

# Interlopers Newsletter CLXXVIII

by THE EDITOR

*It's December, so it must be time to go orienteering. The deathly quiet in the 'Burgh this year comes from a merry band of Acklands, Carci, Eades, Wards and Galloways dispatched to Africa. Hector too, but he's running for Lidingo which is Swedish for Interloper. How you might ask, can we get as many people to Johannesburg as to the Compasssport Cup final in Plymouth. Answers on a postcard.*

*Also, this issue sees the latest release from a long-loved fantasy saga, as the Jedi knight of the Dalkeith Road reawakens in M60something. Is the force still with him? Read and weep. There's also a brief ramble from me about the intomaps respository where I keep all my maps, and some of the clubs too. Please use this to keep the most up to date versions up to date.*

*I'm sure there's something else that happens towards the end of this month too. Oh yes, Merry Christmas!*



Is this really South Africa?

— Graeme

## Chairman's Chat

by MAX CARCAS

Hopefully this chat will make it into the Interloper or I will be forever in editor Graeme's bad books. I'm currently writing this on an iPad as we fly to South Africa via Amsterdam (it's a long story...). This time we decided to go on holiday without my work laptop - a) because it's less likely to get nicked and b) because, well, it's supposed to be a holiday! Of course in the taxi to the airport I immediately remembered some work I had to do but now couldn't because I didn't have my laptop. Jane also remembered she'd forgotten her phone, wallet and driving licence. So the question was whether to turn around and go back or continue on. We decided to carry on. Of course the plane was delayed by over an hour in any case.....

What has all this got to do with orienteering you might ask? Well someone cleverer than me can probably think of an appropriate analogy with orienteering - "oh no, woe is me! I've forgotten my ankle tape/control holder/ compass" (actually that last one is quite important, even for me). Anyway the point I'm trying to make, is, I think (!) is that it all works out in the end. Well it usually does, anyway.

As many of you know we're actually off "down south" to compete in an event called the Big 5 O - five days of orienteering in SA. I'd always fancied doing it but it was when Colin said he was thinking about doing it because he would be fifty next year (as indeed would I) that it all made perfect sense! (It actually makes no sense but, hey!) Also involved are teams Ackland, Galloway, Ward and Eades. We're all travelling separately to minimise risk as, er I think, per club policy.

I must say writing on this iPad isn't as bad as I thought it would be. Anyway I did want to say a big thank you to everyone that helped with the intrepid weekend, it was a bit of a mega undertaking but I think everyone really seemed to enjoy it.

Happy Christmas and don't let the warthogs bite!



## 21 Victorious

by BUCK FASTLY



The top 20 of our magnificent 21's team

A sea shanty for our times.

*The merry band cried yo ho ho  
and down to Plymouth they did go  
Following steps of Cap'n Ro  
bleeding, speeding interlo  
pers on planes an on the roa  
Dey won the Compassport Tro  
Fiona, Mairi, Lorna and Co  
linking well but never slow.  
Fredless Carcas- Pip won though  
Ann, Caban another Co  
Linverarity 6-0  
Strain to win a boot of go  
elden, Graeme Graham Graeme Ro,  
sses aplenty Klara No  
vot no Wards? - next year they'll go!*

Well, you get the idea, a plucky band of 21 interlopers took out teams nearly twice our size from WIM, SARUM and other points south to retain the CompassSport Trophy. A glance at the results suggests a huge win.

1st INT 1260; 2nd WIM 1219; 3rd SBOC 1212

The reality was otherwise. With no M18s or anyone over 60 it looked like there was no scope for error on many courses. The critical moment for the team came when Colin Inverarity brought his unique ability to the mix, giving us 14 possible scorers instead of the bare minimum 13. Pressure off, we had a series of top runs including course wins for Colin Eades and Pippa Carcas.

Next year's final is somewhat more accessible, on Cannock Chase (Oct 21st), and there's the small matter of qualifying at Beecraigs on March 12th. This qualifying rules are that Scottish clubs need to finish in the top-3

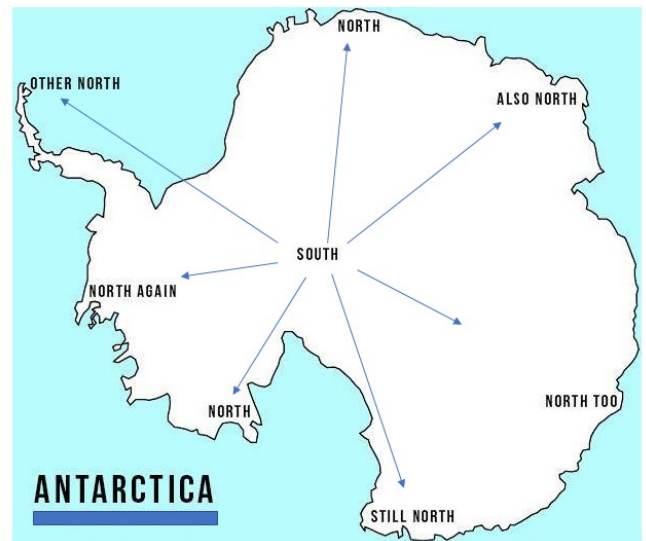
in the heat to qualify. Except for INTERlopers who have to finish in the top 2. Go figure.

