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which would have been
"INTERLOPERS NEWSLETTER No. 56 JAN. 1985"
or
"ESOC NEWSLETTER - JANUARY 1985"

It has happened! After years of deliberation, many arguments, questionnaires, warnings, threats and even a false alarm, this is the first joint Interlopers and ESOC newsletter. Many people feel that this epistle should be given a trendy new name to go with its new combined form but no-one has yet come up with any good ideas. Over to you!

It has been agreed that the two club newsletter editors will take it in turn to act as overall editor whose responsibility it will be to decide on the format and layout of the issue. The editors will still collect all the contributions from their own club members and these will then be passed on to the overall editor for that issue.

This issue is being produced by Ken Ovens, the Interlopers editor and the next issue will be done by Ben Bate, the ESOC editor.

You asked for it so here it is

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ESOC PRESIDENT'S PIECE Ian Jackson

Welcome everyone to the post-Orwellian year of 1985 - it is also 20 years since ESOC was founded (a fact of which, I for one, was not aware until the AGM). One or two entertaining 'events' have been suggested to celebrate the anniversary, but please let your imagination wander and pass on any suggestions to a committee member or to myself. (You will recognise me at the early events of 1985 - I'm the one with my right arm in a sling where it was twisted just before the AGM, and with my left arm bandaged; see below.)

The Newsletter is also the first formal Newsletter to be jointly combined, co-ordinated and distributed with the Interlopers Newsletter. Can anyone devise a sensible title for the Newsletter out of the acronym ESOC and INT (Sitcone? Cosinet?). Do we need a new title?

This year will be another important one for the club, dominated by the double demands of organising the Scottish at Loch Ard on 26th May and planning (and co-ordinating with EUOC) day 5 of the Scottish relays on Friday 9th August at Baluain, Blair Atholl.

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These/two fairly heavy commitments for a club of our size in view of the 'professionalism' demanded by competitors these days. Please note the dates in your diary now - we will need a large turn-out of members on both days. For the rest of the year, I feel we should perhaps make a modest contribution to the fixture list, and look to the future by concentrating on mapping. We need to use the mapping potential on our doorstep and not become involved with arduous and time-wasting travelling to distant areas.

I would like to thank everyone who supported the club by competing at Gleniffer Braes on 9/12/84 for the Compass Sport Cup tie against FVO. Although we lost by 60 points to 40 points we were not disgraced against such a large and internationally studded opposition. It was most heartening to see such a large turn out which I estimated at about 80% of active members and included our far flung membership from Peebles and Tinto.

Finally, in addition to thanking last year's retiring and this year's new committee members, I would like to pay tribute to our retiring President, Ian Beck, for the huge volume of work he took on during the last two years as unpaid, unsung Fixtures Secretary and Social Secretary as well as President. I suspect this was all done at considerable personal cost to his competitive orienteering desires, and I hope Ian, that we will see more of you in the forest this year. Thank you once again.

Good 'O' in 1985.

P.S. I promise that the above will be the longest President's Piece for 1985.

ESOC EDITOR'S PIECE Ben Bate

This is the first Newsletter produced jointly by ESOC and Interlopers. The format will, no doubt, change from issue to issue. I welcome this co-operation between the Edinburgh clubs, just as I know others do not, and feel sure that in this case togetherness will mean strength and a concentration on developing orienteering in the SE area and Edinburgh especially in the following areas:

1. Mapping
2. Training established orienteers
3. Encouraging new members
4. Developing juniors

I welcome all comments on the Newsletter - both favourable and unfavourable - at least it shows the Newsletter is being read!

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INTERLOPERS BIT

Membership Those of you who are members of BOF (British Orienteering Federation) will have received your membership renewal forms and should already have sent these to Andy along with the correct fee.

Those of you who are club members only are reminded that your 1985 fees are due now.

The fees are:-
Seniors £2-50 Juniors £1-00 Families £3-50

Please send the correct amount to Andy Spenceley as soon as possible.

JK Relays Please contact Andy by 28th Jan if you want to run in the JK Relays. As the JK is in Northumberland this year, we expect that a lot of Interlopers will be present. Remember that we subsidise the relay entries. It will only cost you £1-00 (Senior) or 50p (Junior), a great bargain.

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BITS AND PIECES

South East Area are keen to stage a series of upgraded CATI's (to be called Lothian mini-league events) in May/June and another in August/September. These would be in areas such as Holyrood, Bonaly, Riccarton etc. If anyone is interested in organising, planning, controlling or helping, contact Ian Jackson (ESOC).

Each club would be responsible for one event to be held on Wednesday night 4.30 pm - 6.30 pm.

