# INTERLØPERS

ORIENTEERING CLUB

EDINBURGH

**NEWSLETTER NO. 125** 

December 2001



# What Would You Like From Santa This Year?

A pair of Silva Norway SG's, a PlayStation 2 with a copy of that extremely popular game BOF2002, an end to the round of sniffles and sore throats you've had for the past month, a Harry Potter O-suit, a clip-on Harveys map fascia for your mobile phone, your emergency first aid course fees paid for you by the club, no showings of The World's Strongest Man on television over the festive period, a thumb compass with instructions on its use that an idiot can understand, Steps revealed as surreptitious members of the Al-Qaida terrorist network, a roll of that extremely useful green and yellow insulating tape, a new pair of Odor-Eaters now your 10 year guarantee is up, Dave Godfree's sport-ident card, that those orienteers who eat, live and breathe the sport get hit by the get-a-life stick, a time of less than 3mins 40secs for 1000m at the Meadows, a control card holder, a decent area for Interløpers to map, a global positioning system that I can use in a

forest, a Barbie in skintight lycra, the brain of Kitchin, a decent headlamp so I can once again go night orienteering (Not !), the Complete Ready Steady Naked Orienteer's Cookbook, first prize in the Friends Of The Earth (Scotland) Raffle, an Orientopoly set, a lifetime membership of Friends of STAG, a marked improvement in the content and quality of Score ( the new editor doesn't seem much cop), a shift in the space-time continuum so that Rogie is relocated somewhere in the Pentlands, aliens kidnap all M45's better than me (and W45's for that matter too !), a reduction in teachers' onerous '35 hour' working week, a daisy-cutter attack on Beecraigs, the genius who came up with the "Eastenders - Everybody's Watching It!" slogan to be publicly disembowelled, peace on Earth, at least in the Inverarity household over the festive season and goodwill to all members of ESOC, and the eternal hope of someone locating the Grail of The Holy Thicket.

Festive Special

Christmas Wish List

Harry Trotter And The Forest Of Secrets

Embarrassing Photos Of Selected Club Members

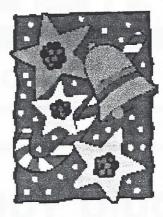
No New Year Resolutions

And All The Usual Guff Not To Forget, Results To Ignore And Events To Miss



So you'd like a new pair of running tights in 2001, Miss Matthews?





ok get your monkey chequebooks out! Cough up now before you're embarrassed in the next newsletter. How else can you have so much fun for so little money? well, ....



#### Membership Renewals for 2002

Full members should already have received their BOF membership renewal forms for 2002. If the SOA adopt the same arrangements as for last year, renewals of Associate membership should be sent to the Club Secretary, who will forward the information to the SOA Membership Secretary. The Full (BOF+SOA+Club), Associate (SOA+Club) and Club-only fees for 2002 are:

Category	Full	Associate	Club-Only
Junior (Born 1982 or later)	£6.50	£4.00	£1.00
Senior (Born 1981 or earlier)	£23.00	£13.00	£5.00
Family	£35.00	£20.00	£7.00
Group	£25.20	£17.00	£2.00

Note that Juniors aged 19 or 20 are expected to be Individual members. Juniors included in families may be aged up to 18 only. Ages are taken as at 31st December 2002.

If you intend renewing your BOF membership, please send the entire form and subscription direct to BOF. Note that (a) the subscription to CompassSport is handled independently of the BOF subscription, and (b) you have an option to receive the Ranking List for an extra fee.

Would Club-Only members please send their subscriptions (payable to INTERLØPERSO.C.) for 2000 to

John can also handle conversions from Club-only to either Associate or Full membership. Please phone 0131-440-2136 for answers to any queries.

John Barrow 3 Charlton Grove Roslin Midlothian **EH25 9NY** jbw@roe.ac.uk

## On the Move

Murray Strain, c/o Arne Dale, 5736 Granvin, Norway (00 47) 5652 5050

Virtually no movement at all this time. Murray's off to Norway and asked for his temporary snail mail address to be passed on. Maybe the young lad is homesick. Drop him a card or an e-mail and keep his spirits up.

### Wired!

Murray Strain Chris Godfree Ruth Pyatt **Brad Connor** 

murray@norwaymail.co.uk chris.godfree@rbs.co.uk rooslug@aol.com

brad@wirepost.co.uk

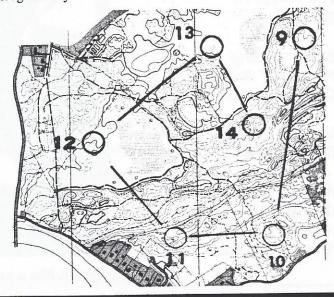
Celia MacIntyre MACINTYREC@communitiesscotland.gov.uk

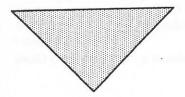
Wired up or just rewired, here's where you can contact them.

### **Forest For Sale**

Any nature lover with access to £1m should consider the wild woods of Anagach, some of the finest Caledonian pine forests in Scotland. They are up for sale in the first time in hundreds of years and are believed to have been planted in 1766 with seed from the original forest. The agents are unsure who might buy them. "Perhaps the local community, a conservation group, a company?" They infer it might also be an individual who has spent most of his life earning money in a particularly un-environmentally sound way. Sort of pay-back time. Telephone 0131-229-8800.

An alarming piece from eco-soundings in The Guardian at the beginning of November. As anyone who has run there will appreciate this is a forest we don't want to lose! Have we got enough money in the club funds, Dave?





# Selected Ramblings



a loose collection of unrelated, not entirely relevant and sometimes gibbering musings from this month's guest e-mail list, the exciting and often controversial, interløpers@lists.ed.ac.uk

a big thank you from Fiona to all who helped at our Gullane event and I think she just finally got rid of the last bit of lost property just before the Christmas Party!