## Intomaps Map Repository

by INTOMAPS@DRIVE.GOOGLE.COM

Intomaps is a shared google drive account where you can find a selection of maps, some cunningly concealed behind a "shared with me" tab. You'll need the interlopers password to log in, and if you can't work it out, just ask one of the helpful staff at @ackLandSurveys. You can open the maps in OCAD, OOmapper or CONDES. Use the maps for training, events or whatever, all I ask is that if you find any errors you report them back so I can keep the maps up to date. Better still, update the maps yourself and put the new version onsite - but please use the existing symbols set and don't import dozens of new symbols.

Some of the files cover large areas (Edinburgh, Livingston). For events there, cut out the section you want and make your own borders, titles and legends. Remember to feed back changes to the master version.



*Mapping tip of the Month:  
...always remember to use appropriate North lines*



## Interlopers GDPR review

by \*\*\*\* \*

This item has been redacted

## Club Championship

by MARY ROSS



At very short notice, the Club Championships were held at the ESOA Championships at Riccarton on Sunday 19th November (apologies to any club members who would like to have been there if they had been given a bit more warning). In consultation with last year's Club Champion, Ben Ross, who was keen to have it as a run-in competition, we compromised and made it a combined score on your class result and run-in time.

After some complicated number crunching to give us a clear winner, we are very pleased to announce that the Club Champion for 2017 is Laurence Ward (M10). Well done Laurence! Trophy will be awarded at the next club gathering. Thirty five Interlopers competed and the top point scorers were Laurence Ward 3696, 1st Junior Lady Mairi Eades 3059, 1st Senior Woman Mary Ross 3289, 1st Senior Man Ray Ward 3162.



## 2017 btoSOUL series

by PAT SQUIRE

This year's Urban league of 11 events came to a conclusion with the TINTO race in Biggar in November. There were the usual number of very close placings but none more so than Ray Ward's victory in the Men's Veteran category where he won by the most narrow of margins possible – half a point! Claire completed a family double by winning the Women's Vet



Half-point Champion

category by a more comfortable margin of 12 points, having gained the maximum 500 points. Third place in that category went to Mary Ross with 480 points. The other Club member who has achieved a top 3 place in this year's series is Mairi Eades with 2nd in the Junior Women's category. Congratulations to them all on their achievements this year.



## ESOA Championship

by RICK AYRTON

The East of Scotland Championships was held at Riccarton Campus organised by our very own Alex Carcas on behalf of EUOC. Combined with the club champs, and impressive Interlopers turnout brought a crock of silverware back into town with no fewer than eight Champions:

Leah Bartlett (W14), Mairi Eades (W16) Mary Ross (W45) David Ivory (M12) Sam Galloway (M20) Ray Ward (M40) Chris Dibben (M45) and Pat Bartlett (M50)

The men's open Championship was a particularly hard fought battle, with an esocian scoring system even more complex than the club champs: see if you can figure out who won (answer below the results).

Pos	Name	Club	Age Class	Time	Behind
1st	Eddie Narbett	EUOC	M18	39:15	
2nd	Tessa Strain	EUOC	W21	42:36	+3:21
3rd	Tom Lines	EUOC	M18	46:44	+7:29
4th	Ray Ward	INT	M40	46:59	+7:44
5th	Max Bloor	INT	M18	47:19	+8:04
6th	Andrew Stemp	DUOC	M20	47:25	+8:10
7th	Robin Galloway	INT	M50	48:18	+9:03
8th	Martin Quirke	ESOC	M40	48:51	+9:36
9th	Kirstin Maxwell	RR	W21	49:18	+10:03
10th	Jonathan Ellis	ESOC	M35	50:00	+10:45
11th	Samuel Galloway	INT	M20	50:37	+11:22
12th	David Eades	INT	M50	53:40	+14:25
13th=	Walter Clark	ESOC	M40	53:55	+14:40
13th=	Tim Darlow	RR	M40	53:55	+14:40
15th	Graeme Ross	INT	M40	54:14	+14:59
16th	Geoff Martin		M21	54:37	+15:22
17th	Mark Rowe	ESOC	M40	55:08	+15:53
18th	David Gray	MDOC	M35	58:32	+19:17
19th	Colin Ledlie	INT	M50	59:30	+20:15
20th	Terry Johnstone	ESOC	M50	59:37	+20:22
21st	Alistair Duguid	TAY	M40	60:18	+21:03
22nd	Martyn Pegg	ELO	M40	61:08	+21:53
23rd	Rachel Scott	GRAMP	W50	70:04	+30:49
disq	Matthew Leitch	EUOC	M20	58:03	
m19	Jamie Thomas	ELO	M40	59:39	

