

INTERLOPERS

ORIENTEERING CLUB • EDINBURGH

NEWSLETTER NO. 77 MAY 1991

It's that time of year again - the AGM is nearly upon us, and changes are afoot! Although not strictly official until 16 May, I can give you advance warning of my resignation from the position of newsletter editor (this is getting to be a habit - I just resigned from my job last week!). This will give you all time to think of who could replace me. Do we have any budding scribes out there?

I'm afraid my attempts this past year have fallen way short of what they could have been, and what I would have liked them to be, but . . . well, a lot depends on contributions from you! It's your club newsletter and whatever you want to see can go in it!

I hope some of you will consider standing for the post - or any other committee place which may become vacant. Just come along to the AGM next week. Remember the meal afterwards too - always a sociable affair (do come, even if you can't make it to the meeting).

I'd like to belatedly welcome everyone who has joined the club in the last year. I hope you'll continue your membership for many years. And lastly, **Congratulations!** to our star team of Pakit Hyman, Rob Lee and Andy Kitchen, who won the relay at the British Champs on Sunday 5 May.

Well, cheers folks, see you on 16 May,

Ishbel Mollison

INTERLOPERS ANNUAL GENERAL MEETING

THURSDAY 16 MAY 1991

Edinburgh University Sports Centre, The Pleasance

7pm

and afterwards, at 9-9.30pm, a Mexican meal at

The Coconut Grove

3 Lochrin Terrace

We've booked for 24 people, but could probably exceed that if necessary. It's **Bring Your Own Bottle** ('cos the Manager was on holiday in Spain when the licence came up for renewal!), and there are a range of European dishes if you're not too hot on Enchilladas, Tacos and Burritos!

SCOTTISH CHAMPS '91 UPDATE

The big day - the 8th June in case you'd forgotten - is fast approaching and things are getting busier and busier. Entries are streaming in, the courses are planned, equipment is being gathered, and jobs are being allocated to people. We really do need everyone in the club to help on the day - you might not be kept busy all the time if things go well, but we need cover in case there are problems. The organisers will be getting in touch with people and passing on details of when you are needed and where - if you haven't heard please get in touch with Janet Fallon (031 554 0090) or Jan McClean (031 337 4397).

About the time you get this newsletter we'll be putting the programme together - any advice on cheap printers would be very welcome. After that the next big job is entries (lots of putting things in envelopes), then overprinting, then making up the map units. Just contact an official (Janet, Jan, myself, planners Scott Balfour and Simon Thompson, or Graham McIntyre (entries co-ordinator)) if you can help out with any of these. Also making signs, making a string course, and making cakes etc. that can be sold to raise funds to support our Juniors going on training and representative tours.

We need a lot of equipment for the event and a lot of jobs could be made more comfortable, especially if we are unlucky with the weather, if we can get together quite a few tents, tables and chairs. If you have a tent or suitable field furniture could you lend them for the event? Large frame tents would be particularly useful, but even a wee flysheet could provide useful shelter. Please do get in touch with Janet, Jan or myself if you can help.

We would like as many club members as possible to forgoe running in the event. Juniors can have a run, and likewise seniors who are genuine championship contenders (we know who you are!), but we'll try to arrange early or late starts to fit in with jobs. We can't stop others who want to compete from running and we'd rather you came along to run AND HELP than not coming along at all, but please do consider missing out on the run and just helping. You can go out on the Friday if you like and can always help to bring in controls at the end. If you are going to run and help, get in touch with Graham McIntyre so that a suitable early/late start can be arranged.

Charlie Walton (031 554 0090)

1991 ANNUAL GENERAL MEETING

To be held on Thursday 16 May 1991 at 7.30 pm in the Meeting Room at the Department of Physical Education, 46 The Pleasance, Edinburgh

AGENDA

1. Apologies for absence
2. Minutes of the 1990 A.G.M.
 - a) adoption
 - b) matters arising
3. Chairman's Report
4. Financial Statement for the Year ending 31 March 1991
5. Members' fees for 1992
6. Election of Office Bearers:
 - a) Honorary President
 - b) Chairman
 - c) Secretary
 - d) Treasurer
 - e) Social Secretary
 - f) Newsletter Editor
 - g) Junior Member
 - h) Ordinary Members
 - i) Area Representative
7. Any Other Business

Down in the Woods

The club AGM and Dinner take place on 16th May and I hope you will ALL be able to attend. We do try to make sure the AGM is not a long, boring meeting and most things that are discussed will be directly relevant to you as a club member. As usual the main business is electing a Club Committee for the coming year, and we will be looking for at least a couple of people to fill in gaps, in particular Social Secretary and Newsletter Editor. Being on the Committee only involves half a dozen meetings per year (currently Monday evenings) and we try to keep these friendly, interesting and not too long, though there's usually plenty of business to keep us busy.

