

INTERLØPERS

ORIENTEERING CLUB

EDINBURGH

NEWSLETTER NO. 95

October 1994

95

One Wedding And No Funeral

The summer lull is over. It's back to school for the editor again and so things tend to be sidelined as preparation for work takes precedence. As the reminders and requests pile up you realise it's time to slave over a hot computer and get the newsletter out on the streets.

Well we had a good summer didn't we? Fairly quiet O-wise on the whole. I haven't heard of any foreign escapades and I haven't received any articles for publication surprisingly enough. The only orienteering I did was on our 'Day' at the World Vets Cup at Rothiemurchus. A fine day and a run in gorgeous surroundings. Mindful of the three hour drive back to Edinburgh I opted for a Blue course and didn't go at my hell for leather, making mistakes everywhere pace so actually finding some time to enjoy the scenery about me for a change. The only other orienteering event of note was the wedding of Mr. and Mrs. Conway. Control 1 at the end of August was the

Registry Office in Victoria Street. After the formal bit there was some cheating when a bunch of orienteers hitched a ride on a bus to Fife. Unfortunately the driver didn't realise Control 2 was in Aberdour and not Kirkcaldy. Serious drinking time lost there. Later on the older club members stumbled along in the darkness without the aid of head torches to the reception at Control 3 - Aberdour Castle, courtesy of Historic Scotland. A most romantic choice of venue. A very enjoyable evening was had by all, apart from Martin who didn't seem to like it when people kept leaving the door open. Those that knew, tried to keep the young ceilidh band right. The buffet was unbelievable. Unfortunately as everyone seemed to have stuffed themselves before hand none seemed able to do justice to it. Susan's dress was given a seal of approval by my wife so it must have been nice. Thanks for the invitation to a memorable occasion and all the best to Steve and Susan in the future from all your fellow Interlopers.

Way Behind Schedule Edition

**Juniors - The
Way Ahead?**

Nursery News

Six Days Update

Treasurer's Notes

**FTO - The Next
Big Panic?**

**and the Scottish
Championship
Results at last!**



Not Steve and Susan but a couple of aid workers married in Sarajevo in the same week.
Love is all around?

Our man in the LBOA, (Pat), has been busy again. Archerfield (again!) has been proposed by us as the possible venue for our LOL event on the 12th March although we needn't stick with this decision. At the most recent committee meeting various other possibilities such as Beecraigs, Kinneil and Calder Wood were bandied about. Young David Simmons has decided to cut his teeth and organise this prestigious event. Does anyone want to plan? Step forward Ben and Heather?

ESOC are to organise the extremely popular and well attended Inter Club Championships next year on the 23rd April at a venue to be identified. This event is possibly treated with even more condescension than the Compass Sport Cup. (See dnf later on in this issue).

The Summer Series starts on Wednesday 26th April. They're trying to get their act together this year as regards co-ordinating, publicising and encouraging school participation in these events. Could you help out in any way?

We have been asked to donate £50 towards the expenses of running the LBOA Junior Squad. With a fair representation of Interløpers among them, Lothian and Borders yet again won the Inter Area Competition outright this year. It has to be said mainly thanks to the girls though as the boys lost out to the North in their competition. The possibility of holding this event in conjunction with the Interløpers September Badge event was mentioned as a possibility next year. No extra organisation for us - just more paying customers. Interløpers plc will go along with that I should imagine!

Do you remember the LBOA Night Championships? The last one I seem to remember was when Rudolph and about 10 other people turned up at Bonaly one evening and they raffled out the trophies to save the bother of actually running round the courses. Joking aside, maybe I'm wrong. Has there been an event at Barn's Ness since then? Has there been an increase in demand for Night-O events? Why was it suggested that a championships could be held back-to-back with the Interløpers event at 'Archerfield'? We want to know!

Nominations are invited for the Jim Doig Memorial Award. This goes to the 'most improved Scottish Junior'. Can you think of anybody deserving of this award? Remember that the recipient does not need to be a 'successful' orienteer who has won lots of trophies or represented their country - An enthusiastic beginner whose skills have developed and whose times have plummeted can win also.

Want to have a say in orienteering in your area. The Annual General Meeting of the LBOA will be held on Thursday 20th August at 10 Rothesay Place (downstairs) from 8.00 p.m. onwards. Attendance there will virtually guarantee you being picked for some high office.



Treasurer's Notes

Summer Series

Two successful summer series events have been run. The profit to the club for each event was as follows: -

Colinton Dell £46.00 Blackford Hill £45.95

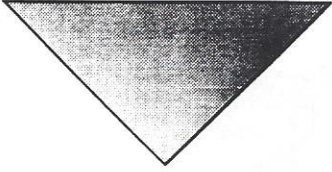
Blackford Hill had a slightly better turnout, but unfortunately the event was marred by disappearing equipment. This has had to be replaced at a cost to the club of £18.05. Future organisers beware!

