

INTERLØPERS

ORIENTEERING CLUB

EDINBURGH

NEWSLETTER NO. 124

October 2001

124

Moray 2003 Here We Come ?

You're still basking in the rosy glow of having competed at the Six Days and done reasonably well. Perhaps you've been praised for your well-planned courses. Maybe you brought a smile to a weary competitor's face when you congratulated them on finishing. Or you were just glad to get out of Edinburgh for a few days. But in the main you're probably thinking - "Thank God that's over !" Well fear not loyal Interløpers if you can't get enough of that fun-filled, laugh a minute organising lark. Plans are well underway now (well we've had a few meetings where we rambled on a bit) for the next extravaganza. It appealed so much to our ex-chair that he arranged a year's sabbatical in the USA to get away from it all. But he was old Interløpers. The club now has a more youthful dynamic leader who in his quiet but firm way is remoulding the club into New Interløpers. With nonsensical homilies such as "Tough on

planning, tough on the causes of planning " he has a vision of a brighter tomorrow (Can Interløpers 0-suits get any brighter ?) He has declared a war on worldwide apathy. There will be no hiding place for the whingers and malingerers in our society / club. They shall be hunted down and publicly abused in the newsletter. It is every club member's duty to volunteer forthwith for some thankless task for 2003 because we'll need all that time to get our act together. So if you have any talents or skills that could be gainfully employed let us know now. We need to get the ball rolling. And then we can take pride (softening of the voice perhaps here, Ben) that by working together (pause for dramatic effect) we can make a difference. Thunderous applause, 10 minute ovation, exit stage left. Look out Forres here we come. Don't say you haven't been warned. !

Six Day Special

What We Did On Our Holidays

Lochaber No More

***The Hand Of God Or
The Leg Of Gordon***

***New Committee,
Same Old***

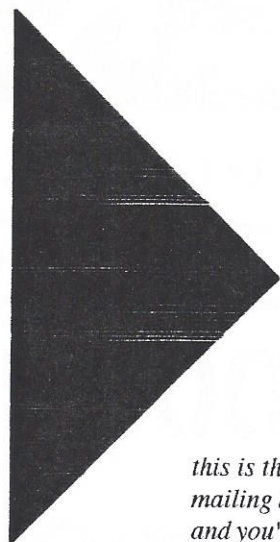
***Letter From America
Returns***

***Old Results, Some
Events To Look Forward
Too, etc.***

***And don't forget the
Hallowe'en Party and
SpookO !***



The splendid view from an infamous Start



this is the boring you can find all this in the mailing list but it's published so sporadically and you've probably lost it anyway so it's just as well to have this information to remind you you have it somewhere bit. So there !

In the Club !

All joined a while ago but addresses not previously intimated. Once again welcome to the club and to any new member who gets this but isn't on the list that John Barrow gave me !

Scott Fraser (M16), 47 Darcy Road, Mayfield, Dalkeith, Midlothian, EH22 5HO, (0131-654-0874)

The McIntyre Family, Cecilia (W45) and Zoe (W10)
168a Mayfield Road, EH9 3AR, (0131-667-3555)

Murray Strain (M18) 39 Bankpark Grove, Tranent,
East Lothian, EH33 1AU. (01875-611014)

Not In the Club !

Dear All,

I'm now settled in New Jersey for the year until next August, with offices in Princeton and Rutgers. Although my Edinburgh email will continue to work, I will check it infrequently, so could you send personal/work stuff direct to me at ackland@physics.rutgers.edu

Meanwhile, please don't change my address on any e-mailing lists - e.g. I am unavailable for departmental cricket or running races.

Also, my new mailing address is
Graeme Ackland,
Dept of Physics,
Serin Building
136 Frelinghuysen Rd.,
Piscataway, NJ
08854-8019



On the Move

Tim Brand, 1 Ach-an-Duin, Ledaig, Argyll, PA37 1QP
(01631 720696)

Chris Godfree, 2F3 Milton Street, EH8 8EZ, (0131-667-9747)

The Kenworthy Family, 3 Hillpark Grove, EH4 7BE,
(0131-312-7565)

The McIntyre Family, 281 Guardwell Crescent, EH17 7SL
(0131-664-1916)

Gordon Riemersma, Horsensgatan 194, v4, 654 58, Karlstad,
Sweden

The Spenceley Family, 103 Mayfield Road, EH9 3AJ
(0131-667-5740)

Keith Turner, 25/4 Gayfield Square, EH1 3PA,
(0131-467-5296)

Donald Watson / Ariane Burke, 1240 Wolseley Avenue, Winnipeg, Manitoba R3G 1H4, Canada

These are the changes I can find (or remember). Some of us enjoyed the hospitality of Mr Brand during Lochaber 2001. Chris has forsaken douce Morningide for the rougher East End of town but it's a lot handier for the Park and training runs. Where have the Kenworthy's been ? It's safe to come back and do an ESOL, John. There aren't any events on Corstorphine Hill ! Graham and Morag's new address has finally been tracked down. Riemersma is still horseing around in the Northlands. Read the witterings of Gordon the Nog later on. The Spenceley's abandon the SouthSide after many years. Keith escapes any literary mugging because he's fortunate enough not to know the editor. Donald has headed west to the Prairies where according to him the orienteering is a bit boring but fine for dinosaur bones for Ariane.

Late breaking moves

Alison Laws, 1 Ellen's Glen Loan, EH17 7QN
(0131-664-1113)

moving in with Hilary
and just happened but planned for a while

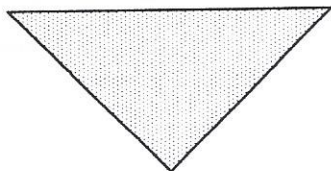
The Eades Family
1 Nettlingflat Cottages, Heriot, Midlothian, EH38 5YF
(01875-835335)

Nearest secondary - Newbattle High School (aaargh !)

Wired !

Jamie Thin	jamiethin@bcs.org.uk
Celia MacIntyre	MACINTYREC@scot-homes.gov.uk
Alison Laws	am_laws@hotmail.com
Ben Hartman	ben.hartman@bopenworld.com
Jo Mein	civjem@civ.hw.ac.uk

Wired up or just rewired, here's where you can contact them.



here's the people you have to moan about, complain to if you're not happy about something. if you don't know any of them you'd better start coming to some events then. if you don't want some information give someone a phone or e-mail

and a note received from Tobias a while ago

Hi Colin

Thanks for latest issue! I think you should know that I'm about to move to a new address this weekend. No, no, not Scotland again. Still in Sweden, but you never know. I haven't been in Scotland for the last time yet... Well, new address:

Tobias Andersson

Stabbegatan 105

416 80 Göteborg (or Goteborg if your email program is nasty on us Swedes)
SWEDEN

Phone: +46 31 19 33 50

I'm now emailing from work, but my private email address would be:

tobiasandersson@spray.se

I helped Caban + others out recently about a dodgy o-web page of an event in the north of Sweden, so my email address could be usefull to folks over where you are.

I reckon Rob is on his way to the World Masters. If you can't squeeze an article for the newsletter from him of that trip you can always push him for details of the trip to Sweden and Goteborg he made earlier this year. Rumours have it he might be back here later on. Lots of good stories for a newsletter...

All the best.

Hi to the people I know!

Tobias

East of Scotland Orienteering League 2001-2002 Series

Sept 30	Drumbuie	TAY
Oct 7	Devilla	KFO
Oct 28	Archerfield	INT
Nov 11	Coilhullan Wood	FVO
Dec 2	Penicuik Estate	ESOC
Jan 20	Hedderwick Hill ?	ELO
Feb10	Holyrood Park	EUOC
Mar 3	Eildon Hills	RR

for more details of the events see
ESOA web site at
<http://www.ndirect.co.uk/~rstrain/ESOA.htm>
or
phone Robin Strain on 01875-611014

Interlopers Committee 2001-02

Chairperson	Ben Hartman 27/16 Maxwell Street EH10 5HT 447-9121
Secretary	John Barrow 3 Charlton Grove Roslin Midlothian EH25 9NY 440-2136 (Home) 668-8377 (Work)
Treasurer	Dave Godfree 30 Blackwood Crescent EH9 1QX 667-9747
Newsletter Editor	Colin Inverarity 161 Dalkeith Road EH16 5BY 668-2170
Social Secretary	Tim Lenton 1F1, 18 Roseneath Terrace EH9 1JN 228-1901
Club Captain	Gillian Godfree (address as above)
Member (ESOA Rep ?)	Ken Daly 1F1, 19 Waverley Park EH8 8ER 661-4089
Member Junior Rep.	Niall Inverarity 161 Dalkeith Road EH16 5BY 668-2170
Member	Darina Cunnane 29/4 Prestonfield Avenue EH16 5EG 662-8972

What I Did On My Holidays

The Midnight Sun Galoppen

Gillian's tales of running above 66 and a half degrees north and can anyone translate what Riemersma is wittering on about ?

