INTeresting – 31 Oct 2019

Another Fight With the Night (Dean Village this time) has been and gone, and the last batch of 3 SoSOLs for the year kicks off on Sunday with FVO's Callendar Park event. Read on for more details …

Training

- SOA Level 1 Coaching Course at Mugdock (north of Glasgow) – Nov 30 – Dec 1. Cost £250 but you may be able to get funding from Sport Scotland (40% off course, but need to apply soon), ESOA and / or Interlopers.
- SOA Controllers Grade C Course in Linlithgow – Nov 23rd. £20.
- Full calendar of SOA training courses

News

- Some great results for club members in this year's Urban leagues. The Scottish Urban League completed at Erskine on Sunday. The best INT results were a win for Rachel Kirkland on Women's Open, and a second place for Paul Caban on Men's SuperVet. The final league standings also have an overall win for Rachel, and a second place for Paul. Paul meanwhile has won the North-West of England Urban League Men's SuperVet class.
- Robin Strain's SI training course last night was excellent, and very well attended, with Robin Galloway, Colin Inverarity and myself attending from Interlopers, and other attendees from as far away as Solway, KFO and Tay.
- There are no fewer than 3 SoSOLs (South of Scotland Orienteering League) next month! The middle one (Tay / Loch of Ordie) is the ESOA (East of Scotland Orienteering Association) Championships as well. This will be on the unused southern part of the map, with entries now open on Fabian4.
- We're still looking for planners and organisers for our programme of events for next year so do please get in touch if you are interested.

Forthcoming Events

- FVO SoSOL at Callendar Park – Sunday 3rd November (enter by Sunday 27th October)
- FWTN #3 at Blackford Hill – Thursday 7th November (details will be sent out on 3rd November, and I've been promised that the EUOC website page on FWTN will be updated by then_
- Junior Inter-Areas Competition – Saturday 9th / Sunday 10th November
- TAY SoSOL at Loch of Ordie / ESOA Championships – Sunday 17th November
- Club Training Weekend in the Lake District (23-24 November, contact lorna.eades AT ed.ac.uk)
- Club St Andrew's Day Party – Saturday 30th November, 7pm at 5 Strathearn Road (chez Carcas)

Regular events:

- Tuesday Intervals on the Meadows: every Tuesday, 7:30 for 7:55pm
- Thursday club training run (see 'Training' link at www.interlopers.org.uk)