Producing the Newsletter is quite a big job but it is very important for the club. Isabel is unfortunately unable to continue as Editor for the coming year so could YOU take it on? Please do get in touch with the Committee if you think you might be able to.

Relay teams: The club has entered teams at the JK and British Relays already this year, and we will be entering teams at the Scottish Relays and maybe at the Harvester. This all costs us quite a lot but it is reckoned to be a good use of our resources; the system only works, however, if people who want to run make the effort to get in touch with the co-ordinator before the entry date. Please don't just assume there will be a run available. Coming back to the Harvester, it's in the deep South this year and in early September so I doubt we'll have a big turnout, but if you would like to go tell the Committee and why not volunteer to act as club co-ordinator?

Summer Series: I hope there are more Summer Series details elsewhere in the Newsletter as I don't know what's going on yet, but I do know we will be putting on an event at Colinton Dell on the 8th May and that the more help that is around the better. Pat Squire is running the show but please do come along to lend a hand.

6-Day: If you are going to the 6-Day this Summer, please get in touch with Jane Smith, who has bravely volunteered to co-ordinate the Interlopers effort on Day 5.

Bright ideas needed department: Can anyone out there think of good venues for our Lothian O League event next year (February perhaps?) or for a future Scottish Score Championships? And how about this year's Club Championships: venue, organiser and ideas needed!

Tour funding: Once again various club members will be off to orienteer in interesting places this Summer, some of them on representative tours. I'm sure you will all join me in wishing our members who are seeking selection for the World Championships the very best of luck. We've already heard that Gail Balfour and Ynske Riemersma have been selected for a Scottish Juniors tour that includes the World School Championships in Finland. Tours like these are expensive and much of the cost is borne by the participants (or their parents!) so any sources of funding are always very welcome; the club has some funds available to help members with tour costs (apply to the Committee) and we're also hoping to generate some money from the Summer Series event and from food and drink sales at the Scottish Champs, but any other ideas would be very welcome. Do you know anyone who might provide sponsorship, or do you know of anyone we could approach for funds - perhaps in Local Government for example?

Club kit: Now we've got the smartest suits in the country, ideas are turning to the next generation of Interlopers sweatshirts/t-shirts, or how about training bottoms or trackuits? Badges are also under investigation. Get your ideas to the Committee NOW. And remember you can try out the club multi-memory watch, a wonderful aid in analysing your orienteering.

See you all at the AGM if not before,

Charlie Walton

Scotlandgalloppen 1
Luss
3/3/91

Luss is a big, steep hillside on the bonny bonny banks of Loch Lomond with wooded lower slopes, open up top. It was a lovely day, the views over Loch Lomond were beautiful. In the open classes, most of the top orienteers in the country were taking part, even though National Event 1 was on down south. This made for a good competition. Our man at the SOA, Simon, reports that there will be elite courses at Scotlandgalloppens next year, so keep training!

Interlopers Results

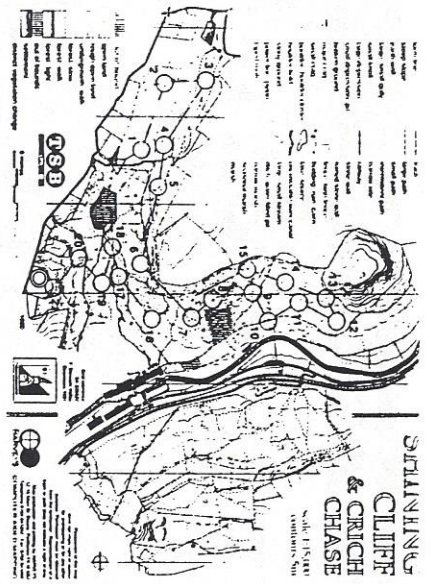
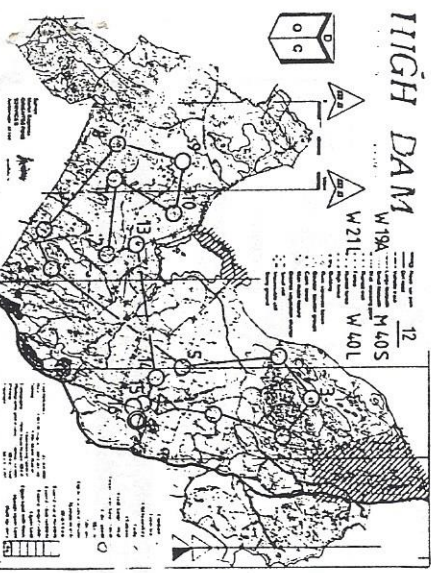
- W11A 8. Rachel Balfour
- W13A * 1. Gail Balfour
- W15A 13. Fay Balfour
- W21L 3. Ynske Riemersma
- W45S 5. Lorna Boyd
- W45S 15. Janet Fallon
- M17A 2. Eva Riemersma
- M17A * 1. Gordon Riemersma
- M21L 2. Andy Kitchin
- 6. Rob Lee
- 10. Pakit Hyman
- 12. Colin Bades
- 14. Charlie Walton
- 21. Ian McIntyre
- 23. Simon Thompson
- 35. Phil Smith
- M35L 10. Colin Inverarity
- M40L 4. Pat Squire
- M45L 5. Scott Balfour
- M60 7. Rudolph Riemersma
- * 1. Ray Heyworth *