Clement Claret retained the men's open trophy for the third consecutive year.

# Msixtysomething

by COLIN INVERARITY

A long, long time ago in a forest far, far away some club committee member sidled up to this columnist and suggested that I might be just the right person to take over as newsletter editor not being much good at anything else. The rest was history and as some older club members may recall the true birth of "fake news". To fill up the pages I hit on the idea of ending each issue with the thoughts (and ramblings) of an enthusiastic but not very competent orienteer. Sometimes it even mentioned orienteering.

At the time there was a moderately popular drama on television about the lives of a group of young Philadelphians. It was sort of like Friends with fewer laughs and was called thirtysomething. Being in that age group at the time, (just), I adopted this as the title of the regular column which went on to appal club members for numerous years culminating with one issue of Mfiftysomething in 2004. I had in fact turned 50 the previous year but had forgotten to change my masthead for several issues. Now, in his stupidity, Graeme seems to think the time is right to inflict Msixtysomething on an unsuspecting public. You have been warned!

So what's happened in the intervening years ? Well, the club appears to be thriving these days with a much broader junior base, a widening number of club members taking on organising, planning and controlling roles, more local areas being mapped for our use (including virtually all of Livingston now as Murray remarked recently). We still seem to be attracting elite orienteers after they graduate and we're virtually unbeatable in the Compass Sport Trophy these days. We've also had more changes of kit that you can shake an ESOC thicket at judging by my bulging O-drawer in the hall.

So, in typical fashion, having nothing of interest to say about my own activities I'll finish with a rant prompted by the arrival in my email of my BOF membership renewal and the following tosh. "By renewing through Direct Debit, you are accepting, and will abide by the policies and procedures, including the Ethics and Behaviour Policy and Ethics - Code of Conduct, as published on the British Orienteering website. You also agree to abide by the final outcome of any disciplinary and appeal proceedings and understand that your membership of British Orienteering may be terminated if the findings of any disciplinary and appeals proceedings so determine" (see image)



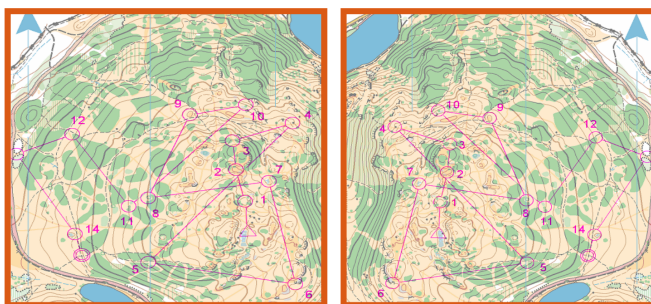
*Sod et Ermine: Grass and a stoat*

I don't know if it's just the way I am reading (see picture) it but are Direct Debit Orienteers developing a bit of a reputation for themselves and needing to be brought back into line? Are they just not behaving like those traditionalists who insist on paying by cheque? Do they wear pink socks at events? Are they the ones who turn up late at their Six Days Start blaming everyone but themselves ? Perhaps they're the sort of people who climb over uncrossable walls at Mortonhall. What sort of example is that for the SOA President to set ? Having said that it was only after I got home and thawed out that I realised I had in fact actually straddled an uncrossable fence myself. My excuse is I have difficulty focusing on the map with my lenses some time. I did wonder at the time why Mrs Strain was going along to the gate behind me. I felt a bit guilty wondering if I'd gained an unfair advantage going over the next field so kept to the 'track' through the stubble rather than going diagonally across to the control. Humble apologies for my mistake. It was stupidity on my part rather than cheating. Please don't tell BOF! I don't want to be hauled up before the Disciplinary Committee . . . . .



## Occident waiting to happen

by JAMES ACKLAND AND FREDDIE CARCAS



*A new form of gaffling for a chasing start. First three controls up the ridge heading north are common, then the courses split east and west. Or do they?*

## Events News

by PAT SQUIRE, EVENTS COORDINATOR

2017 has been a busy year for the Club.

