

Club Chairman	: Robin Sloan	Social Secy	: John Mitchell
Secretary	: Scott Balfour	Junior Member	: David Muiry
N/L Editor	: Sue Mustard	Mapping Adviser	: Steve Terry
Treasurer	: Bob Stobie	Other members	: Katherine Shiach Hew Fraser.

The DEADLINE for the next newsletter will be Monday 7th January 1980 and articles, humourous or informative, should be sent to the N/L editor by that date. Thereafter, since it takes at least a week to type and run off, articles can be sent to the Secretary who will put them in if possible

Membership

Affiliation forms for existing BOF Full and SOA/BOF Assoc. members should be sent out by the BOF office pretty soon. Names and addresses will already be on the form, so all you have to do is indicate your intention to renew your membership and send the form with money, payable to INTERLOPERS O.C. to Bob Stobie. Don't leave it too late if you don't want to miss the first issue of Score or THE ORIENTEER.

Club members only have no form to complete - just send money to Bob.

	Club only	Club, SOA, BOF Assoc	Club, SOA, BOF Full.
Junior	£0.60	£ 1.20	£ 3.70
Senior	£1.20	£ 3.70	£ 7.20
Family	£1.80	£ 5.50	£10.00

Note:

New membership after 1 st October covers the following calendar year.

BOF Assoc - receive bi monthly magazine SCORE, and allowed to enter Badge and Scottish Events.

BOF Full - receive British Magazine THE ORIENTEER.

ADDRESS LIST CHANGES

Susan Mustard	1 Shawfair Cottages, Dalkeith, Midlothian	No phone
Jim Doig	17 Edgehead, Pathhead, Midlothian	Ford 320324
John Sharpe	35A Spylaw Street, Colinton, Edinburgh	441 5686
Sheila Kennedy	23 Cathcart Place, Edinburgh EH11 2HF	Phone ?

Editorial

Susan Mustard

Hot on the heels of the last edition comes another newsletter from the Interlopers Biro of the Editor and the flashing typewriter of the Secy.

I should like to thank everyone who has sent contributions for the newsletter - especially to Steve who has sent me enough material to keep me going for a year ! Thank you all and keep them coming. How about some more contributions from our Juniors.

Among the events which have taken place since the last N/L was the Scottish Junior Championship at DUMS WOOD, which as you all should know, was run by Interlopers with Peter Leach as main organiser and Hew Fraser as planner. The event was well organised and although the good weather on the day and the use of the High School all helped no doubt, it does not hide the fact that a few people put in a lot of work in the weeks leading up to the event (the mappers of course were working months before and Steve even had to take a week off work to ensure the map was completed in time) I know that all sorts of problems cropped up at the last minute and this resulted in a lot of extra work and late nights !

/cont.

editorial cont/

I cannot think of any other sport in which the organisation of main events is entirely done by fellow competitors in their spare time and in such a way that for the main organisers practically every waking minute during the week before the event is spent coping with the many details and last minute hitches which inevitably crop up. That people are continually willing (?) to do it again - albeit after a decent interval time to recover - must prove that secretly we all enjoy the satisfaction of knowing that the event went well after all the hard work, sleepless nights and last minute panics.

Although helping at an event can sometimes be unpleasant - standing at the start blowing a whistle every 60 seconds in the rain for 3 hours is not everyone's idea of an enjoyable Sunday - someone has to do it at every event we go to. Most orienteers realise this and are always willing to 'do their bit' at an event. I think we should consider ourselves fortunate that we take part in a sport where there is as much of a challenge (albeit of a different kind) in planning and organising, and as much enjoyment to be gained on the organising side as on the competitive side. If you don't believe me, make sure you get involved in helping at our next event - Saltoun Sunday 2nd March!

I-Spy

Gerald the 'mol'

Score 10 points if you observe a multicoloured figure in shorts and T-shirt running through the streets of Dalkeith on his way to work. At 8.30 am on a dark and rainy morning it is hard to believe that it was ICL's newest recruit, Jimmy Doig Esq. on his way to work!