National Event 2
High Dam
17/3/91

High Dam is a very pretty Lakeland area, last used for the JK in 1983. The Saturday training event on Tarn Hows was popular, but as it was raining, I settled for a local tea-room, while only Simon went out. After dining on sticky toffee pudding we got a long lie on Sunday morning. The start was delayed by an hour because of a cycle race round Lake Windermere. Plenty time to digest our bacon and eggs. Andrew got some more sleep, though Simon was reported to have scopped talking long enough to get some sleep himself. Charlie bought himself a whole new wardrobe at a shop with a closing down sale, then was too ill to run. Andrew felt that M21 short at 11k was not quite the same as his own idea of 'short'. There was a reasonable turn out from Interlopers with some good results. Charlie and I scoured the assembly area for ideas for the Scottish.

Interlopers Results.

- W21E 3. Anthony Squire
- 18. Gail Balfour
- 27. Fay Balfour
- W15A 15. Ynske Riemersma
- M17A 17. Gordon Riemersma
- M21L 22. Colin Bades
- W21L 6. Janet Fallon
- 35. Gail Edwards
- M21S 48. Andrew Bankhead
- M35L 30. Pat Squire
- M45L 67. Rudolph Riemersma
- M45S 12. Eva Riemersma
- Blue 6. Tim Jordan



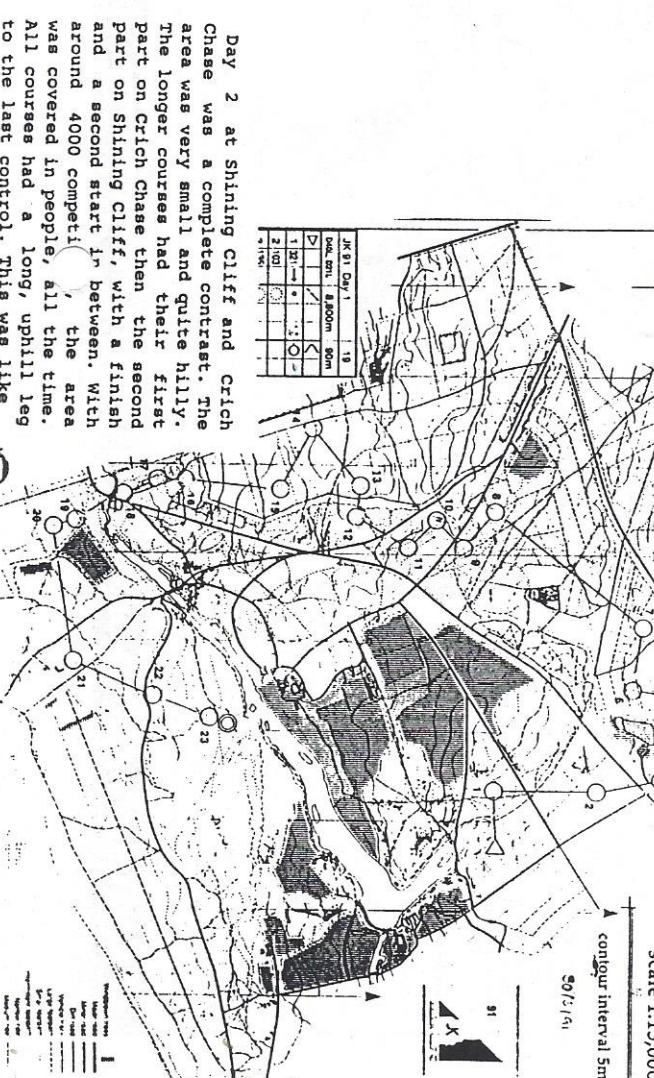
JK 1991, Easter Weekend,
Chesterfield

The JK was the first mass outing of the new Interlopers O Suits. And very snazzy they look too.

