

INTERLOPERS

ORIENTEERING CLUB

EDINBURGH

NEWSLETTER NO. 129

December 2002

129

I'm Dreaming Of A White House Christmas

Merry Christmas y'all over there at Interloopers or whatever you call yourselves. As another year draws to close we can take some time to look back and reflect on what the hell actually happened 'cos I can't remember very much of it. It also give us the opportunity to appreciate how far we people in the free orienteering world have come in our battle against the forces of tyranny and repression. The innocent orienteers of Scott-land can now run safely in their woods knowing that we have overthrown the hateful BOF regime and we can look them in the face now and say "Read my lips - No more levies !" (I got that one from my Dad). We are hopeful that under President Atherton and his sidekick the Ayatollah Petrie that stability will return and lots of our fellow Americans can visit your country in safety and spend lots of money on whisky when they visit your Moray 2003 festival thing.

Back home most folks have forgotten about that control card rumpus in Florida which saw me returned as National Champion, thank the lord, so we can continue

with our declared intention of desecrating the national parks in the Alaskan wilderness so that our friends in Exxon can make lots of dollars and put some of them into our campaign coffers and back pockets too.

On the international front we are determined to continue our fight against the axis of evil, the dark empire that is ESOC. We have insisted that UN observers be allowed into Penicuik Estate and search for illegal controls in thickets of mass destruction. They have been instructed to leave no copse undisturbed, no spinney avoided. We shall have proof that their policy of hiding thickets represents athreat to any orienteer of moderate incompetence in their democratic pursuit of a decent time.

So I think we can look to a future of reduced levies and entry fees, cheaper petrol to get us to events, no thickets to worry about and no decent areas in Alaska to run in anyway. Hey - is that right ? Anyway excuse us all folks, me and the First Lady are in the middle of an ESOC event just now. Where's that thicket ?

Bumper Festive Special

Down Under Page

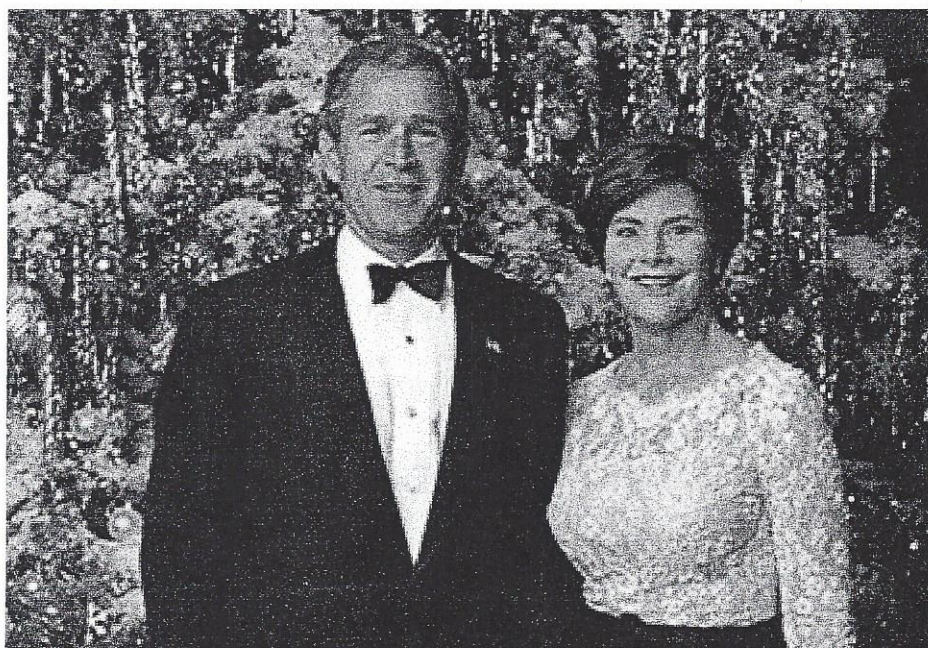
Goodness Gracious Great ESOC Control Setters

Moray 2003 Blurb

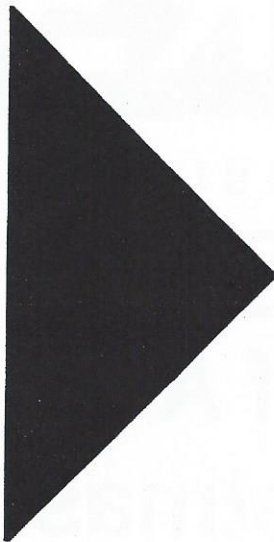
Another Boring Quiz

The Christmas Party

And Enough Events, Results, News And Pleas For Help To Keep You Busy For A While



It's around here somewhere, darling !



some good news and some sad news in the club and your usual reminder to renew your subscriptions



Membership Renewals for 2003

Full members should already have received their BOF membership renewal forms for 2003. If the SOA adopt the same arrangements as for last year, renewals of Associate membership should be sent to the Club Secretary, who will forward the information to the SOA Membership Secretary. The Full (BOF+SOA+Club), Associate (SOA+Club) and Club-only fees for 2002 are:

Category	Full	Associate	Club-Only
Junior (Born 1983 or later)	£7.50	£4.00	£1.00
Senior (Born 1982 or earlier)	£28.00	£13.00	£5.00
Family	£42.50	£20.00	£7.00
Group			£2.00

Note that Juniors aged 19 or 20 are expected to be Individual members. Juniors included in families may be aged up to 18 only. Ages are taken as at 31st December 2003.

If you intend renewing your BOF membership, please send the entire form and subscription direct to BOF. Note that (a) the subscription to **CompassSport** is handled independently of the BOF subscription, and (b) you have an option to receive the Ranking List for an extra fee.

Would Club-Only members please send their subscriptions (payable to INTERLØPERS O.C.) for 2003 to

John can also handle conversions from Club-only to either Associate or Full membership. Please phone **0131-440-2136** for answers to any queries.

John Barrow
3 Charlton Grove
Roslin
Midlothian
EH25 9NY
jbw@roe.ac.uk

In The Club

Only one person daft sensible enough to join us since the last newsletter if my scrutiny of the most recent address list is correct.

A typical low key Interlopers welcome to

Richard Dibley (M21),

2F2, 69 St. Leonard's Street, EH8 9QR (0131-668-1281)

Congratulations on joining Edinburgh's 2nd orienteering club, Richard. Lots of success and enjoyment to you in your runs and hopefully you'll get to know some of the reprobates and ne'er-do-wells who infest this club fairly soon and manage to avoid them afterwards.

The more eagle-eyed among you may have noticed a Mary Ross appearing in results. Ms Ker and Mr Ross finally decided to throw caution to the wind and were married in September. Congratulations to Mary and Graeme I'm sure will be forthcoming from those of you who don't already know.