One of the world's most northerly multi-day orienteering events (if not the most northerly - anyone been to an event in Greenland or on Ellesmere Island ?) was held at Tromso in Northern Norway at the start of July. I flew out to meet up with Ben, Heather, Ken, Paul and Brad who had already been getting in a sneaky bit of practice during the previous week..

There were four races in the Galoppen : Classics on Tuesday, Wednesday and Friday evenings and a Short Race on Saturday morning. The terrain was great. The first two races were held on steep hillsides with lots of open marshes and rock and contour detail, while the last two were held very near the town centre on a flattish plateau with plenty of paths and lots of complicated knobbly bits.

My Classic races went fine apart from 2 controls. My excuse for the very first control was that I was still trying to remember what a compass was. The second mistake (on the next day) was when I got to the control circle and decided to go down 4 contours instead of up 1. Whoops ! Everything else was OK, at least until the Short Race, that is. Unfortunately, all the Short Races this season have been of the run-your-guts-out-and-try-to-keep-sight-of-Tim/Scott/Murray/Ben type variety. Surprisingly enough, this Blackford Hill Technique didn't quite work in Tromso. Whoops, again !

On the Saturday evening, Paul, Ken and I still had enough energy to go and run a 10K road race, which was being run in conjunction with the Midnight Sun Marathon. I did suggest doing the Marathon itself, but perhaps that would have been slightly over the top ! There were loads of people running the 10K, and even more lining the route, sitting in their gardens shouting "Heya !" as every runner passed. I was pleased to finish, however, despite Ken beating me by 40 seconds !

As we walked back to our (very smelly) hut, we got our first glimpse of the midnight sun. It was a great week, and I'm looking forward to going back in 2 years time. Perhaps I'll even do the marathon

Things I Have Learned About Tromso

They like stuffed polar bears
It's about as far north as the northern tip of Alaska

They make really good pizzas
The highest point of the Marathon is the top of a big bridge joining the mainland to Tromso Island

It's not the best place in the world to site a botanical garden - unless you like lots of bare earth and paving stones
You meet herds of reindeer when you're out training

Words I Had To Look Up In An English Dictionary

hermetically - as in Paul's hermetically sealed bag of used O-kit

nebulous - as in almost any sentence requiring a poncy adjective. e.g. "There were some really nebulous contours out there."

The Curse Of Interløpers

Selector puts Husband on Glory Leg !

Today in the Edinburgh based orienteering club, Interløpers, there was the foul stench of scandal in the air. Rumour has it that the Chief Team Selector for this weekends prestigious 11-Person relay, to be held at the renowned Linlithgow venue of Beecraigs Country Park, has succumbed to blackmail and bribes. As husband to committed elite member David Godfree (aka 'Goddess') should she even have been asked to select the team ?

Dave's recent form has been wavering, although he is still capable of placing one foot in front of the other and thus beating your trusted reporter, but even so was controversially selected to run the final leg for the Interløpers first team. This leg is traditionally seen as the 'Glory Leg' after Gordon Riemersma's (aka the 'Flying Dutchman') astounding run in the Harvester Relay of 1998 where he trounced the opposition to

come home first. Gordon was shortly after that fantastic run injured in an apparently freak accident in 1999 when he broke his leg but despite this continued to run for another two months. After these incidents Gordon was so mobbed by women that he had to move overseas to Scandinavia where the population density is less and the women hadn't heard of his talents. He still resides there in an undisclosed location, fearful of returning to Scottish shores.

Another runner who contributed strongly to that marvellous performance in East Anglia or wherever it was has also had to flee overseas. Tobias Andersson, who now represents Sweden, was also injured recently in a mysterious incident involving a rock and a kneecap and is believed to be out of action for some time.

Will a similar fate befall Mr. Godfree ? Will the Curse of Interløpers continue to affect all those who bring it success ? We can only speculate on the effect this could have on the future relay teams of Interløpers.

Already the more superstitious members of the club are seeking to distance themselves from relay exploits. Note for example the absence of Andy 'Kwiet' Kitchin after finding success in Greenland with three fellrunners and one rubber dinghy (BBC Scotland).

Other speculation concerns the eligibility of Gillian Godfree (aka 'Dave's Bird') to select the team. As husband to the aforementioned Dave she is obviously in a biased position. Although seemingly unaware of the curse that befalls all those men who have contributed to the incredible success of Interløpers over the years, she has still opted to put her husband on the last leg. Does she really want rid of him ? Is she trying to up the 'value' of her husband ? Do I have a foggy what the hell I am writing about ? Can I make this last any longer ? I guess the answer is no.....

Good luck at the weekend ! Hope it all works out. I think my record 'dead time' (between first and last 4th leg runners coming in) when I 'organised' the 11 person relay team for Int was about 10 minutes..... Its not easy !

All the best,
Gordon the Gibbering Idiot.



Events

- 
Saturday 27th October
ESOA Saturday Series
Holyrood Park, (EUOC)
Palace Car Park
 Information from ?
 Starts 11.00am - 12.30pm
 Entry £1
- 
Sunday 28th October
ESOL3 (INT)
Archerfield ?
(or whatever it is called now)
(NT 126353)
 Information from
 Fiona Weir (0131-229-3942)
- 
Wednesday 31st October
Interlopers SpookO and
Hallowe'en Party
Holyrood Park
By St. Margaret's Loch
From 6.30pm (Food 7.30pm)
 Information from
 Brad Connor (0131-258-1518)
- 
Weekend 3rd-4th November
Tinto Twin Badge Events
Carmichael Estate
(NS 949389)
 Organiser: Marjorie Foreman
 (01555-665346)
 marforeman@aol.com
 Pre-entries on SEF to
 Lorna Young
 7 St. Ninians
 Lanark ML11 7HX
 (01555-661955)
 Night -Senior £7.50 / Junior £4
 Day -Senior £7 / Junior £3.50
 Combined £13.50 /£7
 CD Monday October 22nd
 Ltd Badge EON/D
 Late Entries +£2/+£1
 SI Card Hire +50p
 Ltd Colour Coded String Course
 Cheques payable to Tinto O.C.

- 
Saturday 10th November
ESOA Saturday Series
Mortonhall, (INT)
Garden Centre entrance
Frogston Road East
 Information from
 John Barrow (0131-440-2136)
 Starts 11.00am - 12.30pm
 Entry £1
- 
Sunday 11th November
ESOL4 / WOSOL ? (FVO)
Coilhallan Wood, Callander
(NN 629073)
 Information from
 Rona Molloy (01506-842857)
 Molloy@1waldie.freemove.co.uk
 Entries £4 / £2.50
- 
Sunday 18th November
WOSOL ?+1 (STAG)
Cumbernauld Park & Crow
Wood, Cumbernauld
(NS 773758)
 Information from
 Terry O'Brien (0141-770-7618)
 Terry@stag-oc.freemove.co.uk
 Entries £4 / £2
- 
Saturday 24th November
ESOA Saturday Series
Blackford Hill, (ESOC)
Observatory Car Park
 Information from
 Janet Clark (0131-225-7771)
 Starts 11.00am - 12.30pm
 Entry £1
- 
Sunday 25th November
Scottish Score Championships
(MOR)
Lossie Forest, Lossiemouth
(NJ 264679)
 Information from
 Douglas Murray (01309-672545)
 Dougmurray@zetnet.co.uk
 Bring SI Card or 50p hire
- 
Saturday 8th December
ESOA Saturday Series
Victoria Park, (ESOC)
Craighall Road
 Information from
 Janet Clark (0131-225-7771)
 Starts 11.00am - 12.30pm
 Entry £1

E-mail list

The club has a centrally managed e-mail list, which is used to circulate information about socials, advance notice of fixtures, requests for help at events, and all the other stuff that we're too disorganised to plan in advance. If you're not already on the list and would like to be, then send a message to Paul.Caban@ed, and I'll add you in.

As well as receiving all the list messages, you will also be able to post to the list - interlopers@lists.ed.ac.uk As an anti-spam measure, if you're not on the list, then you can't post to it.

As a reminder for anyone already on the club list, a couple of points about posting messages. The list server software imposes a size limit on messages, so that typically large word documents posted as attachments won't make the cut. Much better is to simply type text into a message - your message will be much smaller that way. Also, a message that is sent to a long, long list of recipients will also get caught by the list server - basically it thinks it's being spammed, and junks your message. A final point worth thinking about. When replying to a message, consider whether your reply should go to the entire list (reply-to-all), or only to the sender of the initial list. On a slightly different matter, our Club web presence is at <http://homepages.ed.ac.uk/~graeme/int.html>

Whilst Graeme is away on holiday, sorry sabbatical, in the US, I am helping to keep the information as up to date as ever. Please let me know if there are any glaring inaccuracies etc.

