

Interløpers 29
Edinburgh
Southern 26

Compass Sport Cup



Inteløpers Win Shock Horror !

Yes! We've done it again! Not something we manage all that often, but we've won a Compass Sport Cup match. Our success in this tournament seems to be inversely proportional to the amount of effort we seem to put into contesting these matches. That's not fair on our hard-working, dedicated Secretary though, who once again marshalled and organised us into the ruthless, efficient, competitive team that we are, albeit a bit low-key this time. So here are the positions and scorers from the LOL event at Cardrona. Read them (ESOC members) and weep.

Team A (M21 - Brown)			INT	ESOC
1.	Colin McNeil	INT	4	
2.	Ian McIntyre	INT	3	
3.	Eddie Harvey	ESOC		2
4.	Bill Stevenson	ESOC		1

Team A (M19 / 35 / 40 - Brown)

1.	Andy Spenceley	INT	4	
2.	Alastair Lessells	ESOC		3
3.	Colin Inverarity	INT	2	
4.	Jim Aitken	ESOC		1

Team C (M17 / 45 / 50 / 55 - Blue)

1.	Anthony Squire	INT	4	
2.	Neil Lyall	ESOC		3
3.	Erik Lyall	ESOC		2
4.	Bill Mason	INT	1	

Team D (W19 / 21 / 35 - Blue)

1.	Darina Cunnane	INT	4	
2.	Fiona Lilley	INT	3	
3.	Joanne Stevenson	ESOC		2
4.	Heather Findlay	ESOC		1

Team E (W40+ / M60+ - Green)

1.	Bill Gauld	ESOC		4
2.	Eric Langmuir	ESOC		3
3.	Ray Heyworth	INT	2	

Team F (W15 / 17 / M15 - Light Green)

1.	James Williams	ESOC		2
2.	Gail Balfour	INT	1	

Team G (W13 - / M13 - - Orange)

1.	Emily Coon	ESOC		2
2.	Rachel Balfour	INT	1	



Interløpers Annual General Meeting

Thursday 19th May 1994 at 7.00 p.m.

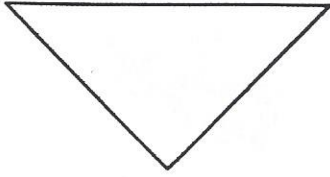
In The Meeting Room
 Department of Physical Education
 Edinburgh University Sports Centre
 46 The Pleasance

Post AGM Meal



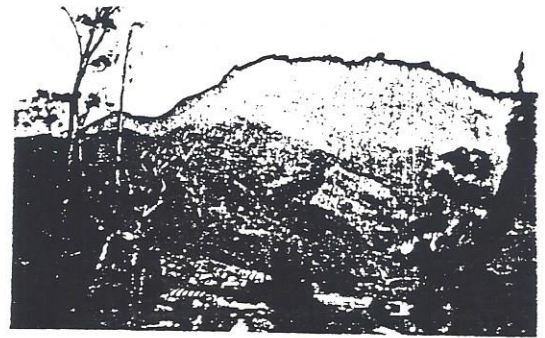
at Chez Jules
 29 Cockburn Street
 from 9.00 p.m.

If you intend going to the meal please let Robin (229-5356) know so that he can arrange numbers with the restaurant.

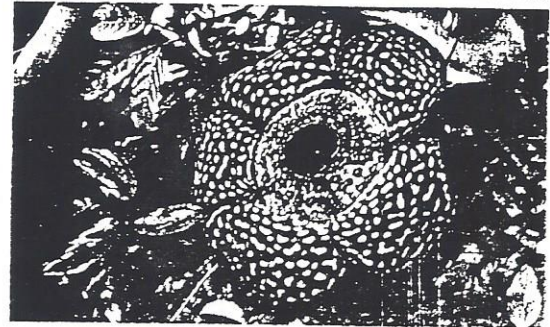


Been There Seen It Done It Didn't Like It Won't Be Back

As usual, this newsletter leaves no stone unturned in its search for up-to-the-minute news and graphics for the articles you readers want. Various scenes of the Kinabalu National Park, courtesy of a postcard from a fellow Geography teacher a few years ago. You never know when things will come in useful. Kinabalu Peak at 4101 metres is the highest mountain in Sabah (Borneo) and if the Newbattle photocopier hasn't blacked it out into oblivion, the blob in the lower right hand corner should be Rafflesia, the world's largest flower, which can measure over a metre across and is pretty smelly too, if I recall correctly.



KINABALU NATIONAL PARK
MALAYSIA

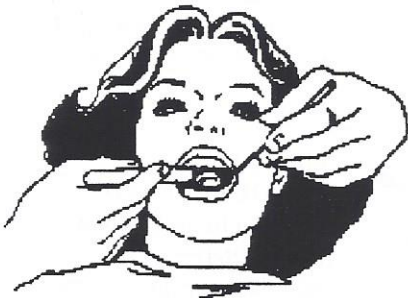


LBOA Summer Series



Great Orienteering Scandals Of Our Time

Katrin Krabbe takes up orienteering ?

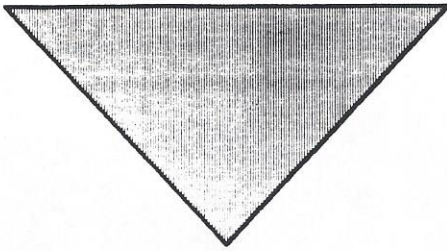


"Now once this homing beacon is properly inserted we'll be able to plot where you are on our base map and send out a signal indicating how close you are to any control."