A letter received by Paul from her who as Status Quo would put it "You're In The Army Now !!" - Ms Laws

Hi Paul,

I'm doing sufficiently well at orienteering and cross country to get away for events which is good. Cross country I tend to come about 4th, and orienteering 1st, in the Div League events. I won the Army Orienteering Champs (Sarah Rollins wasn't there) and came 2nd in the Interservices (Army vs Navy vs RAF) last weekend (Sarah was there !) so I should get selected for the Combined Services team and therefore get away a bit - never a bad thing at Sandhurst !

See you soon

Alison

On The Move

Nobody !

Rewired

Tim Jordan

eyegenic@doctors.org.uk

Helen Murray

helen@murrayhc.fsnet.co.uk

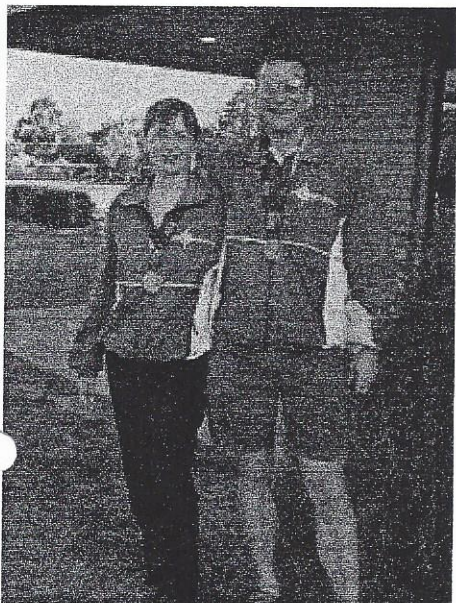
Jane Dawson

It was with deep regret that we learnt of the sad passing of Jane after a long battle with cancer at the end of October. John and Paul attended the celebration for Jane at Mortonhall and the club has made a contribution to cancer research in her memory.

Our sincerest wishes and sympathy go to Keith, Liam and Sarah at this time.

down under page

the lengths people go to for a decent run ! antipodean adventures for you all.



World Masters Games 2000, Melbourne Australia

In the Eades household January heralded a new era in our orienteering. We were now both veterans. This we felt should be marked in style. This year the World Veteran Championships were to be held in Bendigo to the north of Melbourne and combined with the World Masters Games. To those of you who are good at your trivia and statistics the World Championships in 1985 were held on the same area to be used for the Vets Final, the infamous Kooyoorra State Park.

The Vets champs format consists of two qualification races with the top 80 going through to the A-final (or if there are less than 80 it determines your start order in the final). A large proportion of Australian orienteering terrain can be divided into either Spur-gully or granite terrain. The organisers had selected for the qualification races an area of Spur-gully terrain near Castlemaine. The area was very fast, open gum tree forest with smatterings of old gold-mine workings, and for added interest, kangaroos bouncing past. Courses were on the first day a bit on the boring side but were better on the 2nd day.

The final was held on granite terrain, oodles of boulders, rock steps, flat granite 'roads', very fast under foot but wattle trees to reduce your visibility to a mere 2-3 metres. Mistakes on this area tended to be counted in 10's of minutes. It was the ultimate test of concentration and disciplined technique. A phone call to Yvette Baker (at 18 years old at the 85 champs she was competing in her second World Champs) before setting off from Edinburgh came up with a game plan of run as straight as possible (compass and pacing) linking up areas of flat granite (grey screen on map) combined with an ability to ignore most of the boulders and look at the contours was to be the order of the day.

So how did we all fare? Well, in true Interlopers style I finished 2nd in W35, Rob was 10th in what was probably the most competitive class M40 (Jon Musgrave 3rd), Colin was 41st on M35 and Geoff Peck was 5th on M50. Ben and Heather ran in the accompanying U35 Challenge and finished 2nd and 8th respectively.



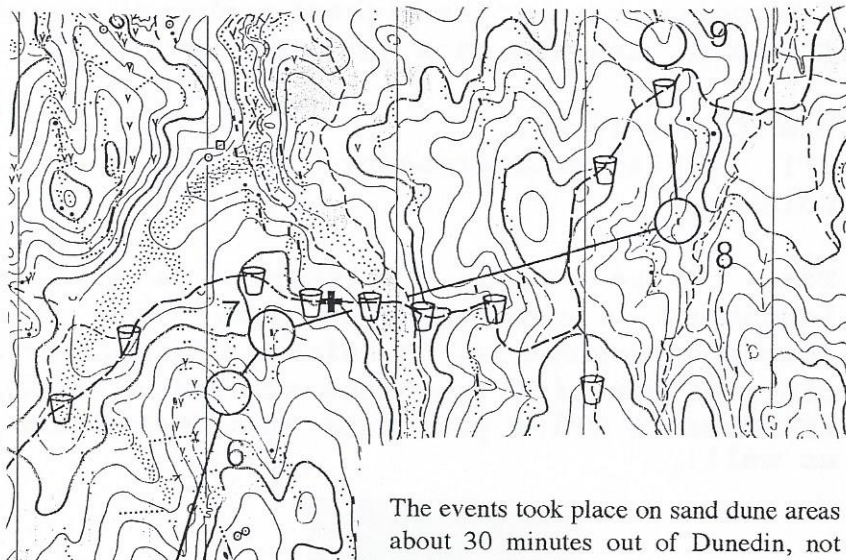
Interlopers are winners (again)

Greetings from Dunedin, NZ

Another glorious day for Interlopers as Alex's Interlopers (guest runner Alex from Dunedin) stormed away with the Otago Relay Champs!

Heather anchored the team to glory, following on from her great victory the previous day in the Otago Short O Champs.

Ben's results followed Interlopers traditions:
Short O Champs - 2nd
(First race - 2nd fastest,
Chasing Start - 2nd fastest)
Relay - 2nd leg,
Came back 2nd in the 2nd fastest time of the day.



The events took place on sand dune areas about 30 minutes out of Dunedin, not dissimilar to Interlopers own classic sand dunes area (except with even worse marram grass - and more penguins on the beaches)
Regards,
Ben & Heather

PS - We're not letting on how many competitors there were !

more daft e-mail sagas

11/11 5.19pm

Hi,
Is anybody going to the Scottish Score Champs ? I need a trophy to be collected if anybody would be able to.
Thanks
Gillian

5.48pm

Hi,
Sounds like you need the trophy collecting at the Score..... but if you're not going - how can you win it !!!
GRoss

12/11 8.15am

And I have a trophy to return - yes, I have actually won a trophy once and no, it isn't for the most consistently useless orienteer in Scotland, it's the M21L tankard. If anyone is planning on going, could you return it for me?
Brad

13/11 4.20pm

For those people with nothing better to do on Friday night.....

In conjunction with preparing for the event at Glenearn on Sunday I'm running a course on how to use the electronic punching software and equipment. Suitable for people who know nothing about it. Avoid the embarrassment of a total cockup at Archerfield.

At 2F1, 30 Blackwood Crescent, 7pm.

