

INTERLØPERS

ORIENTEERING CLUB

EDINBURGH

NEWSLETTER NO. 84

July 1992

Constitutional Crisis ?

Well despite exhorting you all to attend the AGM I wasn't there. I was away with a group of children to Paris that week. I see that in my absence that no one came forward to volunteer for the post of editor. Well that's just tough ! You're going to have to put up with me for another year. From what I can gather from my moles everything went fairly smoothly until the obligatory vote arose. The vexed question of voting rights for family members raised its head. After much pondering of the constitution an interim compromise was reached with the matter to be resolved by the incoming committee. What a cop-out ! One suspects the rumbling of stomachs was getting

louder and some buck-passing was the order of the moment.

So anyway, does anyone know whether the Windsor family have renewed their membership yet ? How many are actually in it these days ? Do Diana and Fergie still get a vote ? Should the Queen Mother get a reduction due to the lack of W90 races ? Is Charles in harmony with the elements when he participates ? How many orienteers has the Duke shot at Sandringham ? Will any of them make an appearance at the Six Days at Royal Deeside 93 ? Muck-raking tabloid journalism reaches Interløpers newsletter at last. The end of an era.

84

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interlopers in the news

Extracts courtesy of
'The Scotsman'

Ackland and Salvona make it a double for Livingston

CLUBMATES Graeme Ackland and Joyce Salvona (both Livingston & District AAC) retained their titles in the 13th Tiso Seven Hills of Edinburgh race from the Calton Hill, yesterday, in sweltering conditions.

13th Tiso Seven Hills of Edinburgh race. Men: 1, G Ackland (Livingston) 1:40.02; 2, J Wilkinson (Gala) 1:42.01; 3, D Bell (Haddington & East Lothian Pacemakers) 1:42.17; 4, C Farquharson (Hunters Bog Trotters) 1:43.36. Veteran: B Gauld (Carnethy HRC) 1:50.14 (12th).

Kitchin wins third round in hills championship

THE British international orienteer and World Cup reserve, Andy Kitchin (Livingston and District AAC), won the third round of the Scottish Hill Running championship at the Culter Fell Horseshoe Hill Race from the Crook Inn, Tweedsmuir, yesterday over a new course in 1hr 51mins 11secs.

Mark Rigby (Westerlands CCC) finished second in 1hr 58mins 7secs with former Scottish champion Dermot McGonigle (Shettleston Harriers) third in 2hrs 2mins 7secs for the 12-mile 4,000ft climb.

The championship leader, Neil Wilkinson (Manchester University), led for most of the way but could not find the last checkpoint and failed to finish in the first ten.

The former Scottish junior international, Hayden Lorimer (Haddington and East Lothian Pacemakers), beat

veteran Jim Knox (Teviotdale Harriers) to win the 3½ mile 1,350 foot Rubers Law Hill Race from Bonchester Bridge in 29 minutes 40 seconds yesterday.

Cairngorm trio break record

THE FIRST three finishers broke the 13-year-old course record at the Cairngorm Hill Race from Glenmore, which incorporated a Scottish Men's World Cup team trial, on Saturday.

Edinburgh-based English international, Peter Dymoke (Livingston and District AAC), was almost 2½ minutes inside the previous best for the ten-mile 3,000ft climb in 1hr 9min 51sec.

Dermot McGonigle (Shettleston Harriers) narrowly beat fellow Scottish international, Fraser Clyne, for second in 1:11:19.

Dymoke followed up yesterday by winning the first Holyrood Biathlon in the Queen's Park, Edinburgh. He completed the race up Arthur's Seat in 21:27 and the two-lap cycle race in 20:12.

Scottish orienteering internationalist Pakit Hyman was recovering in hospital on a drip feed yesterday after winning the Scottish Mountain Trial 23-mile course in Galloway with Edinburgh Interlopers partner Tim Brand on Saturday.

Results: Scottish Mountain Trial, Newton Stewart. Course A, 23 miles: P Hyman and T Brand (Edinburgh Interlopers) 9:55.58. Course B, 15 miles: D&K Parker (Manchester) 5:15.13. Course C, 10 miles: D Turner (Solway) 3:51.53 (first lady).

The 'big boys' seem to have been busy of late. Judging by their success maybe they should concentrate on fell/hill running rather than orienteering.