April 27th
May 4th
May 11th
May 18th
May 25th
June 1st
June 8th
June 15th
June 22nd
June 29th

Colinton Dell
Penicuik Estate
Kinneil Wood
Bowhill
Holyrood Park
Eildon Hills
Beecraigs
Braids and Blackford Hills
Carberry Tower
Bonaly Park

No coastal venues so you won't be able to go splashing in the sea afterwards but a pleasant selection of moorland, country parks, forests, hills and estates to practise and develop your skills or use as a training run on Wednesday evenings. Remember the Barbecue at Bonaly.



Events



- 
Sunday 24th April
LOL 7 (ELO)
Saltoun and Humbie,
Pencaitland (NT 4666)
 Information available from
 Ian Wood (031-665-3341)
- 
Wednesday 27th April
LOL Summer Series
Colinton Dell
 Information available from
 Scott Balfour (031-445-3966)
- 
Saturday 30th April
Scottish Short Race Series 3
Linn of Tummel, Pitlochry
(NN 905610)
 Pre-entries and enquiries to
 Graeme McIntyre,
 5 Summerhall Place,
 Edinburgh EH9 1QE
 (031-668-1851)
 £5 / £3 Closing Date 16th April
 No EOD
- 
Sunday 1st May
Scotlandsgaloppen 3
Linn of Tummel, Pitlochry
(ESOC)
(NN 870596)
 Pre-entries and enquiries to
 Anne Stevenson,
 21 Orchard Road,
 Edinburgh EH4 2EP
 (031-332-3045)
 £6 / £2.50
 Closing Date 11th April
 Limited EOD
- 
Wednesday 4th May
LOL Summer Series
Penicuk Estate
 No information available
- 
Wednesday 4th May
RR Summer Series
Bowmont (NT 729288)
 Information available from
 Robin Sloan (089682-2548)
 Starts 18.00 - 19.00 hrs.
- 
Sunday 8th May
Inter-Club Championships
(ESOC)
Glentress Forest, Peebles
(NT 284396)
 Information available from
 Robert Findlay (031-538-2597)
- 
Wednesday 11th May
LOL Summer Series
Kinneil Wood
 No information available
- 
Saturday 14th May
Scottish Short Race Series 4
Sluie Woods, Banchory
(NO 607990)
 Pre-entries and enquiries to
 Graeme McIntyre,
 5 Summerhall Place,
 Edinburgh EH9 1QE
 (031-668-1851)
 £5 / £3 Closing Date 30th April
 No EOD
- 
Sunday 15th May
Scotlandsgaloppen 4
Glen Feardar, Braemar
(MAROC)
(NO 215943)
 Pre-entries to
 J & D Noble
 Ivy Cottage
 Boghead, Dinnet,
 Aberdeenshire AB34 5LS
 £6 / £2 Closing Date 2nd May
 Ltd Badge EOD with £1 surcharge
- 
Wednesday 18th May
LOL Summer Series
Bowhill (NT 433281)
 Information available from
 Robin Sloan (089682-2548)
 Starts 18.00 - 19.00 hrs.
- 
Wednesday 25th May
LOL Summer Series
Holyrood Park
 No information available
- 
Weekend 28th - 30th May
Scottish Individual Champs /
Relay / BOF Squad Fund Raiser
Creag Mhic Chailen, Connel,
Oban (NM 950333)
 Pre-entries on SEF to
 Marion McFadyen
 38 Snaefell Avenue, Burnside,
 Glasgow G73 5DF
 £7.50 / £3.50 No Champs EOD
 Closing Date 30th April
 Cheques payable to
 Scottish Championships 94
- 
Wednesday 1st June
LOL Summer Series
Eildon Hills (NT 563320)
 Information available from
 Robin Sloan (089682-2548)
 Starts 18.00 - 19.00 hrs.
- 
Sunday 5th June
WOSOL 6 (ECKO)
Strathlachlan, Dunoon
(NS 022960)
 Information available from
 Alison Duncan (0369-5796)
- 
Wednesday 8th June
LOL Summer Series
Becraigs
 No information available

Junior Page

As you will all know by now, I'm in the land of the Swedes for a year out between High School and University trying to improve my orienteering, (You need to ! - Ed.) and of course, to relax as well !

I'm staying with a family here in Trosa, which is said to be "the end of the world", yet it is only 80 kms south of the capital, Stockholm. Compared to Edinburgh it's a very small town but it's totally surrounded by forest making Edinburgh seem very barren in comparison. It has to be said, mind you, that the biggest hill (more like a knoll, really !) is only about 50 metres tall. It's a very picturesque town, which gets mobbed during the summer by weekend businessmen on their yachts, so I've heard. One thing about the size of the place though is that on the ten minute walk into town, you are bound to meet someone you know.

The club, TbOK, (standing for Trosabygdens Orienteringsklubb), is said to be a relatively small one, especially compared to some other clubs in Sweden, but it has had it's fair rate of success, particularly with the number of Brits who have at one time been members of it, such as Steve Nicholson, Nick Pugh, Steve Palmer, Liz Horton, Mark Chapman and of course, Gordon Riemersma. Hopefully, I'll continue their good outcrop. The club, though small, still gets major sponsorship from two local companies; Mecman and Camfil and also from the local community council as well. This means that they can own and run a clubhut, which is now collecting money to build a sauna and enlarge the shower area. It's connected onto the local map - called the Trosa - Vagnhärad map - which is very useful for the weekly orienteering training events held on Tuesday nights. It is also the meeting point for the weekly runs on Thursday nights too. During the winter period, which has just ended, the swimming pool in Vagnhärad, the next small town 8 kms away, is hired out for an hour by the club on Saturday afternoons. Luxury, really !