TUESDAYS 7.30

Carol McNeill

Interval sessions in Meadows - meet at the University Gym at 7.30 or in the Meadows at 7.45 near the swings at Hope Park Terrace. Approximate duration is 30 to 45 minutes. This is recommended for anyone who is training and wants to move 15 places up the rankings. Advice and instruction will be available for anyone who has never run intervals before. Famous (infamous?) orienteers like Andy Curtis, Graham McIntyre, Martin Hyman, Steve Murdoch and Carol McNeill will be there - will you??

Ring Carol if you want more info.

THURSDAYS 7.00

Scott Balfour

Indoor training is available from 8th November during termtime. Intended for canoeists as well as orienteers, it provides a quiet evening lying on your back gasping for breath laughing at the opposite team trying to play volleyball or handball, or watching others perform exercises, or idle your way round a circuit. John Wardlaw broke sweat at least once last year and Ben Hall does a very good imitation of a monkey. Last years sessions culminated in a trip to Dunf College to do their fitness test; almost all passed! Seriously though, the games and activities are fairly energetic and provide a most enjoyable and sociable way of maintaining background fitness. Phone Scott if you want more details, and if you're a bit shy about your fitness, etc, just come along and enjoy the spectacle. The seniors usually go to Jenny Ha's afterwards.

DANCE

John Mitchell

Type Dinner Dance
Date Saturday 24th November 1979
Venue Grosvenor Centre Hotel, Grosvenor Street, Edinburgh.

Start time 7.30 for 8.00 pm Courses close at 1.00 am
Entry fee £ 6.50 Closing date 14th November 1979.
Pre-Entries only please to John Mitchell, Cheques to BSOC.

Jim Doig

ON NEXT YEARS TRIP TO AARHUS

Note. Jimmy has already been over to Aarhus this Aug/Sept.

In light of the fact that Interlopers are organising a trip to Denmark next summer, and that some members think that the cost is excessive, Scott has asked me to point out some of the goodies you'll enjoy if you do fork out your £100 plus.

Firstly, next years Danish 3-day event (Jysk 1980) is being held in some of the better areas of Denmark. Two of the three forests are on an island off the north coast of the mainland, and are seemingly very like Culbin - for those of you who know that excellent area. (for those of you who don't Carol has booked four places on Gareth Bryan Jones Course to help people improve their orienteering on 8/9 Dec - phone her NOW if you want to go !). Danish forests are also in general more runnable than those in Scotland, which means that you won't spend your holiday fighting your way through pine thickets, brambles, bracken, rhododendron bushes, etc.

The Jysk Event is also a nice size - last time there were about 2000 competitors, which is enough to give you the impression of a big event yet its not so big that you simply getlost in the crowd.

But the main attraction of the trip isn't the 3 days event - simply the chance of spending a while in the Aarhus area is worth taking. The Danish hospitality is amazing, and the way of life is in many ways more geared to an outdoor, easier-living attitude than is normal in Scotland. If you stay with Danish families when out on your trip, you will find this out - and by the way, most Danes talk passable if not good English, and everyone under 35 (a rough guess) is willing to talk to you simply to try out or improve their English. One warning though, a Scots accent is sometimes a hindrance. It can be a help - I found this out in several ways - one example is that the Danish for "Where are we now ?" is almost exactly like the Forfar Hillwalking club motto ... "Farawinoo ?"

If however, you are to be living in the OK Pan Aarhus Clubhouse called Bilistria, then you will be living in a converted restaurant which has changing rooms, showers, a sauna, kitchen, social area,.... which is next to the sea, which is surrounded by a thinned forest which measures 9 km from the North to the South, yet which is only 25 minutes walk from the centre of Aarhus itself. What more could you ask for ?

So if you are thinking that the cost is too much, think again. It is not much more than you'd pay for a holiday in Britain, and it would be more of an experience, and far more fun. I'm sure that you'll find that it was worth every penny.