Let me know if you will be coming along,

5.24pm

Best course is how to ditch SI & buy EMIT !!

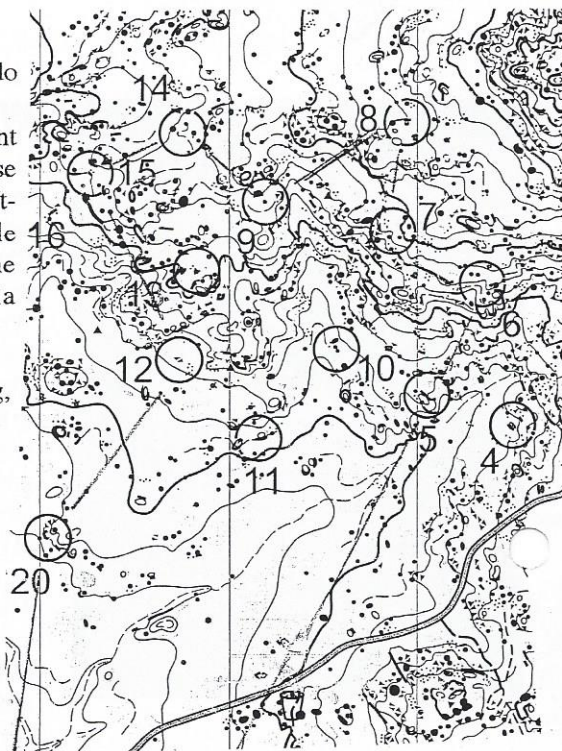
GRoss

14/11 9.19am

Indeed ! Still waiting for my splits from **any** of the four GRoss emit events I've entered.

Graeme

ever notice how most of these ridiculous loops involve a certain club member

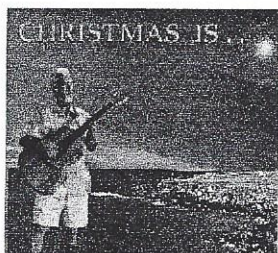


Christmas Quiz

A chocolate bar for the highest number of correct answers. Answers on a postcard to:

I'm A Know It All
2F1, 30 Blackwood Crescent
Edinburgh

Task: Write "Happy Christmas" in as many languages as you can. You must state which language each one is. 'Bradian', 'Connorish' or other alternative languages are not allowed. Remember to write your name on the postcard as well!



you may be interested

Belgian 3-Days: 7-9 June
www.euregio.net/nsvamel

French 5-Days: 7-11 July
perso.wanadoo.fr/laco

Swiss O Week: 3-9 August
www.olwm2003.ch

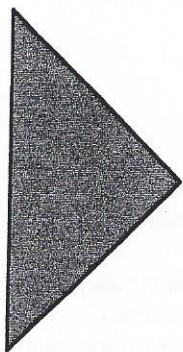
and

Can you please publicise a forthcoming Duathlon (Mountain Bike/Hill Run) series based in Glentress Forest amongst your members ?

The 3 race series is being organised by the Scottish Hill Runners Club, "The Hub in the Forest" and Peebles Cycling Club.

The first event is on Sunday 8th December at noon. (Well tough - you've missed that one !). The other two are on Sunday 19th January and Sunday 2nd March.


Entry forms are available from hubintheforest@aol.com or Peter Baxter peterbaxter@msn.com




Events



Sunday 29th December
ELO Festive Frolic
Yellowcraigs, Dirleton
NT 515855
 Start 10.30am
 Entry £3 (includes soup)
 Information from
 Sheila Strain (01875 611014)



Sunday 29th December
Interlopers Score Event
Loch Vaa & Granish, Aviemore
NH 930175
 Christmas Cracker Starts
 11.00am-12.00pm
 Entry £4/£1.50
 Information from
 Ken Daly (0131 661 4089)



Wednesday 1st January
ESOC Park Life
Holyrood Park, Edinburgh
 Palace Car Park
 Starts 12.00pm-3.00pm
 Information from
 Janet Clark (0131 225 7771)
 JanetClr@aol.com



Saturday 18th January
ESOA Saturday Series
Davidson's Mains Park,
Edinburgh (ESOC)
 Starts 2.00pm-3.00pm
 Entry £1
 Information from
 Janet Clark (0131 225 7771)



Sunday 19th January
ESOL6 (ESOC)
Corstorphine Hill, Edinburgh
NT 202747
 Information from
 Anne Groat (0131 667 3881)
 Entry: £4.50/£3
 S.I. Event



Saturday 1st February
ESOA Saturday Series
Blackford Hill, Edinburgh
(ESOC)
 Starts 2.00-3.00pm
 Entry £1
 Information from
 Janet Clark (0131 225 7771)


Sunday 9th February
ESOL7 (EUOC)
Gullane Dunes and Acherfield
 Information from
 Steven Clelland
 0131 667 6000 ext 87052


Saturday 15th February
ESOA Saturday Series
Cammo, Edinburgh (ESOC)
 Starts 2.00-3.00pm
 Entry £1
 Information from
 Janet Clark (0131 225 7771)


Sunday 16th February
ESOC SprintO
 No information available


Saturday 1st March
ESOA Saturday Series
Bonaly, Edinburgh (ESOC)
 Starts 2.00-3.00pm
 Entry £1
 Information from
 Janet Clark (0131 225 7771)


Saturday 15th March
ESOA Saturday Series
Hopetoun Estate, (ESOC)
 Starts 2.00-3.00pm
 Entry £1
 Information from
 Janet Clark (0131 225 7771)


Sunday 16th March
CompassSport Cup
Scottish Final (TO)
Moncrieffe Hill, Perth
NO 148204
 Information from
 Liz Fraser (01738 828219)


Sunday 23rd March
ESOL8 (RR)
Bowhill, Selkirk
Inter-Club Championship
 No information available

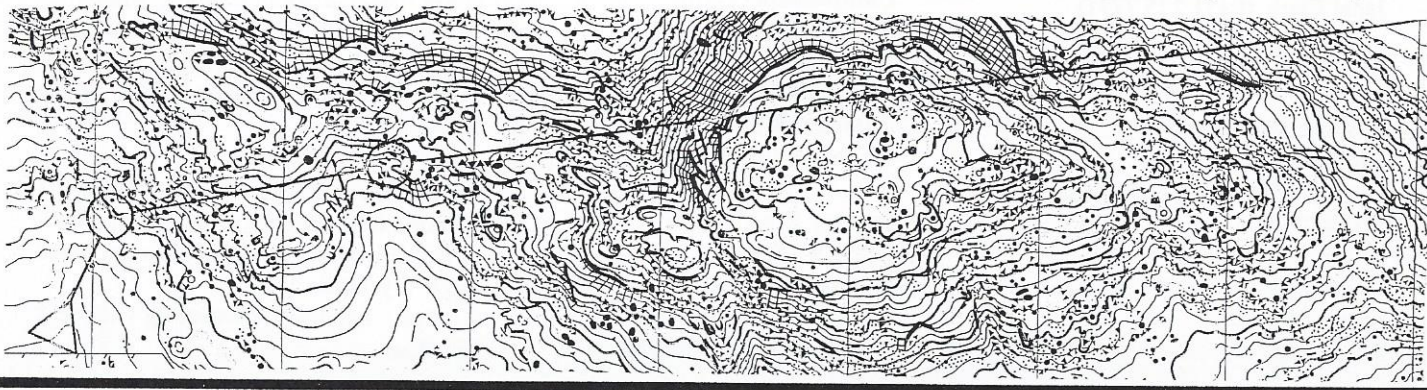
more O-events, cross-countries, hill races, road races, closing dates, etc. for your diary courtesy of Mr. D. Godfree and his helpful e-mail reminder