Cheers
Paul



dnf

as well as standing for did not finish,
on this page it means **do not forget !**

- A plea from Hilary a while back on the e-mail list. It may have gone unanswered so here it is again. Has anyone out there got a SMART front bike light set, as featured in the Edinburgh Cycle Co-op catalogue on page 53 - and if so could I please borrow your charger unit ? I've managed to mislay mine and am getting a little concerned at having left the battery drained for a few weeks now. Hilary's number is (0131-664-1113).
- If anyone is planning on going to the Scottish Night Champs at Carmichael could you take Gillian's trophy back because she can't go. Phone Mrs Godfree on (0131-667-9747).
- Does anybody have the name/number of a good and reliable painter and decorator? If so phone Darina on (0131-662-8972) and let her know. Don't forget to charge your commission for introduction !
- Have you seen the O-ladder to be found at www.hilaryquick.co.uk/oladder.html or via a link on the SOA website ? It's meant to bring a new, enjoyable and competitive angle to orienteering and is growing rapidly. Full details on the web. I've had a quick look and think it seems a fun idea although I don't know anyone bad enough to challenge and beat although I did notice that the new editor of SCORE seems to be languishing at the bottom. Obviously this new job is weighing heavily on his performance !
- Ben and Heather (0131-447-9121) would like you to know that as last year there will be a selection of festive events in the north of Scotland over Christmas / New Year: Saturday 29th December - BASOC - maybe Inshriach / Uath Lochans. Sunday 30th December - INT - Granish / Loch Vaa. Tuesday 1st January - INVOC - somewhere just north of Inverness. It would be excellent to see a group of Interlopers up there. They're staying in Insh probably from Saturday 29th December - Saturday 5th January.
- Remember the ESOL3/ESOA champs at Archerfield on the 28th October is an Interlopers Inc. production. Organiser par excellence, Fiona, may have asked you nicely, and having probably been ignored may now be hassling for volunteers for all of the usual jobs on the day; starts, finishes, string, car-parking, entries etc. Any offers gratefully received.....
Phone Fiona on (0131-229-3942) and offer your services now ! PS, In case you don't see an Archerfield flyer, please remember that the car parking and starts are not in their normal place due to the development work having already started. We will be using the public car parking areas at Gullane Bents.

a couple of last minute messages which have winged their way to me. the first instalment of National Buffoon's American Vacation and has anyone got room for a 19 year old Scandinavian girl ?

It's still Thursday over here in the US of A. Our compassstrop has just navigated its way via a number of intermediate check points to our mail box. A certain member of the Ackland clan is feeling a teensy bit gutted at the caption to the photo on page 28, which doesn't accord with the version of events as he would like to remember. "Despite my legendary sprinting ability, 'Steve Birkinshaw enjoying a leisurely 6 day finish' seems an unduly harsh description of our head to head sprint."

Meanwhile in NJ, Graeme is busy mapping the forest in our back yard, which requires circumnavigation of deer, woodchucks, and skunks. There's orienteering to be had each weekend, and we're getting our money's worth of time spent in the forest. They like lengthy courses presumably to justify the ample food supplies at the finish. During the week, there's a strenuous programme provided by the local road running club, who run in sociable packs and discuss anything from PB's and minutes per km to PB's and miles per km. Perhaps I'll get a shin splint soon.... There's a Hymanesque touch to the streets around us, which are marked out with white arrows corresponding to their tortuous night runs.

The boy is in his element as the local parks have brilliant playgrounds, and lots of ponds suitable for acorn and stick missiles. He hasn't hit a turtle or a Canada goose yet, though the opportunity is there. Hope there's some measure of INT success at Newborough.

Jane Ackland

Forwarded message

Date: Thu, 18 Oct 2001 17:08:53 +0200

From: Ida Thuresson Thurida@hem.utfors.se

Subject: I want to go to Edinburgh!

Hello !

My name is Ida Thuresson. I am 19 years old and I live in Kristianstad in the south of Sweden. This spring I graduated, and now I've got nothing special to do for the rest of this year and in the beginning of next year. Since I want to improve my English and also train orienteering, I found out that Scotland would be a nice place to go to. I've read at your homepage that you might perhaps be able to help people to get to Edinburgh. I wonder if you perhaps also could find a place where I can live while staying in Scotland ?

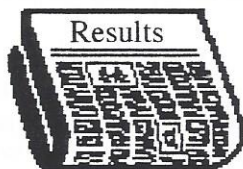
At first I planned to go to Scotland in the beginning of next year, but now I'm so bored of doing nothing here at home, so I would like to get away a little earlier. Perhaps I can persuade a friend of mine to accompany me, but she has to study until the end of this term, so she can't come until after New Year. Do you think it is possible to find some kind of accommodation where we both could live ?

I hope you can help me!

Yours sincerely

Ida





ESOL 2000/01 Final Placings (Best 3 out of 5 events)

White

1st	Mark Haley	M6	302
13th	Christopher Galloway	M10	116
27th	Iona Turner	W1	30
28th	Heather Walton (+J)	W	27

Yellow

1st	Stephen Haley	M10	380
5th	Scott Fraser	M16	139
14th	Mark Haley	M6	93
16th	V. Powell	W21	83

Orange

22nd	Calum Inverarity	M12	83
------	------------------	-----	----

Light Green

2nd	Ray Heyworth	M70	356
3rd	Graeme Haley	M35	354
19th	Connie Laener	W40	137
27th	Darina Cunnane	W21	119
37th	Jane Dawson	W40	102
41st	Janet Walton	W35	99
45th	S Turnbull	W21	90

Green

2nd	Neil Turner	M21	384
14th	John Barrow	M55	280
22nd	Janine Hensman	W21	197
27th	Gillian Godfree	W21	170
33rd	Mary Ker	W21	148
43rd	Graeme Ross	M21	129
48th	Karen Dobbie	W35	120
57th	Janet Walton	W35	108
62nd	Jo Mein	W21	103
77th	Scott Fraser	M16	95
95th	Jane Dawson	W40	78
97th	Keith Turner	M21	77

Blue

17th	Tamas Toth	M21	257
20th	Ann Haley	W35	235
21st	Heather Hartman	W21	230
22nd	Bill Mason	M50	220
24th	Niall Inverarity	M18	206
25th	Karen Dobbie	W35	202
44th	Gordon Ross	M40	113
44th	Keith Dawson	M40	113
51st	Darina Cunnane	W21	103
61st	Fiona Weir	W21	98

Brown

2nd	Ben Hatman	M21	385
3rd	Ken Daly	M35	375
6th	Hilary Quick	W45	276
7th	Colin Inverarity	M45	249
8th	Rob Lee	M35	234
9th	Graeme Ackland	M35	232
10th	Murray Strain	M18	218
11th	Paul Caban	M35	214
14th	Julian Hall	M35	201
18th	Barry Owen	M50	169
25th	Colin Eades	M21	119
26th	Gillian Godfree	W21	117
29th	Anthony Squire	M21	112
32nd	Graham McIntyre	M40	108
39th	Alastair Matthewson	M35	102
43rd	David Jones	M35	99
43rd	Heather Hartman	W21	99
48th	Pat Bartlett	M21	96

A somewhat abbreviated series this year but here are how various club members performed for their pride or embarrassment. Family of the Year award must go the Haleys with two first places from the junior section, Grandad, second on Light Green just narrowly edging out son-in-law, with only mother a disappointing 20th on Blue. Get your act together this year Ann for heaven's sake ! Good results from Neil Turner saw him take second on Green. If it hadn't been for foot and mouth, Neil . . . Obviously Interlopers never really got going on Blue last year as there is usually a closely fought struggle up nearer the top between Heather, Ann and Bill. Despite the curtailed series Brown surprisingly saw the most club entrants. Alas for Ben, Martin Dean seemed in invincible form in most of the events. The question of how seriously these results should be taken must be highlighted by the fact that an out of condition, directionally challenged fortysomething came seventh. Eat dirt Lee and Ackland (or go to more than two events !).

Sunday 30th September ESOL1 (TO) Drumbuie Wood, Dunkeld

White 1.3km 55m climb

9th	Tina Lardner	W8	49.25
-----	--------------	----	-------

Light Green 3.9km 230m climb

4th	Ray Heyworth	M70	113.50
-----	--------------	-----	--------

Green 5.0km 235m climb

7th	Pat Squire	M50	101.53
	Fiona Weir	W21	dnf

Blue 6.8km 250m climb

1st	Heather Hartman	W21	75.17
6th	Brad Connor	M21	86.41
11th	Hilary Quick	W45	101.10
	Gordon Ross	M40	dnf

Brown 8.2km 300m climb

1st	Ben Hartman	M21	71.15
7th	Ken Daly	M35	101.16
10th	Paul Caban	M35	109.45
12th	Ronnie Lardner	M45	153.08
	Barry Owen	M50	dnf

I had a twinge in my hamstring one Tuesday evening up at the Meadows towards the end of August and despite 'resting' it seemed to be taking an age to clear away so when I woke up on the Sunday morning to find it chucking it down, being very weak mentally, I decided not to go. I haven't heard any first hand accounts from club members but I was talking to Bill Stevenson on the Tuesday after when I returned to the Meadows and he in his usual understated way ventured that people perhaps found the courses a bit on the long side and that the weather hadn't helped either. I think the times speak for themselves. There were a lot of treble figures out there. Poor Ray was almost clocking 30 minute kilometres. Nice to see old 'Hopalong' Squire returning to active duty. What a way to speak about the man who has accepted the poisoned chalice of overall Co-ordinator for Moray 2003 ! Our new chairperson proved what an inspirational leader he is going to be and his wife did quite well also. Fiona, Gordon and Barry were far from alone in not completing their courses. Ronnie obviously stuck it out to the bitter end but probably wishes he hadn't. Could it get any worse than it was that day, folks ?