Day 1 at Clumber Park was very flat and fast going. The map made a good tablecloth and the courses had a lot of controls. Several control sites were horse jumps. They would have made an interesting obstacle course in themselves. The sun shone, most of the time, so we all had a good chance to pose in our suits before and after running.

an army of ants. It was cold and windy, everyone hid inside cars and tents, not so good for the suits today.

Day 3 and back to Clumber Park for some fast relays. In the JK Trophy, Pakit came in well up for the 1st team. No sign of poor Colin in the 2nd team. He ran into a tree and was taken away to hospital for stitches in his head. He seems to be alright now. The 1st team went on to finish 4th overall. Well done to Pakit, Graeme, Rob and Andy. The 2nd team all ran, Gordon with some Norwegians and Charlie in the mini mass start. Fay, Rachel and Gail ran in the D13 class. In the short open, Pat, Anthony and Janet narrowly beat Ian, Jane and Phil who finished just in front of Scott, Ynske and Rudolph.



CLUMBER
PARK

Day 2 at Shinning Cliff and Crich Chase was a complete contrast. The area was very small and quite hilly. The longer courses had their first part on Shinning Cliff, then the second part on Crich Chase with a finish and a second start in between. With around 4000 competitors, the area was covered in people, all the time. All courses had a long, uphill leg to the last control. This was like

COME AND TRY IT ~ NO EXPERIENCE NEEDED ~ JUST TURN UP AT 5.30pm TO START AT 6pm

SUMMER ORIENTEERING 1991

SUPPORTED BY THE DISTRICT COUNCILS OF EDINBURGH, EAST LOTHIAN, MIDLOTHIAN AND WEST LOTHIAN.

WHAT YOU NEED:
£ 1.00 for a map, 1 plastic bag, 1 red biro.

ORIENTEERING CLUBS IN THE AREA:

- Interlopers O.C.**
John Barrow
3 Charlton Grove, Roslin
Midlothian 031 440 2136
- Edinburgh Southern O.C.**
Marion McCormick
23 Hailes Avenue
Edinburgh 031 441 4155
- Leithgow O.C.**
John Biggar
10 Manse Road
Leithgow 5 845 084
- East Lothian O.C.**
Fred Kermaghan
66 Beechmount Place
Dunbar 0308 63587
- Rexburgh Beavers O.C.**
Lindsay Knox
37 Twifaces Terrace
Hawick 0450 77383

- EVENTS**
- 24th April
1st May
8th May
 - 15th May
22nd May
29th May
5th June
 - 12th June
19th June
26th June
 - 10th
BONALY + BBQ
- START LOCATIONS:** The exact start location will be displayed at the previous event, or can be obtained by contacting the named official for each event.
- SERIES CO-ORDINATOR:** David Lane 0504 265