As well as our SOL at Drummond Hill and the SOUL in Livingston (forming the INTrepid weekend) we put on 8 Saturday series events throughout the year and 5 SprINTelopes in the Summer. Further we helped organise the SOA relays at Binning Wood in May and formed part of the Central Organising Team for the 2017 Highland 6 days. To all Club members who assisted in whatever way with these events and activities a huge "Thank You" is extended.

For 2018 a similarly ambitious programme is planned. A SOSOL will replace the SOL, to be combined with a SOUL to form an INTrepid weekend. This is scheduled for November with West Lothian being the likely locations.

Saturday series events are pencilled in for the first Saturday of the month from March until October, alternating between Edinburgh and West Lothian, and Wednesday evenings in the Summer should see SprINTelope events being provided.

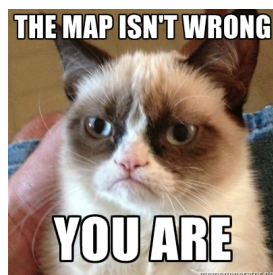
The programme for the year is still to be finalised but we are going to require lead officials for these events i.e. Organisers and Planners as well as the usual need for "helpers on the day".

If anyone wishes to offer their services either in principle or for a specific date / venue please do get in touch with me. There is always a period of anxiety until names are filled in for the various roles that need to be undertaken, so any offers made before I have to go chasing are always very much appreciated.

Events also need to be publicised, especially the Saturday series ones which, being aimed particularly at newcomers to orienteering cannot just utilise the usual channels of communication within the sport.

If you have any ideas and suggestions as to ways and means of "spreading the word" to individuals, families and groups of all ages who might be interested in "Coming And Trying It", please do get in touch.

Similarly if you could help with design or distribution of materials I would be very pleased to hear from you.



CATI helpers needed, to welcome newcomers with friendly advice

Sat	3rd	March	Craigmillar Castle park	Edinburgh	CATI
Sat	7th	April	Dechmont Law	W. Lothian	CATI
Sat	5th	May	Colinton Dell	Edinburgh	CATI
Sat	2nd	June	Polkemmet	W. Lothian	CATI
Sat	7th	July	Kings Buildings	Edinburgh	CATI
Sat	4th	August	Almondell	W. Lothian	CATI
Sat	1st	September	Braidburn Vally Park	Edinburgh	CATI
Sat	6th	October	Eliburn	W. Lothian	CATI
Sat	3rd	November	Livingston	W. Lothian	SOSOL
Sun	4th	November	Dechmont Law	W. Lothian	SOSOL / CATI

## Sprintelope and Quiz

by [HTTPS://WWW.FACEBOOK.COM/SPRINTELOPE/](https://www.facebook.com/sprintelope/)

Not yet advertised or registered, we'll have another Sprintelope series of low-key Wednesday evening events around Edinburgh and the Lothians. They are a very simple introduction to organising and planning an event. Maps and guidance are provided by the coordinator, you just need to find a venue. Your house may be good. If you fancy staging one, just let Graeme know, in reasonable time if you want some mapping done.



How many words of four letters or more can you make from the letters in Sprintelope? Anything over 500 is good going!



## ISOM2017

by IOF MAP COMMISSION

A strange acronym which stands for International Specification for Orienteering Maps. After seven years of intense deliberation the good folk at the IOF have come up with a whole new mapping specification. You'll have to work hard to spot the difference: some things like form lines are slightly thinner. Others like "uncrossible fence" are slightly thicker, and slow run open with scattered trees can be shown with green dots.

The situation about uncrossable features has been clarified, I quote: "a feature that is mapped using a barrier symbol could turn out to be passable/ crossable, but to what extent it is possible to pass/ cross cannot be determined by inspecting the map"

So that's alright then.

## From the mouths of babes

by JANE ACKLAND

At our spectacular Int SOL on Drummond Hill, I (for some reason, being nothing to do with the planning or controlling) was the recipient of numerous positive comments from competitors about the standard of planning and the kindness of control-placement and hanging. However, every silver lining has a cloud. In the process of hanging the Shaun the Sheep pictures around the string course, the small person who I was assisting pointed out, quite astutely, that Shaun was unlikely to reach the control in the picture because he was dangling from a twig that was probably going to snap. What the babe didn't note as being at all remarkable was the poor choice of control site on that or any of the other pictures. This can only be attributed to her upbringing, which until recently, was under ESOCian rule.