Relays

Relays appear to be an expensive item in the club budget as the club usually subsidises entries. I am still looking for individual contributions from some of those who took part in the Scottish Championships at Airds Park and the JK Relays also. Be warned!

On a brighter note, some of you are still owed money for your participation in the last Compass Sport Cup match. Can you find me ?

Steve Ambler



You've heard about fungus wasting diseases and the re-emergence of the bubonic plague. Now there is an epidemic on the loose even more frightening for orienteers than Lyme's Disease.

Do You Suffer From FTO ?

It strikes when you least expect it. First of all your mates aren't keen to stand next to you in the pub. Then your wife won't let them into the house. You've tried beating them with a stick but all to no avail. You're at the end of your tether when a friend whispers into your ear, "FTO". Yes! You're suffering from Ferocious Trainer Odour! Now you know what the problem is you can act on it. Years of plunging through marshes at Anagach, Balnagowan, Creag Mhic, etc. and not changing your socks have taken their toll. With Trainer Tamers the solution is at hand. With twice the absorptive capacity of regular OdorEaters these insoles really soak up the smells. Billions of particles of activated charcoal combined with a powerful anti-bacterial agent check the growth of odour from sweaty feet. Put them to the test. Guaranteed for the life of the trainer. Can anyone out there rise to the challenge? Who in the club has the smelliest feet? Suggestions on a postcard to the newsletter editor.



P.S. While the insoles appear to be guaranteed to outlive the trainers they don't actually give a guarantee to get rid of the smell. The obvious solution is to not wear trainers, give up orienteering or chop your feet off. And why have you got them anyway? - (Ed. to Ed.)

1 PAIR fits all

Odor-Eaters
REGD. TRADE MARK

Trainer Tamers


ODOUR-DESTROYING COMFORT INSOLES

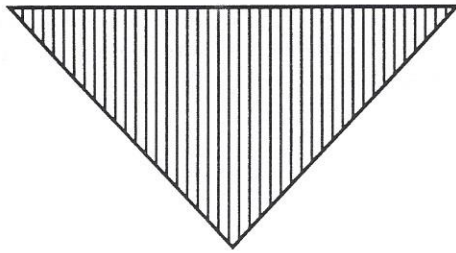
Tames ferocious trainer odour

with exclusive power of odour-destroying activated charcoal

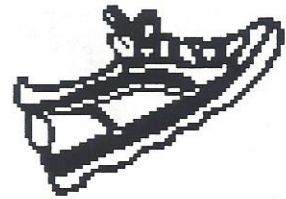
GUARANTEED for the life of the trainer

Patent No. 1,471,352





Events



- 
Sunday 2nd October
LOL 2 (WFO)
Hillend, Edinburgh (NT245668)
 Information from
 Charles Howie (01667-8287)
- 
Sunday 16th October
Compass Sport Cup Final
Allean, Pitlochry
 No information from anybody but I would have thought that ordinary punters would be able to get a run. Maybe I'm wrong !
- 
Saturday 29th October
ELO Local Event
Carberry Tower (NT 365698)
 Information from
 Trina Rogerson (0368-864922)
 These are low key events ideal for youngsters, beginners and people wanting some training exercises.
- 
Sunday 30th October
Northern O League 7 (MOR)
Sluie (NJ 004518)
 Information from
 Bob Climie (0343-842526)
- 
Saturday 5th November
Tinto Twin Night Badge Event
Dalmacallan, Moniaive, Dumfries, (NX803898)
 Enquiries to Lambert Allan (0555-662783)
 Pre-entries to
 Trish Carmichael,
 Carmichael, Biggar,
 Lanarkshire, ML12 6PG
 £6 / £3
 Closing Date 24th October
 Limited EOD
- 
Sunday 6th November
Tinto Twin Day Badge Event
Scotlands galoppen 7
Dalmacallan, Moniaive, Dumfries, (NX803898)
 Enquiries to Lambert Allan (0555-662783)
 Pre-entries to
 Trish Carmichael,
 Carmichael, Biggar,
 Lanarkshire, ML12 6PG
 £5 / £2.50
 (Combined Night/Day - £10 / £5)
 Closing Date 24th October
 Limited EOD
- 
Saturday 12th November
Scottish Night Championships
Bowhill, Selkirk (NT432281)
 Pre-entries and enquiries to
 David McGarva (0573-225621)
 6 Hendersyde Park, Kelso
 Closing Date 8th November
 £6 / £3
- 
Sunday 13th November
LOL 3 (WFO)
Devilla, Kincardine (NS950880)
 Information from
 Robert Philp (0383-830823)
- 
Sunday 20th November
British Schools Championships
Norfolk
 No information available
- 
Sunday 27th November
ELO Local Event
Newhailes, Musselburgh (NT 326723)
 Information from
 Trina Rogerson (0368-864922)
- 
Sunday 4th December
Scottish Score Championships (STAG)
 No information available
- 
Sunday 11th December
LOL 4 (LINOC)
Bowden Hill, Linlithgow
 No information available
- 
Tuesday 27th December
ELO Local Event
Yellowcraigs, North Berwick (NT 515855)
 Information from
 Trina Rogerson (0368-864922)
- 
Sunday 29th January
LOL 4 (ELO) Score Event
Salton and Humber
 No information available