In actual fact winter hasn't really finished here as there is still about 10 cms of snow on the ground and this is the third week of March ! This meant that I've had the oppor-

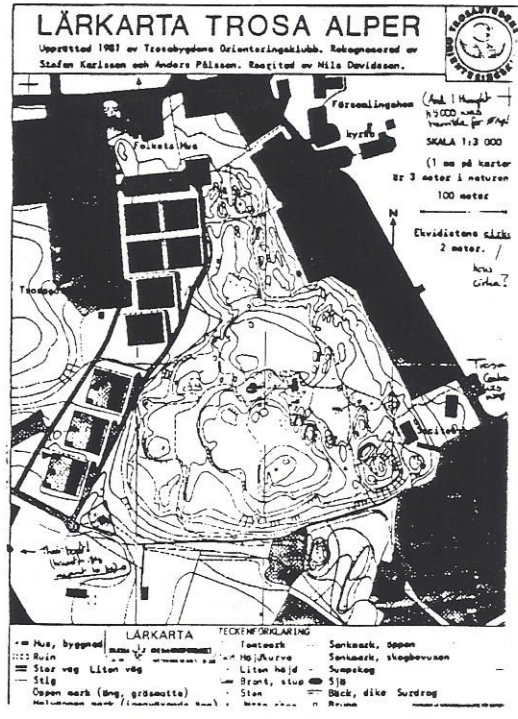
tunity to try and master cross-country skiing, over the last month and a half since coming back after Christmas. Quite good training has been put in too: I've been on two trips to the Swedish Alps - called the fjälls - although they are really only about the same height as the Cairngorms - skiing an average of about 25 kms everyday whilst there. I must also mention that my Mum and Dad came out for the trip run by the juniors in TbOK, when we went to a quiet resort called Vålådalen halfway up Sweden. They picked up the basic skills quickly and by the end of the week I think that they'd covered about 95 kms. Not bad for first timers ! I saw three reindeer and my Dad wasn't even sporting his red nose ! Perhaps Santa was keeping him busy.

And now the orienteering season is about to start. After next week, every weekend will have some orienteering in it, be it a sprint, relay, long or classic distance race. Often we will have long weekends away, running on Friday, Saturday and Sunday. Of course, all the events we run at up until July have already been entered for. This is done through the club, who enters everyone as a whole, so as to get club start times. It means that on orienteering days that you can see convoys of cars from our clubs and others all heading for the same event. You feel very much part of a family here within this club. Everyone waits for you and supports you, at training as well as at the competitions. One example recently was when the juniors of the club had a competition about 45 minutes drive away and the seniors came to support and help them, even though there were no Direkt course to run (something like our colour coded courses in Britain). It would be nice to see these things occurring more in our British or Scottish clubs, and not leaving it to the University clubs.

Ynske

Ynske

A letter from Sweden courtesy of Miss Riemersma, following in her brother's footsteps. Apologies for the 'insult' in paragraph one. I had to insert something editorial because your exclamation mark was on a line by itself. Honest !



dnf

as well as standing for did not finish, on this page it means **do not forget !**

-  If you don't know, our next Compass Sport Cup tie will be held at LOL-7 at Saltoun on Sunday 24th April. (The morning after the ceilidh !). As the deadline for ties is approaching, Solway are playing Tinto there and we are comparing our scores with the winners. Let's try and make sure we have a big turnout for a fairly accessible venue and see if we can make it two wins in a row.
-  Long-serving SOA Secretary Brenda Nisbet is retiring after 10 years loyal service at the up and coming SOA AGM. Clubs have been asked to consider making a small donation towards a 'thank-you' gift. Perhaps some members would like to make a personal contribution.
-  Yet another new member to welcome ! Hello to Gillian Shepherd (W40) in East Calder. All the best to you in your orienteering and see you somewhere in the forest soon. I'll be the clueless one thrashing around looking for any control no matter what it's code is !
-  The SOA AGM will be held on Saturday 21st May at Dewars Rinks, Perth for those interested in attending. This is followed immediately by the SOA Development Conference at the same venue. Times elude me at present but I'm sure that John Barrow (440-2136) can furnish you with them.
-  If you can, I'm sure Scott (Colinton Dell) and Pat (Blackford) would appreciate any assistance you could give them on their respective Wednesday evening Summer Series events. (April 27th and June 15th).
-  Did you enjoy the British and JK Relays ? Have you paid for your run ? Seniors £3 and Juniors £1. Money to the Treasurer before he disappears, though perhaps John Barrow is a safer bet. There are also rumours of appearance money being paid for turning up at the Compass Sport Cup match but I haven't seen any of it !
-  We have been approached by the organisers of the Veterans World Championships to see if they could borrow our tent. It was suggested by some members of the committee that a nominal fee of say £65 could be charged (roughly the exorbitant fee someone has to pay to enter the competition !)
-  Much, much thanks to Anthony (and Dad !) for their sterling efforts for LOL 5 at Archerfield. Greatly appreciated. Congratulations are also due to Anthony on his completion of an Inch Park map. Moves are afoot for an Edinburgh O-Ringen encompassing all our favourites starting at Colinton Dell, via the Meadows, and then on to Blackford and Braids and finishing at the Inch. It has potential for a Club Championships of some sort.
-  More relay news. Anybody interested in a run at the Scottish Champs contact that man Barrow again. Rearranging of some classes means that the Veterans Ad Hoc team has to have a combined age of over 160 years. That means it has to be Ray, Rudolph and some other InterLOAP over 45. Could be a strong team ! Those wanting to take part in the Harvester at Star Posts are suggested to organise themselves if they want to. The event is to be held on 7th-8th May. The 'deadline' I think has passed but I believe that a flexible view is being taken regarding entries. Anthony wondered whether there would be sufficient junior interest to form an Interløpers (rather than an Edinburgh Select) team for the Junior Night Relays at the end of September at Sutton Park in Birmingham. If you fancy it - tell him (445-4830) now !
-  We now have a Planner for Day 3, Strathspey 95. Step forward and receive a big hand, Graeme McIntyre. What a guy ! We're still looking for Assistant everything's if anybody else fancies volunteering.
-  After managing to use Archerfield yet again despite its uncertain future we have now exhausted our stock of maps. So now we are mapless ! What do we do ? Do we use the moolah we've accumulated recently to go for a new map of Glenearn and Berryknowe, or do we look at a reprint of Archerfield. Stirling Surveys have quoted us prices of £300 for 1,000 maps or £325 for 2,000 for the latter option. What do you think ? A topic for the AGM ?
-  On the subject of the AGM get your motions (if any) in to the Secretary now. Arrange your postal / proxy vote if you must. And get it clear in your mind how many votes your family membership entails and how they can be used. Needless to say we'll definitely be looking for a new Treasurer. Trying to amuse you dull lot has proved to much of a strain for Social Secretary Galloway and no one, not even Graeme, knows what his intentions are. If you fancy taking a more active part in the running of your club, be it a position of high office or just an ordinary member then let your interest be known. Don't be put off by shyness or feelings of inadequacy. As you have no doubt found out most of us are fairly incompetent and would willingly stand down if necessary !