Sunday 7th October ESOL2 (KFO) Devilla

White 1.3km 10m climb

3rd Mark Haley M6 18.45

Yellow 2.1km 20m climb

1st Stephen Haley M10 33.10

Light Green 3.25km 55m climb

12th Clare Lardner W40 75.40
Ray Heyworth M70 m9

Green 5.25km 55m climb

4th Jo Mein W21 56.04
5th Ann Haley W35 58.10
11th Helen Murray W35 65.25
13th Pat Squire M50 68.31
17th Fiona Weir W21 71.03
19th Karen Dobbie W35 71.36
23rd Ruth Pyatt W21 76.12

Blue 7km 90m climb

1st Jason Inman M21 55.06
3rd Rob Bloor M40 63.17
4th Janine Hensman W21 63.38
5th Heather Hartman W21 67.24
20th Bill Mason M50 92.08
24th Hilary Quick W45 98.25
27th Steve Ambler M50 99.49
28th Mary Ker W21 101.01
34th Ronnie Lardner M45 108.38
36th Graeme Ross M21 112.15
Gordon Ross M40 dnf

Brown 9km 125m climb

1st Dave Godfree M21 61.45
6th Chris Godfree M21 68.57
11th Ben Hartman M21 75.03
14th Colin Eades M21 82.08
15th David Jones M35 82.36
16th Pete Tryner M21 83.38
17th Gilian Godfree W21 83.52
22nd Paul Caban M35 96.52
24th Lorna Eades W21 101.18
29th Brad Connor M21 113.01



So although I was running on Tuesday by Thursday I'm in bed and off school with the sore throat, runny nose, pounding head thing that has been doing the rounds so I'm in no fit state to run on Sunday. Being nearer to Edinburgh there is a bigger turn out of Interlopers here. The comments on the web page suggest that Devilla's network of paths and relatively flat terrain may catch out the unwary amongst us who underestimate the technical difficulty in some of its areas and that may have been the case with some here. A longish Blue course seems to have persuaded some to opt for Green. Jo does well to hold off Ann. Looking at how competitive it is on Blue I think I'll consider Green myself when I return to match fitness. Is Jason an official Interloper or is he just pretending in the results? Ronnie obviously decided that Brown was a bad idea last time and GRoss dnf's for a second week in a row. Obviously he's not into this competitive lark and just enjoys the run. On the Godfree course, Dave is the winner (coming into form with the British Championships ahead), Pete Tryner resurfaces after a long sojourn somewhere and it has to be pointed out that the new editor of Score is this week beaten by a woman who is up all night feeding a baby and changing nappies. Obviously journalism and orienteering don't mix!

Sunday 16th September 11 Person Relay (FVO) Beecraigs

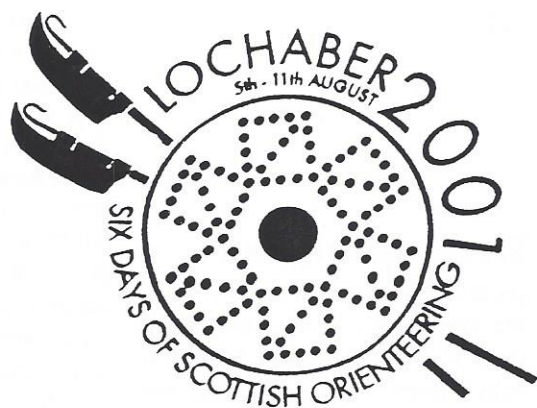
1st Forth Valley Orienteers 1 155.47
2nd Interlopers 1 164.22
3rd Border Liners 206.10
4th? Interlopers 2 (n/c) 215.25

OK, I know it's out of place chronologically speaking but I didn't know how much I could remember about it so I didn't know how much space to leave. The problems a newsletter editor has to face. Anyhow I'm now struggling to remember what the actual teams were but I think I've got a fair idea. The Central Belt location helped participation this year so it was encouraging to see 17 teams present. There were some no shows as could be expected but it was disappointing to see such a low turnout from northern clubs. No INVOC, MAROC or Moravian. Anyway it was a nice day for it. It was strange arriving at the Assembly and finding Interlopers not in a vivid yellow and green tent but in a semicircular affair cour-

tesy of Scottish Orienteering Tours (shameless advertising plug for which I expect to be renumerated). There were the usual "Will you be prepared to run this leg because x isn't here yet" requests. First talking point was the spectator control in a 'Clearing' near the barbecue site. It was certainly open but only because that part of the forest had been felled and was now an area about 100 metres square thigh deep in brashings in places. Chris and Rob (Bloor) had the unenviable task of leading off and not screwing up for our 2 teams. In true Interlopers fashion, Rob (INT2) reached the spectator control before Chris but maybe he had a shorter first loop. Chris did eventually make it back before him and was in 2nd or 3rd place. It wasn't too long before Rob was back and setting off me, Niall and Ruth. As for what happened to relative positions after that things got a bit hazy what with me being out so long. I hesitated en route to 1 and started thinking too much. By 2 my hamstring was beginning to nag away again so I knew I was in for a slog. I hit the spectator control at 7 alright but promptly headed off at the wrong angle for a leg which Rob (Lee) did in 1m11s and I took 12 minutes for!). Just as well we were noncompetitive. We didn't actually have 11 and we didn't have the proper male/female balance. The rest of Team 1 seemed to be coasting along nicely (Ben, Ken, Heather, Jane, Hilary, Gillian, Graeme, Darina and Rob) but couldn't catch a strong FVO team. Dave was over 10 minutes behind when he set off on the last leg. He posted the fastest time on his course but could only claw back 2 minutes. A gallant try! The curse of Interlopers strikes again! As for the duffers, poor Dave Jones suffered the ignominy of mispunching No. 1. Honourable mentions go to Gordon, Graham Mac, JB and John Mitchell who enjoyed it so much that he ran twice. That'll be his orienteering for the next 2 years! Fastest times on their respective courses were posted by Dave, Gillian, Ken and Mr. Lee (twice). He sportingly stepped in and ran an orange leg for us and finished 4 minutes faster than anybody else. What do you think of that Tobias? Thanks to Gordon for the use of his tent, Gillian for her efficient organisation, FVO for the nice fridge magnets of Linlithgow Loch but no thanks for dragging me through a lot of kak which seems to have befallen Beecraigs. West Lothian seem to have let their management of the Park slip and to me anyway it's nowhere near as pleasant an area to run in as it once was.

Day Zero - Lochaber High School

Things aren't as rushed as Highland 99 as we're not running on the Saturday so after we've located the house where we're staying, which is in North Ballachulish rather than Onich, (Urban sprawl now blights the West Highlands) we make the first of many journeys up Loch Linnhe to Fort William. On cue as we reach the Event Centre we receive what no true Highland holiday is without - Rain! The 6 Days this time round is not going to compare with the extravaganza which surrounded WOC in 1999 but even still, first impressions are that this is going to be a low key affair. Certainly the school car park looks less than busy and there only seems to be one bus whereas normally there are hordes of foreign orienteers. Is Foot and mouth scaring people away? Is Lochaber too far way for many of our English competitors? Needless to say our Professional Officer is around exuding warmth and bonhomie. Over to Compass Point and in no time 2 pairs of O-shoes and a pair of bottoms are purchased and I'm £149 lighter and I haven't even run a step. Niall's shoes are falling apart and Ruaridh's feet must have had a spurt at some time because none of his fit Calum properly. Rick's business must be feeling the pinch because there's no discount for me. After a brief look inside the school where nothing much seems to be happening it's back into town and whatever the main supermarket here is. Safeway's. Inside we cross paths with Anthony and Vicky, Chris and Ruth and Ben and Heather and various other recognisable faces. Has the SOA or anyone ever measured the economic impact on one of these stores during the Six Days? It would have made a good Higher Geography Practical Exercise for those of you who remember them. Stocked up with the basic necessities it's back to NB and the mental torture of working out how long it's going to take to get to the event tomorrow, who is off first, how much time do we allow for walking from the car park, changing, getting to the start etc. My brain hurts!