A somewhat parched competitor partaking of some fluid somewhere in Scotland in the summer of '94.

dnf

as well as standing for did not finish, on this page it means **do not forget !**

- Do you want to renew your affiliation to the Sports Injury Clinic at Moray House (Cramond Campus). Get in touch with Pat Squire (031-445-4830) then if you're interested. A reminder that the subscription remains the same at £10 but you will now be charged £5 for each consultation. Still a snip at that price though. Names to Pat as soon as possible.
- As the season of mists and mellow fruitfulness draws to a close and the nights get longer you know it's time to go down to Moray House (Holyrood Campus) Gym 4 and keep your level of fitness up by joining in the Circuit Training there on Wednesday evenings. The charges for wrinklies have been increased slightly to make sure our costas are covered. Revised rates are Seniors - £1.50, Juniors, Unwaged and Students - "pah!!" - 50 pence. The management also reserve the right to amend these charges if necessary. These sessions started on Wednesday 5th October and go through till 21st December. The man with more information is Steve Ambler (031-447-2634).
- Doing anything on Saturday 22nd October? You might be interested in the SOA Coaching Conference at Dewars Rinks, Perth. The conference is between 10.30 a.m. and 3.30 p.m. and is not just aimed at coaches but is for all orienteers who are keen to improve their own performance. An expert group of speakers include Derek Allison, Jonathon Musgrave, Peter Palmer and our very own Graham McIntyre. Entrance is free and further information if required can be obtained from Donald Petrie (0505-613094).
- Anyone mapping - be warned! The IOF has specified that all maps should be surveyed at 1:7500, mapped at 1:15000 and enlarged to 1:10000.
- The Social Secretary has been fairly busy of late but he suggested that there would be an informal soiree chez Eades fairly soon where everyone would be most welcome. Come along for a blether, bring maps from your summer escapades, bring lots of beer and have some fun. The only problem is I can't remember if he mentioned a date. Keep your ears open or phone Colin (031-668-2822).
- According to the SOA 'Forward' Plan we're down to organise the Scottish Score Championships in 2007. Don't say you haven't been warned!
- Colin Eades has been passing on LOL certificates to those who performed well in last year's league. A list of placings was included in the last newsletter but there are certificates for 1st girl, 3rd boy, etc in all colours as well as those for the outright winners. Have you got yours? Andrea Mason, Kirsty Balfour, Rachel Balfour, Martin Sinclair, Eva Riemersma, Mark Sodergren, Ann Haley, Rudolph Riemersma, Graeme Ambler, Ray Heyworth, Anthony Squire, David Simmons, Colin McNeil, Scott Balfour and Bill Mason.
- LBOA AGM, Thursday 20th October, 8.00 p.m. at 10 Rothesay Place, (down the stairs).
- If the bargain offer from Moray House for their Sports Injury Clinic doesn't appeal to you - You can't be bothered legging it out to Cramond or money is no object to you, we have received information about a more accessible alternative - FASIC (Fitness Assessment and Sports Injury Centre) at the University P.E. Department at the Pleasance. If you're interested more details can be had from John Barrow (031-440-2136).
- Anyone want to put their name on a trophy and donate it for the LBOA Championships? They are seeking trophies for all classes upwards and including M/W45.
- What are your views on the Compass Sport Cup? If feelings in the club are the same as on the Committee then there will be a wide divergence of opinions. Is it a meaningful competition? Does it help to enhance club spirit? Is it just a waste of time? Every year we huff and how about it and end up sending our entry in anyway. Inevitably it ends up a nightmare for some poor soul to organise given the ambivalence and apathy of many club members towards it. Yet some people obviously derive a fair deal of enjoyment out of competing for the club. So what have we done this year? Well we have entered again but we are looking for signs of keenness and a volunteer/s to organise us all. If there isn't enough interest we'll scratch and not bother sending a team. Me, personally I don't mind it. It might be a shame not to take part in a competition which a fellow committee member described as having been virtually written so that we could win it. Let someone on the committee know your views.
- Next Committee Meeting - Monday, December 5th at 161 Dalkeith Road from 7.30 p.m. Be there or be landed with some rotten job!

Colin McNeil - Have you paid yet?

Strathspey '95 update

Day 3 Craighui

Interløpers are the lead club on Day 3 (Tuesday 1st August) at Craighui, a new area some 5 - 8 kms north west of Kingussie. Other clubs involved in the organisation for the day are ELO, STAG and EUOC. The main officials are as follows :-

Controller	Scott Balfour
Assistant Controller	Graham McFadyen
Planner	Graham McIntyre
Assistant Planner	Sandy McMillan
Organiser	Pat Squire
Assistant Organiser	Sheila Strain

I have visited the proposed car park / assembly area with the landowner and no immediate problems are evident. Parking will be on a large, flat hard standing area that is part of a disused quarry site. There will be a need to ensure that the quarry is clearly cordoned off as it presents a safety hazard. There is ample area for the number of vehicles envisaged. The (proposed) assembly area is immediately adjacent to the car park. It is grassy and flat and should offer plenty of space for the run in, finish, results, club tents, traders, toilets, etc.

