NEW MEMBER

ESOC welcome Michael Middleton, M13, to the club. His address is 121 Trinity Road, Edinburgh.

PRIZE COMPETITION

Reprinting of certificates for the Lothian-O-League will be necessary for next season and the South East Area Committee would like members of local clubs to participate in a competition to design them.

A £10 voucher for equipment has kindly been donated by Bruntsfield Sports and this will be awarded to the designer of the certificate selected for use. Certificates will be printed in up to 2 colours on card that matches the Lothian-O-League course colours (white, yellow, orange, red, green and blue) and will be A5 size (148mm x 210mm).

The designs should contain an indication that they are for the Lothian-O-League and have spaces where year, name, age group, club, class, position and points may be filled in. Entries should be submitted to:-

Peter Leach, 9 Elcho Road, Longniddry, EH32 0LB.

By FRIDAY 21st JUNE 1985.

Entries should be actual size, have the design on one side and the entrant's name, address, club or school and age on the other. It is not necessary for designs to be graphically perfect. It will be judged on the design and NOT on how well entrants can draw.

PRIZE COMPETITION 2 (ESOC)

Redesign ESOC Club flag to incorporate the 20yr anniversary. Details from Kirsteen Kershaw, 667 - 4670.

Prize - Free membership (full) of ESOC for one year plus a surprise.

INTERLOPERS AGM

Interlopers 10th Annual General Meeting will be held on Thursday 30th May at 7.00pm in the Sommerville Room at the Edinburgh University Sports Centre in the Pleasance. The entrance is in an archway between Drummond St. and Adam St..

AGENDA

1. Apologies for absence
2. Minutes of the 1984 AGM
 - a) Approval
 - b) Matters Arising
3. Chairman's Report
4. Financial Statement for the year ending 31/3/85
5. Membership Fees for 1986
6. Election of Office Bearers.
 - a) Honorary President
 - b) Chairman
 - c) Secretary
 - d) Treasurer
 - e) Social Secretary
 - f) Newsletter Editor
 - g) Junior Member
 - h) S.E.Area Representative
 - i) Two Ordinary Members
7. Any other competent business

All members of Interlopers are urged to attend. A number of the present committee members are hoping to retire from the committee this year so we will be looking for people willing to replace them.

INTERLOPERS ANNUAL DINNER

When the AGM is finished (which should be about 8.30) the Annual Dinner starts. This year it will be held in the Carvery Restaurant, The George Hotel, George Street. Meet in the bar (to the left of entrance foyer) by 9pm at the latest.

The cost will be £9.75 including coffee. People who went last year were generally very impressed and considered it to be good value for money.

All Interlopers and ESOC members welcome.

NOTE: We are limited to a maximum of 30 people! NAMES TO PETE COULDERY---FIRST THIRTY ONLY.

PENTLAND HILLS

CLIFF WHITE

An article in the 'Evening News' (26/4/85) referred to the opening of the Army firing range at Castlelow in August, with the consequent change of use of Dreghorn to 'Dry Firing'. This sounds like good news for walkers and orienteers, but is it?

Major Crichton, Staff Officer in Charge, said, "the land at Dreghorn will then be more available to hillwalkers". How much more? Sources in the know have suggested to me that 'Dry Firing' (army mock fights without live ammunition) will still impose severe restrictions on access to the Dreghorn area.

Have I got it right or can anyone reassure me?

INTERLOPERS ADDRESS CHANGES

Please note the following amendments to the address list.

Fiona Craddock has moved to :- 50 Raeburn Place, Edinburgh EH4 1HL. (031-343-1828)
Ian & Fiona Hendrie have moved to :- 38 Craigs Drive, Edinburgh EH12 8UW (031-339-1820)
Jean Smith has moved to the same address as John Campbell!