22 Dec - Queens Drive Races
 26 Dec - Local Event, Sluie Woods, Banchory
 1 Jan - Portobello Promathon, 4 Mile Road Race
 1 Jan - Uphill Fell Race, Aonach Mor Gondola
 1 Jan - Local Event, Ord Hill, North Kessock
 4 Jan - Local event, Uath Lochans, Kincaig
 11 Jan - XC, East District Champs, Corstorphine Hill
 1 Feb - XC, East District League, Lornshill, Alloa
 9 Feb - Score event, Allean, Pitlochry, mass start 12 noon
 15 Feb - Carnethy 5 Hill Race
 15 Feb - Road Race, Kings Buildings 5 Miles
 22 Feb - XC, National Champs, Hamilton?
 22/23 Feb - British Nights weekend, Hexham, Sat: Sprint Race. Dukeshouse & British Night Championships. Dukeshouse, Sun: Junior Badge Event & Senior & Veterans Short Race & Colour Coded Event. Dukeshouse
 23 Feb - Colour Coded Event. Darnaway South, Forres
 8/9 Mar - UK Cup weekend, Cannock Chase
 9 Mar - Limited Colour Coded Event. Callendar Park, Falkirk
 9 March - Scottish Orienteering League 1, Blair Atholl
 5 Apr - British Sprint Champs, Bristol
 6 Apr - Scottish Orienteering League 2, Dunkeld
 6 Apr - National Event, Gare Hill, Frome, Bristol
 12-13 Apr - Elite test
 19-21 Apr - JK, Maidenhead day 1: Hambledon, Henley, day2: Star Posts, Bracknell, relays: Bloom and Horton Wood, High Wycombe
 27 Apr - Scottish Orienteering League 3, Leuchars

dnf

as well as standing for did not finish, on this page it means **do not forget !**

- Club Captain ! Where are the volunteers ? Put your name forward now ! This is from Gillian if you didn't guess. Phone her on **(0131-667-9747)** if you have any interest in this prestigious post.
- Passed on from Club Secretary, John Barrow - Can you let your club members know that we are planning to hold a Tutor/Assessor Course for Coaches. This enables current coaches to assess would be coaches. All those interested to contact Marsela McLeod at the NOC.
marsela@scottish-orienteering.org
- For those of you prone to injuries and requiring remediation, the club is now registered with FASIC (based in Edinburgh University Sports Centre). If you replied to Gillian's e-mail you will definitely be able to get a Club Discount, which is cheaper than non-student fees. If you didn't reply, they should have a full club membership list at the desk, so give it a go and ask anyway.
- Your friendly neighbourhood Scottish O-Tours representative was wondering if anyone was interested in the Portugal O Meet again in 2003 ? Dave Godfree has got a flight out of Edinburgh on the Friday, back on Tuesday for around £160. The races are just north of Porto. Also is there any interest in the Spring Cup ? Accommodation available in YH ? Phone Mr Ross on **(01324-716041)** or e-mail him at **gordon@scottishotours.com**
- We're putting on a series of limited colour-coded events from January through to March. These are to be based near Edinburgh and are designed to complement the Saturday CATI's and the ESOL series. The aim is to provide orienteering on a regular basis near to Edinburgh, so as to encourage occasional orienteers / beginners / people with other things to do with their lives rather than driving long distances to events. Gillian is putting one on in January, Ken's doing one in February, but it would be great if someone would volunteer to either plan or organise an event either on 2nd or 30th March. Loads of help will be given if need be, so don't be shy! Also, any offers of help with either Gillian's or Ken's **(0131-661-4089)** event will be gratefully received!
- The Moray 2003 finance man, (JB), would like you to note that the on-line entry system for the Six Days is now up and running. Visit the WWW page at **http://www.moray2003.org/**, and click on the "Entry Form" button in the column on the left (3rd from bottom). Please also pass the word around, particularly to those who may not have seen the announcement of its availability.
- Latest club members to capitulate and sign on for Moray 2003 are Colin Eades and Paul Caban, Day Co-ordinator and Entries Co-ordinator, respectively. If you haven't been press-ganged yet maybe you had better get in touch with Pat Squire **(0131-445-4830)** before he sends the boys round.
- Gillian might be organising a Technique Training Weekend in the Lakes sometime in March. Keep your ear to the ground for that one and you might end up with a lot of mud and rain in it !
- Moves may be afoot to map the grounds of Newhailes House on the western edge of Musselburgh. Dave was supposed to go and have a look at it but hasn't got round to it yet but our Mortonhall expert, Paul, seems to think it has similar potential to the aforementioned area. Watch this space !
- We may have a proper Interlopers web address soon. The financing and logistics are being investigated by our team of experts at present. There may at some time in the future not too distant even be an electronic newsletter but don't hold your breath over that one !
- Thwarted in your aspirations to be a newsletter editor by the interminable reign of the boring old duffer responsible (?) for Interlopers. Fear not ! A more prestigious post beckons. With the absconding of one Brad Connor to foreign parts there is a vacancy for the editor of Score. Can you fill that man's shoes ? With Guinness as a practical joke ? Probably! If you have any interest let someone responsible in SOA know, or at a pinch, Ken Daly (telephone number opposite).
- The next committee meeting is at Darina's, 29/4 Prestonfield Avenue **(0131-662-8972)** on Monday 13th January.