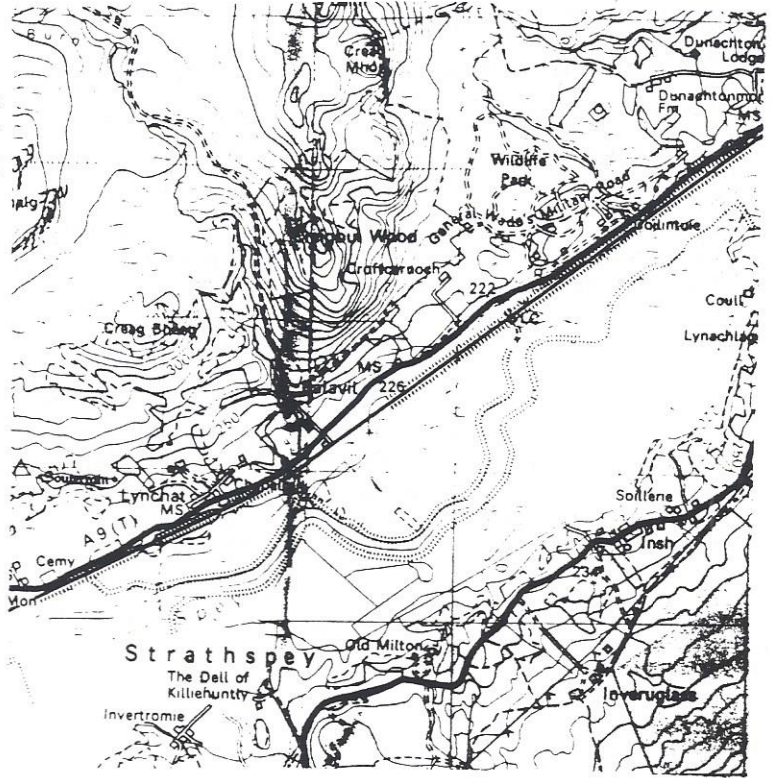
Points For Discussion / Decision

1. Which particular activities on the day (e.g. Starts, Finish, Results, etc.) does the Club wish to undertake ?
2. How should any profits be split between the four clubs ? (The informal consensus was for an equal split between all those contributing "substantial" (e.g. 10+) numbers helping on the day).
3. Can we have a clear policy regarding senior Club members entering on this day ? Once this has been decided this can be publicised in the newsletter so that no one is in any doubt about club policy on the matter. (First cut-off for discounted entries is 31st January 1995).

Pat Squire



So what do the Committee actually do ? Well, occasionally we make decisions about things which crop up like this request from Day 3 Organiser, Pat Squire.



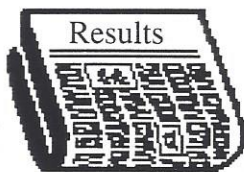
Indecisive lot that we are, we had no really strong opinions on what we should do except that we didn't really want to be in charge of car parking. Did we say that ?

On this point we felt that consideration should be given to the amount of input from each club, but not down to actual numbers involved. A definitive agreement will be taken in the spring when a better assessment of likely club strengths can be made.

The committee has decided to ask for a random allocation of start times on 'Our Day' to avoid what happened in '93 when manpower was a bit stretched at the start. Senior members are advised to forego a run on Day 3 if possible, but are not actively discouraged from running if they so wish.

So, if you aren't happy with what we've decided or you have some useful suggestions to contribute then you better let us know soon.

JULY 30th - AUGUST 5th 1995
Scottish 6 Day Orienteering Festival



Sunday 4th September Scotlandgaloppen 5 Balnagowan, Aboyne (GRAMP)

Distance decay in action here. The further away an event is the, the fewer Interlopers you're liable to find. They missed out! Having performed reasonably well here during the Six Days and a brother-in-law to visitin Monifeith to split the journey up we headed north. The weather forecast wasn't promising and things looked ominous as we saw a cloud of mist ahead of us en route to Cairn O'Mount. (One of Martin's favourite roads). On the other side though it was clear skies and we were treated to a day of glorious sunshine to run in. Wins for Rudolph, Gail and Ann and Rob keeps in touch at the top of the M21E league. Junior Inverarity stays near the top of his class because so few seem to be running it. Where are all the juniors? A nice event. Pity about the drive back!

