

Club Chairman: Robin Sloan. Treasurer: Bob Stobie. Secretary: Scott Balfour.  
Newsletter Editor: Susan Mustard. Social Secretary: John Mitchell.  
Committee Members: Gordon Ross, David Muiry.

Hopefully you are all going to receive this Newsletter before Christmas so I shall take this opportunity of wishing everyone a happy Christmas and a successful New Year. If the Newsletter seems rather short then it is because I have a deadline (as all the best Editors have!) to hand this over to Steve who has kindly offered to type on this occasion.

#### MEMBERSHIP FEES 1979

This is a memory-jogger to those who have still to pay their affiliation fees. Membership fees are payable to the Treasurer - Bob Stobie. I have been asked to point out that the £1 for Juniors covers Club, SOA and BOF Associate membership. This means that Juniors can compete in Regional and British Championships but do not receive the "Orienteer".

	<u>Club only</u>	<u>Club/SOA/BOF Assoc.</u>	<u>Full (Club/SOA/BOF)</u>
Senior . . .	£1.00 . . .	£2.85 . . .	£5.55
Junior . . .	£0.50 . . .	£1.00 . . .	£2.65
Family . . .	£1.50 . . .	£4.35 . . .	£7.85

Juniors with BOF Associate membership can compete in Scotland and in neighbouring Regions, ie. NE and NW, but not in their Regional Championships. They do not receive the "Orienteer".

#### T-SHIRT COMPETITION

After much careful deliberation one evening in Jenny Ha's the Committee unanimously decided that Carol's design was the most suitable. It depicts a 'stick' man in a running position holding a compass, with "InterlØpers Orienteering Club" written in a circle round it. There were one or two other good designs, notably from Steve and from Katherine Shiach who did a beautiful painting of a deer in a forest but unfortunately it was not feasible for transfer to a T-shirt. Carol wins a free T-shirt, and Scott is taking orders now for those who would like one.

#### NATIONAL SPONSORED SCORE EVENT

As part of the series of sponsored events Carol is organising one in Binning Wood, Tynninghame Estate, East Lothian on 7th January. All proceeds from this event will go towards assisting members of British teams competing in Finland and other Internationals abroad. Entry is free -- all you need to do is collect a few sponsors -- see enclosed sheet.

#### INTERLØPERS BADGE EVENT

A large proportion of the club turned up on Sunday 19th November to help with this event. Although it was bitterly cold -- especially if you were standing at the start or finish -- the weather stayed fair until the very last minute when, with only a few people left out collecting controls, the sky turned very black and a heavy shower of HAIL ensued. Judging by comments heard at the event and after most people enjoyed the courses. Steve had put a lot of work into planning and Dave Kershaw made an excellent job of organising. This kind of effort shows that InterlØpers still have a keen and able membership and few clubs in Scotland would be able to muster the number of helpers who turned up on that day. The team which had the results processed and sent out by the next day deserve special mention -- it is not often that results from an event arrive in the same week. ((I would just like to add here my sincere thanks to all helpers at this event -- there were no hitches at all on the day, a superb effort. After my rude remarks in the last Newsletter I now feel suitably chastened! As for results production, I would recommend a little less haste and a little more care, and I think the mistakes that were made bear this out -- but who can stop Carol when the bit's between her teeth??-typist))

#### TRANSPORT

Carol is concerned at the number of Juniors who find it difficult to get transport to events and who often do not know until the last minute if they are able to go. This causes problems with pre-entries, especially to big events like the J.K.I. With this in mind she has devised a form (see enclosed) which hopefully every member will fill in and return to Carol. The idea is that Juniors, and others needing transport to events, will fill in which events they wish to go to. Members with spaces in cars also fill in the events they are going to, and Carol will co-ordinate it all. (Alternatively phone Susan Mustard.)

FVO Badge Event, Sherriffmuir.

W15: Ann Heyworth 5th. Katherine Shiach 13th. M15: Stephen Hall 7th. Fraser Rowland 14th. M43: Ray Heyworth 3rd. Alan Rowland 6th. Gordon Shiach 9th. M35: Dewi Jones 1st. M21A: Graham White 10th. Scott Balfour 33rd. W19B: Jan White 7th. Val Thom 10th. M21B: Alan Burchell 7th. Steve Terry 11th. John Mitchell 16th.