Farewell, Adieu, Bon Voyage, Auf Weidersehn Pet, Unga Jabba Wonga (sniff . . sniff)

Oh dear ! I feel an ode coming on

Our Treasurer is leaving us
And our financial troubles behind
Absconding with our funds
To a world of a foreign kind.

To a far away land where
He may become National Champion
Because over ther
They can't even spell auriyenteerung.

Jane is accompanying him
I hope she isn't nervous
Her departure from the Scottish Office
Leaves a less than Civil Service.

Little Claire has packed her trunk
Our most junior member does a bunk
She'll learn to live without her Cow & Gate food in a hurry
Because where's she's going it's sheeps' eyes and curry !

With sun, sand, palm trees, deep jungle and sacred ground
Edinburgh lost, Paradise found
So watch this space, the time is fast nearing
When the McIntyres show Malaysia some proper ORIENT-eering !

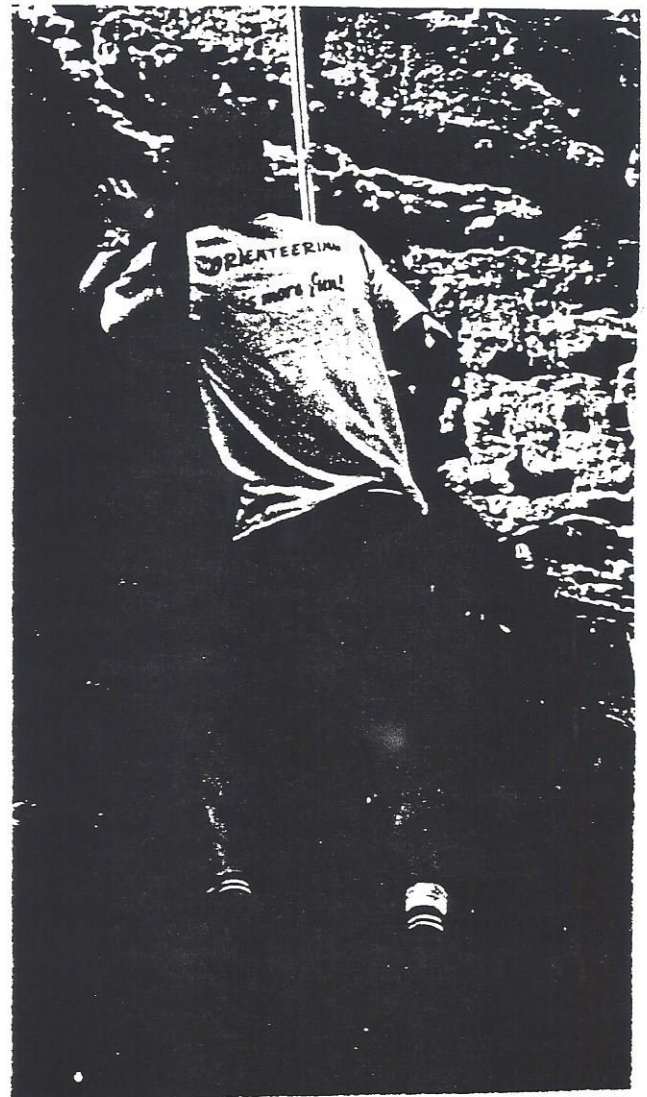
To celebrate their departure a Ceilidh is what's called for
The Pleasance, Saturday 23rd April, you can pay at the door
The action starts at 7.30 so I hope to see you there
'Cos it's farewell to an era, Bon Voyage Ian, Jane and Claire !

C.U. Anon.

(a relative of Pete Saik, allegedly !
What a talented family !)

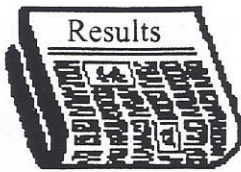
This Month's Competition

Couldn't be simpler. Just mark clearly with an X where on the map of peninsular Malaysia you think the McIntyres are going to. The winner will receive a year's free subscription to the Interlopers newsletter or some such equally worthless prize.



The Wild Man of Borneo. The intrepid Andrew Kitchin pictured in training already for the Mount Kinabalu Dash. How does he find out about these events before they're publicised ?