Dick Carmichael

LOTHIAN SCORE

Thanks go to Mark Kassyk (Planner), Martin Little (Organiser) and Dave Kershaw (Controller) and those who helped on the day of the Lothian Score held in the Kings Park on 22/4/85. All those who attended seemed to enjoy the event which was put on at very short notice. The massed start meant a massed finish which led to a good deal of post event debriefing, which all added to the enjoyment. A score event is to form part of the Lothian 'O' League series in the winter of 85/86. Judging from this event it should be a success.

INJURED - CAN'T RUN??

Ben Bate

If your doctor is not too sympathetic and suggests you lay off for a while, you might be tempted by a physio. Two that I know of are:

David Campbell, 76 Duddingston Road
669 4880 (Treatment in his home)

R S Pender, Moblie Unit
Livingston 412739

I have tried D Campbell and would recommend him. Does anyone else know of a good physio whose name they would like to pass on?

SOUTHERN UPLAND WAY

The members of the South East Area committee intend to run the Southern Upland Way in a relay on June 22/23. This is to raise money for a mapping fund and they are looking for people who would either sponsor them or help to collect sponsors for the run.

The Southern Upland Way lies across Scotland from Fortpatrick in the west to Cockburnspath in the east. The South East Area committee is ; Cliff White(INT), John Biggar(LINOC), Ben Bate(ESOC), Fiona Hendrie(INT), and Peter Leach(INT).

Offers of help or sponsorship to Ben Bate (343-1835).

WM'85 FUND

Members of Interlopers raised a total of about £100 through the sale of raffle tickets for the World Champs Fund. In addition to this a disco was organised at "The Place" on 23rd March by John Campbell. This raised about £86 for the fund.

Thanks are due to John for organising this and to all who attended, thereby supporting the British Team in Australia this year.

ESOC CLUB CHAMPS

The Cuncoc Club badge event on 2nd June has been cancelled and replaced by 16th June, Northern Lights, Bin, Huntly. No EOD - Closing date is 3/6/85; see Score.

Note that the Club Champs is best 4 out of 6.

INTERLOPERS CLUB CHAMPIONSHIPS

If ESOC have one, why shouldn't Interlopers have one too?

It has been decided to hold an Interlopers Club Champs along the same lines as that run by ESOC. Hopefully the scoring system used will be such that comparisons will be possible between the clubs.

The events to be included in the ESOC competition were listed in the last newsletter but I will repeat them here for those of you who throw away these words of wisdom and do not save them for posterity.

16/6/85 Northern Lights (replaces CUNOC Badge Event)
1/9/85 SE Area Champs
29/9/85 Roxburgh Badge Event
3/11/85 West Area Champs
17/11/85 Forth Valley Badge (Reserve Event)

Worst moments in orienteering.

It was the 1975 New Zealand Orienteering Championship: in an unpronounceable central North Island Forest officially designated by Swedish visitors as 'too thick' for orienteering. Ngutuwera was a vast mature forest of radiata pines with visibility of 5 yards caused by 12' high ponga ferns. Pushability was quite fast but real running was restricted to the network of paths, tracks and forest roads put in for forestry work and often overgrown. The weather was sub tropical downpour from dawn to dusk and the organisation was stretched to the limits at master maps, starts and finish. Having not mastered either the sport nor the art of running in the rain with glasses on I was having a tough time wiping the rain off on any dry portion of my clothes. The ferns were each like a shower to push through and by control 5 I had no dry cloth left so glancing at my watch I pushed off into an extra thick 50 yd patch of ferns emerging some time later I again glanced at my wrist to calculate the rate per metre of fern progress. No watch. It had vanished into the jungle without trace. I wiped the rain off my glasses stuffed them into my front bib pocket and ran off blind to the next control. Having developed a technique of running blind without glasses until the approach to the control then pulling out the specs, wiping them clear and putting them on it was with some consternation that at control 13 I reached into my empty front pocket for the umpteenth time. No glasses. With only four controls to go it was on with the race and having nearly lost a shoe in a muddy hole and nearly torn my O jacket off on a thorn bush I was relieved to finish in 6th place. I really felt that if the course had been any longer the forest would have devoured the rest of me.