Thanks very much to everybody who helped yesterday. It was a really good Interløpers turnout, and I thought it went very well (despite the minor e-hiccup, but hey, it wouldn't be an Interløpers production if everything had gone to plan!). Everybody seemed to enjoy it and we had over 200 people running. Special thanks to Hilary and Alison, who helped, ran, helped and then went home to cook dinner for about 20 folk. It was much appreciated.

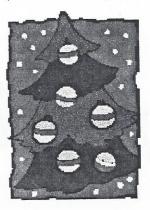
Once the results are sorted, Paul will put them on the web.

I have an assortment of lost property in my car if anyone has mislaid anything. Sorry Dave, no sign of a calculator yet. Fiona

a long running discussion on the list focuses on the unerring ability of most club members to not quite achieve first place. This is what is aka The Cure Of Interløpers'. Here are some ramblings from the summer for those who missed them.

The Curse Of Interløpers

Mr. Kitchin has returned from the Greenand, and success in the Arctic Challenge multi-terrain/discipline race (He seems to have left going-to-WOC duties to his sister). It'll be on the telly soon, so those who don't want to know the result should look away from the subject line now :-) Graeme



always keen to get in on the act - the gibering idiot!

Ho Hei from Sunny Sweden!

Well actually its been raining loads, but anyway... Anyone catch Mr. Kitchin's 15 minutes (more coming next week!) of fame tonight on your British Broadcasting Company's Channel Two?

According to the web site of the race he seems to have done rather well, even if those nasty Austrians cheated.... (I don't think there are currently any Austrians in the club, but then I could well be even more out of touch than usual)

Gordon.

The curse of Interlopers struck again at the Swedish selection races for the World Champs. Tobias came second in all 3 races (sprint, short and classic)! He has, however, been selected for the World Champs. Congratulations!

I'm afraid our man in Sweden has let us down

Classic Qualifier

- Tobias Andersson
- Mikhail Mamleev 2
- 3 Janne Salmi
- Jamie Stevenson 16
- Oli Johnson

Bad News from Sweden,

At a race on Sunday (where Fish was running for GB, but no-one is blaming him) Tobias fell over and fractured his patella (the knee cap) - not good news with his second biggest races of the season coming up after the World Champs. The Swedish Champs are being held in the middle of September so there is no way he'll be able to compete there.

I know he's already had an operation in order to (I'm assuming this bit) wire the bits together, and they could confirm that his ligaments were OK (a glimmer of light?). Not sure how long it will take to get back to

All the best to Tobias, and here is hoping for a speedy recovery!

Gordon.

and if I remember that was a wild rumour which was soon quashed by Caban and his friends scouring Scandinavial orienteering chatrooms.

a parting missive from the pseudointerløper previously referred to.

Hi Folks

And bye folks! Tomorrow I head off to sunnier and warmer climes. Yep! I'm finally getting off my arse and doing some work. Well, OK! Not quite work, but a Ph.D. is a start. And I'm heading out to Canberra to do it. So I'll still be orienteering lots. The first training session is already arranged for Monday, and there are lots of people there.

But all the best to Interløpers ventures for the next few years. I look forward to seeing many more second places. (Hopefully not this weekend though).

Happy running From the interløper

and a cracker which Dave received, reproduced verbatim.

A sure sign that our education system is failing to teach students to spell!

As som of you may already know Edinburgh Uni is hosting Busa orienteering on april 13th 14th. Dave and Gillian are kindly planning the classic, to be held on the Touch Estate, but we still need a planner for the relays which we hope to hold in Binning Wood, also helpers would be more than useful, you will all be able to pre run (or run after) dave and gillians fantastic course ont eh area as well,

i know this is very early but just wanted to let peolpe know so that you are not away that

on the saturdaty night there will be a celidh in teviot all people very welcome.if there are any volunteers for the planning of the relay pleas get in touch with me

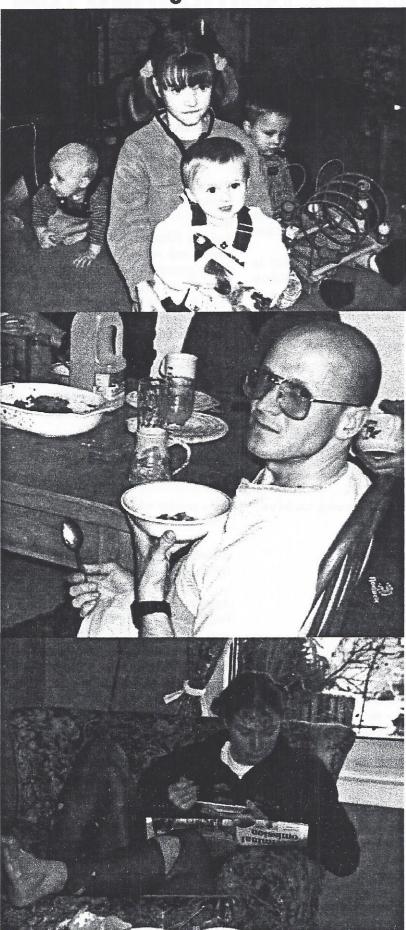
cheers

Bruce Duncan

ORIENTEERING CLUB CAPTAIN 2001/

b.j.duncan@sms.ed.ac.uk

### **Photo Gallery**



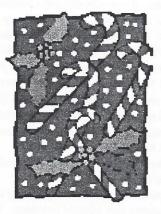
many thanks to our mystery lensman.

Beware club members the papparazzi are about.

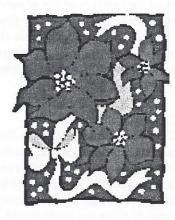
You could be next!