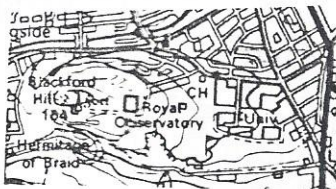
Interlopers Club Championships 1992



Come along and enjoy yourself at this novelty event and probably embarrass an elite orienteer or two.

Who can guess what devious scoring system Planner / Controller Bankhead will come up with?

Sunday 9th August at 11.00 a.m.



Meet at the Observatory Car Park
on Blackford Hill

Letter From Sweden



Dear All,

I hope that orienteering in Scotland is keeping you happy. Over here there aren't many competitions at the moment as the elks are calving. Still, I ran a few competitions a couple of weeks back: 2nd twice, as well as winning the club cross-country championship.

Then last week I was at the world's biggest orienteering relay, the Jukola, in Finland. It's a 7-leg overnight relay, similar to the Harvester, but with a slight difference. There were 1400 teams running! (Plus a further 500 in the 4-leg womens' relay). (The women over there have 4 legs? - Ed.)

It was very well organised, and in fairly rough terrain, although the winners still managed around 6 minutes / kilometre. My club here are organising the "Trosa Stadslopp" on Friday 26th June, which

is a road race around the town: 8.7 kilometres in 25 minutes is the record time. Hmmm. Fast! There will be around 2500 competitors, so it's quite a big organisational task, only a month before the 5 Days, (for which, by the way, you may still be able to get a (very) late entry in).

Well, that's about it - Enjoy your summer and I'll see you all in the autumn.

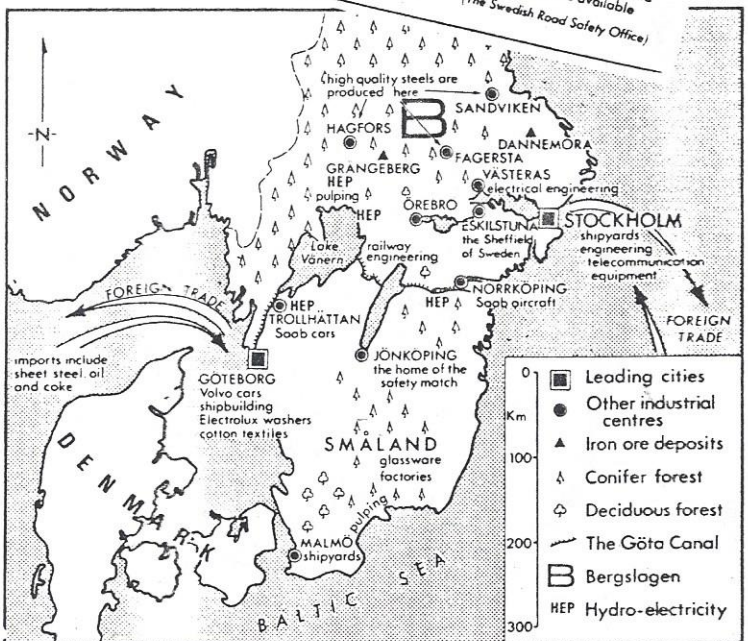
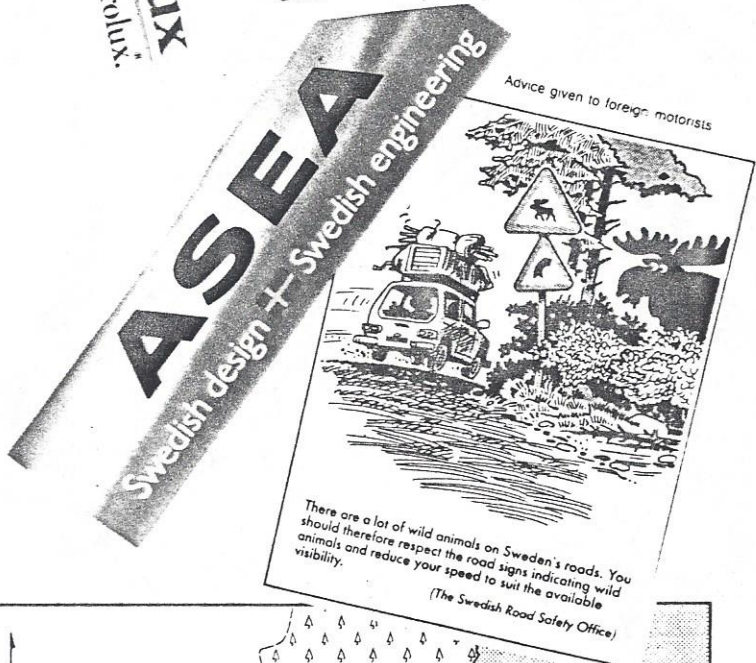
Gordon R

 Söderenergi

And still the letters keep on coming from foreign parts. Truth be told, I receive more from abroad than I do from Edinburgh. Get writing you lazy lot. We've had a letter from Sweden previously but I'm not proud, I'll publish anything. Well almost! Många takk, Gordon, for your letter.