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INTERLOPERS TRIP TO DENMARK

SD/JM

The return to the questionnaire has been minimal. However John Mitchell is definitely going - he'll probably take his car and so will have spaces available. Scott Balfour is definitely going but will only be able to offer limited local transport as he will be taking Mrs plus 2 misses. Both intend to go up to the Swedish Ø-Ringen in Uppsala.

So their sketch plans are as follows:

- Depart from UK about 12th/13th July 1980.
- Spend few days at Aarhus to acclimatise and relax and drink
- Do at least 2 of the three days of JYSK '80. Jimmy Doig and St.A.U.O.C. are also going to Aarhus and Jysk and a local compn/challenge match is being set up.
- On Sunday 20th July, over to Sweden and 300 miles to do the Ø/ringen which is a 5day Competition from 21st to 25th July. Then home.
- Club is in process of setting up fundraising to help this trip so some help with costs is expected. John is well in hand with his investigations into cheapest routes and overall expected cost.

RESULTS

I see from the results of the Scottish Junior that the only two Scottish Champions were from the North East. Is this the first of many from this part of Scotland ?

Scottish Junior Championship Duns Wood

W11 7th C.Stobie	M10 5th D.Stobie
W13 6th=L.Richards	M15 25th J.Wardlaw
9th M.Ross	37th F.Rowland
15th K.Herd	46th G.Stoddart
W15 4th A.Heyworth	M17 10th D.Ruddock
21st J.Muiry	15th D.Luiry.
22nd K.Shiach	
W17 6th F.Craddock	Long Open.
	1st J.Doig (non comp)
	19th F.Trott

There were quite a few club members who missed controls, mispunched, etc - obviously some technique training might help.

Hone Notions Junior International 13/14 Oct

Individual : Sluic and Ramphat

W13 4th K.Herd ; 7th M.Ross	
W15 7th A.Heyworth	Scotland winning team
W17 3rd F.Craddock	" "
M15 7th S.Hall	

Relay : Darnaway

M15 S.Hall was in the winning team for Scotland.

Junior Inter-Area Trophy

SE Area were 2nd in both Junior Men and Junior Women.

The Interlopers who counted were Fiona Craddock, Ann Heyworth, Jenny Muiry, Morag Ross, Darnod Ruddock, David Muiry and John Wardlaw.

FVC Bidge Event North Achray 16 Sept

Ray Heyworth

M15 2 S Hall	W11 2 C Stobie
15 G Stoddart	W13 1 M Ross
M21A 3 G White	W15 4 K Shiach
14 H Fraser	W17 1 A Heyworth
18 S Balfour	W19A 2 F Ashmole
22 D Kershaw	6 F Craddock
M21B 1 R Vander Steen	8 M Fraser
3 A Burchell	W35 10 M Stobie
8 F Trott	
9 I Jones	
M35 7 R.Stobie	
M43 4 D Jones	
10 R Gardner	
M50 1 R Heyworth	

Bits and Pieces

Lothian Regional Sport and Physical Recreation Advisory and Coordinating Committee now has a new member in Ray Heyworth who joins another 9 individuals from all amateur sports. He does not "represent" any sport in particular, but would like to hear any view on sport as it affects Lothian Region.

Ann Heyworth has recently achieved Queen's Guide

Morag Ross has gained her Gold Badge in W13. Morag started her Badge Events in October - congratulations.

Bits and pieces cont/

Duncan Shiell - getting married next year - at present off to the Sudan - coming back in May - use Mortonhall address meantime.

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 Congratulations to Steve Terry on his Certificate for his excellent map of Glencarn and Berryknowe - members will recall this was used for the Scottish Score and our Badge Event next year. Sufficient copies are available to run another Badge Event, next year in Nov might be a good time - if interested contact Scott Balfour.