Make up your own captions as a Christmas Party Game

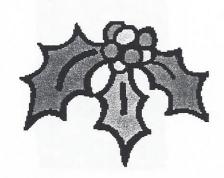
Interløpers Juniors ask Andy Kitchin about route choice



Who's been eating my Rice Crispies?



Didn't McCrone give these teachers a pay rise?

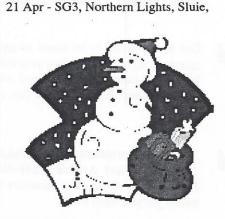




- Weekend 29th/30th December Interløpers/BASOC Fun Events Loch Vaa, Speyside Information from Heather.Hartman@btinternet.com for a pre marked map
- Sunday 30th December
  Festive Frolic (ELO)
  Yellowcraigs, Dirleton
  Information from
  Sheila Strain (01875-611014)
  11am Mass Start
- Saturday 12th January
  ESOA Saturday Series
  Davidsons Mains Park (ESOC)
  East Barnton Avenue
  Information from
  Janet Clark (0131-225-7771)
  Starts 11.00am 12.30pm
  Entry £1
- Sunday 13th January
  INT Ltd Colour Coded Event
  Dechmont Law, Livingston
  Information from
  Ben Hartman (0131-447-9121)
- Sunday 20th January
  ESOL6 (ELO)
  Hedderwick Hill, Dunbar
  NT 651877
  Information from
  Ian Moir (0131-452-8789)
- Saturday 26th January
  ESOA Saturday Series
  Cammo, (INT)
  Cammo Walk
  Information from
  John Barrow (0131-440-2136)
  Starts 11.00am 12.30pm
  Entry £1

- Saturday 9th February
  ESOA Saturday Series
  Hillend (ESOC)
  Ski Centre Car Park
  Information from
  Janet Clark (0131-225-7771)
  Starts 11.00am 12.30pm
  Entry £1
- Sunday 10th February
  ESOL7 (EUOC)
  Holyrood Park, Edinburgh
  (or Corstorphine Hill, perhaps!)
  No information available
- Sunday 17th February
  ESOC SprintO
  Penicuik Estate, Penicuik
  NT 217914
  Entries to
  Douglas Gray
  (01506-630216)
  sprinto@agamik.co.uk
- Sunday 24th February Scotlandsgaloppen 1?
- Saturday 2nd March
  ESOA Saturday Series
  Colinton Dell, (INT)
  Dovecot Grove
  Information from
  John Barrow (0131-440-2136)
  Starts 11.00am 12.30pm
  Entry £1
- Sunday 3rd March
  ESOL8 (RR)
  Eildon Hills, Melrose
  No information available
- Sunday March 10th
  CompassSport Cup (ESOC)
  Cademuir, Peebles
  Information from
  Anne Stevenson
  (0131-332-3045)
  stevews@compuserve.com

1 Jan - fun event, Inverness 1 Jan - Triathlon, Arthur's Seat 2 Jan - Greenmantle Dash, Broughton 5 Jan - East District XC League, Lochgelly, Fife 6 Jan - Street O, Stag, Glasgow, take body 12 Jan - Smile Event?, Tollcross Park, Glasgow 19 Jan - East District XC Champs, Livingston 19 Jan - Smile Event?, Victoria Park, Glasgow 26 Jan - Smile Event?, Dawsholm Park, Glasgow 27 Jan - XC 4km champs, Glasgow 3 Feb - Knoll Kollection, Faskally Wood, 10 Feb - National Event, Burnham Beeches, near London 23 Feb - National XC Champs, Falkirk 24 Feb - Sprint O, Culzean, Maidens 2 Mar - UK Cup Park Race, London 2 Mar - British Night Champs & UK Cup, Heyshott & Ambersham Commons, Midhurst 3 Mar - UK Cup, Heyshott & Ambersham Commons, Midhurst 3 Mar - Colour coded event, Darnaway North, Forres 16 Mar - Interløpers, Saturday morning event, Craigmillar Castle 17 Mar - West of Scotland League, colour coded event, Byreburn Wood, Canonbie 23 March - Saturday morning event, Bonaly 30&31 Mar - JK, Forest of Dean 6 Apr - Interløpers UK Cup, Archerfield 7 Apr - UK Cup & Scotlandsgaloppen. Trossachs/N Achray, Aberfoyle 13/14 Apr - BUSA 20 Apr - UK Cup Park Race, Williamson Park, Lancaster 21 Apr - UK Cup Long O, Simpson Ground/Blakeholme, Newby Bridge



# as well as standing for did not finish, on this page it means do not forget!

- The SOA are thinking of putting on a/some controller's courses if there is sufficient interest. Is there? If you want to put a bit more into your sport and are ready for a challenge let Secretary Barrow (0131-440-2136) know.
- The UK Cup which we are organising in April actually needs an Organiser! Are you that person? We also need a Controller too! Planning is in the capable hands of G.Ross. If you can help let John (phone number above) or maybe Chairman Ben (0131-447-9121) know as soon as possible.
- We have decided at vast expense (£170, I think) to go ahead and buy a licence for the club to use Condes software. For those of you who are unfamiliar with it, it seems to be one of these very useful multi-tasking type things that helps you organise events more efficiently, printing control descriptions, codes, etc. and probably a lot more. If you want to get into that sort of thing then Dave Godfree (0131-667-9747) is probably the man who can bore the o-bottoms off you about it.
- I'm not quite sure who is organising it or how it appeared on the calendar but apparently we're running a colour coded at Dechmont early on in the New Year (January 13th). I expect support from club members will probably be appreciated. I don't know who is in charge so I suppose that any committee member will do if you want to offer your services.
- Remember Ben's calls for help in Moray 2003 jobs. Check the list on P11 and ask yourself Am I That Person? Don't delay phone today. Pat Squire, the overall co-ordinator for our club effort might be the person to get in touch with (0131-445-4830) if you're fed up phoning Ben about things.
- If you're reading this and you're not a club member and you think that you might like to be then the person to get in touch with is Club Secretary, John Barrow. Address and telephone number on Page 2 in the Subscriptions box.
- Dnf the O-ladder to be found at <a href="https://www.hilaryquick.co.uk/oladder.html">www.hilaryquick.co.uk/oladder.html</a> to chortle at how your fellow club members are faring and raise your own blood pressure when you see where you are. It's meant to be fun, remember!
- Next committee meeting is scheduled, at present, for Darina's, 29/4 Prestonfield Avenue (0131-662-8972) on Monday January 14th. Committee members be there or get landed with a job you don't want.