Blue Star Trophy

A few intrepid Interlopers braved the bitterly cold but beautifully sunny day at Kyloe Hills. Some had been at Fiona's wedding the day before and were consequently not in top form!

W13: Nicky Maxwell 2nd. W15: Katherine Shiach 3rd. M15: Dermod Ruddock 8th. Stephen Hall 21st. A Reid 28th (- who is this?! I don't see the name on the list.) M21A: Graham White 2nd. Ian Miller 17th. Scott Balfour 47th. The Blue Star also incorporated a Junior competition between NEOA and SOA. NEOA won by 1175 points to 1125. Nicky Maxwell and Dermod Ruddock were included in the SOA squad.

Lothian Schools Championships

This event was held in Binning Wood on October 29th, organised by Peter Leach who is Chairman of the Lothian Schools Orienteering Association.

"Girls 13-15" 1st Ann Heyworth. "Boys 13-15" 2nd Stephen Hall, 6th Gordon Stoddart - (this name is also not on the club list??) "Boys 15-17" 1st Dermod Ruddock. Seniors: Frederick Trott 8th, Ray Heyworth 9th, Alan Burchell 10th, Scott Balfour (h Ann H. also won the "Girls 15-17" course after winning the 13-15!

Int. Badge, Glenearn & Berryknowe.

M21A: Graham White 21st. Scott Balfour 41st. (not sure if these were both competitive) M35: Dewi Jones 7th. W19A: Christine Tringham 10th. M43: Ray Heyworth 5th. Gordon Shiach 8th. M21B: Alan Burchell 5th. Cliff White 8th. Fred Trott 19th. M15: Dermod Ruddock 3rd. Stephen Hall 7th. Derek Lipscombe 13th. W17: Fiona Craddock 1st W15: Ann Heyworth 2nd. W13: Nicky Maxwell 2nd. Morag Ross 8th.

BOF Home International, Cannock Chase, 11th Nov.

Individual event: W17: Kate Richards 1st, Fiona Craddock 5th. Jenny Doig 6th. Kate and Fiona, together with Margaret Still, won the team prize for Scotland. W15: Jennifer Muiry 6th. W13: Ann Heyworth 2nd. Nicky Maxwell 6th. W19: Carol McNeill 3rd. M17: John Coppock 8th. Ex-Interloper Alistair Thomson (now BOK) was also in the Scottish squad and was 9th in M21A. Relay: W13/15 team, Scotland 1st - Ann Heyworth, Hazel McNee, Marsela Robertson. W17/19: Scotland 2nd - Carol McNeill, Sue Harvey, Ros Coates.

FORTHCOMING EVENTS

Lothian O-League No 4: Ray Heyworth is organising this on behalf of Interloper on 11th February 1979. It is now to be held in Saltoun Forest, not Corstorphine as previously advertised.

31st Dec.	Last event of the year. Braids. EUOC
7th Jan.	National Sponsored Score. Binning Wood. Carol McNeill.
9th Jan.	Night Cycle-0. Edinburgh. Ewart Scott 332-2738.
21st Jan.	EUOC Badge Event.
28th Jan.	L.O.L. 3. Townhill Wood. WFO, Dorothy Gaskin, 28 Pitcorthie Road, Dunfermline.
4th Feb.	Scottish Score Champs. Fife. StAUOC.
11th Feb.	L.O.L. 4. Saltoun. Ray Heyworth.
18th Feb.	ESOC Badge Event. Tweeddale. Ron Connor, 81 Crewe Terrace, Edin.

Social Events

9th Jan.	Club Night. approx 7.30pm. at 9, Bramdean Rise. Bob Stobie. Bring maps etc for non-serious discussion.
(Please note: this clashes with the Cycle-0, so check with Bob Stobie beforehand.)	
25th Jan.	Carol's Christmas/New Year party.
15th Feb.	Club Fitness Night. Dunfermline College of P.E., Cramond. See Carol for details nearer the time.
8th March	Beer & Skittles. 7.30pm. at Marischal Arms, Niddrie Road.
Every Thursday (except 25th Jan)	Indoor training and volleyball etc for people who are a little silly! Restarts on Jan 4th. Liberton High School, 6.30 for 7. Further enquiries to Scott Balfour -cost per night 10p.