Sunday 14th February Lothian 'O' League 5 Archerfield (INT)

Memo for the Committee. Make sure that our fixture next year doesn't coincide with a National Event and the Scottish Cross Country Championships. Despite that, things went smoothly and efficiently on the whole.

White 2.0 kms 20m climb

1st	Kirsty Balfour	W10	14.42
2nd	Emma Mason	W10	17.04

Yellow 2.5 kms 20m climb

8th	Andrea Mason	W13	24.44
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Orange 3.3 kms 25m climb

11th	Rachel Balfour	W13	37.26
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Light Green 3.8kms 45m climb

1st	Graham Haley	M21	36.15
9th	Graham MacDonald	M17	46.38
28th	Eva Riemersma	W45	63.26

Green 5.4 kms 55m climb

3rd	Graeme Ambler	M15	54.17
4th	Ben Voysey	M21	54.28
8th	Ann Haley	W21	57.42
10th	Finlay Ross	M21	58.11
12th	Katy McNeil	W21	58.28
19th	Rudolph Riemersma	M50	73.22
23rd	Ray Heyworth	M65	75.42

Blue 7.3 kms 85m climb

1st	Scott Balfour	M45	68.00
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Brown 7.9kms 105m climb

2nd	Colin McNeil	M21	60.45
3rd	Ian McIntyre	M21	61.42



Sunday 6th March Scotlands Galoppen 1 Ross Wood (CLYDE)

And the rains came. And so there had to be a 30 minute walk to the start. Assuming you found somewhere to park the car. Needless to say, fairly trying conditions and limited club success.

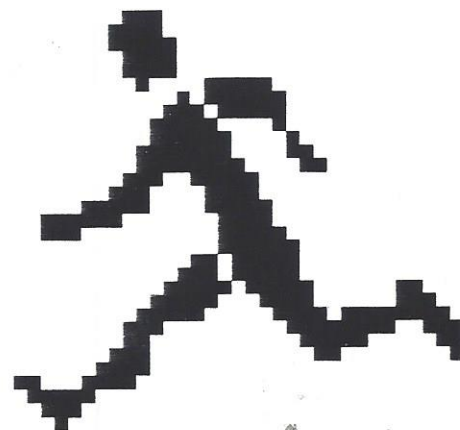
M15A	Graeme Ambler	5th
M17A	Anthony Squire	1st
M19A	Gordon Riemersma	2nd
M21E	Andy Kitchin	5th
	Rob Lee	6th
	Colin Eades	21st
	Colin McNeil	22nd
	Simon Thompson	24th
	Ken Daly	26th
	Charlie Walton	DNF
M21L	Ben Hartman	2nd
	David Simmons	3rd
	Graeme Ackland	DNF
M40L	Colin Inverarity	15th
	Pat Squire	17th
M45L	Scott Balfour	6th
	Steve Ambler	22nd
M65L	Ray Heyworth	2nd
W10	Kirsty Balfour	2nd
W13A	Rachel Balfour	7th
W17A	Gay Balfour	1st
W21E	Jane Hailey	6th
	Janet Fallon	DNF

Yellow 2.1 kms 45m climb

6th	Ann Ambler	W45	57.23
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Blue 7.5 kms 300m climb

4th	Heather Peel	W21	114.26
5th	Fiona Lilley	W21	118.57



Sunday 13th March Lothian 'O' League 6 Cardrona (RR)

Guess who went to the wrong car park to begin with? What a navigator! An interesting and long drive to the start after a muddy registration. An efficiently run event if the computer operator got your name and age class correct. We embarrassed ourselves by beating ESOC. Solway or Tinto next.

White 1.3 kms 35m climb

2nd	Kirsty Balfour	W10	11.33
8th	Emma Mason	W10	18.45

Yellow 2.3 kms 80m climb

5th	Mark Squire	M11	23.26
8th	Andrea Mason	W13	29.37

Orange 2.7 kms 80m climb

14th	Rachel Balfour	W13	48.38
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Light Green 3.4 kms 185m climb

2nd	R.Sinclair/P.Whale	M17	34.08
3rd	Gail Balfour	W17	37.13
4th	Martin Sinclair	M45	38.44
6th	Mark Sodergren	M15	48.00
10th	Graeme Ambler	M15	52.45
14th	Eva Riemersma	W45	63.23

Green 3.5kms 130m climb

1st	Gordon Riemersma	M19	27.46
3rd	Ann Haley	W21	38.56
10th	Rudolph Riemersma	M50	50.58
16th	Ray Heyworth	M65	57.20

Blue 5.6 kms 280m climb

1st	Anthony Squire	M17	42.30
6th	Darina Cunnane	W21	60.49
8th	Bill Mason	M45	61.42
10th	Scott Balfour	M45	63.11
19th	Fiona Lilley	W21	70.46
30th	John Barrow	M45	78.01
41st	Steve Ambler	M45	99.45
44th	Hilary Spenceley	W35	105.37

Brown 7.5 kms 290m climb

2nd	Colin McNeil	M21	57.34
3rd	Ian McIntyre	M21	63.00
4th	Steve Conway	M21	63.11
7th	David Simmons	'M45'	66.17
9th	Andy Spenceley	M35	67.10
21st	'Paul' Inverarity	M40	81.10

Sunday 27th March Scotlandsgaloppen 2 Allean Forest (STAG)

My first time here. Much driving along forest tracks to get to the parking area. A nice forest and an enjoyable run until the last 4 controls when I went haywire. An Inverarity wins a race! His first SG and a successful one. He'll have to see if he can go faster than Kirsty now. The weather was kinder, for the earlier starters anyhow, and the terrain seemed to suit us better with 7 class winners from the club.