SAAB
 Made in Sweden
 Market share 0.58%
 UK dealers 104
 Range
 Saab held steady in 1992. Their range consists of the 900, 9000 and CD. The 900 comes as a 2-door, 5-door and 2-door convertible. The 9000 hatch has had a face-lift and is called the 9000 CS. The CD Range of luxury saloons is largely unchanged. New models General Motors have recently bought Saab; new Saabs are likely to rely on GM parts.





Electrolux
 Don't worry. It's Electrolux.





DARNAWAY





magnetic
north


- 
Sunday 26th July
PO Local Event
Faskally
 (NN922592)
 Information from
 A. McLennan
 (0769 3672)
- 
Sunday 26th July
FISU World Student
Championships
Deeside
 Offers of help to
 Graham McIntyre
 5 Summerhall Place
 Edinburgh, EH9 1QE
 (031-668-1851)
- 
Wednesday (?) 26th August
ESOC Local Event
Hillend
 (NN385373)
 Information from
 A. Lessells
 (031-337-1144)
- Check this
 one ! It
 seems to
 have disap-
 peared from
 the SCORE
 Fixtures
 List.
- 
Sunday 30th August
14 Person Relay (ESOC)
Archerfield Estate, Gullane
 Pre-entries to
 Bill Stevenson
 21 Orchard Road
 Edinburgh, EH4 2EP
 (031-332-3045)
 £21 per team. No EOD.
 Closing Date 15th August

 **Saturday 5th - Sunday 6th September**
Harvester Trophy (ESOC)
 Devilla
 (NS950080)
 Information and entries to
 Janet Clark
 13 North West Circus Place
 Edinburgh, EH3 6SX
 (031-225-7771)
 £49 per team
 Closing Date 8th August

 **Wednesday 9th September**
ESOC Local Event
 Bonaly
 Information from
 J. McLaren
 (031-667-3988)

 **Saturday 19th September**
Scotlandsgaloppen 5
 Achilly, Contin (INVOC)
 (NH442568)
 Pre-entries and enquiries to
 S. Carroll
 Wilson's Building,
 Main Street,
 Golspie KW10 6TG
 (0506-32222)
 £4 / £2
 Closing Date 9th September
 Limited EOD

 **Sunday 20th September**
Moravian Badge Event
 No further details yet.

 **Sunday 27th September**
LOL 1 (LINOC)
 No further details.



Events

Mutterings From The Chair



As the newly elected Chairperson of your committee it seems appropriate that I should say a few words:

Firstly, I would like to thank Charlie (the outgoing Chairperson) for the superb job he did while holding said post, and to wish him all the best in his new job. I hope that Charlie's change of job and location (darkest Aberdeen), will not prevent him from continuing to play an active role in the Club.

I would also like to thank the other outgoing committee members for their good work and commitment over the past year(s). Thanks also to the newly elected members, and of course to those who continue to serve. While being on the committee is in my opinion not an odious job, it still requires the sacrificing of precious "free evenings" for meetings, and much other work besides. John, Colin and Pat are singled out for special mentions here as their posts carry the largest workload.

I'm sure that some of you are wondering how on earth such a disorganised, anti-establishment, unworthy idiot as I, can have come to be in such a position; Well, it's your own faults!: I thought that the turnout at the A.G.M. this year was disappointingly low, especially in comparison to our relatively large numbers of active members at events this season. This was especially apparent in the M/W 21 & 35 age groups. Amongst the people who were present, I seemed to be the only person willing to stand, and so to the consternation of some, I was voted in unopposed. This is called Democracy!! I would be the first person to admit that I am a highly inappropriate choice for the job; Indeed, I don't particularly relish the prospect, but you (and I) are going to have to put up with it until the next A.G.M. Anyway, I shall do my best. I hope that will be good enough to avoid any Haiti style coups.