1 APRIL 24TH
6pm
NORTH BERWICK LAW
SHEILA PORTEOUS
0620 3482

2 MAY 1st
6pm
DECHMONT LAW
JOHN BIGGAR
5 845 084

3 MAY 8th
6pm
COLINTON DELL
(Dovecote Grove)
PAT SQUIRE
031 445 4830

6 MAY 29th
6pm
BRAIDS & BLACKFORD
Organiser:
ROGER SCRUTTON
0968 74257
Phonnet: ALLAN
ROBERTSON 031 445 1103

5 MAY 22nd
6pm
SELM MUJR
JOHN BIGGAR
5 845 084

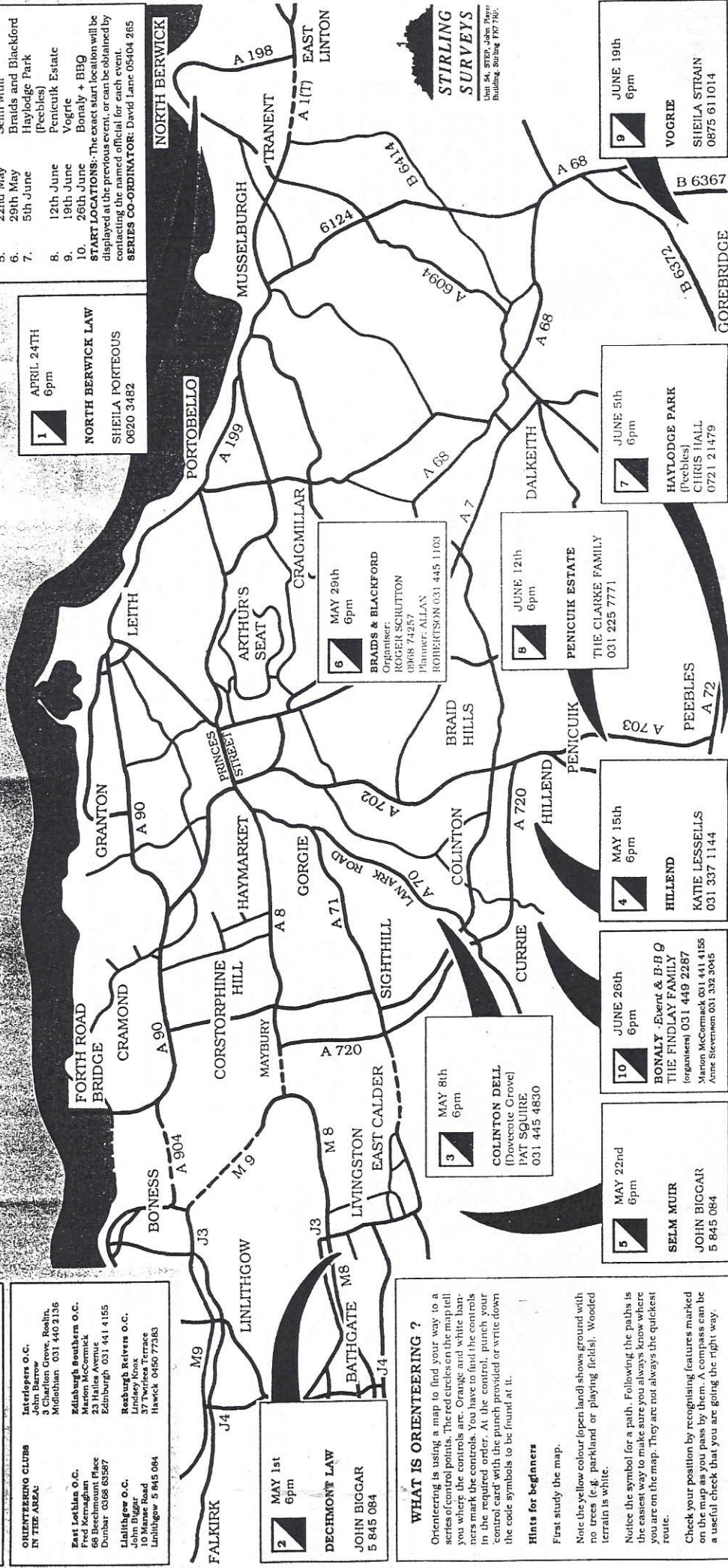
10 JUNE 26th
6pm
BONALY - Event & B+B Q
THE FINDLAY FAMILY
(organiser) 031 449 2287
Marion McCormack 031 441 4155
Aime Stevenson 031 332 3045

4 MAY 15th
6pm
HILLEND
KATIE LESSELLS
031 337 1144

8 JUNE 12th
6pm
PENICUIK ESTATE
THE CLARKE FAMILY
031 225 7771

7 JUNE 5th
6pm
HAYLODGE PARK
(Peebles)
CHRIS HALL
0721 21479

9 JUNE 19th
6pm
VOGRIE
SHEILA STRAIN
0875 611014



WHAT IS ORIENTEERING ?
Orienteering is using a map to find your way to a series of control points. The red circles on the map tell you where the controls are. Orange and white banners mark the controls. You have to find the controls in the required order. At the control, punch your control card with the punch provided or write down the code symbols to be found at it.

Hints for beginners
First study the map.
Note the yellow colour (open land) shows ground with no trees (e.g. parkland or playing fields). Wooded terrain is white.
Notice the symbol for a path. Following the paths is the easiest way to make sure you always know where you are on the map. They are not always the quickest route.
Check your position by recognising features marked on the map as you pass by them. A compass can be a useful check that you are going the right way.

STIRLING SURVEYS
Unit 54, Strap, John Howe
Building, Strath, Perth 761.

IF YOU HAVE NEVER ORIENTEERED BEFORE WHY NOT COME ALONG AND JOIN US AT OUR 10 SUMMER ORIENTEERING EVENTS ?

Published by the Lothian & Borders Orienteering Association 1991. Designed by Stirling Surveys. Printed by Spectrum Graphics, Stri.