some recent mutterings through the ether that might interest you. Do we want more flash kit? Is Murray going doolally up on the saeter and when will Gordon stop gibbering?

Hi

Isn't it time Interløpers had a club tracksuit to match those dinky yellow things called O Tops? Who has seen the 'latest' O Kit as worn by Team Great Britain, Halden Ski Club and lots of others made by that great organisation 'noname'? It's top quality kit and any design will do.............

Have a look at some samples this weekend in Grantown & Interløpers could be the first GB club kitted out just in time for the JK next Easter & be the smartest as well as the best club!

Gross

alhtough gross is uk importer for noname i reckon its worth a look... the gb kit is damn fine!!

oh yeah, the mountains of western norway are fine this time of year !! as are the sheep im getting paid to look after...

forest on the doorstep, fire blazing inside, scandinavian women seeing to my every need, this is the dream and im living it!!

murray

L'II +ell your Mum!

Do we have a new sponsor? Count the Interløpers on the new CompassSport advertising leaflet -

Front Page: Ant Squire, Ben H, Colin E, Graeme A (in disguise!). Inside: Alistair Hindle (I think)

Largest single club to be seen. And all because of those wonderful canary suits! See you all at some point.

Gordon

I know that 1988 Ran Hill catalogue would come in useful some time! Who is the interlipper in the GB hit?





#### Sunday 28th October ESOL3 (INT) Gullane Dunes

#### White 1.7km

5th	Mark Haley	M6	28.03
7th	Tina Lardner	W8	31.36
11th	Demi Lardner	W6	41.33

#### Light Green 3.2km

1st	Mary Ker	W21	34.40
5th	Ray Heyworth	M70	46.21
8th	Patricia Alston	W35	47.58
-Oth	Janet Walton	W35	48.34
11/c	laire Lardner	W40	52.53

#### Green 5.5km

4th	Graham Haley	M35	59.08
6th	Ronny Lardner	M45	63.39
7th	Darina Cunnane	W21	64.28
22nd	John Barrow	M55	79.20
	Karen Dobbie	W35	86.27

Blue	6.6km		
2nd	Gillian Godfree	W21	56.24
3rd	Janine Hensman	W21	57.28
11th	Heather Hartman	W21	62.55
13th	Scott Balfour	M50	64.15
14th	Hilary Quick	W45	64.23
16th	Helen Murray	W35	66.13
_21st	Ann Haley	W35	68.56
4th	Colin Inverarity	M45	70.17
29th	Alison Laws	W21	73.04
33rd	Lorna Eades	W21	75.28
36th	Jo Mein	W21	76.00
40th	Niall Inverarity	M18	78.21
49th	Steve Ambler	M50	89.24

#### Brown 7.9km

1st	Murray Strain	M18	51.49
5th	Ben Hatman	M21	54.41
8th	David Eades	M21	56.12
15th	Brad Connor	M21	61.52
	Ken Daly	M35	64.46
18th		M35	66.13
19th	Rob Bloor	M40	66.31
21st	David Jones	M35	68.37
25th	Iulian Hall	M35	81.22

We didn't have a job when we arrived so Niall and I blagged early runs while we were still fairly compos mentis rather than frozen solid at the end of registration. Our preparations were going well until the end of British Summer Time factored itself into the equation by screwing up the event clock programming. Rushed along the beach to the Start. Caban was coolness personified telling everybody just to copy their maps and get on with it. I was still trying to abide by the Start Time I had been given and conscious that I seemed to be going before those ahead of me, but he insisted on me having my punching start and getting out of his hair (?). Needless to say that flummoxed me completely. As I set off I didn't know which way was up. I wasn't helped by that Hartman woman breathing down my neck certainly less than a minute after me. I sort of hung on to her by a bit of elasticated rope which stretched to about 50m until I relentlessly pulled her back in. While she undoubtedly helped me to begin with I was becoming more confident in my abilities. A fatal mistake. I had done the usual save time just doing the control circles and not joining them up routine to find myself veering off before Heather and a few minutes later realising I was heading for the wrong control. Why was I going for 10 instead of 7? Because you're stupid, that's why! I managed the dunes alright so then it was into the forest and my next mstake was the knoll at 11 which I must have stumbled over before I realised where it was. Come on Barry, even a mole would have been embarrassed to call that a knoll. Then I blew the next control. Things went OK after that but I had lost a good ten minutes by then. My first run after a lay-off due to a troublesome hamstring so I wasn't too disappointed. Back at the Finish there's a familiar sight from yestervear - the Balfourmobile. It was good having a blether with Scott again and catching up with what the girls are up to now. Mind you I didn't appreciate being trounced by him on Blue. Things seemed to be running fairly smoothly at the Finish and most people seemed to enjoy Barry's courses. Our first time planner came up with a nice mix of forest, dunes and track running with some route choices to be made at the end. The event was combined with the ESOA championships and so we have a few regional champions in Murray, running up at M20, Ben, Ken and Ray. The ladies also did well with cups/trophies for Gillian, Helen

and Hilary as a W40.