nevisport

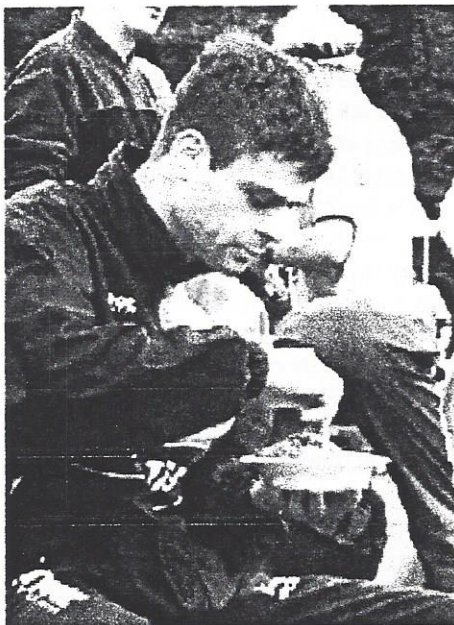
Day One - Achdaliu

Of course there's road works on the A82 between Onich and Ft. Bill which I will have to add into each day's equation. We're next to the Outward Bound Centre at Loch Eil but as it's in a classic U-shaped valley there isn't much flat land around the Centre for parking so we're being bussed from the Event Centre. The gods do not smile kindly on us as we don't make the cut for the first bus that arrives after we join the queue. How long is it going to be? At last! It's a shoogly, rickety ride along the road and way past the Assembly because there's no easy place to turn a double decker bus. As might have been expected in the Assembly Field we have to make do with a Virtual Tent as it is tradition in Interlopers for the tent never to be there on time for the first day. It does eventually arrive but I'm changed and mentally attuning myself for the rigours ahead and so selfishly give the bare minimum of assistance. I come in useful tying the cords which no one else can reach when we lift the tent up. Off to the start. A hike along the road with the boys. Arrive at the Start and try to encourage Calum who is Mr. Misery. Finally manage to work out where we actually are on the display map. Watching competitors on his course to set him off in the right direction to the first control. I do something I haven't for some time at a Six Days. I manage to find my first control with little difficulty. En route to the next one I overtake Les Smithard but as I go too high on the next leg he passes me. As I catch up with him on the way to 4 I suggest that he navigates and I do the running. I zoom away from him to the next re-entrant get No.6 fairly easily but totally screw up 7. I get to the fence but then just totally lose the place. There seem to be a lot more streams/ditches than there are on the map. Karen passes me during one of my many futile attempts at relocating. I think of following her but am too slow of brain by this time. I eventually find the sodding thing and then meet Karen looking for my number 8. This woman is on a par with me! Something tells me the control is higher up near the fence but looking at the climb up there I don't want it to be. But it is! I then go too low for 9 and have to struggle backup again. The long run in is just that. I overtake Bill and think, almost there now! Think again! Well, I've had worse runs. Hilary has thrashed me by 19 minutes. I'm in for a lot of embarrassment this week as we're running the same course. Elsewhere, my namesake Mr. Eades has a good run winning M21L, without any cares or wife or child for that matter. Graeme has a good run with the youngsters on M21E but has to confess to being towed around by S. Fishwick. It's success for Mr. Lenton on M21E. Stephen Haley wins M10B. Calum is out for a long 62 minutes for 2.5kms. Niall is in for a hard week being a first year M18 and not really accustomed to these 8kms+ runs so he's out for a while. Young Scott Fraser finds it hard going on M16 as well but no doubt he'll be on a steep learning curve.

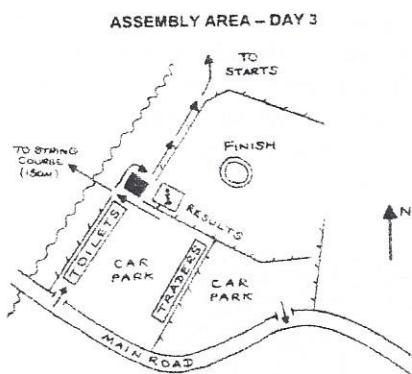
Day Two - Gorsteane / Strathmashie

It's the usual field across the road from the assembly area. Despite the number of times I've been here before I've never actually run in this forest. I've either been helping organising an event or injured. Today the tent is up. The main band of Interlopers are just along the road a bit in Roy Bridge so this is their local day. Martin has got here early and decided he wants the best view so we're parked on top of the highest knoll in the field and have to lug all our gear up there. It was worth it, Martin! He has no intention of wasting too much valuable time with all this orienteering nonsense and is comfortably ensconced in his chair reading *The Guardian* when I depart. Calum and I pass Steve Ambler on the way to the Start and we give each other words of encouragement. It's not such a long trek today. I do some stretching and try to encourage my youngest son. We spot the Swede who won his course yesterday and watch where he goes. I'm off and am pleasantly surprised how nice this forest is. I had the impression it was a mass of coniferous plantation but it's quite open and runnable for the most part. Of course once I'm out onto the open moorland I start making mistakes and convince myself I've gone too far for No. 4. Off to No. 5 and it's across the river. No. 6 and I'm confused by the rides. 6 to 7 and it's back across the river. 8-9 and I'm crossing the river again. And just for a change I'm getting my feet wet again on 10 to 11. It was the old lob a square in the middle of the run and see if you can confuse them with their bearings trick. A slight hiccup finding the spur for 12 but I manage to relocate fairly quickly and then it's polish off the last few controls in the open area in front of Martin and everybody else who is at the tent. I could have navigated that section better but overall I'm still pleased with my 54 minutes and 23 seconds. Hilary comes back and she's not too happy today. Some "fat old goats" had been standing in her way or hiding a control which cost her dearly. Fiona comes back beaming, happy that she's come back in under an hour for the first time in many an orienteering event. Scott has had a better run and is also much happier. Niall has a stormer today and comes back 40 minutes quicker than yesterday so he's dead chuffed. Murray has come back from foreign climes and has won M18A comfortably. Calum managed to get in tow with his pal Fraser from SOLWAY who represents

the dark side of the force and they've ambled round together. Even so he's still 7 minutes faster than yesterday. Mr. Lenton wins again as does Mrs. Ackland. As we're heading off we come across Bill and Emma. Bill's happy with his run, courtesy of Barry leading him into a few controls and posting a faster time.



The filthy paparazzi who shot this captioned it 'Rob Lee v Wilf's Chilli - No contest!'



Day Three - Ardchattan

We're up early today as we have to go to Oban before the event today to take my wife to catch a train. She's doing an Early Education course with Glasgow University and as fate has it they've decided to have their 3 days of lectures in the middle of our Six Days. We go to Oban rather than Fort William because of the time of the trains, the lower cost and the fact that it's in the direction we're going in.

This was going to be one of our easy days. We thought Onich would be central to the events which were scheduled before foot and mouth occurred. Today is the day we and a host of other orienteers get stuck behind the ancient dormobile trundling along at 40 mph and braking at every corner which is an obligatory part of any Six Days. Having deposited Janice at some ungodly hour in Oban it's back across the Connel Bridge and winding along the unclassified road in the wrong direction to Ardchattan. We have some time to kill before our run. It's a bit of a hike up the hill to the Start but we're treated to an impromptu display by 3 RAF planes, although only two of them reappear for a second sortie. It's rather hummocky up top with little flat land or suitable trees to lean against and stretch. I do manage to find a trailing root and trip over it and whack my leg. I now have a whacking great graze on my leg, blood seeping through my O-trousers and I haven't even started. So's chatting with some of the English lads he's met on training camps. Ray is limbering up. Fiona like me has arrived early and is trying to kill time before we're off. There are very few controls today (8) and it's open moorland. That's my kind of terrain. I've caught up with John Barrow on the second control of my course. Checking afterwards I'm actually in the lead by control 3. Then comes the 1.5km slog across the hillside to 4. I was fairly confident going along the crest of the ridge but in the end I've been dragged down too low and I end up in clueless mode. After a bit of dithering I suss out where I am. The indecision continues for the next leg and I convince myself I'm going to the wrong re-entrant and waste time here. I was going to the correct one. Having overtaken Murray's mum en route to 4 she's now in front again. Things improve as I bomb down the slope and hit the spur at 6 spot on. Still careering crazily downhill I overtake Sheila before 7 and then make the mistake of following JB going the long way round the thicket to my control in the belief that it's safer and quicker. I had been watching competitors from on high at the Start as they headed to the finish. Wrong choice and more time lost. I'm still back in 48 minutes and 54 seconds. What would my time have been like if I hadn't made those silly mistakes. Heather runs well today and is in strong contention for W21L now. Mr. Lenton wins again. Going back through the car park Calum says he's going to fix the Columbus and make it a Calumbus.

Day Three (+1)

Hooray! We don't have to do any setting up for our day on the Rest Day. Rather than lounge about doing nothing all day I drag the boys out and head to Mallaig not having much imagination. Strangely for such a popular tourist destination there is nothing that really inspires or appeals to me in the area. I'm certainly not doing anything strenuous like going up Ben Nevis or kayaking or mountain biking and there don't seem many obvious visitor attractions which appeal to the boys. Going to Mallaig gives me an idea of how long it will take us to reach Arisaig on our day as well. For me the enjoyment is in the journey there but it seems like a bit of a drag to an almost 12 year old. Mallaig isn't exactly the most picturesque of destinations. Of course, when we arrive there we find that much of the orienteering population has had the same idea. We've driven in just after the steam train and within a matter of minutes we've run into Phil and Judy and various offspring. Phil recommends the chip shop which we check out later. I treat myself to a baked potato with Mallaig prawns. Rather on the pricey side but they're probably the best prawns I've ever tasted until Carlsberg decide to start making them. After filling ourselves up there's not much to do but head back. We leave just as the Haleys arrive. Lots of people have decided the Silver Sands of Morar is their destination for the day. Charlie and Janet amongst them we found out later. It was abit tricky navigating through all the cars parked at wonderful angles sticking out of the passing places and on double bends what with the construction traffic as well. As we pass Arisaig we decide that the terrain looks challenging. We played chase the steam train later on which disappointingly we won rather easily. So, a lazy day not doing much. It'll be different on Day 5!