SPORTS SHOPS

The South East Area Committee announce that they have negotiated a 15% discount at Bruntsfield Sports, Bruntsfield Place, Edinburgh. Bruntsfield Sports stock running shoes including Walsh (probably the best fell shoe). If persuaded by customers calling into the shop, they will begin to stock 'O' shoes. So if you would like to be able to buy orienteering shoes in Edinburgh, sitting down in the warm and dry (at a discount) - go in and see George who runs the shop.

The discount applies to all SE Area clubs on production of a membership card.

LOMOND BADGE EVENT

Ben Bate

LINOC held this badge event on the Lomond Hills and must have regretted changing the date at short notice because it was bitterly cold; cold enough, in fact, for snow. The wind was keener on the Saturday but it got no warmer overnight. (I stopped to put on my gloves going to a control and never regained the lost time!)

The longer courses were presented with the choice of going round West Lomond to the north or the south. I chose the south route and feel sure it was wrong.

This was a do-it-yourself badge event and I for one did not notice the lack of orange juice at the finish. I might have been glad of it on a warm day, however.

Capital orienteers having good runs included:

A Spenceley	4th	M21
P Woolverton	1st	M35
C White	2nd	M35
A Lessells	3rd	M35
P Carmichael	2nd	W35
M Marshall	1st	W40
L Boyd	1st	W17
J Marshall	1st	M40B
F Williams	1st	W10

RABBIE BURNS AT BALUAIN

BEN BATE

Who said Rabbie Burns had no links with orienteering? On a visit to the Blair Atholl area in 1787 his friend the Duke of Athole took him to see the Falls of Bruar. At this time the Falls of Bruar were unadorned by woods. "The poet, accustomed to the woody banks of the Ayr and Doon was not disposed to admire the barren sublimity of the Bruar and accordingly wrote his 'Humble Petition' in which the water requests the umbrage of birch and hazel from the hands of the noble proprietor". (Cunningham's edition of Burns poems 1835 - page 66).

The 'Humble Petition' of Bruar Water to the Noble Duke of Athole (1787) runs to eleven verses and obviously was a success as the area round Bruar was planted with woods and a path constructed. Later, the hillside to the east was planted. This is the area of Andy Curtis' map which is to be used in the Scottish 6 Day this year.

So next time you orienteer in Baluain Wood remember that you have Burns to thank for the wooded hillside.

(Thanks to Ronnie Leask for Research)

TAYSIDE '85

Would all members of Interlopers who will be at Tayside '85, the Scottish 6 Day in August, please let Bob Cherry know so that he can get some idea of the amount of manpower available to organise Day 2.



Edinburgh Athletic Club have asked if any orienteer would like to help at any of the following marathons:

- 23rd June Scottish Marathon (rehearsal for Commonwealth Games)
- 2nd Sept. Edinburgh Marathon
- July '86 Commonwealth Games Marathon

Anyone interested, please contact Kirsteen Kershaw.

Has anyone got an answerphone which could be used to relay messages on events in the area. The idea would be to give members a number to phone so that they could get the most up-to-date information. If anyone has an answerphone available, please call Ian Jackson.

Footnote:

Karrie (Woolverton) would like John Morris to know that she does not know anyone 'out there' who has not had it yet this year!

FAIRNESS IN ORIENTEERING.