Well, enough of such matters. Now a few thoughts on the coming year: At the first committee meeting, which incidentally seemed to go smoothly enough, it became apparent that our commitment to

events in the coming year will be high; apart from our usual O-League, C.A.T.I. Summer Series events, etc., we are expected to be the driving force for one day of the Six Days (with Perth and West Fife) and also put on the Scottish Score Championships and a Badge Event. While I have no doubt that we will be able to raise plenty of people to help on the day for these fixtures, we really do need people who could either plan or organise (both of which could be jobshared), and we need you now! I suggest that we should try and combine the Score and the Badge as a weekend, which reduces the overall workload and may attract people from further afield than would travel to a single fixture. Details of posts that need filling are given elsewhere. Please give them some thought; If you don't feel confident of your ability/time/commitment/experience, you can always be assistant planner or organiser which makes the job less daunting for you and whoever else is involved.

The Club as a whole has had an active and succesful past 12 months, although despite many excellent individual performances we still lack depth in the junior classes. This seems to be the case throughout the sport in Britain. I have quite strong views about this problem but will leave them for another time, as you are probably all bored of my mumblings by now. Nevertheless, our profile is higher than it has been since the 'glory days' of Carol McNeill, Geoff Peck et. al. I only hope that in the next 12 months we can continue the upward curve!

That seems to be about all I can think of for the time being. I hope you all have pleasant summer hols; those lucky enough to be going off to a foreign multi-day certainly make me envious. There is traditionally a bit of a lull in home events over the next month or so, but I hope to see familiar faces here and there.

Bye for now

The Chairperson's Bit

Interløpers Committee 1992/93



Chairperson:	Pakit Hyman	5 Summerhall Place, Edinburgh, EH9 1QE 031-668-1851
Secretary:	John Barrow	3 Charlton Grove, Roslin Midlothian, EH25 9NY 031-440-2136
Treasurer:	Ian McIntyre	1F2, 1 Leven Terrace, Edinburgh, EH3 9LT 031-229-0618
Social Secretary:	Andrew Bankhead	3 Heriot Hill Terrace, Edinburgh, EH7 4DZ 031-556-5141
Newsletter Editor:	Colin Inverarity	161 Dalkeith Road, Edinburgh, EH16 5BY 031-668-2170
LBOA Representative:	Pat Squire	26 Swan Spring Avenue, Edinburgh, EH10 6NJ 031-445-4830
Junior Member:	Gail Balfour	23 Buckstone Loan, Edinburgh, EH10 6UD 031-445-3966
Ordinary Members:	Eva Riemersma	36 Buckstone Loan, Edinburgh, EH10 6UD 031-445-4419
	Steve Ambler	105 Greenbank Road, Edinburgh, EH10 5RS 031-447-2634

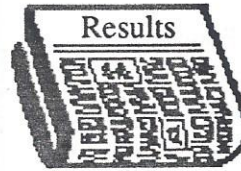
So this is the lot you have to complain to this year. Some familiar faces with an injection of fresh blood too. If you have any points you want to raise, grab hold of any of the above mentioned committee members and vent your spleen to them.

This Month's Competition



Spot The Orienteer

Put an X at the spot nearest to where you think the Chairperson was.



Scottish Championships 23rd/24th May Darnaway and Anagach

No National Champions for us this year. The competition seems to have been a bit stiff. From what I can gather, most people enjoyed the championships though. Not having any of the three promised reports I can't comment with complete accuracy! Some of our "better" results are listed below. Lucy was actually 15th out of 19, but she probably had other things on her mind then.

M21E	Andy Kitchin	11th
	Rob Lee	15th
	Pakit Hyman	18th
M21L	Robin Galloway	22nd
	Ian McIntyre	25th
	Pete Kinny	27th
	Phil Smith	34th
M21S	Andrew Bankhead	8th
	John Kenworthy	31st
M35L	Tim Jordan	21st
M40L	Dave Marshall	6th
	Pat Squire	28th
M45L	Scott Balfour	14th
	Rudolph Riemersma	29th
M60L	Ray Heyworth	11th
W11A	Rachel Balfour	14th
W13A	Fay Balfour	4th
W15A	Ynske Riemersma	3rd
	Gail Balfour	11th
W21E	Jo Mitchell	17th
	Cathy Tilbrook	26th
	Janet Fallon	28th
W21L	Lucy "Patterson"	15th
W21S	Lesley McFarland	10th
W45S	Eva Riemersma	7th



"If there's one thing I can't stand it's following!"