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Club Flag - Scott followed up an advert for a firm that could make large 90cm x 65cm "flags" with a club emblem on Tyvek Paper. The committee felt that the £5 for 1 to £10 for 3 was a wee bit expensive particularly on Tyvek which is not exactly indestructible. Steve is going to make a club flag like PamOK's - this is really a big orienteering marker with our Green Runner on a Yellow Background. We hope this will be ready for the first big events in Spring 1980.

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American NBOC Newsheets ; through the initiative of Geoff Peck originally and Carol McNeill thereafter, Interlopers have been sent single copies of this large clubs newsheets. These are being passed round at present and should be returned to Scott Balfour so that anyone else can get them.

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JK 1980

Scott Balfour

As mentioned in previous N/L's, the club is committed to helping with Day 1 : Saturday 5th April. Some of you will know already that the basic format of the JK is now changed to a TWO DAY INDIVIDUAL on the Sat & Sun, with the JK Relay on the Monday. Members involved on one day can enter for one of the two days and the relay. This is what we expect of all the members of ESOC and INT - however those who are running at a very high standard should not feel obliged to miss their Sat run and so perhaps lose selection for the British Team. Both ESOC and INT will be heavily strained in running the first day of the Competition and we hope that a large majority of members will bear with us and forgo their run so that the events go smoothly.

Dave Kershaw is the Day1 Coordinator, Gareth Bryan Jones the Planner and Adrian Barnes the Controller. Dave, Scott and Eddie Harvey have already now and sketched out the jobs and manpower required - this is of the order of 70 people.

The local High School is being used as a base with results teams working in a Primary School. The major jobs are :

2 starts INT 20 people	; Finish ESOC 2 teams of 8+ to work the 500 per hour finishing at peak.
Car parking INT 6 people	Results ESOC 30+ to have ready for Day2 Start - all labour freed will probably report here to help.
Planned Controls INT ? people	

Other jobs like Enquiries, Wayfarers, refreshment points, orange juice at the finish, etc will still have to be done.

Dave is going to arrange a visit of all key officials in the near future to the Event Site.

Robin Sloan, New Fraser will be in charge of each Start. We still need two further Chiefs - One more for Starts and One for the Car Parks, etc.

I hope every one will realise how much their help will be required and not run on Day 1 ; you will get a run on Day 2 and the Relay. For those in the club who don't know, the JK is the biggest Ø-Event in Britain attracting many foreign people and provides a terrific backup with Socials and Prizegiving Dance.

INT TRUST FUND

Scott Balfour

With the Danish trip in 1980 and letters etc recently received, the committee feel the time is ripe to form a trust fund.

In principle this fund will be to help juniors get abroad and we feel it should be administered by a small 3 person committee rather than the cumbersome full INT Committee. Funds raised specifically to help juniors or funds donated to help juniors would be accounted separately in the club books. Juniors intending to go abroad would have to apply in advance and in any case before the 31st March if they wish to get a fair slice of whatever part of the fund is being shared. A date is necessary - we don't want to give away the fund on a first come, first served basis. Second point is that we won't be giving away all the trust fund at one go; at least a third and probably a half will be kept in the fund after the 31st March to allow for a stable fund over a number of years and more importantly to have some money in hand to help people who for various reasons apply for help in May or June, or perhaps even later. Also there may be an unfortunate circumstance abroad which drains a Juniors finances - we expect that the fund would be able to help here too.

Of course, each case will be considered on its merits.

Carol McNeill has already offered to be on the Committee for the Trust - the other two Members will be decided on at our next INT meeting on the 8th January.

Meantime note that juniors and seniors in full time Further Education can start the ball rolling by writing for help to the Secretary - these should be for the year 1980.

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HELP

Carol McNeill

Most orienteers know that Carol has been selling badges, stickers, pens etc for quite some time. She tells me that she has built up some funds which are their not for her own good but are available to help those in need of some financial assistance. Recently Frances Ashmole was assisted for example; its Carol's own hard work that has made this money and she has asked that all Club members are reminded of its existence. Please write to Carol direct.