M10 A	Niall Inverarity	3rd
M15A	Graeme Ambler	9th
M21E	Rob Lee	2nd
	Colin Eades	6th
	Ben Hartman	12th
M21S	Graeme Ackland	3rd
	Finlay Ross	8th
	John Kenworthy	9th
M40L	Pat Squire	10th
	Colin Inverarity	11th
M45L	John Barrow	11th
	Steve Ambler	14th
M50S	Rudolph Riemersma	1st
M65L	Ray Heyworth	2nd
W13A	Rachel Balfour	6th
W17A	Gay Balfour	1st
W21E	Heather Hartman	4th
	Darina Cunnane	5th
	Lorna Eades	6th
W21L	Ann Haley	1st
W21S	Lesley Kenworthy	5th
W45S	Eva Riemersma	4th

Sunday 18th September Interlopers Badge Event Archerfield, Gullane

Lets make some money. Let's hold a Badge Event said the Committee. Having decided to do so we needed somewhere to hold it. Where did we choose? Archerfield. One problem - no maps left! Get a reprint and try to hold as many events as we can before any developments go ahead. Lesley volunteered to organise this after sitting quietly through her first committee meeting and feeling that she hadn't contributed much. Poor girl - she'll learn. There were probably moments when she wished she hadn't. In the end it seemed to me to be one of the most efficiently organised Interlopers events I can ever remember. Everybody seemed to know what they were doing and there were plenty of helpers. The weather was a bit kinder than it had been in February/March? Most of us even managed a run and I had an inspired run myself. Maybe I should park cars more often. Many thanks to all those who gave their time to help out before and on the day.

M10A	Niall Inverarity	3rd
M21L	Gordon Riemersma	4th
	Colin McNeil	5th
	Rob Lee	7th
	Ben Hartman	13th
	Ken Daly	14th
	Ben Voysey	15th
M21S	Graeme Ackland	1st
M40L	Colin Inverarity	2nd
M45L	Bill Mason	6th
	Steve Ambler	9th
M65L	Ray Heyworth	1st
W21L	Heather Hartman	1st
	Ann Haley	5th
W21S	Darina Cunnane	1st

Yellow 1.9 kms 15m climb			
5th	Ruaridh Inverarity	M8/W40	31.42
7th	Emma Mason	W10	31.54
9th	Kirsty Balfour	W10	37.41

Light Green 3.9 kms 50m climb			
2nd	Finlay Ross	M21	50.01
20th	Rachel Balfour	W13	93.43

Blue 8.2 kms 110m climb			
7th	Fiona Lilley	W21	92.50
8th	Karen Dobbie	W21	114.52

Sunday 25th September LOL 1 - Gala Hill (RR)

The "little old ladies" league starts up again. The wife thinks it's about time that she did something a bit more strenuous than nagging me so she got the troops organised and we headed down to the Borders en famille. If anybody noticed an urchin roller-blading in the school car park - it was one of ours! Forest credibility ruined as our street fighting dude creates major embarrassment. The trouble we had persuading them to take them off before he went on his run! With the help of his Mum he managed to beat his big brother. Apologies to Dick Warren of RR for saying "Hello, Darling!" as I passed him. I had just seen my eldest and I thought you were my wife following behind. It was the beard, probably that fooled me. No winners for us I'm afraid in an event dominated by the 'Mighty ESOC' Second good run in a row for me but I still can't catch the old man.

Yellow			
5th	Ruaridh Inverarity	M8/W40	40.20
7th	Niall Inverarity	M10	44.01

Green			
3rd	Ray Heyworth	M65	55.42
14th	Lesley Kenworthy	W21	80.49

Blue			
3rd	John Barrow	M45	66.33
5th	Bill Mason	M45	74.35
7th	Paul Caban	M21	76.19
10th	John Kenworthy	M21	78.17
12th	Karen Dobbie	W21	79.28
13th	Finlay Ross	M21	81.49

Brown			
6th	Pat Squire	M45	61.30
7th	Colin Inverarity	M40	64.09

More results
over there →





Veterans World Cup Strathspey August 1st-5th

How did our small but gallant band of Interlopers get on then? Fairly well, it would seem! We can 'claim' one world champion with our Honorary President, Carol McNeill, coming in first in W50A by 10 minutes. Geoff Peck was blowing up a storm in the qualifying events and went into the M45A Final leading but it proved to be too much for him as the Scandinavians took over and he finished 14th. Elsewhere, Andy Spenceley was 25th in M35B with wife, Hilary, an impressive 9th in W35B. Scott Balfour and Pat Squire were 12th and 26th, respectively, in M45C.

The only Scottish 'success' of note was Bill Gauld of ESOC coming 2nd equal in M60A. Almost, but not quite.

Many thanks to Scott as well for organising our efforts for the Colour Coded Event on Qualifying Day 1, especially considering he was competing as well. What a guy! When I arrived just before 10 o'clock he and Pat had already completed their runs and were beginning to set things up. Manpower was a bit stretched but we coped in the end. Why do so many of you lot go on holiday in August? Apologies to the start officials for the somewhat hectic time you had but you try and reason with an impatient foreigner with little grasp of English that you would prefer them to go at two minute intervals. No chance! The concept of Master Maps also seemed to be a bit confusing for many of them. They must be spoiled 'sur le continent' Pre-marked maps - Load of nonsense! As I've already said we had a glorious day for it. The summer of 1994 seems to have been quite good for us compared with recent years. No doubt many veterans will take back some fond memories of their brief sojourn in Scotland. Maybe some of them will be back for the Six Days next year. Or perhaps the World Championships in 1999. We'll see you then!