#### Saturday 3rd November Tinto Twin Night Badge Carmichael Estate

M21	Brad Connor	6th
M35	Paul Caban	2nd
W21	Darina Cunnane	1st
W35	Ann Haley	1st

#### Sunday 4th November **Tinto Twin Day Badge Carmichael Estate**

M18A	Niall Inverarity	3rd
M21L	Brad Connor	9th
M35L	Paul Caban	2nd
M35L	David Jones	3rd
M40L	Rob Bloor	8th
M45L	Colin Inverarity	4th
M70L	Ray Heyworth	2nd
W21L	Hilary Quick	2nd
W21L	Darina Cunnane	6th
W35L	Helen Murray	2nd

Kill 2 birds with one stone. Dump my wife in Biggar at my mother's and then head off to Carmichael for a nice run round where we used to go for Sunday school picnics. I was too late with our entries so we're running colour coded until the nice lady at registration offers us a Badge entry on the day. Once again me and Niall are well prepared as we head off to the Start. On arriving I notice that we've been allocated the wrong courses which might mean if we pick up the maps we're supposed to that they might be short on some other course. I rush back to the Start and attempt to clear up the confusion. I'm semi-convinced. I feel a bit guilty, as I go off on a punching start again, that I might be screwing things up for someone else. I'm now 2 minutes behind Niall instead of 2 minutes ahead. There's life in the old dog yet as I catch up with him by the first control. It's clean, undemanding orienteering all the way. 8 controls and 6.25km. I think the Day Courses are always a bit easier to accommodate those who've braved the Night Event. Anyway me and Niall run together round the rest of the course with him making an early sprint for home after the last control. He's too far ahead for me to catch him up but I am gaining on him as he finishes about 5 seconds in front of me. Walking back to the cars with Helen she seems to have enjoyed her course but Rob Bloor doesn't seem as impressed when we meet him a little bit later. I suppose it is a bit like a cross-country there but the variety of terrain is one of the things that makes orienteering appealing even though we may all have favoured landscapes to run in. Caban manages to win a Twin again. That's the secret! Choose to compete in a class with little opposition and you stand a better chance of winning. Darina came 2nd in her class. but managed to become a Scottish Night Champion, as did Ann Haley. And Stephen, I think, was experiencing his first night event. Also appearing on the day but not mentioned in despatches - Karen Dobbie. Event over me and Niall headed back to Biggar to rescue my wife from my mother.

#### Sunday 28th November ESOL5 (FVO) Coilhallan Wood, Callander

White 0.8km 35m climb

3rd Mark Haley M6 13.31

Yellow 1.1km 45m climb

1st Stephen Haley M10 12.03

#### Light Green 2.0km 100m climb

8th	Ray Heyworth	M70	46.02
12th	Patricia Alston	W35	55.10

#### Green 4.0km 150m climb

3rd	Ann Haley	W35	57.15
10th	Mary Ker	W21	69.42
11th	Graham Haley	M35	71.12
23rd	John Barrow	M55	92.47
	Ronnie Lardner	M45	ret'd
	Claire Lardner	W40	ret'd

#### Blue 5.4km 175m climb

5th	Hilary Quick	W45	70.12
7th	Heather Hartman	W21	72.40
23rd	Bill Mason	M50	91.23
42nd	Steve Ambler	M50	133.36

#### Brown 6.7km 225m climb

2nd	Ben Hartman	M21	65.52
7th	Ken Daly	M35	71.01
8th	Rob Bloor	M40	71.30
9th	Chris Godfree	M21	72.45
14th	Paul Caban	M35	86.54
15th	Brad Connor	M21	87.06
17th	Megan Smith	W21	92.04
20th	Barry Owen	M50	98 23

I forgot to set the alarm. I got up, looked at the clock, thought we could make it if we ran around demented and bombed along the motorway at speeds exceeding the legal limit. Looked at the weather and couldn't really work up the enthusiasm for it, so we passed. Discussion at the committee meeting suggested that we had perhaps made the right choice. Some people seemed to think that were some decidedly unappealing areas in the wood. Some of the times seem a bit on the long side. John Barrow and Steve Ambler both posted >20 minute/kms, and certainly quite a few competitors seem to have been persuaded to retire. A win for Stephen Haley on yellow was our only triumph on the day.

#### Sunday 28th December ESOL6 (ESOC) Lomond Hills, Falkland

White 1.6km 40m climb

5th Mark Haley M6 22.39

Yellow 2.1km 65m climb

6th Stephen Haley M10 25.04

#### Light Green 3.5km 145m climb

Sue Twissell W21 ret'd

#### Green 4.0km 180m climb

2nd	Graham Haley	M35	39.39
3rd	Ann Haley	W35	40.22
10th	Karen Dobbie	W35	46.43
15th	Claire Lardner	W40	51.11
18th	John Barrow	M55	53.35
19th	Ronnie Lardner	M45	55.29

#### Blue 6.1km 230m climb

1st	Graeme Ross	M21	42.42
5th	Janine Hensman	W21	54.27
7th	Colin Inverarity	M45	57.26
8th	Hilary Quick	W45	58.03
10th	Niall Inverarity	M18	58.44
19th	Mary Ker	W21	68.06
24th	Pat Bartlett	M21	71.35

#### Brown 8.2km 440m climb

2nd	Ben Hartman	M21	65.48
4th	Brad Connor	M21	74.47
5th	Rob Bloor	M40	77.44
7th	Ken Daly	M35	87.44