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Fund Raising

Scott Balfour

As most of you know, Interlopers is by no means a roaring financial success. The last couple of years have seen much work by many people - but all this has not raised any lolly. As you will have seen in the last N/L, we are steadily building up some event equipment. We also sell T-shirts and badges, but believe it or not, these are not sold to make a profit. The club also made nothing on those famous Int budgie Ø-Suits.

However the time is now ripe to start making money -for the Trust Fund as well as other projects.

We need some bright sparks to come forward with some good ideas and the patient determined effort that is necessary to follow them through - let's have some before the next Com Meeting on Jan 8th.

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Club Equipment

Carol has written to say that she has had recently made quite a lot of event notices - she keeps these at Dunf.Coll., so contact Carol if you wish to use them.

An occupational hazard of mapping

I have been mapping, on and off, for 7 years now, and have been involved with some 10 major maps, plus a number of minor ones. Most of it I have enjoyed; there are many satisfying aspects. Some of the experience has been less pleasant, but no more than the occasional minor drawback to what is an immensely absorbing pastime. Perhaps the sheer intensity of the fascination is a major cause of an occupational disease I have only just discovered, a malady so serious in its effects that it has caused me to drop mapping completely for the time being, right in the middle of a major project.

Some of the symptoms of this sickness I recognise as being common to other disorders - morning inertia, evening fatigue, sleeplessness, forgetfulness - but the one symptom characteristic of the "Mapper's Dementia" is a dramatic reduction in field-survey rate (i.e. the area of forest surveyed per hour), dropping quickly to zero and remaining at that level for long periods. This is unrelated to any physical obstacles to work i.e. in surveying conditions which are ideal in all respects. Instead of getting on with exploring, measuring and plotting the terrain, the surveyor spends long hours standing, sitting or wandering at random, simply looking at the trees. No method, of the many developed in one's experience, is able to force the surveyor back to work - his brain goes on strike and refuses to perform any more surveying tasks.

In its mild form this effect is widely recognised - it results in the well known inability of many mappers to do more than a few hours surveying per day and simply limits the output accordingly. In my case, I have not encountered any form of it before; until the last few months I was always able to go on for 8, 10 or even 12 hours per day, systematically quartering the terrain and enjoying every minute of it. Now however, I have contracted "Surveyor's Psychosis", and it has become chronic and terminal.

So far I have written in light vein, but I am in fact deeply disturbed and distressed by this unprecedented failure (not least for its consequences for other people) and I would like to know if anyone else has observed the "terminal" condition and if there is any known prevention or cure? I do wonder why (or if) Robin and Sue Harvey do not suffer from it, but for them the situation is significantly different in that the work is their bread and butter and, notably, there are 2 of them. Maybe to find a cure we need first to find the cause of the ailment - I can suggest a few contributory factors.

Mapping is a somewhat abstruse activity, which means that few indulge in it and they are therefore usually solitary and forced to be independent. As a batchelor it seems to me that the services of a young female slave might solve this aspect of the problem (cf Tarzan & Jane Map the Forest) More realistically, the club mapping weekend could well be the most productive and socially acceptable cure.

Another possible cause is the concentration of brainwork involved in surveying - to a far greater degree than in orienteering competition. One needs to think constantly and constructively about the fine details of the terrain and how to represent them, with the result that although it is not physically tiring, its mental effect can be shattering. Is the cure for this to go back and learn a lot of basic surveying techniques, so reducing the process to a largely mechanical one requiring much less conscious 'original' thought? I have always used mainly commonsense, logic and intuition in surveying - would the pleasure of the application of these faculties be removed by greater use of mechanical techniques - I feel that by far the best approach is to try to spread the load by involving more people, again by means of the club mapping weekend. If every member of a club would undertake to do one or two weekends mapping per year, the problem for the principal mappers would then be the much less arduous one of checking for consistency and gross errors. I urge that a way must be found to involve more people in mapping - so far reasoned argument and coercion have failed!