Weekend 2nd-3rd November

Tinto Twin

Drumlanrig, Thornhill

Night

M21L	Murray Strain	3rd
M35L	Phil Smith	4th
	Paul Caban	6th
M40L	Ken Daly	1st
W21S	Darina Cunnane	1st

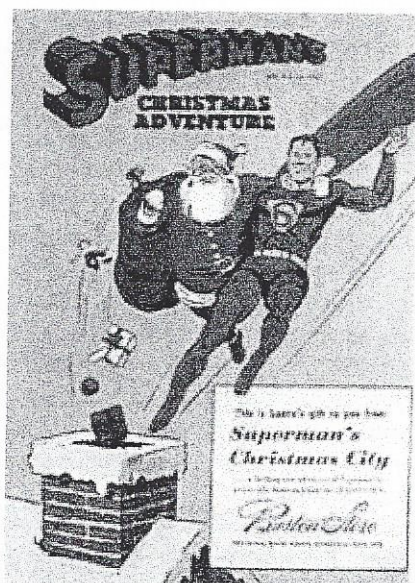
Day

M21L	Dave Godfree	1st
	Murray Strain	2nd
M35L	Phil Smith	2nd
	Paul Caban	5th
M40L	Ken Daly	3rd
	Rob Bloor	4th
W21S	Darina Cunnane	mp
W35S	Patricia Alston	1st

Green 4.325km 75m climb

1st	Lorna Eades	W21	51.21
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A dogged and determined handful still persist with night orienteering. I don't think the Tinto Twin is pulling in the paying customers as much as it used to though. Maybe that's why Interlopers appear to have been doing well. No position lower than 6th and that from an out of form and out a long time Caban as he is sometimes known as these days. Despite a number of individual successes none of our gallant band came away as a Twin Champion. Though Ken narrowly missed out by a minute and 23 seconds overall.



Sunday 10th November

ESOL3 (KFO)

Benarty Hill, Ballingry

White 0.8km 60m climb

2nd	Mark Haley	M7	13.48
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Yellow 1.7km 105m climb

8th	Alex/Freddy Carcas	M4/3	74.35
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Orange 1.9km 153m climb

2nd	Stephen Haley	M12	36.30
3rd	Su Twissell	W35	40.12

Light Green 2.6km 140m climb

1st	Graham Haley	M35	36.23
5th	Ray Heyworth	M70	50.33
6th	Connie Lardner	W40	56.27
10th	Darina Cunnane	W21	69.04

Green 4.6km 210m climb

1st	Ann Haley	W35	56.52
3rd	Pat Squire	M55	61.04
5th	Mary Ross	W21	66.24
13th	Ronnie Lardner	M45	84.47
	John Barrow	M55	dnf

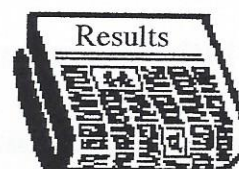
Blue 6.4km 305m climb

3rd	Colin Inverarity	M45	85.11
21st	Max Carcas	M21	112.15

Brown 7.4km 385m climb

8th	Pat Bartlett	M35	91.44
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It was looking ominously misty as I approached Benarty. However as I hadn't brought the directions with me I ended up going the wrong side of the hill. Something had persuaded me it wasn't the usual car park but of course I was wrong. Fortunately that gave the skies time to clear. I almost managed to get myself stuck going in to the car park as I slithered around, engine revving as I attempted to go up the incline and turn round. It looks as if there's going to be a lot of climb today and then there's the heather to contend with but perhaps familiarity will finally breed something this time. I start steadily, hitting the controls fairly well. I seem to be avoiding the really deep heather and using drainage channels and streams where possible. The course looks rather spaghetti like on the map with a square figure of eight to the first master map and another rectangle afterwards. No major



problems are encountered until the downhill thrash through the man-eating bracken. A steady but safe run with lots of orienteers elsewhere for some reason enabling me to post a reasonable position for a change and only a minute and a half off winning. The Haley family have another successful day and it's good to see the Lardner and Carcas families out enjoying themselves again. In the car park afterwards our Professional Officer confesses to having found it tough going out there. He hadn't been here since 190atcake and they managed the heather and burnt it in those days so after a hard road race the day before He had found it a bit of a slog.. But it was just a training run for him - nothing serious like !

Saturday 16th November

Scottish Night Championships (ESOC)

Tenstmuir Forest, Tayport

M21L	Dave Godfree	3rd
	Rob Lee	5th
	Colin Eades	10th
M35L	Paul Caban	4th
	Pat Bartlett	5th
	Phil Smith	mp
M40L	Ken Daly	1st
W21L	Lorna Eades	4th
	Darina Cunnane	5th
	Jane Ackland	6th

They came, they saw some controls, (probably not as well as they would have liked), they conquered not, apart from Daly who humiliated a field of two. Dave finished 3 minutes behind Jonathan Musgrave and Rob was 5 minutes behind him. Tight bunching on W21L and if you ignore the fact that Janine and Claire did not start the ladies also finished third last, second last and last. Sorry Jane ! And Paul finally gets the better of Phil for a change. A total of 73 competitors on the night which I think was better than our experience at Glenearn which leads us straight into

Sunday 17th November ESOL4 (INT) Glennearn and Berryknowe, Glenfarg

White 1.9km 40m climb

3rd Mark Haley M7 41.04

Yellow 2.9km 100m climb

13th L, C and G McIntyre M40+ 71.38

Orange 3.5km 90m climb

2nd Stephen Haley M12 60.25

Light Green 4.0km 100m climb

5th Graham Haley M35 54.20
12th Ray Heyworth M70 70.39
Joanne Thin W40 mp

Green 5.7km 180m climb

1st Ann Haley W35 52.13
2nd Mary Ross W21 58.40
3rd Pat Squire M55 60.30
7th Helen Murray W40 65.40
8th Darina Cunnane W21 65.55
13th Julie Clelland W21 74.56
17th John Barrow M55 82.37
26th Steve Ambler M55 101.37

Blue 7.4km 200m climb

3rd Jane Ackland W45 72.14
11th Graeme Ross M21 81.26
21st Colin Inverarity M45 95.04
37th Alan Paterson M21 102.43

Brown 9.9km 300m climb

2nd Dave Godfree M21 68.31
4th Scott Fraser M18 71.12
7th Graeme Ackland M35 77.37
13th Lorna Eades W35 105.19
Brad Connor M21 mp

I manage to slope off early for my run and take so long that the Start I'm supposed to be helping on is finished by the time I crawl back. I start off reasonably well but overshoot 3 and then like many others have difficulty with the knoll end in the trees. Planner Owen has put in some awkward route choices which tax my limited brainpower. I become a bit disoriented at 9 but really lose it looking for the crag at 11 and I've still got a fair bit of uphill slog to go

after my 10 minutes plus mistake. I catch up with the guys who overtook me while I was having my massive lapse of concentration. I trudge wearily past the pile of 'slurry' which is wafting something awful back to the car to dry out, warm up and head back to see if I can do anything to help. Car parking seems the black spot of the day with Mary, Graeme and Steve the unsung heroes. I fill in at the finish for a while. The comments on Barry's courses seem favourable. A fair number of Interlopers rallied round on the day, and a sizeable number of competitors too, which should swell the Godfree Holiday Fund (sorry club finances). Isn't it a bit alarming to have the Chairman and Treasurer from the same household? Full marks to Fiona for her organisation and thanks to all the willing helpers. The only blot being poor Fraser Brunton getting stuck in his Passat on leaving the field. It could have been me as I had a strong sense of déjà vu from Benarty but today I've got a lift from Steve. The galling thing is when I get my results, despite my mediocre run, I've got almost as many points for my 3rd at Benarty. There's no justice in this world. Howler of the day went to our Irish man who enjoyed his 2km leg so much that he completely missed the control halfway along it!