The Pentlands are to be remapped by ESOC this year as map stocks are now very low. Stuart Edgar is organising this project.

ESOC is to hold a Score event on the Pentlands as part of the Lothian 'O' League series on either 21st or 28th April (lamb and the army permitting). Helpers/controller/planner; Contact Ian Jackson.

Peter Leach is organising a Coaching Course mainly for teachers involved in running a school club but it is open to others who are interested. Times are:- Thurs 28th Feb 5-00p.m., Thurs 7th Mar 5-00p.m., Sat 9th Mar and a visit to an 'O' League event on Sun 10th Mar. Cost is £2.00 Please contact Peter Leach (Interlopers) if interested. (See address list).

Andy Spenceley has received details and an entry form for the Belgian 3 Day Event 25 to 27 May 1985 Contact him if interested. (Closing date 29/3/85)

Peter Woolverton is co-ordinating the Interlopers mapping project at Ewe's Hill. All volunteers to help should get in touch with him as soon as possible.

The photograph on the front cover of the last ESOC Newsletter was Loch Grannock Lodge, site of the ESOC Weekend 1984.

COMPASS SPORT CUP, KINNOULL HILL, PERTH
11th NOVEMBER 1984

FVO v INT

Interlopers were beaten by FVO 53-51, a very close result and a performance the club can be pleased with. Well done to all who turned out.

Results:-

	<u>Interlopers</u>	<u>FVO</u>
Blue	M21 Ben Hall (6) M21 Andy Spenceley (5) M21 Ken Ovens (1)	M21 Pat Blashill (4) M21 Dave Anderson (3) M35 Robin Harvey (2)
Green	M17 Pakit Hyman (5) W21 Chris Whalley (2) M17 Ian Ramsay (1)	M40 Gareth B-J (6) M17 A. Brown (4) M40 R. Mayor (3)
Red	M15 Alan Meikle (6) M15 Mark Wood (5) - - -	M15 R. Davrey (4) M15 D. Cooke (3) W40 T. Cooke (2)
Orange	W35 Sheila Kennedy (5) M55 Ray Heyworth (3) W17 Lorna Boyd (2)	W55 H. Astbury (6) W35 M. Brown (4) W35 Jan B-J (1)
Yellow	W15 Carol Boyd (5) M15 Alan Simpson (4) M15 William Forsyth (1)	W15 Kirsty B-J (6) M11 A. Howie (3) M11 Ali B-J (2)

Thanks also to those others who turned out but didn't score.

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COMPASS SPORT CUP, GLENIFFER BRAES, PAISLEY
11th DECEMBER 1984

FVO v ESOC

Having put Interlopers out of the Cup amidst a good deal of controversy, our country cousins took on ESOC on the 11th December 1984.

The venue was an exposed hillside just outside Paisley. Navigation was quite easy. There were many line features and many of the controls were visible from some distance. Obstacles consisted of gorse, steep ascents and hairy cows with horns. One or two of the control sites were rather dubious and some of the markers and punches were missing but plenty of controls per K and the fact that it was the same for both teams led to interesting runs and overall a good competition.

ESOC just managed to field the minimum of 3 runners in each of the 5 classes but only managed to win one (Trish Carmichael in Orange), gain second place three times (Bill Gauld, R Pyatt and G Pyatt) and one third place (Andy Curtis). So we lost 60 - 40.

However, the Cup certainly gets members into the club spirit and provokes all sorts of discussion regarding the make up of each class (ie should M40 and M50 be asked to compete against W21's - is it no contest or should our W21's train a little harder?)

Ros Beck

It is interesting to note that this event was staged by a school thus giving juniors in the west valuable experience. Could the Lothian 'O' League follow suit? - B.B.

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DEVILLA

This event, despite remarks made by the Controller concerning the map, was enjoyed by 30 ESOC members & 18 Interlopers. There were 50 runners in the M21 class which was won by Mick McGill from the Lakes in a very fast time of 75.55. The only Edinburgh winners were R Lessells in M10 and Meryl Marshall in W40. I, for one had not run in this forest before and look forward to doing so again. (Perhaps in the Scottish Relays?)

B.B.

ANNIVERSARY

1985 is ESOC's 20th anniversary and already ideas on how to celebrate are trickling in. They include and 'O' event with pubs as controls and pints as control cards; a publicised history; an old style event with a 2 1/2" 'O' map copied, old style markers, etc. Any other ideas to Ian Jackson or the Social Secretary.

K.I.M.M. / The End of British Summer Time

Cliff White

It was that time of year again; the clocks go back and 2000 of Britain's finest run "The Karrimor.