M10	Niall Inverarity	1st
M15A	Graeme Ambler	4th
M17A	Anthony Squire	1st
M21E	Andy Kitchin	1st
	Rob Lee	2nd
	Colin Eades	10th
	Ken Daly	12th
M21L	Steve Conway	1st
	David Simmons	5th
	Ben Hartman	8th
M35L	Lorna Eades	(7th)
M35S	Graeme McIntyre	1st
M40L	Colin Inverarity	15th
M45L	Scott Balfour	8th
	John Barrow	14th
	Bill Mason	20th
	Steve Ambler	22nd
M65L	Ray Heyworth	4th
W10	Kirsty Balfour	2nd
W13A	Rachel Balfour	11th
W13B	Andrea Mason	2nd
W15A	Fay Balfour	7th
W17A	Gay Balfour	3rd
W21E	Darina Cunnane	2nd
	Heather Peel	7th
W21L	Ann Haley	1st
W35L	Carol McNeill	1st

Yellow 1.8 kms 35m climb

3rd Emma Mason W10 32.43

Green 4.1 kms 100m climb

8th Finlay Ross M21 58.51
11th Fiona Lilley W21 66.04
15th Karen Dobbie W21 75.22
17th Brad Connor M21 77.57

Lothian 'O' League Placings after 6 events

White

1st	Emma Mason	W10	376
2nd	Kirsty Balfour	W10	361

Yellow

6th	Andrea Mason	W13	292
10th	Mark Squire	M11	186

Orange

6th	Rachel Balfour	W13	217
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Light Green

6th	Martin Sinclair	M45	280
7th	Mark Sodergren	M17	273
9th	Eva Riemersma	W45	260
17th	Rachel Balfour	W13	128

Green

1st	Ann Haley	W21	384
2nd	Rudolph Riemersma	M50	372
5th	Ray Heyworth	M65	295
7th	Graeme Ambler	M15	273

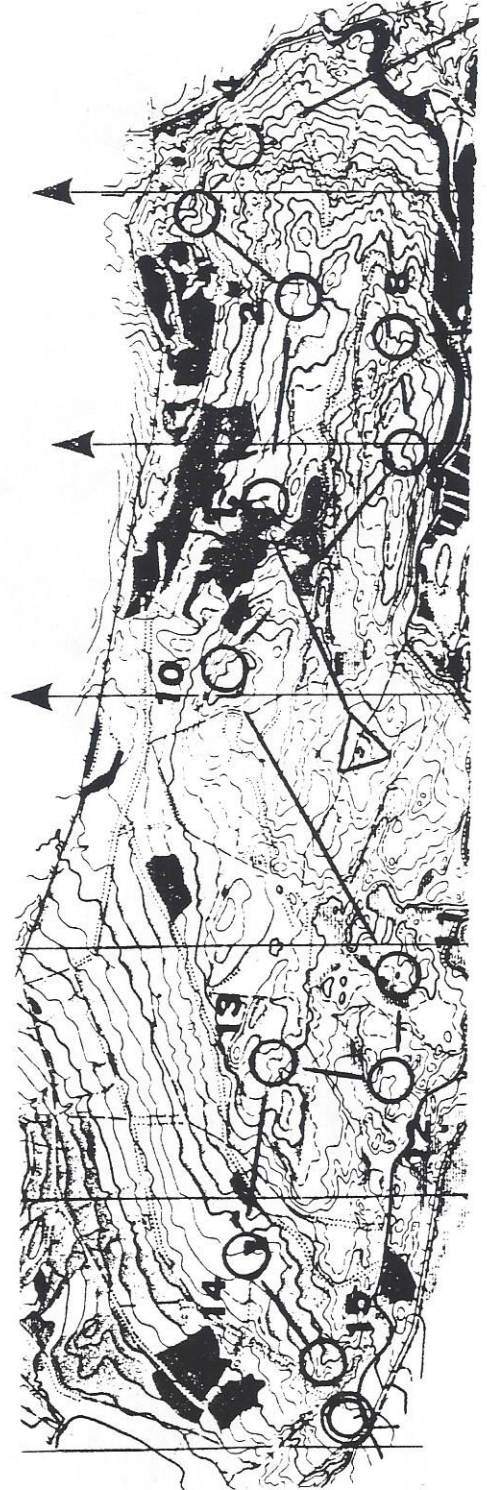
Blue

2nd	Scott Balfour	M45	363
5th	Bill Mason	M45	327
13th	Steve Ambler	M45	286
20th	John Barrow	M45	230

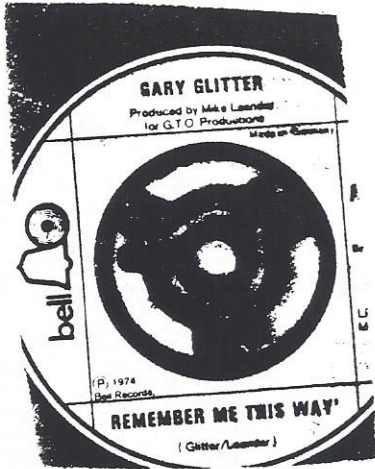
Brown

2nd	David Simmons	M21	346
6th	Colin Inverarity	M40	281
7th	Anthony Squire	M17	277
11th	Andy Spenceley	M35	248
12th	Ian McIntyre	M21	241
18th	Pat Squire	M45	203

One event left to go at Saltoun. How many winners will we have? Will we win another Compas Sport Cup match? Be there if you can.