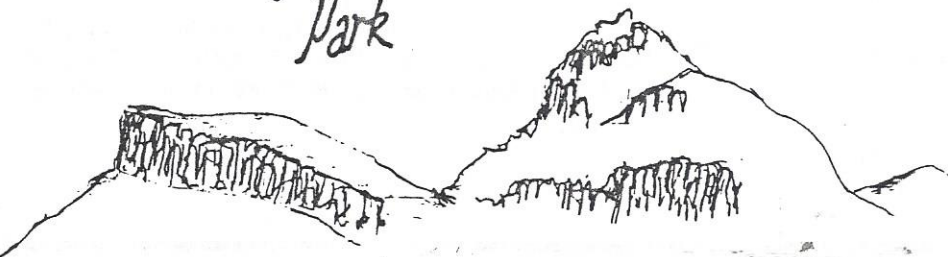
The relays seem to have been more successful for us. Maybe because there are fewer competitors so wherever we finish automatically looks better. Charlie's comment a while back about needing to organise the relay teams beforehand seems a good idea. Perhaps we could think up some more inspired names than INT's 1-11. Doing a report with names like that doesn't have much of a sparkle. Who remember's Scott's suggestions of a few years ago? Should we resurrect the INTelligents, the INTotrees, the INTerglacials, the INTerposers, etc. ?

Junior Ad Hoc	INT 11	4th
W17	INT ??8	1st (n/c)
Women's Open	INT 5	6th
Men's Open	INT 1	2nd
	INT 2	9th
	INT 3	20th
	INT 4	33rd
M35	INT 6	4th
M40	INT 7	6th
Ad Hoc	INT 10	40th
	INT 9	60th

LBOA Inter-Club Championships 31st May Holyrood Park

I had a pleasant and exhilarating run around this familiar terrain finishing not far behind Simon and Ian but starting a fair bit before them! This time I coped alright with the 1st. Despite not "organising" a team we came 2nd. Is there a moral there? Scrutiny of LINOC's results suggest dubious practices with Dave Lane and Ian Hendrie running green. And the latter a club member as well! Never mind it was fun. Talk on the way back to the car focussed on the feasibility of breaking the legs of the young ESOC whippets. They just seem to get faster and faster and keep on winning.

*Holyrood
Park*



1.	Linlithgow	138
2.	Interlopers	121
3.	Edinburgh Southern	120
4.	Roxburgh Reivers	38
5.	East Lothian	28
6.	Heriot-Watt	24

Team Balfour had better watch out. The junior section of Team Inverarity accounted for 17 of our points. M6 beat M8 despite W35 marking down a control wrongly on his map. She shouted at M8 telling him he was going the wrong way and she wouldn't listen to him that he was. On calculation however the Balfour family seem to have scored 46 points, almost as much as ELO and WATTOK combined.

Compass Sport Cup Match 7th June Creag Vinean

No one's given me a definitive break-down of the final scores but I think I can say without hesitation that WE LOST.

Your editor was getting slightly worried that he'd taken the wrong turning in the forest getting to the car park. After much driving along dry, dusty forest trails the assembly point was reached. First impressions were not a lot of people there. Charlie arrived soon and assumed the role of team organiser in the absence of anyone else remotely competent. Instructions for us were scrawled in the dust on his back windscreen which lasted for 2 minutes until he decided to get his kit out of the boot.

I decided to get the whole thing over with on the premise that I would probably be out there for some time. It turned out to be a scorcher and the climb from Control 2 to 3 was enough to get me on my hands and knees and incapacitate me for the remaining 13, struggling all the while to get my breath back.

John Barrow issued similar sentiments when he finished slightly bedraggled, dripping with sweat, short of breath and patience with the planner who had him climbing up through the heather so early on in his course.

There were others though who were a bit more pleased. Steve Conway finished looking remarkably fresh and spoke of "grooving along - You know. You're just running along nicely, enjoying yourself and you hit a few controls spot on." Self-deprecating chap that he is he confided that there were a few that he didn't fall over but he didn't seem to run too badly in the end.

In the absence of any definitive scores, a rough calculation based on guessing where ESOC deployed their runners on the Brown course would suggest a final result of ESOC - 72 points and Interlopers - 52 points.