Day Four - Gorstean / Strathmashie

I'm fairly optimistic as we head back here again. I have a ridiculously early start 10.03 a.m. so I'm afraid I don't lend a hand with the tent. Kit on and I clear off along the aqueduct to the Start. I pass Peter Halling, the overall technical co-ordinator sitting on a pile of logs scrutinising what's happening. He had a rueful smile on his face which should have warned me. I start off ok but it is definitely harder going today. Conditions are a mite tricky underfoot. In fact they're horrendous in the bits of the forest I'm going through. No. 4 - don't go far enough. No.5 - overshoot. No. 6 very slow pace. Not helped by going on a bearing for 7 to 8 for some reason. 8-9 I'm bent double hacking my way through some 'Walk'. I then head for a crag instead of a re-entrant. By 12 I'm past caring - my brains are mince. I haven't even got a thicket on my course. Oh did I not say - this was the ESOC day. The reason of course has to be that the Day 2 lot bagged all the best bits of the forest so Dave Kershaw was left with the kak to plan his rescheduled courses in a drastically reduced time frame. I posted my slowest run of the week. There was the consolation that many others on my course were finding it equally challenging. I'm not in the mood for hanging around afterwards so we slink off homewards. We don't have to go to Arisaig because Gregor MacFadyen and the STAG complete domination of the entire orienteering universe mob have sportingly volunteered to set evrything up for us. A big hand for STAG is called for. At night I drive down to Connel Ferry to pick up my returning wife and the missing son who has been way down in Margaret Thatcher territory in Grantham at Scout Camp. It'll be an early start for us all tomorrow.

Lochaber 2001 Day 4				
M18A				
Course 31		7300		185
▷		↗		◁
1	104	○		○
Use marked crossing point				
2	156	→	▷	▷
3	108	↑	▬	2.0m ⊥
4	170	▷		⊥
5	113	▷		⊥
6	174	▬	2.0m	⊥
7	114	▬	1.0m	⊥
8	176	○		⊥
9	177	●		○
10	117	↙	▷	⊥
11	119	↖	▷	⊥
12	120	●		○
13	128	←	▲	0.5m ○
14	186	▲	1.0m	○
15	200	▲	1.0m	○
16	210	○		○
17	212	Λ		⊥
18	217	○		○
19	222	▲	2.0m	○
20	233	Λ		
21	100	↗		◁
○ --- 100 --- ○				

HISTORICAL NOTES

If you drove from Fort William you will have passed Loch Laggan and Laggan Dam (built in 1931) on your right. This reservoir forms part of a remarkable power scheme for the Aluminium works in Fort William. Water initially flows along a 2.8 mile tunnel to the main storage reservoir at Loch Treig (adjacent to the day 6 area) and then on to Fort William down another 15 mile tunnel. The Lochaber Power House is the largest in the UK and contains 12 main generators each rated at 3.5 MW which produce 10,000 amps at 335 volts. The water eventually discharges into River Lochy close to the Event Centre.

A MOVING EXPERIENCE?

Perhaps the most surprised orienteer of the week was the unfortunate lady who was inside a toilet cubicle on Day 3 when it was picked up by the Scotloo crane!

The Lochaber Lingo

The Newsletter of the Scottish 6-Day

Day Five - Arisaig

LOCHABER 2001 - call that a holiday??? (or Hilary's bit)

As Scotland Veterans' Squad Co-ordinator, I had declared the Six Day to be the main selection event. I had to catch a lot of people and check they would be available for the Vets' Home International, keep an eye on their results, set expectations, quell fears etc.. I also hoped to perform well enough to select myself. I had at least made life a bit easier by entering W45 instead of denying my age as usual.

I won Day 1 quite easily, my one slight wobble being significantly smaller than everyone else's. On Day 2 I made two 5-minute blunders but expected to be able to discard that run. On Day 3 I went like a train, running strongly and navigating well, cleanly into everything - except No.3. Distracted by the long leg to No.4, I completely ignored the short leg from 2 to 3. I only noticed when I finished. Oh dear! Day 4 was OK, not brilliant but not disastrous. Similarly Day 6. Final outcome - 4th. Should have been 1st, but I claim distraction by other pressures....

On the way up to Fort William my car started making rather loud raspberry noises. By Monday it was clear I was going to have to get the exhaust looked at. When, I wondered?

I was also assistant controller for Day 5, Arisaig, that lovely but remote area. We spent a lot of nervous energy in the early part of the week worrying about the fact that at that stage the car park field was completely waterlogged and we had no alternative. We spent the Tuesday evening examining every individual map to make sure it was OK and in the right box, then sorting and bundling 119 SI units. Wednesday, the "rest" day, I spent 5 hours flogging around the area putting out SI units. That was after I had got my exhaust fixed. I don't mind admitting I was cream-crackered that evening.

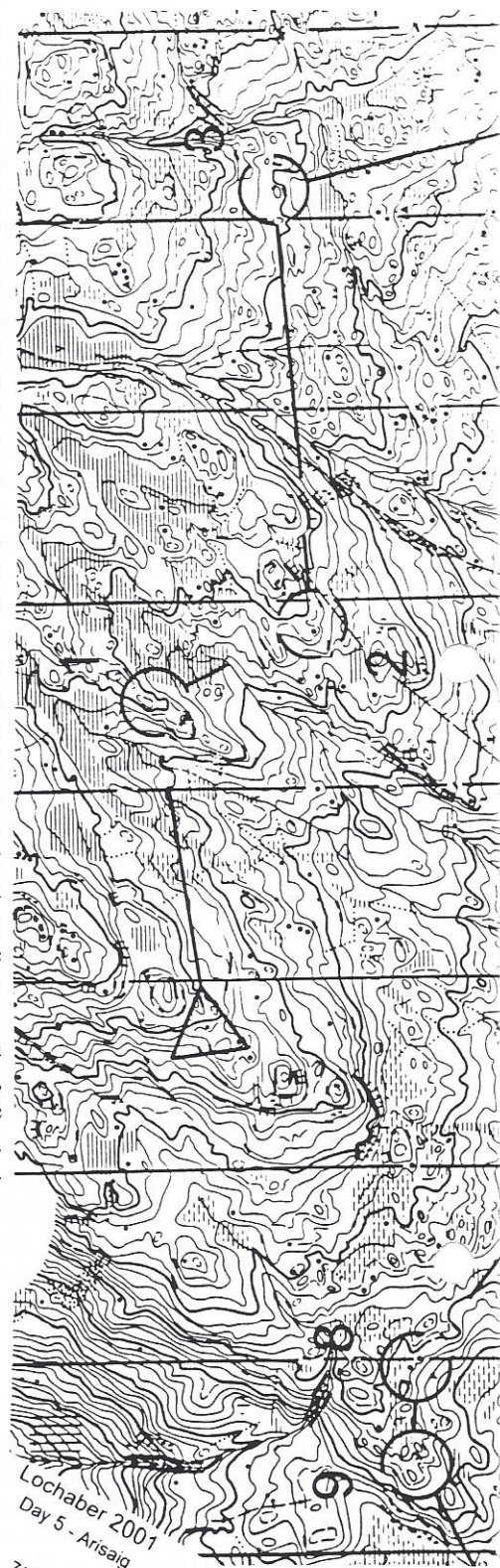
On Thursday, after my run, I went to collect some spare SI units, as arranged, before going out to Arisaig. Unfortunately the arrangements lost something in the translation into Swedish and I had to sit around waiting for 2 hours. I arrived at Arisaig just in time for midge levels to be at absolute maximum as I walked in to the area and pitched my tent. The idea was to have an outpost well into the area to cope with any problems with competitors or SI units.

Unfortunately radio contact proved to be possible only if someone was up on the ridge above the mast - a 20-30 minute walk from assembly. People got bored with that so I spent most of the day happily watching the view, the steam trains and lots of perplexed orienteers. I also liked the low-level RAF visit, which crept up from behind me at 60 zillion mph and resulted in a change in my underwear colour. When only a handful of people were still out there, I packed up and walked back. An hour later, just as I got near the mast, my radio crackled into life and Heather asked me to collect in some controls. I didn't need the radio to reply to her, we had now met at the end of the track. So we flogged out to the far end of the map and collected some controls, then back and down to the car park field. An hour or so to separate and sort T-bars, kites, SI units. Paul says "You're looking thin - Are you eating properly?" (a touching question but it's a bit rich coming from Paul Rice-Crispie Caban of all people). "Stand sideways" said Colin E. "Oh where's she gone?" Ha ha. Someone invites comparison between T-bar and me. "T-bar has more upper body shape" says Paul. Ha ha ha. No energy to hit him. Eventually we adjourn to Arisaig Hotel and stuff our faces. I'm not sure where I found the energy for Day 6, but somehow I did.