We're up in plenty of time today. I haven't been here for quite a few years. I seem to remember us organising an event here organised by Janet and having to park cars in a rather small field with Andrew Bankhead and it was absolutely chucking it down. Today's excitement starts when I eventually remember where we should have turned off in Leslie to find the road blocked off and a ranger telling us that there had been an accident on the road and that we would have to approach the event from the Falkland side. As we turn back onto the main road the Haley's turn off but they're past us before we can warn them. When we eventually get on to the Falkland road we pass the EUOC minibus by the side of the road and it's been involved in a minor bump. As we climb up the hill out of Falkland it gets noticeably frosty. It's going to be crisp underfoot today. This is my kind of map. Not a tree in sight! I remember the old map was just white as it wasn't worth using more colours than necessary due to the paucity of woodland. I let Niall go off ahead of me again but today I can't see him. He must be moving. Contouring along the hill to begin with before we start the climb. It's a slog! Up on top we have to cross a flat marshy expanse. God, my feet are cold! We're on the way back now and he's still ahead but I am catching up with him. It transpires the only reason I am is because he's gone over on his ankle. I sportingly run away from him but I overshoot the re-entrant at 8 and he goes in front again. There doesn't seem much wrong with his ankle now! I reckon there's a bit of gamesmanship here - that he's been having his old Dad on! We're fairly motoring on the downhill legs home. Niall stays ahead but once again I've managed to beat him. 1 don't think I'll be doing that for much longer though! Brad's fairly happy at the finish because he's beaten Ken. Janine has had a good run and Ben is pleased when he crosses the line. On Green there's a husband beats wife shocker! And it was interesting to see Sue and Pat experiencing the trials and tribulations of looking after the baby while the other half goes for their run situation. A nice day but were my feet cold afterwards!



#### ESOL Placings After 5 Events

#### After 5 Events

VV III CC		
Mark Haley	M6	4 events
Demi Lardner	W6	3 events
Tina Lardner	W8	2 events

#### Yellow

White

1st	Stephen Haley	M10	375
Lig	ht Green		

- 0			
2nd	Ray Heyworth	M70	366
9th	Patricia Alston	W35	217
11th	Claire Lardner	W40	202
32nd	Innet Walton	W35	110

#### Green

4th	Ann Haley	W35	425
6th	Graham Haley	M35	402
15th	Karen Dobbie	W35	315
27th	Ronny Lardner	M45	225
29th	Pat Squire	M50	223
32nd	John Barrow	M55	202
47th	Jo Mein	W21	136
48th	Mary Ker	W21	133
51st	Darina Cunnane	W21	126
60th	Helen Murray	W35	117
67th	Fiona Weir	W21	107
69th	Claire Lardner	W40	105
76th	John Barrow	M55	100
79th	Ruth Pyatt	W21	100

#### Blue

Rine			
1st	Heather Hartman	W21	539
nd	Hilary Quick	W45	472
4th	Janine Hensman	W21	407
33rd	Steve Ambler	M50	248
34th	Graeme Ross	M21	247
39th	Colin Inverarity	M45	221
43rd	Niall Inverarity	M18	209
44th	Bill Mason	M50	208
49th	Mary Ker	W21	198
55th	Rob Bloor	M40	157
61st	Brad Connor	M21	131
63rd	Gillian Godfree	W21	129
73rd	Scott Balfour	M50	113
77th	Helen Murray	W35	110
81st	Ann Haley	W35	105
89th	Alison Laws	W21	99
91st	Lorna Eades	W21	96
92nd	Jo Mein	W21	96
93rd	Pat Bartlett	M21	95
97th	Ronnie Lardner	M45	91

#### Brown

1st	Ben Hartman	M21	499
4th	Ken Daly	M35	401
5th	Brad Connor	M21	374
7th	Paul Caban	M35	369
11th	Rob Bloor	M40	308
14th	Chris Godfree	M21	232
17th	Colin Eades	M21	217
20th	David Jones	M35	196
25th	Dave Godfree	M21	136
28th	Murray Strain	M18	125
37th	Gillian Godfree	W21	105
39th	Pete Tryner	M21	100
50th	Megan Smith	W21	86
51st	Lorna Eades	W21	83
53rd	Barry Owen	M50	81
54th	Julian Hall	M35	80
59th	Ronnie Lardner	M45	66

More than halfway through the series and here's where everybody stands. Young Mark seems to be enjoying himself these days. He usually manages to run the string course a few times as well if his performance at Gullane is anything to go by. Big brother is doing well on Yellow as is Grandad on Light Green. The big question is whether Mum or Dad is going to come out on top on Green. The Lardners seem to be going for a rainbow of colours. They seem determined to try every course. On Blue it seems to be very competitive this year with lots of people you wouldn't normally expect to find running against you. Go on you lot, go away and do Brown! You're 20 years younger than me! You're not injured! Heather has got a fairly impressive score already and I think it will be very difficult for anyone to overtake her. Nice to see that Quick woman doing well. But I was pleased when I beat her at Carmichael (3 seconds) and the Lomonds (3 seconds). Maybe I should challenge you on the O-ladder. And while we're at it I still don't believe Graeme went round the Lomonds in 42 minutes. You must have used a stunt double! Anyway just wait till I do more events and I zoom up the table. It's the usual suspects up near the top of Brown - Mrs. Hartman's other half, Old Ken Daly and Young Brad Connor. Ken and Paul and Dave seem to be having some close races between them these days. There are 3 events left for us all to improve our positions. Good luck to you all and have

fun!









# Harry Trotter and the Forest of Secrets

this boy has obviously got far too much time on his hands but it keeps your newsletter editor happy. Read and be amazed!

Hurry up, Harry, your start is in just under five minutes!