OK PAN OK the Log of their 10 day visit : Scott Balfour

Sunday - the Danes arrive and Bob & all whisk them off to the Hut and then later in the evening all and sundry gather at the Stobies' for a fine Barbeque.

Monday - Danes go sightseeing, buy records, buy clothes, buy records, buy beer, buy records, ... John M delegates Ben Hall and Gordon Stoddart to put on the International on Arthur Seat. Grumbles - we always have premarked maps even at training events - maps disintegrate in the rain - Danes hammered but look very smooth but not as smooth as the Interloper budgie suits - How and Robin very fast times - Bettina W15 seems veery good.

Tuesday - Danes buy more and more records. In the evening the barbeque is cancelled due to rain - 5-a-side football give or take a dozen quite a success - Scott B accused of changing rules to avoid total annihilation of the Danes - Danes left to plan food to be bought for all at Barnhill. Wed. - leave at 9 delayed - school minibus just going and no more - severe electrical faults and history of 3 recent breakdowns - some bright spark changed key for a store at the school and John Wardlaw and Scott have to break in to get the trailer - John's idea of the tarpaulin turns out to be a scarlet curtain which runs when wet - this tendency is unlike most of Interlopers! - anyway ..all aboard and Roger V follows in car. Danes get the messages and Scott raids AC Sports of all the remaining budgie suits. At Perth the rain comes and Scotts pocket money goes on a large groundsheet to cover the trailer. All spend a fortune in Aviemore and the Danes are hammered at Go-karting. Arrive at Barnhill late that afternoon and the Grocery bags are opened - 44 chops, 2 lbs Turpak, 2 loaves bread, 3 pkts boil in the bag rice, 4 tins sweet corn a little jam, cornflakes and sugar. Nothing else - Scott decides to take over as catering manager and calculates the chops will almost last 3 days since there are 17 of us altogether! All go for a run in Culbin - Steven Hall runs to Forres for chips! Jimmy Doig and Andy arrive and throw scraps to the begging Wardlaw. Roger learns about the noise that the fireloors make at Barnhill.

Thurs Scott returns from waiting in the shops in Forres to open to make porridge for the Scots while the Danes have their Continental breakfast - weather poor so all go to Inverness and buy records - then picnic at Loch Ness but no monster - eventually we find the Frank Searle Loch Ness Investigation Bureau and Danes are impressed by the newspaper cuttings. Return and wait till 8 for Rogers baked potatoes to cook - Ben has to be driven to Forres for chips as he is now too weak - Jimmy D meets Bettina.

Friday - Susan Mustards' threats ^{to} persuade Moravian Orienteers to put on a club event have worked - Culbin Forest sees the first of the budgie suits - Jimmy Doig way in front of men and Bettina clear winner in ladies. Big thankyou to Dove Ritchie and Co. - at 2.15 H.O. present Barnhill House with large display maps and local press take photos of Danes, Int and H.O. - Danes thankfully keep their grumbles about always having premarked maps fairly quiet - then off to the Glen Grant Distillery - great visit especially the samples - Olly gave the wrong answer to the question and was given orange juice - then whisked off to Susan M's farm to be given some giant cabbages and bin of raspberries - Danes moaning about colds and scurvy and all are buying vitamin C tablets now along with records - Scott buys icecream for the rasps and all enjoy the feast until a maggot was found. - unkind remarks passed about the bowls being the right sort of pace of game for Gordon Stoddart - after tea the town id searched for the advertised folk festival but without success - John Wardlaw does 400m in 47.6 secs running away from Forres Best Boys - At Forres the doors tip, tap, tip, tap into the small hours and the final of the toast eating competeion is won by Scotland with 37 slices to the Danish 21 - Roger wishes he had ear plugs and sleeping tablets.