Sunday 24th November Scottish Score Champion- ships (CLYDE) Dunrod Hill, Greenock

M35 Phil Smith 3rd
M45 Bob Cherry 4th
M55 Pat Squire 9th
M70 Ray Heyworth 1st

There's more pretend club members here than 'genuine' Interlopers with our two young CUNOC blades but it's up to our elder statesman to bring home the silver ware and unless I'm mistaken Ray has now done a treble of National, District and Score Champion. An inspiration to us all. Keep on running, Ray!

Sunday 1st December ESOL5 (ELO) Saltoun and Humberie

White 1.8km 20m climb

Fitt-Conway Family mp

Light Green 3.7km 60m climb

4th Ray Heyworth M70 52.50

Green 5.0km 85m climb

1st Ann Haley W35 58.39
13th Fiona Weir W21 80.30
15th Morag McIntyre W40 84.15

Blue 6.5km 150m climb

5th Bill Mason M50 84.10
23rd Colin Inverarity M45 108.55
26th Steve Ambler M50 114.56
Barry Owen M55 mp

Brown 8.7km 175m climb

4th Ken Daly M40 88.49
5th Pat Bartlett M35 92.17
7th Angela Mudge W21 94.46

Getting Steve lost en route to the event obviously should have been an omen for me but undeterred I went ahead and made a real plonker of myself this week. On my way to the Start I eventually noticed that I had forgotten my dibber. I shouldn't have bothered going back for it. I actually started off well and had virtually caught up with Rab Philp by 1, ran with him to 2, reached 3 before him a wee bit hesitantly, raced ahead of him to 4 and then the nightmare started thanks to the old not drawing the lines on mistake. 8 upside down looks like a bit like a 5 and it was the next control in line from 4. I even found it. The only problem was I looked back at the map and convinced myself 9 was 8 and I was wondering why I had gone in completely the wrong direction. Are you confused? It didn't make any sense to me. I even blew 6 as well. A good 25 minutes lost by now, I caught up with Steve hacking about in the kak looking for 7. I found 8 all right, surprisingly. Steve and I jockeyed for position for the next few controls until he made his big mistake going to 13. It was left to Bill to show us how to orienteer properly. Mince for brains? I dream of it! Welcome back to the Fitt-Conways by the way!

Interlopers (2001) A novel by Alan Dean Foster

Alan Dean Foster gives explanations why misery and suffering exists. It is the fault of the Interlopers, beings from another dimension who exist by feeding off misery and evil itself. The main character drinks a solution that allows him to see these creatures, and the story takes off. The story line is fast-paced and will keep you turning page after page. I would classify this as a Sci-Fi/Horror.

Yes, I know this was in the last issue but I keep on finding references to it and they are moderately funny.

The Interlopers - Revenues in Billions

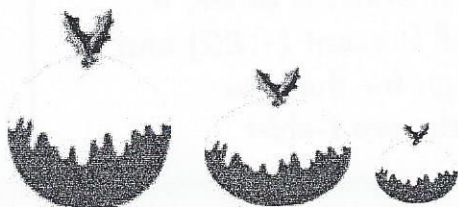
Cisco Systems	\$6.4
3Com Corporation	\$5.6
Bay Networks	\$2.1
Newbridge Networks	\$1.4
Ascend Communications	\$1.2
Vocaltec	\$0.157

I don't know what it is other than they're American IT companies but they're certainly handling more money than Dave Godfree! Doesn't Mr Haley work for the lot at the top of the pile?

Moles, Spies, and Interlopers

An army without secret agents is like a person without eyes or ears. Spies are useful everywhere. - Sun Tzu
Certain third parties may be helpful to you in several ways; moles and spies, for example, may be interlopers as well. Your husband's secretary can be a "mole," but she can also act as an interloper, planting ideas.

Ah-hah! Strategies from a Chinese warlord. I'll have to look at our office staff in a different light from now and my wife too as well.



Parasites

I am told I have worms (probably from my kids) but when I look this up on the net I can find nothing about them that doesn't frighten me to death. Surely the little 1cm long white things I have aren't related to these huge long round and tape worms I see spread over the net? And what is the best way to rid me and my family of our little interlopers please?!

26th May 1999

The first step will be to visit your doctor so that the worms can be identified. From your description, it seems likely that you have been infected with a small roundworm such as *Enterobius vermicularis* (pinworm) rather than tapeworm, so don't be too distracted by the images of larger worms you have seen during your Internet search. Treatment with oral medication (such as Pyrantel pamoate or Mebendazole) is highly effective and it is best to treat the whole family. Good hygiene practices will be required to prevent reinfection, for example washing of hands before food preparation and eating, and frequent washing of underwear and bedding.

Well, I bet that's put you off your stovies!

The Interlopers by Saki (H. H. Munro)

Life Visits the Hatfields and McCoy's
The central feature of "The Interlopers" is the longstanding feud between two families over land rights. The most famous feud in the United States was between the Hatfield and McCoy families during the mid-to-late 1800s. Read about the Hatfield-McCoy dispute at this Web site and then compare it with the feud in the story. Summarize the main points of your comparison in the Web Links Activity Log.

The Real McCoy's? Wasn't there a television series about this way back in the mists of time?



even more interløper spottings

Interlopers by Karen Jobst

This is Michel Carey for Voices from the Prairie a weekly sampling from the rich soil of Iowa's literary tradition. Today's poem is "Interlopers" by Karen Jobst from Urbandale, Iowa. From this delicate and magical poem we learn that Urbandale is not urban enough to keep nature out, or to keep us self-preoccupied humans from being spied on and watched over by beings far different than our own.

Interlopers

6 a.m.
and two deer abandon the woods,
follow along the path of the creek
to this suburban sidewalk,
not far from where four lanes
of traffic can be as lethal as a bullet,
they pause,
their heads turn
toward that gamble of humanity,
the language between them
simple as vapor,
they spring across, luck intact,
presence pending.

The Wood is proud to present... The Mr Middle Earth Beauty Pageant

"... security? Good. Ah, here they are..."
Two burly elves show up and non-ceremoniously usher the interlopers out of the Wood.

The Interlopers seems to be only one of 19 scenes in this 'production'. It is set in Mirkwood and involves various elves, Justin Timberlake, Gollum, Britney Spears, swimwear, Boromir's chick and various scantily clad males. The other scenes include, singing, dancing, semi-nakedness and custard pies!

Check it out at
<http://pageant.sinfreenet.net/interlopers.htm> or
<http://pageant.sinfreenet.net/pageant.htm> for the whole thing.