Harry laced up his Slimbus 2000 shoes, the fastest studs in orienteering, as quickly as he could, grabbed his compass and magidobber, and raced after Albus Stumblegore, the Chairman of Hogwarts O-Club and the greatest (yet clumsiest) orienteer Harry had ever met. As they tripped towards the start pentacle, Stumblegore gave his star pupil some last-minute tips. "The forest is a dangerous place, Harry, but keep your wits about you and your magi-dobber at the ready. Good luck!" Smiling, he left Harry at the start, and in the two minutes before his run, Harry pondered over how he had come

Born to a family of elite orienteers, Harry's parents had been killed when he was an infant, forced into the quagmire of the Oringen 2000 by the evil Vendomat, the nastiest navigator to have ever lived. Vendomat had tried to kill Harry too, but somehow the blow from his magi-dobber had been deflected, igniting Vendomat's map and compass and sending him wailing off into the endless pine forests (Rannoch?-Ed.), never to be seen again. Since then Harry had been raised by his horrible Buggle aunt and uncle, who spent their Sundays watching the Eastenders omnibus edition whilst Harry served them with crisps and chocolate. How surprised they had been when Harry had been invited to join Hogwarts, the finest O club in the country! At Hogwarts Harry discovered a whole new world on Sunday mornings, and proved to be so good that he became KiteSeeker for Trippindor, his team, whilst only an M10.

Now Harry was facing his greatest challenge: the MagiSport Cup, competing against the dastardly Dytherin team. His teammates and closest friends, Ron Squeasly and Germoline Granger, were already in the forest. Only the fastest time of the day would secure a win, and he knew that his arch rival, Drongo Malsoy, would be using every dirty trick in the book. Concentrate, Harry, he told himself. The clock ticked towards 12. Ten seconds to go, step out of the pentacle. Just as the clock was about to strike, he heard a whisper in his ear. "Careful, Trotter. You may find more than you

bargained for in the forest", said a sneering voice. Harry's head snapped around, to find the malevolent smirk on the face of Septicus Scrape, Dytherin's creepy captain.

BEEP! Harry stumbled forward, distracted by Scrape, but quickly regained his composure and gathered his map before heading off into the forest.

His Slimbus 2000 shoes sped through the undergrowth, and the first three controls disappeared in a jiffy. Number four: thicket, middle, he read, but the thicket was nowhere to be seen. Where was it? Suddenly the ground disappeared from under his feet, and Harry slipped headlong into a wall of brambles. "Argghh!" he cried.

"Harry, is that you ?" It was his friend, Germoline. "Don't struggle!" she shouted, as his frantic attempts at extrication merely made the thorns dig deeper. "Just relax and move very slowly. Trust me! I've been practising at Penicuik Estate!" Harry suppressed his panic and did as she said. Incredible! The thorns seemed not to touch him and he eased his way towards the control. Bleep! Germoline was very clever, and a tremendously good technical orienteer, but, as Harry squeezed his way out of the thorns, he could see that she had twisted her ankle. "Go on, don't worry about me! Win the cup for us!" she said. Hating to leave his friend in the forest, Harry reluctantly ran off towards control number 5, his mystic lycras torn and tattered.

Controls 5 to 9 passed without incident. No sign yet of Malsoy, thought Harry. Control number 10, marsh, N side. Looking at his map as he neared the control, Harry was puzzled. There was a large, uncrossable marsh marked on the map, but the ground was covered in undergrowth. Splash! Suddenly he was up to his chest in water. He wondered how From behind him Harry heard a cruel snigger, and was not surprised when, moments later, Malsoy and his two cronies emerged from behind a bush. They had covered up the marsh with brashings, and he had run straight into it. "Too bad, Trotter", sneered Malsoy, "Looks like you're all washed up!" A little ahead of him, Harry saw his team-mate Ron, who had also been fooled by the trick and was firmly stuck. Harry looked around slowly. Nearby was a

small island of solid ground, and there was another near that, and another, and he could leap his way out, like a knight on a chessboard. Using all his strength, Harry pulled himself onto the solid ground, and turned to Malsoy, who was no longer grinning. "Nice try, Malsoy", said Harry, "Catch me if you can!" And with that Harry leapt from island to island, crossing the marsh in less than fifteen seconds.

Having foiled Malsoy's dastardly plan, Harry sped on towards the last control. All he had to do now was keep Malsoy behind him, and he would win! His shoes flashed through the terrain, so fast that they almost seemed to blur. Knoll, NE side. There it was! Harry skirted the little knoll and contoured around to its NE side. There was the control, but someone was already there. A tall, gaunt, figure, dressed in jet black lycra. The figure turned to meet him. That cruel face. Harry knew it instantly. It was Vendomat!

"So, Trotter, we meet again. I have spent many long years in the forests, preying on hopelessly lost M21s, waiting for this moment. Give me your compass! NOW!" Vendomat raised his magi-dobber threateningly. "Never!" cried Harry, and did likewise. "You little fool !" spat Vendomat. With a flourish, he waved his magi-dobber and cried "Headless Chickenus!" Harry, however, was quicker than Vendomat and, leaping aside, avoided the blast from the magi-dobber, which struck the unfortunate Dytherin team, who had that very second rounded the knoll. Their legs magically began to move, and the unfortunate three sprinted off into the forest in random directions.

Harry, however, had no time to notice this. He rolled quickly to the side, raised his own dobber towards Vendomat, and shouted "Okittiarmus!" at the top of his lungs. Vendomat's expression changed to that of horror. His jet black lycras began to writhe and boil. BANG! Through the smoke Harry looked up. Vendomat was covered head-to-toe in Interløpers club strip! Maddened by the garish, lurid greens and yellows, Vendomat dropped his dobber and ran screaming into the forest. Shaking, Harry stood up and forced himself to trot over to the control. Bleep! All he had to do now

## From The High Chair

We are not worthy! Listen well, followers to the words of wisdom from Osama Ben Hartman

was fly to the finish. How he ran! 200m! 100m! 50! With a great whoosh he flew through the finish line, and the waiting audience erupted in cheering. Albus Stumblegore strode up to Harry, lifted him off his feet and gave him a huge hug. "Well done, Harry! I knew you could do it!" Trippindor had won the cup!