By far the most important aspect of our sport is the overriding necessity for fairness in all matters affecting orienteering. This is because without 'fairness' our sport quickly becomes a game of chance as any who experienced old black and white no contour maps and events run by enthusiastic but inexperienced Scout or School masters, will testify. This 'fairness' must apply to every aspect of the Sport including Club organisational matters. In this regard the decision by a majority vote of the ESOC Committee to allow last year's controller of the Scottish Champs to have a competitive run this year but no other senior controller within the club to be allowed a competitive run although Junior club members can run, smacks of muddled thinking. Many of us are currently involved in hundreds of hours work for Tayside 85 and sacrificing competitive runs every weekend to ensure the success of the possible 3000 competitive runs each day. Has the ESOC committee assessed the input to the sport of all its senior members over the past three years in reaching its controversial decision? I have attended and helped at all the events run by the club since 1980 and found starts and finishes overmanned, enthusiastic and competently organised. In this year's Scottish the late start allows a perfect opportunity for club members to run in the morning or alternatively in the light of the early evening after the main start. There is no reason why these runs cannot be competitive for the majority of club members who will attend to help on the day but cannot assist at pre-event bagging or planning sessions. Can it therefore be possible that the committee is trying to be 'fair' to the volunteer planners, map over-printers and baggers by ensuring no one else gets a competitive run either? Orienteering organisation involves the sacrifice of a few for the enjoyment of many and by the compulsory sacrifice of the many the committee have put in jeopardy the FAIRNESS of Orienteering!

Dick's article raises a number of good points ie exactly how much help should each orienteer give compared to running in events? Is this something that can be measured? Should orienteers whose clubs are putting on events be allowed to run at these events? If anyone has views on this subject, Capital 'O' would be happy to give them an airing.

B.B.

SCOTTISH CHAMPIONSHIPS

Members of both clubs are reminded that a great deal of help will be required "on the day" for both the individual and the relays. ESOC offers of help to Kirsteen Kershaw. INT offers of help to Ken Ovens.

POST SCOTTISH RELAYS PARTY

Hilary Fairlie extends an open invitation to a party in her flat on the evening of the Scottish Relays, Sunday 26th May. People are asked to bring some form of savoury food and not to arrive before 8.00pm.

INTERLOPERS BARGAIN BASEMENT

Summer is almost here. Its time to think of long hot sunny days, T-shirts and cool white O-suits.

Interlopers T-shirts (yellow with the running man motif printed in green and the club name) are still available in the small sizes. The sizes left are 26/28 and 30/32. These only cost £2-50 each. Ken Ovens holds the stock. A further supply of the larger sizes could be obtained if there was sufficient demand.

Interlopers O-suits (white with yellow and green stripes) are still available in most sizes for only £12-65. Stocks of these are held by Pete Couldery. These suits have aroused much comment and national publicity and have greatly increased public awareness of the club.

MAPS

Bonalay 1:5 000 now printed and in use.

Blackford Some progress. Help with Survey required - contact Ian Jackson

Baluain Republican 6 Day. Map now finished and ready for use in August.

Glentress ESOC may remap this enlarged area.

Old Pentlands Area 1:7 500 base map is available for map corrections. Stuart Edgar is looking for help and will be dividing up this area for a survey effort this month.

New Pentlands Eddie Harvey is making progress with this map.

WHOSE WOOD? BEN BATE

The story in the 'Scotsman', 1/5/85, about the 110 acre woodland between Tranent and Haddington, just south of the A1 called Butterdean, emphasises once again that without ownership control of the land is very difficult. The original owner of Butterdean, a broadleaved woodland, wanted to fell it to plant Christmas trees. However a campaign by Friends of the Earth's 'Wood Watch' amongst others caused the owner so much trouble that he decided to sell. The new owners intend to use it for shooting.

At 110 acres, Butterdean is a little small for orienteering but as orienteers it is important that we protect potential orienteering areas and do not take them for granted.

Friends of the Earth 'Wood Watch' have the aims of protecting Scotland's broadleaved woodlands and heightening public awareness about their vulnerability to destruction.

The Woodland Trust exists to protect and own woodlands. In 10 years it has purchased 4,000 acres of Woodland and now has 34,000 members. The Trust is in the process of developing its Scottish operation which, until now, has been slight. Further details from Woodland Trust, Westgate, Grantham, NG31 6LL

LOTHIAN 'O' LEAGUE

Provisional dates for the popular 'O' League series in 85/86 is as follows:

8 September	WFO
6 October	LINOC
10 November	Roxburgh Reivers
8 December	ESOC
12 January	ELO (Score Event)
9 February	Interlopers
9 March	Spare Date

Areas are not yet known but will be published when information becomes available.