It is time we brought back the 'Great ESOCian controls' column to the newsletter. I will start by clarifying, to the next generation of Interloper planners, that none of the following sites are appropriate when planning Interloper events.



## Great ESOC controls of our time

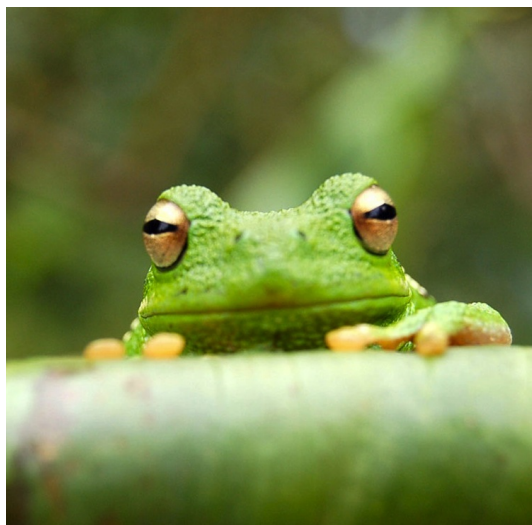
by S. T. SHEEP



*Solution to last time's GECOOT 2 ?*

# Frog Jokes challenge

by MISS TERRY COMEDIAN



Three frogs walked into a bar,  
the fourth frog hopped over it.  
How does a frog feel when he has a broken leg?  
Unhoppy.  
How do you apologise to a witch?  
"Ribbit"  
What do you call a girl with a frog on her head?  
Lily.  
Why don't frogs park on double yellow lines?  
They're afraid of being towed.  
What do you call a frog with relatives in Krakow.  
A tad Pole  
How do you make a Frog Queen?  
Promote a frog's pawn.  
What do you call a flying frog?  
Thierry Gueorgiou



Next issue: tortoise jokes



<sup>1</sup>A word which here means "I"



## Next event: Big Weekend

by GRAEME ACKLAND



New area as featured in Big Weekend 2018

Scarcely time to draw breath after Christmas, and Burns night is upon us. Which can only mean one thing: the EUOC big weekend, the finest student-run orienteering weekend in Scotland. This year features night-O on Kings buildings, Urban Racing in central Edinburgh, and terrain race on Holyrood Park. If that sounds familiar, its because you're not a student who only recently moved to Edinburgh.

But wait, the novelty this year is they <sup>1</sup> are staging an event indoors of Friday night ! In an eight-story building! What could possibly go wrong?



JCMB Risk Assessment: Many staircases

## Junior News

by AN WARDIVORY INTERREGNUM

In Carcas-related news, congratulations to Pippa on selection to Scotjos, and Freddie and Alex in the GB Talent Squad.

In non-Carcas related news, SOA offer a Junior Open Coaching Weekend on 17-18th March 2018 at Templars Park Campsite in Maryculter, Deeside. The weekend will combine high-quality coaching with the chance for juniors to socialise with others of a similar standard from other clubs. Places are available on a first-come, first served basis for 24 M/W 14s and M/W16s (age class at time of booking) who are not currently in ScotJOS.



## eMail List

by PAUL CABAN

The Club email list is the main mechanism for distributing announcements, including the Club Newsletter. It's restricted so that only members of the list can post to it - i.e. no external spam - and looked after by Paul, with help from Rob and Ann. If you're not on it with the right address, please contact me at Paul.Caban@ed.ac.uk; similarly if you \*really\* want to come off the list, I'll do that too (but please remember that it means that you won't then get the Club Newsletter).

Finally, one request to all list members: please don't use the list to have one-to-one conversations; i.e. please only 'reply-to-all' if you think that the whole list does need to know. Thanks. Paul.Caban@ed.ac.uk



## Training Runs

by KEN DALY

Club Terrain Training occurs every Thursday, summer or winter, rain or shine. The programme is on the Club website. We typically run for around an hour in various locations, mostly around the southern edge of the city. It's all very sociable: if we have enough people, we'll split into faster and slower groups, otherwise, we 'regroup' every so often. And once a month we aim to head off for a pub meal afterwards. If you want more information, have a chat with one of the 'regulars': Ann, Graham, Ken or Paul.

Dates and places continually updated on the club website.

Alternately, you can follow the Colin Eades training plan

- On days with a "y" in them. Go for a 10k run.
- If that's not possible, get David to do it instead.



## Fixtures

by SHIRLEY KNOTT

Nobody complained about the lack of fixtures in issue 177, so here they aren't again.

Check out the club website at

<http://www.interlopers.org.uk/>

Or the searchable BritishOrienteering site at

<https://www.britishorienteering.org.uk/page/event>