YELLOW

Fay Balfour	1st	6pts
Rachel Balfour	5th	2pts
Lucy Barrow	15th	1pt

LIGHT GREEN

Graeme Ambler	4th	4pts
Tim Barrow	9th	3pts
Eva Riemersma	11th	2pts

GREEN

Ray Heyworth	11th	3pts
Gail Balfour	14th	2pts

BLUE

Lorna Boyd	3rd	4pts
Heather Peel	9th	2pts
John Barrow	16th	1pt

BROWN - A

Andy Kitchin	1st	6pts
Steve Conway	3rd	5pts
Charlie Walton	6th	4pts

BROWN - B

Pat Squire	14th	4pts
Scott Balfour	25th	2pts
Colin Inverarity	28th	1pt

dnf

as well as standing for did not finish, on this page it means **do not forget!**

For those of you who want to indulge in some group training, remember the interval sessions in the Meadows on Tuesday evenings at 8.00 p.m. and if you want a longer run be at Meggetland at 6.00 p.m. on Thursdays. Alternatively you can always strengthen your elbow if you go along later to the Gold Tankard on Tuesdays or the Glenraig on Thursdays afterwards.

The World Student Championships are on Deeside at the end of the month. Us ordinary orienteers can take part in some events on the courses used. With the event calendar being a bit slack just now it might be worth making the trip up north for some orienteering in interesting and challenging terrain.

The club receive two newsletters from other clubs. Moves are afoot to widen the exchange of newsletters to give the editor the opportunity to plagiarise useful articles and ideas. If you are interested, I regularly receive copies of the NEOC Times (The New England Orienteering Club) and RROAR (Roxburgh Reivers) at present. Let me know if you want to have a look at any of them.

Elsewhere in this august publication (it's July, you idiot! - Ed. to Ed.), you may have noted Pakit's plea for volunteers to help out at various forthcoming events. So what or who do we need?

Well, our first commitment is this year's LOL event to be held on Sunday 25th October. This clashes with the Karrimor Event which will be held down in Devon so some of you might not be available. However, in a rush of blood to his head at the last committee meeting and not noticing that the rest of us had taken two steps back, John Barrow boldly went where few have gone before and offered to be planner. His thoughts for the event seem to be circling on Beecraigs or Bowden Hill and he was thinking of asking Jim Heardman of ESOC to be controller. That leaves us with an organiser to find. Are you that person?

Looking forward to next summer, we have been asked to help out, along with Perth and West Fife, on Day 4 of the Six Days on Deeside. The event is to be held at Ballogie which is situated midway between Aboyne and Banchory. Apparently it is a "large area of gently sloping forest of mixed age, with some intricate contouring and a good network of roads and tracks." The requirements here are assistant controllers, planner(s) and day organiser. These posts may be covered by Graeme Ackland, Charlie Walton and Eva Riemersma but don't let that prevent you from offering your services. This newsletter has been known to provide inaccurate information in the past. Whatever happens, we will probably have to provide the bulk of the on the day personnel so keep that in mind when you book next year's holiday.

Venturing further into the mists of time and space, we have been given responsibility for next year's LBOA Championships and the 1994 Scottish Score Championships. As far as I know we have no officials, no dates, no venues, no idea. Over to you!

	Planner	Organiser	Controller
LOL 2 Oct 92	✓	×	?
Day 4 Aug 93	?	?	?
LBOA Champs 93	×	×	×
Scottish Score 94	×	×	×

Fill all these boxes with ticks please

The 14-Person Relay is coming round again. ESOC are holding it and have managed what we seem incapable of doing - getting permission to run on Archerfield! Never mind, we're bound to make some money on map sales.

And make sure you don't forget the Club Champs, the Harvester Meal, The Try-O Week Events in September, the BOF 25th Anniversary Jubilo Weekend in Durham in October,

Junior Page

Congratulations are in order to quite a few of our junior members for a variety of reasons starting with a big

Well done to Ross Graham and Graham MacDonald of George Watson's College for their consistent performance in the LOL series. Perhaps next year we'll see you moving up to Light Green Courses.

Fay Balfour and Ynske Riemersma were part of the Scottish team which took part in the Junior Inter-Regional Competition held in the West Midlands at the end of June. Anthony Squire and Gordon Riemersma would also have been members if they had been available.

Anthony and Ynske have also been selected to go on the BOF Junior Tour to South Sweden. Have fun and make sure there's another letter from Sweden at the end of the summer.

Still technically a junior but moving up and onwards, Gordon has now been asked to become a member of the BOF squad. Congratulations from all your fellow Interlopers on your achievement. It must be very encouraging for you. The year in Sweden has obviously benefitted you and you'll have the support of a few club members in the squad already to keep you on your toes.