The quiet, grumpy man of Scottish orienteering, A. Kitchin, has been busy again. World Student Champs in Switzerland in September and more recently running for Britain in the World Cup after Steve Nicholson withdrew. Reports filtering back from Germany / Czechoslovakia (It's not in existence anymore! - Ed.) suggest that he came 3rd in the last race despite wasting a lot of time and that he managed the 2nd fastest time in the Relay. Well done, Andy!

Sunday 14th August 11 Person Relay (FVO) South Achray, Aberfoyle

It's now an 11 Person Relay so I've had to amend the graphic. Domestic pressures meant I missed this event for the first time so no full report I'm afraid. Some things never change though. We came 2nd again! Rumours are that we deliberately do this to avoid organising the event for the following year. The SOA seem to have got wise to this though and in their Forward Plan have decided who is going to win for the next 10 years apparently. If I remember correctly, Barrow said he was in the lead at the last changeover but sportingly made a muck-up of his course so that GRAMP could grab the glory. He claims he hid behind a wall for four minutes but we know better. Apologies to all the stalwarts who took part but I can't remember who was there. Various Squire, Balfours and Riemersmas no doubt in there somewhere! Well done, team. You know who you were!

Note for Geoff Peck :-

Charlie Blyth says he was with you in the A.T.C at university and that you should remember him because he had a Norton Dominator!

Relays

Mens Open

3rd Lee, Peck, Kitchin
11th Hartman, Eades, Daly
12th Conway, Walton, Squire
22nd McNeil, Simmons, Laird

Womens Open

5th Eades, Cunnane, Fallon
M40
16th Squire, Inverarity, Barrow

Scottish Championships May 28th-29th Creag Mhic Chalein and Airds Park

The courses were long, the weather was hot, there were a lot of retirals. I was last on my course but there were 10 people out longer than me!

M15A	Graeme Ambler	18th
M17A	Anthony Squire	3rd
M21E	Andy Kitchin	6th
	Rob Lee	10th
	Ben Hartman	35th
	Simon Thompson	37th
	Charlie Walton	40th
	Ken Daly	41st
M21L	Steve Conway	4th
	David Simmons	24th
	Brad Connor	44th
M21S	James Laird	8th
M35S	Graham McIntyre	1st
M40L	Colin Inverarity	50th
M45L	Geoff Peck	2nd
	Scott Balfour	35th
	Pat Squire	53rd
	Steve Ambler	62nd
	Bill Mason	66th
	John Barrow	68th
	Steve Terry	71st
M50S	Rudolph Riemersma	3rd
M65L	Ray Heyworth	4th
W10A	Kirsty Balfour	1st
W13B	Andrea Mason	3rd
W15A	Fay Balfour	10th
W17A	Gail Balfour	1st
W21E	Lorna Eades	5th
	Darina Cunnane	22nd
	Janet Fallon	29th
W21L	Jane Hailey	2nd
	Ann Haley	4th
	Lucy Galloway	6th
	Juliet Vickery	28th
W35L	Carol McNeill	1st

Orange

6th Henry Hui M17 52.27
7th Anne Ambler W45 54.47

Scottish Schools Championships 1996

Background

Interlopers are due to organise this event in 1996. Although that is a long way off, there is a need to raise certain issues at this stage, as, if they are accepted, the event needs to be approached in a radically different manner than previously. Any proposals supported by the Club, would presumably need the support of the SOA and, most importantly, the schools.

Current Situation

As has been previously pointed out, the event has been in recent years poorly attended and has been in effect another Scottish Junior Champs. (Without the prestige and support that the 'proper' Champs enjoys).

This year's event had a small entry both in terms of individuals and schools and the majority of pupils present were regular club orienteers. i.e. - the event is not catering for the majority of school children and certainly does little, if anything, to bring 'new blood' in to mainstream orienteering.

The basic premise of this paper is that this is not a satisfactory state of affairs and that the event ought to be restructured in order to increase overall numbers. We are in a position to consider such changes and, if agreed, to implement them in '96 (and possibly suggest that next year's event - to be organised by STAG - might also wish to change along similar lines, if the time scale allows).

Proposals For Change

These proposals are based upon the principle of encouraging (And rewarding) **PARTICIPATION** rather than **PERFORMANCE** per se. Schools, and thereby pupils, should be encouraged to enter and complete a course irrespective of their performance.

Courses should be based on a Score format with the duration adjusted to suit the age group of the pupil. e.g. P7 - 20 minutes, S1-2 - 30 minutes, S3-4 - 45 minutes, S5-6 - 60 minutes. Whilst utilising normal score principles the courses should allow for an obvious 'line route' to allow less experienced pupils a clear route from start to finish. For more experienced pupils controls would be placed away from this line route as in a normal score event.