On Sunday I had a rest - went to Loch Cluanie and climbed a couple of Munros, taking me over the 200 total. Did I enjoy the week? Of course I did. I'd hate to be idle. I just don't remember much about the orienteering.

Hilary

2425 Colin Inverarity
1(168) 4:31
2(211) 4:31
3(167) 2:08
4(146) 15:56
5(163) 9:17
6(248) 20:17
7(220) 4:21
8(126) 23:04
9(198) 2:47
10(240) 5:20
11(238) 1:11
12(191) 58:43
13(100) 59:16
59:24
0:08



Lochaber 2001
Day 5 - Arisaig

INT
6(248) 28:24
7(220) 30:31
8(126) 47:23
9(198) 48:34
10(240) 52:12
11(238) 54:05
12(191) 58:43
13(100) 59:16
59:24
0:33

Day Five - Arisaig (again !)

We set off fairly early and we make quite good progress but we get slowed down as we approach the car park. I get an ominous feeling that things might not be running smoothly. I see Darina and Ken and Scott directing traffic and Martin is handing out the Lochaber Lingo. I thought Lakeland were helping us. I hope that the Interlopers organisational structure isn't creaking already. At the finish tent a slightly harassed JB is happy to see us. He was getting a bit worried wondering where we were and was thinking of phoning us. As he didn't have a contact number that was a fairly stupid thought. Everything seems set up and ready to go. The SportIdent guy gives us a brief, no-nonsense run down of what to do and what hassles we can expect to get from unhappy orienteers. We certainly seem well staffed for helpers as Dawsons, Amblers, Haleys, Watson/Burkes and Waltons arrive. In fact we've probably got a surfeit but that might change as the day wears on and the numbers returning increase. We get into the routine, tell the competitor the time, ask if it's a hired SI card, go round to the other side of the tent, cutting up results sheets, handing them out, did you mispunch ?, etc. The weather suddenly took a turn for the worse and it started chucking it down. It looked hard going out there. Controls 211 and 107 seemed to be causing problems. Lots of suggestions were put forward on how to remedy the situation. Communication seemed a bit of a hit or miss at times and for much of the day Hilary remained this mysterious presence crackling in through the ether every now and again with no one really sure where she was. A rather unhappy Bad was amongst the first finishers. He didn't seem to have enjoyed his run. When Barry comes back John gives me permission to slope off for my run. Fortunately the weather has cleared up now. What a hike to the start ? What sadistic maniac thought that one up ? Sorry, scrub those last two sentences. The walk was invigorating and afforded wonderful views over towards the Small Isles and as I was making my way to the Start I thought I'm glad I don't have to run up this during my course. Things did seem a bit stretched up at the Start. KFO seemed to have persuaded some non-orienteering friends to help out and I think they were beginning to buckle under the pressure. I did my stretching and

made a quick exit running off myself on 30 seconds on a punching start. It certainly is technical. Lots of squiggly lines. I'm fortunate to catch up with what I assume is a W45L competitor and she leads me safely into No. 1. My confidence increases but I get too lax and overshoot 3 and waste a bit of time finding it. I get into a steady groove and get to the turn and then it's the long leg slog back along the hill to 8. I'm in with a group who are going full pelt in that general direction. The mind starts playing tricks. Are we going on the right bearing ? Is that guy not going off a bit early ? Is he on my course ? I stick to my bearing and hit it fairly cleanly. Now it's the downhill charge to the finish. Things go well but then it's the last control bingo in full view of everyone again and I make a complete prat of myself. I feel quite exhilarated at the end of it all. It had been a challenging course, I had made a few mistakes but I had what proved to be my fastest run of the week and I was up near the top of the leader board. A quick change and back to the Finish Tent. Things seemed to be running smoothly. Technical wizard for when things go wrong, Robin Strain, had gone off for his run and we now had the expertise of Patrick Walder. The boys were still on duty. Ruairidh hadn't worked up the courage to go out today and Niall decided he needed another rest. Calum had had quite a good run and was already back. Ackland has forgotten his trainers today and has had to run in Rob's. Elder statesman, Pat has come up for the day to lend a hand and we catch up on his news. Fish is hovering around with his camera looking for artistic shots, photographing the piles of water bottles and things like that. Although I say it myself I thought we held up our end of things very well although maybe that wasn't the verdict at the feedback meeting. With the last competitors winding their weary way in I foolishly volunteer to go out and collect some controls and even more surprisingly Ben accepts my offer. Fortunately me and Niall are given the nearest field. Poor Tim got sent back up to the top of the hill and him leading off in the chasing start tomorrow. So it was back on with the soggy socks and trainers. By this time aches and pains were setting in and I probably fell over more collecting the controls in than I did on my course. Aren't those T-bars heavy and awkward, especially when those KFO guys had shut all the gates before we got back. One day left !

Day Six - Fersit

We've had a few downpours during the week but they haven't lasted too long. Today the rain is a bit more unrelenting and as it's rather muggy it's a bit of a midgefest around the tent today. It's a real slog to the start today I feel and we don't have the satisfaction of admiring the 14 Munros because the mist is down low. We can see competitors heading for their first controls over the valley. As I set off I go too far upstream and have to double back. Going through the moraines to 2, I end up well and truly lost. My thoughts have been a bit negative I'm afraid. After that though things are fine from 3 to 9. On the way to 10 I do my good deed for the week and stop to help a little girl and of course my concentration goes and I waste time here. 10 to 11 and the going gets tough underfoot. I'm fortunate in not having many controls in the worst area unlike quite a few others. 11 to 12 and I manage to run cleanly down the spur. I'm going hell for leather now with these last controls. 13 - I'm at the fence and then it's the finish. A reasonable run ! Better than I expected after a fairly dismal start. Is it enough to get me in the top 10 on M45S ? I'm a bit tired now and don't socialise as much as I should back at the tent. Calum's had another good run. Typical ! His confidence is returning, his times are improving and that's the end. Ruairidh has a steady run considering he hasn't orienteered in ages and Niall is reasonably happy with his performance. Ben wanders into the tent. Practically all of us have had early starts today but he's managed to wangle a later one having finished at 7.30 pm last night after starting at some ungodly hour too. There's good news as Mr. Lenton comes home wreathed in glory to take the M21E title which Andy Kitchin had won two years previously. Much celebration by Interlopers. As for the rest of you - sorry ! I was too tired to find out and analyse all your results so it's been more of a personal account this time. I hope it hasn't bored you too much and given you a flavour of what can be one of the most enjoyable events in the orienteering calendar. I headed down to the car and had my first and only Wilf's of the week. What willpower to resist so much temptation ! Having finished my chilli I dragged myself back up to the tent and handed over the obligatory bag of O-things which the boys have grown out of to Ann and that was Lochaber 2001 !

Day Six - Fersit

We've had a few downpours during the week but they haven't lasted too long. Today the rain is a bit more unrelenting and as it's rather muggy it's a bit of a midgefest around the tent today. It's a real slog to the start today I feel and we don't have the satisfaction of admiring the 14 Munros because the mist is down low. We can see competitors heading for their first controls over the valley. As I set off I go too far upstream and have to double back. Going through the moraines to 2, I end up well and truly lost. My thoughts have been a bit negative I'm afraid. After that though things are fine from 3 to 9. On the way to 10 I do my good deed for the week and stop to help a little girl and of course my concentration goes and I waste time here. 10 to 11 and the going gets tough underfoot. I'm fortunate in not having many controls in the worst area unlike quite a few others. 11 to 12 and I manage to run cleanly down the spur. I'm going hell for leather now with these last controls. 13 - I'm at the fence and then it's the finish. A reasonable run! Better than I expected after a fairly dismal start. Is it enough to get me in the top 10 on M45S? I'm a bit tired now and don't socialise as much as I should back at the tent. Calum's had another good run. Typical! His confidence is returning, his times are improving and that's the end. Ruairidh has a steady run considering he hasn't orienteered in ages and Niall is reasonably happy with his performance. Ben wanders into the tent. Practically all of us have had early starts today but he's managed to wangle a later one having finished at 7.30 pm last night after starting at some ungodly hour too. There's good news as Mr. Lenton comes home wreathed in glory to take the M21E title which Andy Kitchin had won two years previously. Much celebration by Interlopers. As for the rest of you - sorry! I was too tired to find out and analyse all your results so it's been more of a personal account this time. I hope it hasn't bored you too much and given you a flavour of what can be one of the most enjoyable events in the orienteering calendar. I headed down to the car and had my first and only Wilf's of the week. What willpower to resist so much temptation! Having finished my chilli I dragged myself back up to the tent and handed over the obligatory bag of O-things which the boys have grown out of to Ann and that was Lochaber 2001!