A "veteran" of three previous Karrimors (Arran 80, Langdale 81 and Strathyre 83), always running the B course with a best position of 14th, I decided I'd peaked and thought of the Score Event - no more "crocodiles" and a limit of five hours running. It seemed just the dab so, in the true spirit of Edinburgh Orienteers, I approached my team mate of 83, Ben Bate (ESOC) and the deed was done; we were entered for KIMM 84.

The choice of the Peak District as the race venue had given us some qualms, more because of the travelling time from Edinburgh, but dark rumours began circulating about "groughs", a quaint local name for man-eating peat ditches. However, it was too late, the spell was cast, whatever these groughs were, we felt KIMM 84 would be a convenient way to have a look at Kinder Scout and the Pennine Way! Little did we know how much we'd regret our desire to visit Kinder.

Our journey down to Glossop was uneventful; we collected our maps at Registration and only then did it dawn on us the extent to which local knowledge could affect route choice. I had visions by this time of an underground network of tunnels known only to the select few.

Saturday was a magic day; the weather was great, blue sky, no wind, crisp and clear; we avoided most of the groughs and what a run we had! By the time we reached the last control at the overnight camp we had amassed 260 points. Not bad we thought and went of to find a space for our tent in amongst the forest of tents already pitched. Now, if you've not pitched your tent at a Karrimor then you haven't lived. It's a case of sleeping on a hillside with neighbours so close you think the tents are mating. It's an experience not to be missed - as long as you arrive before darkness! It's been my yearly treat to be warm and fed in my tent and watch the "lights on the hill" materialise into lost and broken souls trying to pitch a tent where God never intended a tent to be. This year one unfortunate team parked outside the entrance to the Gents!

In between eating, eating and eating, Ben and I whiled away Saturday night trying to persuade the girls team next door that a muscle injury on my thigh needed massaging, even the promise of a Mars bar wasn't enough to tempt them. I wonder what they looked like.

Reveille at 6a.m. and it was raining; it always rains on the second day so remember, don't carry the flysheet! Breakfast was a relaxed affair - porridge and bacon rolls followed by coffee and a visit to the pissoir - the morning after 1000 dehydrated meals is not the time to visit the trenches laughingly known as toilets - a backward slip could be fatal!

Rucsacs packed and off to the start ... for our first shock of the day. We were second!, only 10 points behind the leading team. The pressure was really on now, could we hold on? Our choice lay between a "safe route" and a gamble to go for gold by visiting the Kinder plateau. Kinder won and "into the valley of death" jogged our team. It was no contest when, after a harrowing time navigating across Kinder, we arrived at our southernmost control with an hour left and 10km between us and the finish. 10km of the Pennine Way, 5km of that being bog. To our credit we tried, but I'd never experienced terrain like it; the only word to describe our progress would be "yomping".

Anyway, we blew it, arriving 30 minutes late and incurring 60 penalty points. We were out of the running, our chance of glory gone.

What can I say? Well, I loved every minute of it, more than any other KIMM I'd done and, if the Karrimor is north of Manchester next year I'll be there, looking forward to my hours extra kip on the Saturday night.

P.S. There should be more Score events, it's a bit silly having a Scottish Score Champs without other score events prior to it.

WHO IS IAN JACKSON?

ESOC AGM

The ESOC AGM was held in Martin's house again on the 5th December 1984. (Thanks to Martin and Aileen)

In all, about 27 people attended but not for the whole meeting, there being a return to the provinces half way through!

Ian Beck stood down as President, his final acts being a narrow defeat by FVO and securing an area for the Scottish Champs. in May. Later, the new President, Ian Jackson, thanked Ian B. warmly on behalf of the club. This was enthusiastically endorsed by those present at the AGM. (I trust that we will see Ian and Ros around the 'O' scene in 1985)

Main business can be summarised briefly, as follows:

President's Report - We now have an area for the Scottish Champs; ESOC must produce more maps in 1985; the president retires.

Secretary's Report - The decline in members seems to be over for the time being at least but it is hard to say why; the tent is on order.

Treasurer's Report - We have lots of money (£1,500); very few useful maps and no we don't practice accrual accounting

Captain's Report - See later

Amendments to the Constitution: 1. In future the Committee will consist of seven members - President, Secretary, Treasurer and Newsletter Editor, all elected specifically by the AGM.

A further three will also be elected by the AGM to take up the following posts between them - Team Captain, New Membership Secretary, Social Secretary and Mapping Co-ordinator.

2. A further amendment regarding the disposal of ESOC's wealth should it fold was held over and will be proposed by Dick next year after he has had time to work on it.