Sat. - Roger leaves for Edinburgh to collect lads for G/WOC. Danes rise to find packing and tidying in advanced stages. Eventually they disappear and the Int team see the place is spic and span, pack van and trailer and then the Danes appear to take their seats in the bus! The lunch stop

CALENDAR Further details about venues, travel directions can be obtained from comm members. Lifts can usually be found with other members - in theory tell Bob if you are going to an event and have room in your car - enquirers begging a lift can then Bob Stobie to see who's going and then phone round themselves. Balfour, Fraser, Heyworth, Mitchell, Shiach & Terry travel to most events. Dewi Jones, Verner Steen are other fairly regular travellers.

Tues : Meadows Intervals Carol i/c see page 2

Thurs : Indoor session Liberton HS Scott i/c see page 2.

Note. Local Training will not be available on 8th Dec - Carol has booked some places on Gareth BJ's Course at Burnhill - phone her now if you are interested in going up to the ME for this weekend of technique training.

Local training will be available on Sat 1st Dec - this is for techniques - it is open to seniors and juniors at all levels. Phone Carol now if you are interested.

- 8 Nov Liberton HS 7-8.30 Start of indoor gym sessions. Spectators welcome on this and Thurs. when no Club Night. Jonny Ho's after.
- 18 Nov Badge Event, HMUOC Newcastleton. Enter on day only.
- 24 Nov Sat Dinner Dance see page 2 and contact John M NOW.
- 25 Nov Sun LOL Calder Wood ESOC
- 1 Dec Sat Local Training, Carol welcomes all to learn or help
- 2 Dec Sun Rest day or Run for Fun or something
- 4 Dec Tues Night Cycle Event from the Shrub Bar, Leith Walk. Bring your own map & bike ! INT drink at Shrub Bar afterwards.
- 8/9 Dec W/end Burnhill with GBJ SOA PP Course. Contact Carol
- 9 Dec Sun LOL Birring Wood EUOC, off N. Berwick to Dunbar Road.
- No Thurs sessions during school quiet time 20 Dec to 3rd Jan inclusive.
- 7 Jan Mon Comm Meeting Scott Balfour's house 7.30
- 8 Jan Tues DEADLINE FOR N/L
- 17/18 ?? Carol's Xmas Party.
- 20 Jan Sun LOL Townhill Dunfermline
- 24 Jan Thurs CLUB NIGHT, LOEC, McDonald Road, 7.30. Martin Hynan on Training for Orienteering.
- 3 Feb Sun Scottish Score Event
- 10 Feb Sun LOL Carstorphine Hill Lothian Schools
- 14 Feb Sun Gala Hill Club Event, Robin Sloan
- 14 Feb Thurs CLUB NIGHT Gareth B-J on Club Training ; 7.30 LOEC
- and the rest is unchanged from the last N/L.

BE THINKING NOW IF YOU WOULD LIKE TO RUN FOR THE CLUB IN THE MAJOR RELAY EVENTS OF 1980 AND GET A TEAM TOGETHER. WE WILL ATTEMPT TO COORDINATE EFFORTS AS LAST YEAR.

22 March Scottish Relays; 7 April JK Relay : ?? British Relays.

okpanok cont./is narrated by Olly swearing in Danish at Golf Club 'secy', Danes mistaking the grassy rough for the Gents and general uncooperativeness in the bus. Scott clears the air with a thunderstorm - and all lived almost happily ever after.

For the T-79, the Danes have seen nothing like it. Scott refuses to take them home after Touch - Teatsnuir cheers them up, etc.....

On the day off, big night out in the Chinese Restaurant in Crieff - the interclub dinner is a big success and the Danes present Int with a "Stone Age" axe with a 'genuine' flint. Craig-y-Barns, S. Achray and Loch Ard were all enjoyed by the Danes who were adapting successfully to the Scottish Forests - at the prizegiving, Bettina took 2nd M15A and Olly the 2nd M15B. At the dance Jimmy D was seen dancing with Bettina ! He arranges his trip to Aarhus.

Since then Roger & Scott were sent a Pan T-shirt. Scott has sent off 13 of our new club badges. John M and Scott B are both looking forward to a return visit to Denmark in 1980.