Prizes would be awarded in two categories: - Individual and Team. Individual awards would go to those pupils gaining the highest number of points within the time limit as per a regular score competition. Ideally, all finishers would receive a memento of the event - medal, t-shirt, badge or some such.

Team prizes would be awarded (boys and girls categories in each school year class) to the school accumulating the greatest number of points as follows: -

5 points for every pupil entered
10 points for every pupil competing
Aggregate total of score points from the course for all of the school's pupils in an age / gender class

Example

School X for S3 Girls

12 pupils are entered - 60 points

10 pupils turn up on the day - 100 points

Aggregated total of the 10 - 1200 points

Total - 1360 points

School Y for S3 Girls

20 pupils are entered - 100 points

19 turn up and finish - 190 points

Aggregated total - 1150 points

Total - 1440 points

Hence School Y would 'win' even though, individually, the pupils are not 'as good' as those from School X. (The exact points value would need further refinement once the principle was accepted).

The area would need to be in the Central Belt (to allow ease of travel from all parts) and provide line features with some more technical aspects in order to cater for a range of abilities. In order to allow for comfortable travel it may be necessary for some schools to travel the day previously and stay overnight. Hence cheap accommodation should be available in the area - e.g. - local school hall or similar. (if enough schools are staying, consideration will need to be given to some form of social programme). A further development of this notion would allow for a two day event with possibly a relay and prize giving on the Sunday (assuming a weekend event).

Action

If these ideas / principles are accepted (albeit in a modified form) it is suggested that :-

1. the proposals are published in SCORE to ascertain the response from Scottish orienteers.
2. SOA are contacted to determine their view.
3. STAG are invited to comment.
4. All secondary schools (and through them feeder primaries) are contacted and their potential support for the revised event determined.

This will have financial implications but I think that these costs will not fall on the Club as I can probably 'tap in' to a regular mail out to schools by a commercial company.

Thoughts, comments, reactions please !

Anthony's Ideas

I agree with Dad's ideas on the need for a new set up to the event and more emphasis on the schools in an attempt to encourage them to attend. However, I do not agree with the proposal for a Score type event as I feel it would be far too complicated for an inexperienced school child. Also this is the Scottish Schools Championships where it should be a test of conventional orienteering. Therefore I would propose a 'normal' course but with a much lower technical difficulty than the present system. This would mean that the less regular orienteers could complete their course without getting completely lost and thus disheartened.

I also agree with Dad that the school scoring system should be revamped, with the emphasis on mass-participation and every runner scoring something for the school. The only way to do that is to award points in the same system as Scotlands galoppen events. i.e. - 1000 points for the winner and then weighted down the field. The winning school would be the one with the most number of points regardless of the numbers they have running e.g.

1	Y	1000
2	Y	923
3	Z	895
4	Y	811
5	Z	613
6	Z	603
7	Z	414
8	Y	312
9	Z	293
10	Z	267

School Y would gain 3026 points and School Z would have 3085 points. Therefore, School Z would win even though it didn't do 'as well' as School Y. This should serve to encourage schools to enter larger teams thus making a larger event.

This would require a computer system to work out the points and distribution among the teams. This could not be worked out until the last competitor has finished and thus the prize giving would have to be delayed. This may cause a problem for schools which may need to leave early. That is why an evening prize giving plus social programme including cheap accommodation would be more appealing so that schools could make a weekend of the event.

These are just a few of my ideas. I'm sure you all have your own. Why don't you let us know about them?

Even More Results!

ICMR TENTH RUNNING WORLD TROPHY (Berchtesgaden, Germany).
 Men: Seniors: 1, H Schmuck (Austria) 1:01:36; 3, L Raim (Czech) 1:01:39; Scots: 8, R Quinn (Kilberchan AAC) 1:02:32; 32, T Mitchell (Fife AC) 1:04:38; 47, P Dymoke (Livingston and District) 1:06:21; 56, C Donnelly (Enri Harriers) 1:07:57; 64, J Wilkinson (Gala Harriers) 1:08:50; Team: 1, Italy 37; 2, Germany 49; 3, France 53; England 200; Scotland 142. Junior: 1, M Renczak (Slov) 35:58; 2, L Pokornj (Czech)

Dymoke does Scotland good!
 I would have had the photo of you running through St. Margaret's Chapel in - but the wife threw it out!

TWO BREWERIES GREENMANTLE HILL RACE (19 miles/4,900ft, Traquair House to Broughton Brewery). Men: 1, M Rigby (Westerlands CCC) 2hr 40min 48sec; 2, A Ward (Carnethy HRC) 2:52:42; 3, A Lewsley (Keswick AC) 2:59:54; 4, C Eades (Livingston & Dist AAC) 3:01:14; 5, A Davis (Fife AC) 3:01:14; 6, J Coyle (Carnethy HRC) 3:01:37; Veteran: D Bell (HELP) 3:05:10 (10th), Super Veteran: G Armstrong (HELP) 3:20:38 (23rd). Team: Carnethy HRC 19pts. Women: 1, H Diamantides (Westerlands CCC) 3:12:50 (16th); 2, J Salvona (Livingston & Dist AAC) 3:32:11 (veteran); 3, J Robertson (Westerlands CCC) 3:32:21.