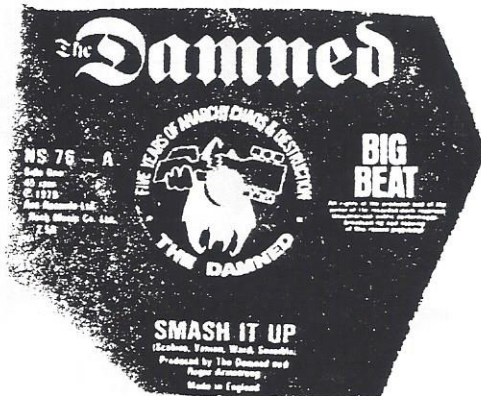


Holding Back The Years



Archive time again as the prospect of a new committee looms on the horizon let's look at some of the wild, whacky characters from the Interlopers past and see if things are any different now.

Way back then the newsletter was difficult to read because it was still hand written. I managed to make out that BOF registration was £1.35, SOA membership £1 and club membership 25p - a princely sum of £2.60. Alastair Thomson (a school chum of my wife) and Hilary Smith had graduated and were now fully fledged Interlopers, swelling the ranks to 14 members. The burning decision of the day was whether Interlopers should become an open club. 11 said yes and 3 didn't bother to reply. There was a stack of Interlopers badges looking for owners. John Barrow got married and for his sins became newsletter editor when the indecipherable Hew Fraser went to New South Wales. Geoff Peck was 23rd in the World Championships in Denmark. A summer event at Glentress attracted only 12 competitors (Is that a surprise? -Ed.), one of them a passing Australian tourist. A club get together was arranged for the Spartans Club in Buccleuch Street.



Sue Mustard another contemporary of mine from the Geography Dept. had now been passed the poisoned chalice of newsletter editor. The club had now mushroomed to 30 members. The events listing publicised the AGM "and the chinky meal" at the Dragon Pearl for the 4th of May. Not quite so politically correct in those days! Scott Balfour was organising a "silly evening" at Beecraigs. In the National Rankings, Carol McNeill was 2nd in W19A, Fiona Craddock 6th in W17 and Ann Heyworth 4th in W13. It was suggested that Steve Terry be given an alarm clock so he could be ready at the changeover point for something which happened at the JK. Enquiries were being made about a club tent.



The reins of responsibility had passed to Ken Ovens who seemed to be chairman as well. He found himself short of copy when the ESOC editor unilaterally decided not to contribute to the then joint publication. Some people hadn't renewed their membership. A group of 10 club members plus hangers-on were going to The French 5 Days near Bordeaux. New club members included Carol and Lorna Boyd, Hilary Fairlie and Graeme McIntyre. Some comment was made about Roger Vandersteen mapping 'The Meadows' and 'Colinton Dell'. Was this a topic of hilarity even then? The Club Meal was at the George Hotel! A colourful character, Pogo Paterson, had volunteered to provide material for a Junior Section which proposed "much slagging off of people called PAKIT and clubs called LINOC and any other crap I can think of. . . . Any good-looking W15-19's wishing to pose on Page 3 should apply in person to moi." Pete Woolverton, Pakit Hyman and Bob Cherry won the Short Open at the JK. Barrow was now . . . in Australia. The merger issue with ESOC wouldn't lie down. There was a desire in some quarters to have an Edinburgh super-club capable of total world domination. ESOC was the older club with a decreasing number of members (46) but a higher proportion of active orienteers. Interlopers had been increasing steadily particularly in the 'yoof' section and boasted 108 members (!!!!!!! - Ed.).



Interlopers registered their first ever win in the Compass Sport Cup. They beat FVO 64 to 61 at Calder Wood. Unfortunately we met ESOC in the next round and were hammered 75 to 48. Perhaps we should have thrown our lot in with them in 1984. Lucy Patterson and Ishbel Mollison were now in the club. Perhaps I should rephrase that. Ann Heyworth was now Ann Haley. Lorna was thanked for her work on the Archerfield map. The AGM had now moved to the Pleasance and the meal to Fat Sam's. Light Green courses were introduced. Scotlands galoppen winners were Ynske in W11, Anthony in M11, Pat in M35 and Scott at M40. Guess where Chairman Steve Terry was? In New Zealand, of course.

Seven Hills

For those of you who get a bit tired of thrashing around in forests here's the summer alternative in an urban environment. 14 miles and well over 1,000 foot of climb. A pleasant (?) diversion from your usual orienteering event. Reigning champion is none other than our very own chairperson, Graeme Ackland, but as these results from 1985 show some of the 'old boys' weren't too bad in their day either!



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21st July, 1985

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PLACE	TIME	ENTRY	LAST NAME	FIRST NAME
1	01:33:32	187	Spenceley	Andrew
2	01:39:28	95	Farningham	Alan
3	01:39:33	174	Dean	Martin
4	01:45:07	66	Balfour	Scott
5	01:45:12	88	Bird	Adrian
6	01:46:03	167	Morris	Robin
7	01:46:09	126	Brown	Ronald
8	01:46:19	80	Armstrong	George
9	01:46:57	59	Rassay	Charlie
10	01:46:58	178	Buchanan	Hugh
11	01:49:18	159	Ely	Arthur
12	01:49:52	68	Cairns	David
13	01:49:09	34	Lavery	Aidan
14	01:50:47	193	Service	David
15	01:51:14	31	Inverarity	Colin
16	01:51:21	47	Prentice	Heriot
17	01:51:34	287	White	Cliff
18	01:52:01	94	Howie	Brian
19	01:52:12	114	Orr	James
20	01:52:51	181	Carmichael	Peter
21	01:53:16	192	Lightbody	John
22	01:53:46	219	Wallace	D.
23	01:53:51	158	Curtis	Ann
24	01:54:07	177	Ogston	Sison
25	01:54:11	87	Haebrey	Nicholas
26	01:54:22	65	Murphy	Brahase
27	01:55:09	195	Kittel	Herner
28	01:55:26	239	Henderson	Bill
29	01:55:39	132	Duff	Alistair
30	01:56:03	143	Malls	Trevor
31	01:56:17	156	Mann	Robbie
32	01:56:21	189	Cherry	Job
33	01:56:23	186	Casbell	John
34	01:56:26	101	Henderson	Douglas
35	01:56:28	92	Coutts	Peter