Happy Christmas and New Year !

thoughts from the chair

How is everybody ? Hopefully you're not too partied out and full of turkey or nut-roast. Interlopers' Christmas party is chez Haley on Thursday 19th December. Entry requirements include food and drink, and a T-shirt design for a new Interlopers T-shirt. No-one is likely to want the marquee-sized one that is left of the last order, so we'll leave it for when the BFG joins the club, and order some new person-sized ones.

The Club Champs might have happened by now, so well done to the winner, and we all look forward to your superbly-organised event next Christmas !! No vanishing tricks to the other side of the world please !

Bright and shiny new club kit is ordered and we await our sponsor delivering it. I'll get it out to you as soon as it arrives. For those of you desperate for it, but too busy to tell me, I've ordered some extras, so don't despair. (I wonder how many clauses I can fit into one sentence !) Sunglasses at the ready !

The double-decker event weekend went fantastically, both Paul's CATI on Saturday and the ESOL at Glenearn on the Sunday. Many thanks to everyone who turned out to help, or who brought friends along to the CATI. I think

word of mouth is the best way to encourage people to have a go at it. Special thanks to Paul, Fiona and Barry for planning and organising the events. Thanks very much to Paul for a brilliant CATI at Mortonhall today; we had a fantastic turnout, all of whom said they really enjoyed it!

I couldn't be writing in the Newsletter and not put in a plea for help. This month's appeal is for the Colour-Coded event that I'm organising on January 26th in Devilla. There will be some superlative courses for you to run round, as well as the opportunity to get some top-quality experience in ICT, people management skills, time management skills, navigational practice and a whole range of other beneficial competences. First come, first chance of doing the cushy jobs. There's even a vague prospect of getting help from one of those members who decided to move to another country to escape helping at Interlopers events !

I hope to see everybody soon and have a lovely Christmas and New Year!!

Gillian

Winter Walking Skills, Part 2 - Ice Axe & Crampons

Fancy those winter Munros but not sure how to use an axe or crampons ? Interested in a day out learning the basics ? I'm happy to lead a trip (probably Glenshee area) once the snow arrives. Saturday 22nd February looks about right - earlyish start needed. No previous winter experience required (if you already lead Grade V ice, this probably isn't for you!) but you will need a full set of good waterproofs, a rucksack and a pair of stiffish boots; plastic or leather. I'll provide axes and crampons. To keep things manageable, numbers will need to be 6 maximum.

Ring Barry on **0131 229 3942**

or email

br.owen@virgin.net

to book your place or for more information

Part 1 is Navigation, but you can all do that, can't you...?



Cheers

Barry



Interlopers Christmas Party



Where The Haleys
34 Queen Margaret Close
0131-445-4833

When Thursday 19th December

Time 7.00pm till ?

What Food, Drink, A Smile, A
Small Present (<£2) and a
Design for the new
Interlopers t-shirt

moray 2003 co-ordinator's comments

Depending upon the speed of me writing this / the editors speed of translating it / photocopying the complete newsletter and the speed of the pigeons in delivering it, 2003 will either be upon you already or just around the corner (as they say in Hampton Court Maze) and what does 2003 mean? Yes it's the year of M2003 (and if you didn't know that what have you been doing with the past few newsletters?) Everything is building up nicely for the event. We now have the online entry system **live** and operational. All you need to do is to 'go on line' with your BOF number plus a credit or debit card and away you go! Don't worry if you are not a BOF member the system takes care of that. By entering before the end of January you pay the reduced entry fees which, if entering all 6 days represents quite a saving. If it's all the same to you, you can help the organisers to make their little bit of saving by using a debit card in preference to a credit card. The more we can save the more will come back to grass roots orienteering so every little bit helps.

For those Elites amongst you who may be waiting until after the election races deciding whether to enter or not, special arrangements are being made to accept entries beyond the normal closing dates.

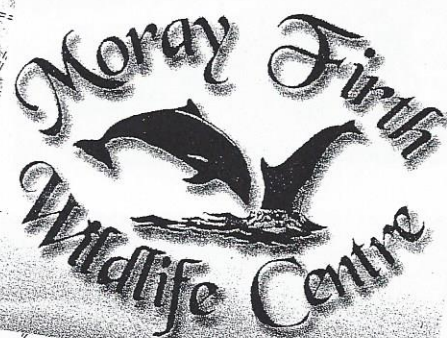
Everyone must be aware that Interlopers are the lead club in the Central Organisation. Although we don't have a specific day to organise / plan etc. there will be a need for people to help out with a number of tasks throughout the week. So if you can persuade all members of your tribe to come along to this extravaganza of orienteering there will be plenty of helpers. We might even be able to persuade some of our 'less than regular' club members to put in an appearance!

As well as the daily serving of quality orienteering in excellent terrain there is much else to do in the region as a dip into any of the information sources provided by the local Tourist Boards will demonstrate. In addition to the attractions of the local area there will be a high class social programme running alongside the days' events – at least there will be once I have persuaded someone to take on the role of acting as Social Coordinator.

This is the last major post left for Central Organisation to fill. We already have a park race being organised and mountain bike O event under preparation. All it now needs is a disco / ceilidh or three, a five a side footie tournament to rival Euro 2004 and a few other entertaining evening promotions and everything will be in place. So if we have any budding impressarios in the club please step forward – you don't have to do it all single handed, merely coordinate the efforts of others – and I should know what that involves! Give me a call (0131 445 4830) before I call you!

Pat Squire

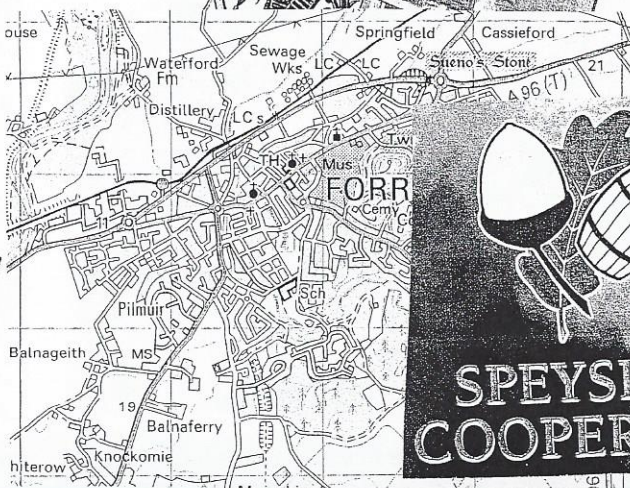
*it's getting closer!
are-you organised yet?
have you volunteered to help?*



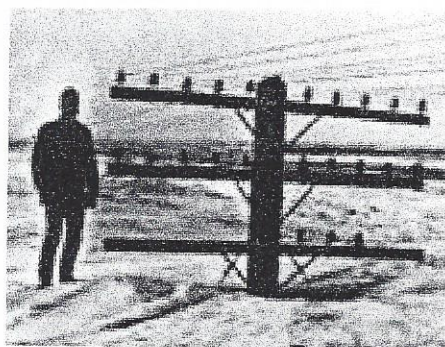
Johnsto
cashmere visitor



Welcome



Great ESOC Control Setters Of Our Time



Well I put it there yesterday afternoon and I'm not moving it now !