What the Social Secretary will do for a pint of beer!

ATHLETICS

BUPA GREAT CALEDONIAN RUN (10km, Edinburgh). Men: 1, D Lewis (Rossendale) 28min 56sec; 2, J Treacy (Ire) 28:58; 3, K Tadesa (Belgrave) 29:05; 4, O Strizhakov (Rus) 29:10; 5, G Staines (Belgrave) 29:16; 6, F Wilboard (Tanz) 29:31; 7, D Wakihuri (Kenya) 30:04; 8, T Murray (IBM Spango Valley) 30:11; 9, P Dymoke (Livingston) 30:48; 10, C Buckley renko (Rus) 32:58; Women: 1, O Bondar (Durham City) 34:16; 2, R Mota (Por) 33:08; 3, A Wright (Tipton) 35:00; 4, J Coleby draws) 35:58; 5, F Lothian (St An) 36:02; 6, S Ridley (EWM) 36:03; 7, J Riley (unatt) 36:08; 8, E Homes) 37:05; 9, C Morrison (Scottish) 37:31; 10, S Wyse (Carnegie)

The man whose name they couldn't spell staves again! And only 4th seconds behind a marathon gold medalist
 Also spotted further down the list - the Galisway Family.

M fortysomething



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Not so much the ravings of an incompetent orienteer this time. More a collection of odds and ends which I haven't managed to fit in elsewhere in this issue.

In the light of the up and coming Coaches Conference in Perth. Do we have any accredited coaches? Please let us know.

More notes from the Treasurer. Green ones and blue ones and brown ones and purple ones. We've received £500 for our efforts in the Scottish Championships. A healthy injection into the club coffers. The final bill for the reprint of 2000 Archerfield maps came to £455. A bit more than expected but never mind. If anyone is interested in how much it costs to organise an event, Lesley has foolishly suggested that she will try to do so for our September Badge Event. There has been a bit of expense recently but we now have the assets of around 1850 maps and poly bags too. Mindful of this boost to funds, the Equipment Officer (Pat) has suggested that some of our stock is getting past its use by date. Water containers and control kites in particular need to be replaced. A few more of these plus some punches and various sundry items should reduce

our reliance on other clubs to help us out with equipment at future events.

The Gleneam / Berryknowe Mapping Project continues apace. Mapping Rep Designate, Steve Terry recently addressed the Committee about what needs to be done. He was fairly optimistic about the amount of work involved. The quality of the original survey is good and this will save a lot of effort although the expense of enlarging to IOF prescribed scales may swallow up some money. The main task will be to get out in the field and map changes. The services of club members to help out here would be greatly appreciated. Volunteer now! The main bugbear is contacting the relevant landowners and gaining their permission. Do we have any gifted personnel managers out there who are tactful, communicative and get on well with people. Could you talk for hours over a hot telephone and wander about muddy fields persuading farmers that orienteering is environmentally friendly. This is the job for you then. Let someone on the Committee know if you want to help out here.

Not many new members this time round. Who's scaring them off? Welcome anyway to Paul

Caban (M21). A good run at Hillend, I see. Keep up the fine running.

We're still awaiting confirmation of where the Scottish Relays are to be held. We are organising them after all. We still think they're to be held somewhere around Comrie. Perhaps Donald Petrie could confirm this. Rumours have been filtering through of a re-mapping and extension of Birnam. We're ready for it anyway. Social Secretary Eades has suggested a Club Training Weekend sometime. March was proposed but this is flexible depending on events available. It's been a while since we had one. Those that have been organised in the past have met with a good response and there's no reason why this one shouldn't either. If you're interested, let Colin know and keep the pressure him to do it.

As we come to a close I have to report on an alarming development which has come to light of certain academics frittering their worktime away sending e-mail to one another and surfing the Onet. There's a lot of sad people out there, folks! While we're on this subject does anyone know if Ackland has volunteered us for anything recently?

Halloween Party Monday 31st October 22 East Preston Street



By kind
permission of
Mr and Mrs Eades
(Homeowners)

From 7.00 p.m.

Fun and Games to be had.
Fancy Dress Optional
Prizes for the less inhibited.

Turnip / Pumpkin Lanterns a must! (Well, maybe!)

Bring something to drink and scoff along with you. Bijou snackettes will be available but it would be best to check with Lorna or Colin (031-668-2822) what you could bring along.

Beer & Skittles Monday 14th November Sheep Heid Inn Duddingston



From 7.00 p.m.

Roll Them Balls
Knock Them Skittles Down

Drink Large Amounts Of Alcohol
Socialise With Club Members

Spend Vast Amounts Of Money
Have A Hangover Next Day At Work

(Mind Those Fingers!)