Well, here I go! Not 100% but I've survived. Put on my 660's. Feel them a bit. Had a good preparation this morning, mentally and physically. Did everything right. Really emptied my bottom. Drove down to Calton Hill. Savouring the pre-race atmosphere. Quite a few running bores about. Posers and blowers. They look keen and competent but my name is up on the lists as one of the few previous finishers and I have a low race number. John Disley starts us. Steady pace up to the Castle. Overtake the fliers, Ann Curtis (an imaginary 'rival' of a similar standard to myself) included. Slide down from the Esplanade. Sore on the bum. Took a few en route to Corstorphine - Ian Marshall (a teaching colleague) and the boy with the beard and the ear ring. Have I started too fast? I'm straining but I think I'm comfortable. See the leaders ahead. Found my position. Steady pacing from there on. 30 minutes down the bottom of the wood (Corstorphine). Putting some distance between myself and those behind me. Catch

up and take the coloured guy by Chesser but lose myself in Craiglockhart. Hands and knees job but I'm still ahead. Lose position on the hill. I stop and slowly take in fluid each time. I lose distance and places here but I 'win' some back in between. Some I don't but it doesn't bother me. Braid footpath at 1 hour. Catch up again. Once more stuck in the gorse at the base. Pick up position on Blackford as well. 1 hour 20 minutes on the way down. Pass John Kerr (a school colleague) at Pollok. He's started an hour earlier in the Challenge. Walk steadily up Arthur's Seat. Pass the old guy (An elderly gentleman I saw regularly around Holyrood Park a lot). The boy with the long hair catches up with me at the Palace. En route to sub 2 hours. He's run up Calton Hill by a pal and an attractive leggy girlfriend. I pull away from him around the last turn. What a time! 25 minute improvement and 15th place. Big J (the wife) hasn't arrived yet. I said I'd be 2 hours so she's missed me in my moment of glory. Typical!

M fortysomething



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I don't seem to have been doing much orienteering recently. Things seem to be going through a bit of a lull at present. The expense and hassle of travelling to more southerly latitudes dissuaded me from attending the British and the JK again. I've yet to take part in either of these major events. What a parochial sod I am! Perhaps someone could write an article about the attractions and delights of either or both of these highlights of the orienteering calendar and make me shed my xenophobia and inertia. I have to say that I almost took part in the JK once when it was up in Tayside a few years ago but a back injury prevented me from competing though I did manage to hobble around the string course with No. 1 and No. 2 sons. Vague mutterings about the standard of the areas used and creditable club performances are slowly filtering through between gasps for breath at the Meadows on Tuesdays. Rob and Anthony were amongst our best performers at the British I gather and Rob and Andy did quite well at the JK I think. I remain to be corrected on these rumours. Perhaps some kind soul could pass on a copy of the results to me for a fuller report in the next issue.

Congratulations are also due to Anthony Squire (M17), a bachelor of this parish on his inclusion in the BOF Squad (Junior Section). Commiserations are due to Gail Balfour who I am led to believe didn't quite make it. Show them they were wrong next time, Gail! With four club members (Andy, Rob, Gordon and Lorna) in the full Scottish Senior Squad also, it certainly looks as if quite a few representative honours, and successes too, hopefully will be coming their way in the near future. Well done all of you! You're a credit to the club when you're not lying in a gutter somewhere after celebrating too much. Apologies readers if there's too much reminiscing for you in this issue. Sometimes up-to-date copy is hard to acquire. The trips down Memory Ride amuse some of the crusties and wrinklies and if you don't like it you can be the next newsletter editor anyway! One thing I did find out in my recent trawl through old newsletters was that one Ian McIntyre appeared to join the club around March 1987. Also in the same issue of Capital 'O', it was noted that a young lady resident in Belhaven Terrace called Jane Smith also joined Interløpers. Synchronicity or did

they know each other beforehand? My first real encounter with Ian was at our record breaking first Compass Sport Cup victory over FVO at Calder Wood when he kindly directed me towards are-entrant. As for Jane the first time I had the pleasure of her company was for a whole morning and much of the afternoon at the Rowardennan car park on Day 5 of Loch Lomond 89. Since then I've seen them often at events (social ones, especially) as they have been some of the most committed and enthusiastic of club members. Ian and Jane have also done their time' penance as committee members and can be relied upon almost without fail to give a helping hand in some capacity at any Interløper event. The arrival of Claire has not diminished the participation in any way and if she is subconsciously taking in all her Dad's advice as he takes her round the string courses she'll be a champion herself in a few years. Here's hoping you all adjust well to the experience of life in the Orient. We wish you all the best on your sojourn out there. Hopefully you'll keep in touch and Ian will come back a better M35 than he was an M21. All the best from your fellow Interløpers!

Stop Press

Kitchin comes a cropper as a result of his punishing training schedule. This is what can happen if you take your orienteering too seriously!



**Don't Forget
the Ceilidh,
LOL 7,
the AGM and
the Meal!**