New Committee - After the usual bitterly fought election the following committee emerged hoarse from the hustings

President	-	Ian Jackson
Secretary	-	Kirsten Kershaw
Treasurer	-	Stuart Edgar
Newsletter Ed.	-	Ben Bate
Team Captain	-	John Morris
Members	-	Eileen Gillespie Mark Kassyk

RAFFLE TICKETS

Members of Interlopers who are also members of BOP will already have received, or will receive with this newsletter, a number of books of raffle tickets. These are to raise money to help towards the cost of sending the British Team to Australia for the World Champs this year. I am not sure who you will persuade to buy them as the prizes do seem a trifle specialized but please try anyway. I have heard rumours that one of the "Further Prizes" is a cuddly kangaroo.

The tickets are 25p each or £1.00 for a book of 5. Stubs, money and unsold tickets should be returned to Andy Spenceley by 23rd Feb.

ESOC members who want information about the raffle should contact the ESOC secretary.

Interlopers are again reminded that they should not enter for Day 2 of Tayside '85, the Scottish 6 Day Event as this is the day that we are helping with the organisation.

The answer to Dave's puzzle in the last ESOC Newsletter is : 9 wins; 2 wins; 2 wins.

Ben has asked me to provide him with a thumbnail sketch (this is written with a compass needle using the blood from my nail!) of my involvement with orienteering.

Well, it's long and not particularly distinguished. I started orienteering as an 'Independent' in the winter of 1969 in SE England on a b/w 2 1/2" map at Eridge in Kent, having read about it in an article by John Disley during the summer in Wales, and thought "H'M, that sounds interesting - must give it a go sometime." The course was a 'D' (the shortest there was), and in succeeding events I slowly worked up to an 'A'. I used to go everywhere by public transport in those days, then I briefly joined a now defunct club called Dysart Dashers, before becoming a founder member of London Orienteering Klubb (I'm still a 'local' member.) I stayed with them until I came to Edinburgh in 1981. I orienteered intermittently in SE & S Central England, perhaps doing 15 events a year; never did any training, I'm ashamed to say; involved with mapping Leith Hill for JK '77. I steadily slipped down the M21A results as 35 approached, but my enthusiasm was rekindled on arriving in Scotland with new terrain, new club and new class - and a drift up the results!

Orienteering in England is different; there are almost as many clubs in SE England as in the whole of Scotland and the events workload is more evenly spread amongst clubs and club members. Although the number of competitors is higher it doesn't really take a lot more effort to put on a Badge Event for 700 than it does for 200 competitors. Also, paradoxically, although there is a conservation policy in SE England to prevent over-use of top quality land, there are actually more small areas of woodlands and commons than Central Scotland.

E.L.O. FESTIVE FROLIC
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Fifty orienteers, both expert and novice, enjoyed a very well organised ad hoc relay at Yellowcraigs near North Berwick on 30th December.

Three short courses, rated Green, Orange and Yellow, had been set on the dunes, woods and meadows of the 1:5000 Yellowcraigs map. The planner had aimed to give a theoretical completion time of 20 minutes for each course.

Each would-be entrant was invited to register for one of these courses. Teams were then assembled at random, giving a variety of combinations of courses with, in theory, no particular advantage to any combination.

In spite of initially unpromising weather - cold, damp and misty - enough people arrived before the close of registration to make 17 teams, a very good turnout for any event of this type. ESOC were well represented, with 8 members running, all in different teams.

With an encouragingly large turnout of novices, there were inevitably several disqualifications; Kirsteen and Dave Kershaw and John McLaren all saw their teams founder in spite of their own impeccable control cards. Mark Kassyk was luckier, as was Len Milarski; their teams came 8th and 7th. The Gilmour Road branch was particularly pleased with itself; Sally Morris's team came 9th, John Morris's team came 2nd and Martin Little's claimed 1st position (and three large tins of biscuits).

Excellent organisation ensured that nothing spoiled the fun of an event that I hope we shall see repeated by ELO, and perhaps copied. By ESOC perhaps, on Ian Jackson's forthcoming Braid & Blackford map?

Congratulations are due to ELO, not least for their course planning; Martin's winning team took exactly 60 minutes!

John Morris

ESOC CLUB CHAMPIONSHIPS 1984

The final results of the 1984 Club Championships are as follows:

- 1. P Carmichael 398 points (4)*
- 2. B Gauld 398 points (4)*
- 3. E Harvey 354 points (4)
- 4. J Morris 349 points (4)*
- 5. I Jackson 340 points (4)
- 6. R Carmichael 338 points (4)
- 7. B Bate 319 points (4)
- 8. F Williams 306 points (4)
- 9. E Gillespie 301 points (4)*
- 10. R Beck 287 points (4)

Bracketed figures indicate the number of events counted. People scoring in more than four events (marked with an asterisk) had their best four scores counted. It was encouraging to see that 44 members participated in at least one of the Club Championship events.