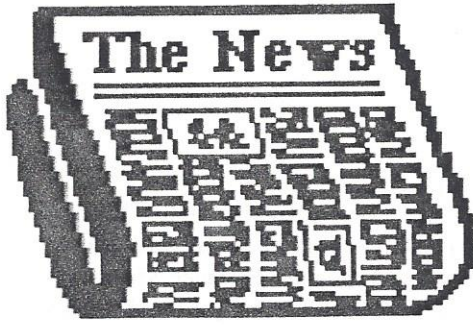
For all of you who have been intimidated by Eva into buying horrible, sweet, sticky things from her during the Summer Series, the possible premature loss of your teeth has not been in vain. The money collected is going towards the financing of training weekends for LBOA (?) Juniors.

A big welcome also to Gail Balfour as our new junior member on the Committee.

How good is your route choice? Look at the map below. One route leads out and one leads back. Can you judge the safest and fastest route to take. Argue with your mum, dad, big/little sister/brother afterwards.



2 route choices are tried.
The route choices are drawn in. One leads out to the controls, the other back to the start. Which was the best choice?



"Just think. We could be back home orienteering and running the risk of Lyme's Disease instead of basking in the sun here getting skin cancers!"



Demand for club members' services as controllers seems to have been on the increase recently. Ray Heyworth was the overseer for SG4 at Elibank while closer at home, Janet Fallon controlled the Inter-Club Match at Holyrood. Well done the pair of you for the effort put in and the time you were willing to give up for your sport.

Congratulations again to Mr and Mrs Galloway on their recent marriage and best wishes to John Kenworthy and Lesley McFarland on their forthcoming tryst this summer. Is there a special discount on family membership this year?

Interløpers will continue to have a say in the higher echelons of orienteering and how our sport develops with the election recently to the SOA Committee of Rudolph Riemersma and Colin Eades. They are your representatives. If you have any points you want to raise with our sport's officials, let them know.

LOL

Our event at Calder Wood, so expertly planned and organised by Messrs Kitchin and Hyman was the last in the series. The final results have been published and the leading Interløpers were as follows:-

White

4th	Mark Squire	M10	225
10th	Tim Abbott	M10	157

Orange

2nd	Ross Graham	M15	349
8th	Graham McDonald	M15	226

Light Green

8th	Graeme Ambler	M13	210
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Green

2nd	Ray Heyworth	M60	356
5th	Steve Ambler	M45	334

Blue

6th	John Barrow	M45	347
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Brown

6th	Anthony Squire	M15	352
7th	Pat Squire	M40	336
12th	Colin Inverarity	M35	294

Welcome to two new Interløpers! Aileen Cruickshank and Neil Melville have both joined the club recently. Neil should add some team spirit to the club, being enthusiastically raucous usually in his support for his former club, EUOC. Happy and successful orienteering to you both.

Scotlandgaloppen

The summer lull is upon us, there have been four events and we're more than halfway through the series, so how have we been doing. Fairly well as a club it would appear, but not quite so well individually. In the unofficial SG Club League, Interløpers are 1st amongst the large clubs. We came 2nd at Penninghame, 2nd at Inchmarnoch, 1st at Hill of Fare and 2nd at Elibank. And I haven't even managed to take part in any of them.

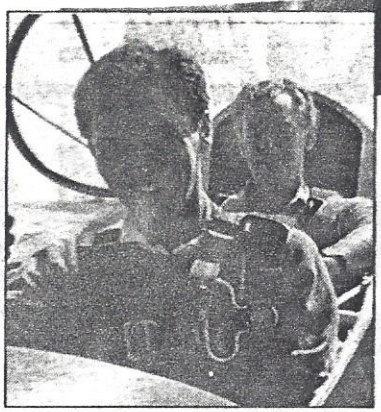
1st.	Interløpers	1094 pts
2nd.	ESOC	1169 pts
3rd.	CLYDE	1210 pts
4th.	GRAMP	1621 pts
5th.	FVO	1709 pts
6th.	INVOC	1867 pts

M21E	Colin Eades	2nd	3116
M40L	David Marshall	4th	3000
M45S	Steve Ambler	1st	3219
W17A	Ynske Riemersma	3rd	2606

Famous Orienteering Songs



"I'm Gonna Wash That Forest Right Out Of My Hair"



● Left prize-winner Derek before he set off and above instructor David Bruce

Flying HIGH



THE weather conditions were perfect but not everything was a complete breeze for our gliding competition winner.