In a much belated and much deserved tribute to those thankless heroes who strive gainfully to place controls where no Interløper can possibly find them we salute the gallant, unsung individuals from our fellow Edinburgh club who for no reason whatsoever are consistently the butt of you editor's warped sense of humour. Here we see them preparing for their festive event at Lappland (Penicuik Estate, North).



Dig a bit deeper, Alastair. We don't want to make it too easy !



They'll never think of looking down this breathing hole !



On the trail of the lonesome pine or in search of the lost thicket ?



Climb every waterfall !

return of the end of the year quiz



more fill up some space with a load of trivia and tosh for sad orienteers who've nothing better to do than quibble about the answers

1) Who appeared in a somewhat posed photo for a Sunday Herald profile ?

- a) Richard and Judy
- b) Posh and Becks
- c) Christine and Neil
- d) Dave and Gillian

2) Who was the leading Interløper at the Short SprintO in Penicuik ?

- a) Colin Inverarity
- b) Niall Inverarity
- c) Mary Ker
- d) Graeme Ross

3) Which club member appeared in a foreign version of 'Who Wants To Be A Millionaire'?

- a) Pete Kinny
- b) Daniel Marston
- c) Geoff Peck
- d) Donald Watson

4) Who is the youngest of these interløpinis ?

- a) Joseph Bartlett-Twissell
- b) Freddie Carcas
- c) Mairi Eades
- d) Logie McIntyre

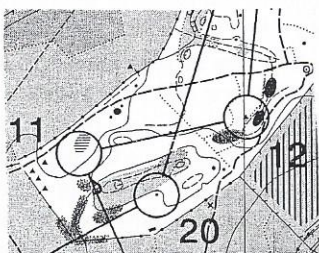
5) Who beat us in the CompassStrop Cup this year ?

- a) CLYDE
- b) ESOC
- c) FVO
- d) SOLWAY

6) 445-4419? Which Moray 2003 Official ?

- a) Entries Co-ordinator
- b) Overall Co-ordinator
- c) Sponsorship Co-ordinator
- d) Road Signs Co-ordinator

7) Where?



- a) Colinton Dell
- b) Craigmillar Castle
- c) Dechmont Law
- d) Mortonhall Estate

8) How many first places did we grab at the British and Scottish Champs ?

- a) 2
- b) 4
- c) 6
- d) 8

9) How many euros for a roll of leukotape ?

- a) e2.40
- b) e2.75
- c) e4.20
- d) e7.25

10) Which is the odd one out ?

- a) Jan Kjellstrom
- b) British
- c) Scottish
- d) Harvester

11) Which Interløpers family headed north this year ?

- a) Ackland
- b) Eades
- c) Hartman
- d) Walton

12) Who swam for charity this year ?

- a) Darina
- b) Gillian
- c) Janine
- d) Lorna

13) Who are the odd ones out ?

- a) Andy and Kate
- b) Graeme and Mary
- c) Anthony and Vicky
- d) Chris and Ruth

14) Where is the heart of Interløpers ?

- a) EH8
- b) EH9
- c) EH10
- d) EH17



15) Who is this world leader ?



- a) Graeme Ackland
- b) Colin Eades
- c) Ben Hartman
- d) Colin Inverarity

Less than 5: Are you Barry Owen ?

5-10: A fairly well rounded individual

10-14: You are a sex god / goddess (oops, wrong quiz !)

15: You must be a member of ESOC

M fortysomething



129

Another year finishes and a new one begins. What sort of year was it for you? Full of success and fun I hope. Looking at my 'running log', I've covered fewer miles this year than any other in my illustrious career. Family demands and injuries and possibly age are beginning to take their toll. It seems to take a long time to recover from injuries these days. The mind is willing but the flesh is weak. Despite it all I somehow managed to become area champion although I'm still waiting for the trophy. I wonder if it's anything to do with the fact that the ESOA Secretary is from ESOC! I should be more positive as regards my running and fitness – Next year can only be better! I stand on the threshold of a new chapter in my life and so do you. This will be the last **Mfortysomething**. Yes, the time has come for me to move up an age group and desperately try to win something before the fast youngsters come through and embarrass me considerably. The only problem is trying to stay fit and free from injury for a reasonable length of time to start speeding up, bringing my times down and being more mentally alert when I'm in the forest or out on the hills.

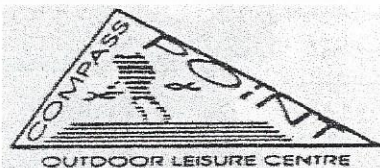
There's also Moray 2003 to look forward to and the opportunity for Interlopers to display their legendary organisational skills and capabilities. We do have a considerable array of talent and expertise in the club which if we can harness it properly, combined with our colleagues in ELO and KFO, may result in a really memorable Six Days for all the competitors who take part. Our ESOL is out of the way, we don't have an SOL next year, so our event calendar is clear of any large scale demands upon manpower so let's channel our energies and let's see if we can do it!

On a slightly less serious note, remember the opportunities to meet and socialise with fellow club members. This issue might reach you (hopefully) before the Christmas Party when you have one of the best opportunities to meet your fellow Interlopers. If you're new to the club or haven't been to anything before, overcome your shyness and reluctance and come along to the Haley's on Thursday night. There is of course, interval sessions on Tuesday at the Meadows from 7.55 pm and circuits in the University Gym on Wednesday at 7.00 pm for the more fit and active. If you're stuck for a lift to an

event put a plea on the club e-mail list or get in touch with unofficial transport coordinator, Hilary Quick (0131-664-1113). Any general enquires can usually be fielded by the ever dependable and reliable club secretary, John Barrow (0131-440-2136). Other social events to look forward may include some or none of the following, Burns Supper, Barry's Winter Skills, Techniques Training Weekend and the odd meal, concert outing or visit to a pub. Or you could generally just muck in and offer to help in some way. No matter how small your effort will be appreciated and help lighten the load of others. Make the most of your club!

Space is running out so what should I squeeze in here? We should have a new club champion by now, Anthony and Vicky ought to be married, I completely forgot about the Spook-O and Hallowe'en Party, (Clerihews to follow in next issue) and don't forget your designs for the new club t-shirt. I will conclude by wishing every one in Interlopers, near and far, all the best for the festive season. May all your Christmases be red and white and lang may your lum reek in 2003. Happy Trails, everybody!

COMPASS POINT



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Camping
Climbing
Orienteering
and Fell Running
needs

10 Market Square, Lytham, Lancashire

Telephone (01253) 795597

Email Rick@compasspoint.demon.co.uk
or from Darina at most Scottish events



Run and Become Become and Run

56 Dalry Road, Edinburgh EH11 2BA

Telephone: 0131 313 5300

Fax: 0131 337 3133