A motley crue of winners, family and/or hangers-on at the prizegiving
If it doesn't get photocopied beyond recognition you might make out
Back Row, left to right - Jane, Graham, Ann, Colin, Heather, Ben, Helen, James (+1)
Front Row, left to right - Mark, Stephen, Lorna (and Mairi), Tim



Interlopers Spook-O and Hallowe'en Party

Wednesday 31st October

**6.30pm onwards
down by St. Margaret's Loch**

**7.30 pm at Brad's
3F1, 15 Royal Park Terrace
0131-258-1518**



Mike Atherton
 Hon. President, Scottish Orienteering Association
 Birker House
 Insh
 KINGUSSIE
 PH21 1NU
 Dear Mike

27 September 2001

We are reluctantly writing to express our dissatisfaction with some of the content of the September issue of Score. We consider the 'Sixday Diary' to totally misrepresent the club's and most SOA members' views of the event - namely that it was a great success. It is completely unacceptable that the editor, in his official capacity, should write an article that undermines the sport's standing in the eyes of our funders and our hosts, namely the sponsors who inject much needed finance into our sport, and the landowners and those who live locally to the areas that we visit whose goodwill and tolerance we rely on.

It is also unacceptable for the editor to voice such stinging criticism of the event officials who worked so hard in difficult circumstances to make the event happen at all. It has not escaped our notice how many also occupy posts in the SOA, the 6-Day Company, or their own clubs. These are people who have made an invaluable contribution to the sport over many years, and who continue to do so. Their ongoing contribution must not be taken for granted.

For a good number of issues now, we feel that Score has not come up to previous standards. It is typically dreary and, with occasional notable exceptions, devoid of articles of real interest and lacking in substance. While appreciating that it is produced by a willing volunteer, we believe that our sport deserves a more professional publication with more meaningful content and one which is published more timeously.

We hope that the SOA Executive will now take whatever action is necessary to make Score once again a magazine for SOA members to take pride in.

Yours sincerely,

John Barrow, Hon. Secretary
 for the Interlopers Committee.

cc. Sandy Sinclair, Editor, "Score"



I was 3rd in the MTBO in Achray. This was my debut MTBO event. I did manage to crash halfway round on a wet wooden bridge, removing lots of skin from my left hip and badly bruising my shoulder. For the next week I couldn't lift my left arm above shoulder height.

Since this was my first (and so far only) orienteering this year, and I did three events last year and needed stitches in my knee after the 3rd one, I'm currently averaging one injury needing medical attention for every two events attended:-)

See

<http://www.scottish-orienteering.org/fvo/results/MTBO2001results.htm>

Steve

Club News

ramblings from the chair, our response to the infamous SCORE article and the first word in many a moon from Steve Conway.

From The High Chair

What a busy few months it's been! A great deal to look back on and a lot to look forward to as well. Looking back, first the 6 days - a triumph, and sincere thanks to everyone that helped to make it happen. On a personal note co-planning at Arisaig was a brilliant experience and it was great to see all the helping clubs rally round, as always, to put on a superb event. The process of gathering feedback is now in full swing, so if you have any comments for future events the Moray 2003 Central Organising Committee would like to know. Hang on a minute - that's us !!! Drop me a line if you have any comments to make. Personally I want to see longer walks to the start, gratuitous climb on all courses and parking in bogs as standard.

Looking to Moray 2003 I'm delighted to report that we now have a coordinator - Well done Pat Squire. I'm not sure that Pat knows what he's letting himself in for, but I'm quite sure that, whatever it is, Interlopers will give him every support.

Rather sooner, we have an ESOL / ESOA Champs to organise at Archerfield on Sunday 28th October. Many thanks to Barry Owen (Planning), Fiona Weir (Organising) and Dave Godfree (SI guru) for volunteering. Also various events have been mooted for November / December including Club Champs (Darina Cunnane's in charge as in traditional Interlopers style she came 2nd last year), Club weekend and Xmas / New Year events on Speyside in conjunction with BASOC and INVOC. Further details to follow. One last thing. The club is putting together a proposal for future Scotlandgaloppen series for discussion at the Club Delegates' conference on 24th November. This generated heated discussion and an almost unheard of vote at last night's marathon committee meeting. The main things that we're recommending are: SGs require 1st class maps and planning and, if possible, top quality areas, recognising that not all parts of Scotland have access to top quality terrain.

The existing badge structure should be retained for senior classes, but with a reduction in the number of technical courses. Colour coded courses for juniors and novices sounds like a good idea, but we'll go with whatever the rest of the UK is doing.

New courses for seniors who want a longer nontechnical course - equivalent to the old Red and infrequently run Purple (i.e. say 5k & 8k and about the same technical standard as Orange)

Premarked maps for everyone, irrespective of when they have entered. Print extra maps to ensure this is possible.

No significant extra charge for late entrants. We cannot afford to discourage people from entering.

1 map scale for each course - choice at the discretion of the organising club.

The existing points system to be retained. No scoring across courses as suggested by Donald Petrie in July's Score.

Speak to Ken Daly / John Barrow if you've got any comments to make.

That's all for now. Ben

M fortysomething



124

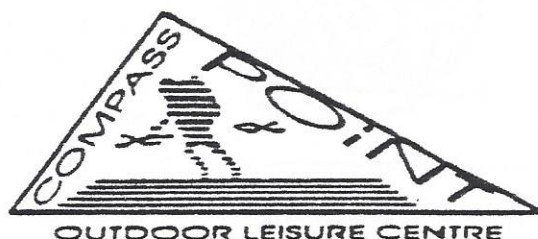
It's after 12 o'clock, I want to get this newsletter out today. What tosh can I write at the end here? How about all the bits and bobs I couldn't fit in elsewhere rather than a boring editorial. OK - agreed! So in no particular order of merit - I don't know if Paul has found a home for the club equipment he was wanting rid off yet. Perhaps you could ask him if you have a spare corner in your garage or a shed or a loft lying empty. We have managed to locate most/all (?) of our missing trestles. As suspected, Moravian were the culprits. We were intending to update the list of club equipment but I don't know if anyone has got around to that yet. Remember we're organising the ESOA Championships on Sunday at Archerfield. If you haven't offered your services to Fiona yet, do so now. Or you can turn up on the day and help. I'm sure we'll find something for you to do. Remember and park in Gullane though. Looking ahead we're down to do the Spring Cup in April. Gordon Ross is planning, Dave Godfree's doing the SportIdent but I think we're still looking for an Organiser, a Controller and someone to do the Entries (Gillian?). Volunteer to a committee member now. Further ahead in June we seem to have a team in place for the Scottish Championships held over from this year so I think we're alright there. Where do we need help? Ann Haley might appreciate some

bodies being present at Mortonhall on Saturday 10th November for the local event. Darina may be planning the Club Championships for a weekend near Christmas with the Christmas party held in conjunction with it. Tim was planning on holding it at his house but he's not sure whether he'll be around but put December 15th down in your diaries as the probable date and contact him nearer the time for the venue. I hope to have a Christmas issue out in time but you never know! And of course there's Moray 2003!

ESOA may have a junior development officer soon. The post has been re-advertised and Peter Coutts of ESOC may be taking up the post shortly. Please give him your support. What are the club finances like? At the last committee meeting Dave did his Manuel impersonation and said "I know nothing!". Paul having not handed over any of the books to him at that time. Come to think of it I haven't seen Caban for a while. Have you? The SOA have a Controller Training Course coming up sometime. At what grade I can't remember but if you are interested or want to find out more phone John Barrow for information. The next committee meeting is provisionally scheduled for Monday 12th November at Darina's, 29/4 Prestonfield Avenue. Be there committee members or be volunteered for something you don't really want to be.

Heading into the last column and it was nice to do some orienteering again at the Six Days. Thanks should be given again to Donald Petrie, our Professional Officer, for all the hard work and hours he puts in to help make it a success. Events are beginning to pick up slowly again. Unfortunately injury and illness have thwarted my resurgence in fitness and form. Still we do have an action packed November to look forward to. Hopefully we'll have lots of results and reports in our next issue and perhaps some of them might come from club members rather than you having to put up with my idiosyncratic and often biased view of events. Do feel free to make contributions to your hard pressed editor. Send me anything and I'll probably print it. Hopefully I'll be able to give a break down of Six Day Results in the next issue and we may take a trip down memory ride in our periodic irregular trawl through the back issues of the newsletter. The nights are drawing in, the clocks will go back soon, now is the time to show some steel and get out there and do some training. Get the miles in the bank over the winter months ready for the competitions in the spring. Remember the Meadows Intervals on Tuesdays at 7.55pm. Well, what do you know? - I've managed to stretch it out again! What more can I say but tha-tha-that's all folks and Happy Trails!

COMPASS POINT



For all your
Walking
Mountaineering
Camping
Climbing
Orienteering
and Fell Running needs

10 Market Square, Lytham, Lancashire
Telephone (01253) 795597
Email Rick@compasspoint.demon.co.uk

or from Darina at most Scottish events