For Derek Bearhop, of Slateford Road Edinburgh, had to contend with only a cup of tea for breakfast and a few butterflies in his stomach!

Derek had won a morning's gliding instruction at the Scottish Gliding Union's Portmoak Airfield on the shores of Loch Leven, through a highly popular *Herald & Post* competition.

The 31 year-old civil servant had previously been up in a glider when he had been "joy riding" but he had never had a lesson.

"Despite being up before I

Derek takes to the skies thanks to a Herald & Post competition

was full of nervous tension," he told us.

"It was slightly bumpy on the take-off - but when the tow plane left and we were on our own in the glider it was so quiet and smooth."

"The feeling of freedom was wonderful and I was able to see the Tay, the Forth and Perthshire from 2000 feet," added Derek.

"I was given full control of the glider in my second flight but I was relieved to know I could hand over the controls to my instructor David Bruce if things got out of hand."

INSIDE:

A FLIGHT OF FANCY: Civil servant Derek Bearhop was the winner of a morning's gliding instruction, the prize in a *Herald & Post* competition. And last week, courtesy of the Scottish Gliding Union, he had an exhilarating time soaring over the Fife countryside.

Rumour has it that this fellow used to be an Interloper. So this is the sort of thing they get up to when they stop orienteering !

M thirtysomething



84

Well, I actually managed to cram in some orienteering before the end of term. Admittedly, I had to wait until after I came back from Paris to do so. So I confess, I was one of the two M/W 35's who didn't attend the AGM. Where was Tim Jordan then? We seem to have an enthusiastic and competent blend though on the Committee again to steer the club through 1992/93. What is probably needed most is a bit more dialogue and feedback so that we can serve you the club members better. Get involved you lot!

The family finances took a knock a month or so ago with the purchase of a new pair of running shoes. I'd convinced myself my injury was the result of an old pair of NB577's whose mid-sole had begun to pass its run-by date. So I started running again. The weather seemed to be kind and I even took my trainers to France with me. I trotted around the streets of Montparnasse a few times losing myself on one occasion by not being able to tell my boulevards from my

avenues. Some orienteer me!

Back home there as our event in the Park to enjoy. A pleasant and invigorating romp from Dunsapie to the Craggs and back on a lovely summer's evening and in a fast time too. Many thanks to the organisers of that event and the one I missed at Colinton Dell. The junior members of the tribe were given a bit more leeway by Mum and Dad on the White course but their navigational skills obviously still need some honing having to be reined in before they hit St. Margaret's Loch.

Next it was Beecraigs. I saw a few parts I hadn't seen before and I wasn't lost either. There didn't seem to be all that many orienteers there. The alternative series held by clubs such as ELO and RR may be having an effect on the numbers participating. Obviously there is a move to build up a local base of activity and/or members. For those of you turning up at Colin Eades' flat to go for a run round Arthur's Seat, he was here!

Then to round the season off, risking life and limb negotiating the single track road up to Bonaly. A party atmosphere in the air with the impending barbecue. M5 and M8 did very well here and were leading the White course for a whole minute. I had worked up enough courage to ask the wife if I could buy a new pair of O-shoes. I could have done with them earlier but I didn't dare ask. Colin couldn't help but notice my nice, shiny Walsh PB Trainers at the start. After the initial slog up the hill things seemed to go fairly smoothly and I hit the controls fairly well although route choice on a few could have been better. I was quite pleased with my 34 minutes. Eades needless to say went round in 25 minutes and Charlie had similar time. Various international orienteers (Lorna and Rob) found their true vocation manning the barbecue with Eva. Most appreciated it was too! Can you do anything about the midges? So now my mileage is up, I'm losing weight, my speed's improving - Where are all the O-events?

Harvester Preparation Dinner

Wednesday 2nd September



Chez Jules

1 Cowan's Close

(One of those funny little wynds
down off Cockburn Street)

Not 100% confirmed yet but most likely that it will go ahead. A chance for strategy and teams to be arranged for the keen ones doing the Harvester Relays and a good excuse for the rest of us to have a pleasant meal at the start of another season. The first 16 to register interest with Andrew (556-5141) or Janet (554-0090) get to go. Phone now!



HRH's response to the editor of
Interlopers newsletter.