EVERY TUESDAY

Interval Training, The Meadows. Be at the east end of Melville Drive ready to run at 7-45pm.
Pub Night, Southsider, West Richmond St., 9pm

EVERY THURSDAY

Training run from Meggetland (off Colinton Rd.) starting 6pm. Changing rooms and showers.

For further details about any of the above events contact Andy Spenceley.

CALENDAR

MAY

Sun 19 National Event 5 Harrop Tarn
Entries Closed

Wed 22 Lothian Schools Come-and-try-it Event
Colinton Dell 4.30-6.30pm 3 courses
Details:-Peter Leach 343-1931 Ext50.

Wed 22 Pre-Champs Hash Run. Start 7.00pm at
Portgower Place, off Raeburn Place, Stockbridge
Meal at Loon Fung, Canonmills 9.00pm
Numbers for meal by 19/5/85 to Ben Bate or
Ian Jackson (both ESOC)
Entries for race itself accepted on the day.

Sat 25 Scottish Individual Champs
Organised by ESOC

Sun 26 Scottish Relay Champs
Organised by Interlopers

Thu 30 Interlopers AGM and Dinner - Details elsewhere

JUNE

Wed 5 Lothian Schools Come-and-try-it Event
Bonalay Park 4.30-6.30pm 3 courses
Details:- Peter Leach 343-1931 Ext50.

Sat 7 } ESOC weekend at Kincaig near Aviemore.
Sun 8 } Contact Eileen Gillespie on 667-1000 Ext365

Mon 10 Technique Training Evening:- Andy Spenceley

Wed 12 Piss 'O' To celebrate ESOC's 20th
anniversary. Venue-Southsider 7.30pm.
Organiser-Eddie Harvey. Format-Fluid.

Sat 15 Open Event at Fergie, Huntly (29/613455)
Starts 2.00-3.30pm. 4 courses. £1.00/60p
Organiser-John Arthur (0467-32636)

Sun 16 Northern Lights Badge Event The Bin, Huntly
(29/505422). Pre-entries £1.60/£1.00 to
M.Murray, 13 Bingham Park, Milltimber,
Aberdeen. (0224-734389) by 3/6/85.

Wed 19 Lothian Schools Come-and-try-it Event
Vogrie, near Gorebridge. 4.30-6.30pm
Details:- Peter Leach 343-1931 Ext50

Sat 22 } Southern Upland Run by SE Area committee
Sun 23 }

Sun 23 Harvester Trophy Relay

Sun 23 Borders Colour Coded Event Glentress, Peebles
A.Hewat, Kirkhope House, Ettrick Bridge,
Selkirk. (07505-2259)

JULY

Thu 4 Challenge Relays & Barbecue
Yellowcraigs, Gullane, East Lothian.
Relays:-INT v ESOC v ELO
Meet at 7.00pm to register for mass start
at 7.30pm. Barbecue from 8.30pm.
Barbecue facilities provided, bring your own
food and drink.

Sun 7 Northern Champs.

Tue 9 Visit to Mary King's Close. A guided tour
around this old close which is beneath the
City Chambers on the High Street.
Meet at 7.00pm at entrance on left of the
City Chambers.
Maximum 16 people. Names to Pete Couldery,
first come first served!

Sat 20 Nostalgia 'O' Event. Contact Stuart Edgar.

AUGUST

4-10 Scottish 6 Day - Tayside 85

Thu 15 Water Orienteering at Linlithgow Loch!
Courses will be laid out using buoys in the
loch. Canoes, dinghys and windsurfers will be
available. Meet at Lowport Primary School,
Blackness Road by 6.30pm with a change of
clothing. We have to leave at 9.00pm.
The school is just before you reach the High
Street when approaching from Edinburgh.
Let Peter Woolverton know if you intend to go.

Sat 31 Car Rally. Contact Len Milarski.

SEPTEMBER

Sun 1 Edinburgh Marathon

Wed 4 Beer & Skittles at Sheep's Heid Pub at 7.30pm
Contact Eileen Gillespie.