Very soon Harry's friends were rescued from the forest. Germoline's ankle was strapped up and Ron was sucked out of the bog and changed into warm, dry, clothes. Then the three happily rushed towards WereWulf's, where Stumblegore treated them all to a massive bowl of chilli each, and lots of fudge brownies. By the time Malsoy and his cronies were found all that was left for them was half a pitta bread, and several weeks detention, checking stubs at colour-coded events!

With sincere apologies to JK Rowling, with a name like that, she MUST be an orienteer! Brad.







Hi everyone!

If you can help out with the following, then please step forward: Organisers wanted for our ESOA Spring Saturday series events. The three events that we put on during the autumn all attracted between 20 and 30 runners - enough to make it worthwhile putting on the events.

Our dates are 26th January - Cammo; 2nd March - Colinton Dell; and, 16th March - Craigmillar Castle.

Organiser & Controller (Grade 3 OK) wanted for our UK Cup race at Archerfield on 6th April 2002. John Barrow has written to all the landowners for permissions - so one of the bigger jobs in planning at Archerfield is already in hand. The event will make use of Emit - so there's no need to worry about Sportident hassles.

Moray 2003

There are still plenty of vacant posts on the Moray 2003 Organising Committee - and it was agreed at the last meeting that the committee would look to Interlopers to fill many of the vacancies. Many of the posts should not be too onerous, do not require regular attendance at Committee meetings, should not require many visits to Forres in advance of the event, and provide a great opportunity to help ensure that Scotland's flagship event is up to its usual standard.

The one post that needs filled very soon is the Day Co-ordinator, the post that Pat Squire vacated when he volunteered for the Co-ordinator's job. The Day Co-ordinator's role basically involves providing the link between the Central Organising Committee and individual day organising teams. A key part of the role is to update the Day Organiser's manual. In the more immediate future the Day Co-ordinator will be responsible for assigning clubs to each day and finding most of the main officials for each day (with the exception of Main Controllers, I think).

In view of the increasing role that computers play in running the 6 days, the Central Organising Team is keen to build a strong computing team to support Robin Strain who has volunteered to be Computing Manager. No shortage of expertise here in Interlopers - provided that we're not let loose on Sportident programming...

Other vacant posts are:

Campsite manager

Daily newsheet

Medical Officer

Merchandising manager

Prizes

Road Signs

Safety Officer

Social Programme

Traders

If you are interested in any of the above and would like to know more, please contact either myself of Pat Squire.

That's all for now,

Ben

### M fortysomething



mishmash of ideas sees no improvement.

125

Well things seem to be picking up orienteering-wise a bit at last! The ESOL's are up and running and seem to be attracting bumper numbers. It's not all just old hobbits crawling out of Mirkwood. There seem to be quite a few names in the results lists. Where are they coming from? Our sport hasn't exactly been very high profile in recent months with the foot and mouth crisis. Are they people who tried the local events and finally have got the chance to try something a bit more challenging? Someone tell us please. Let's hope that we're seeing an upswing in the fortunes of orienteering after years of declining BOF and SOA membership in recent times. Don't forget your subscription renewal!

The Scotlandsgaloppen series is going to see some changes this year after the recent Club Conference. It has been felt for a while that the events place a heavy burden on planners and sometimes lack consistency in quality. A number of ideas were thrown into the 0-ring for discussion and the club submitted their response. Once I get my head round what was agreed I'll try and write about it in the next issue. Hopefully it won't turn out to be a camel where a

The club continues to thrive. Someone asked at the Christmas Party how many people are in the club now. A quick count by me of your new updated address list suggests the total stands at 145. Think of all the envelopes I have to stuff and stamps that have to be licked or stuck these days!

have to be licked or stuck these days! Hopefully you're getting as much as you want out of the club. If you're unhappy with some aspects of it or have some helpful suggestions, do let us know how we can improve.

Don't forget that interval training is open to all who want to indulge in that masochistic sort of thing at the Meadows (East End), every Tuesday from around 7.50 p.m. You can run anything from 400's to 1200's in any combination you like, usually for 5 repetitions but you can do more if you want. It's a good way of building up your fitness and stamina over the winter period, drags you out of the house, allows you to meet runners from all disciplines, relieves the monotony of training on your own, gives you runners to set yourself against and inevitably ends up in torn hamstrings, sprained ankles, attacks of nausea and occasionally vomit-

ing. But it is good for you!

Things to look forward to in the next issue might be the final results from Lochaber and more scribblings on it, letters from America from McIntyres and Acklands, more embarrassing photos, discounts from local running and outdoor shops, reminders for those who forget their BOF renewals, pleas to volunteer for Moray 2003, another humorous article from Brad no doubt and lots of spelling mistakes and typographical errors from me and maybe the returnof 'Some Great ESOC Controls.

I hope you all have a pleasant time this Christmas and New Year. I'm going to rest as much as I can as this term has been really hectic. Have fun if you're venturing up north on the club extravaganzas. Hopefully all the little Interløpers have been good and Santa comes to visit them.

Maybe I'll get that new pair of Silva Norway SG's. Evenif I don't you'll still find me at Yellowcraigs on the 30th having a greattime at the Festive Frolic trying to get that elusive perfect run and maybe beating a few old rivals too.

All the best for 2002, Lang may your lum reek and Happy Trails!

# **COMPASS POINT**



For all your
Walking
Mountaineering
Camping
Climbing
Orientering
and Fell Running needs

10 Market Square, Lytham, Lancashire Telephone (01253) 795597 Email Rick@compasspoint.demon.co.uk

or from Darina at most Scottish events