TROPHY WINNERS

- Mens Open - Eddie Harvey
- Womens Open - Ros Beck
- Pentland Trophy (M & W 13+) - Eileen Gillespie
- Ron's Trophy (M & W 10 - Frances Williams
- Stenson Trophy - (M & W 35+) - Trish Carmichael & Bill Gauld
- Aitken Trophy (Most Improved Orienteer) - John Morris

Prizes were awarded at the AGM in December.

We both hope that everyone enjoyed taking part in this year's selected events and wish you every success in the 1985 Champs.

Ian Jackson and Lesley Elliot

ESOC CLUB CHAMPIONSHIP 1985

First event to count in Dalswinton 31/3/85 - the next Newsletter will carry the full list.

Can 1984 trophy winners arrange to have their trophies engraved and pass the cost on to Stuart Edgar.

The ESOC committee have decided to run a competition to redesign the club flag to incorporate the 20 year anniversary. The prize is free ESOC membership for one year and a mystery prize! Details from Kirsteen Kershaw.

SOCIALS

- 25th January : Burns Supper; 7.30 pm for 8.00 pm South Sider Pub, West Richmond St. £3.25 + toasts - Soup/Haggis/Cheese (BYOW). Tickets from Janice Nisbet or Eileen Gillespie. Bring a copy of Burns' poems. Anyone interested in being MC or reading a poem please contact Janice Nisbet.
- 21st March : Games evening; South Sider Pub Contact Eileen Gillespie
- 22nd May : Hash Run; contact Ian Jackson/ Ben Bate
- July : Car Rally

If anyone is interested in organising a social in Sept. or Nov. contact Eileen Gillespie or Ian Jackson

Thanks are due to Fiona Craddock, John Campbell, Scott Balfour and everyone else who helped make Interlopers Lothian-O-League at Colinton Dell such a success on 9th December. THANKS!

NEW MEMBERS

The following people have joined ESOC and are warmly welcomed to the Club:

- Lessells family
- Len Milarski
- Ronald & Fiona Leask
- The McPartlin family
- John McLaren
- The Coutts family
- Bridget & Anthony Jardine
- David Lane
- The Howie family

The Newsletter Editor hopes to be reporting your 'O' activities in the near future.

Interlopers welcome the following new members and hope that they will take an active part in all the club's activities.

- Graeme Boyd (M13)
- Paul Dyer (M13)
- Finlay Family - John, Elizabeth, Brigid, Christine
- Stacy Highton (W15) and Rachel.
- Sheena Horne (W15)
- Jane Kearsley (W13)
- Fiona McCulloch (W15)
- Bill Mason (M35)
- Ann Messer (W21)
- Malcolm Murray (M15)
- Jackie Robinson (W17)
- Alan Wilson (M15)
- Barry Woodfine (M21)

The following Interlopers have recently moved and their new addresses can be found in the attached lists:- Carol & Lorna Boyd, Helen Bruce, Mike Burton, Ian Lamont and Susan Wilkie.

CALENDAR

January

- Sun 20th Lothian-O-League, Kinneil Wood, Bo'ness. Starts 10.30 to 13.00 Leave M9 at Jn 3. Follow main road through Bo'ness, straight on at lights then follow signs.
- Fri 25th Burns Supper 7.30 Southsider Pub See "SOCIALS"

February

- Sat 2nd Training Morning Contact Pete Couldery.
- Mon 11th Interlopers Committee Meeting
- Mon 11th ELO Night Street Event Gullane. I.Barrie, 23 Summerside Place, Gullane.

March

- Sun 10th Lothian-O-League Whitesands, Barns Ness Grid Ref:- 66/7177
- Thur 21st Games Evening (Board Games etc.) See "SOCIALS"

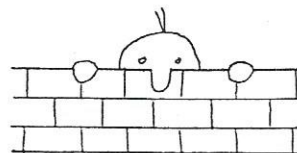
EVERY TUESDAY

Interval Training, The Meadows. Be at the east end of Melville Drive ready to run at 7-45pm. Pub Night, Southsider, West Richmond St., 9pm

EVERY THURSDAY

Training run from Meggetland (off Colinton Rd.) starting 6pm. Changing rooms and showers.

For further details about any of the above events contact Andy Spenceley.



WOT! NO NAME?