This was advertised in the summer newsletter-most forgot since Scott intentionally gave no reminder in the last newsletter. NOTE ALL THE DATES IN YOUR 79 DIARY NOW.

## Club Night

At the last committee meeting it was suggested that we should have a regular night, perhaps once a month, outside a pub (not literally outside but elsewhere than in a drinking establishment). Bob Stobie very kindly offered to hold the first one in his house on the 9th January. EVERYONE is invited to come along with maps, photos, problems, best routes, worst routes, etc etc, for a chat. ((May I point out that this clashes with the 2nd Cycle-0 event, and I would very much like to go to both -- could we possibly have a different date? - typist.))

Also Carol has provisionally organised an informal Fitness Session in Dunfermline College on Feb 15th. Hopefully these club nights, if a success, will become a regular feature.

The infamous bicycle (!) at Dunfermline College is now open to the general public. Anyone can go along and test their fitness. St. George's girls, and some other Juniors have already experienced it! Contact Carol after New Year for further details.

## LETTER FROM GEOFF (in America)

They really are doing great things here and in a few years they will be World leaders -- they are hoping to put on a 6-day Summer event soon. So I approached the biggest and best-organised club here (NEOC -- New England OC -- based in Boston) and they are very keen to twin with us. Boston is a quick 5-hour flight from London, and it will soon be very cheap (£100 return?). So it is a good set-up, I think, especially as the terrain is so good. Nothing much may come of this for a couple of years but I think we should get our foot in the door before it closes! They also have cross-country skiing from December to April and this year have 15 ski-0 events planned!

## ANOTHER LETTER FROM GEOFF (it is thought)

Dear Interlopers (!)

We'll probably see each other before you read this -- but in case we don't I thought I'd put it on record anyway. If this is the only letter in response to Steve's ((I think it is! - typist)) then it's almost certainly too late -- but here goes....

Steve is right, of course. Club members, for the most part, are content to sit back and let someone else do it all -- just like most other people, in fact. When we "envisioned" this club, way back, it wasn't in order to win trophies and hit the big time; we wanted to make a "family" of people with common interests, centered around orienteering. We were a relatively small group of students who had found that we had more in common than the sport itself, and we thought that others might be similar.

But don't get me wrong, it still CENTERED on orienteering. We found the other common interests while trudging together in the pouring rain round Scottish forests setting out controls, making excuses for maps, keeping each other warm in the snow with Hew Fraser's whisky, searching in the pitch dark for people who'd already gone home, touring the "Continent" and raiding campsites, being bitten to death in Finland by countless mosquitoes (wasn't it 2 million?), organising great expeditions to unheard-of orienteering forests, drawing master-maps at 3am before the race, typing results, and planning more extravagant events so we could make more maps in the rain.... The whole spectrum of orienteering brought us together and made casual acquaintances into lasting friendships. We saw that this sport was unique in bringing such incredibly different people together and uniting them.

Well, that's how it started. So, we brought more people to join in this experience. We still, I think, have the same ideal, witnessed by the recent union with PAN/BUL (Danish/Norwegian "social" O-clubs) and, you'll be glad to know, an American club also. We aim to be international friends. However, it seems it's not working too well at home -- what's gone wrong?

I don't know, of course. I aim to find out, but until then, here are some ideas; please think about them, and, if you haven't got a cast-iron excuse, act on them NOW.

1. We have enough people for each person to do ONE DAY'S mapping per year and still produce enough maps. One day's mapping (8 hours) is only missing 8 TV programmes or 3 evenings in a pub.

2. Helping to organise an event is fun. Start people off and then run yourself - or run early and help at the finish; if you're asked to run the start - then find someone ELSE to do the other half-day for you, so you can run too.

3. For Juniors (and middle-aged?) mapping is more productive than competing for improving your map-reading. Juniors should treat map-making as the ultimate learning experience and take every step to do as much as possible -- it's the way I learnt. Now we have an expert map-maker in the club; no longer do you need to make the same mistakes as we did in the old days.

4. Maybe our "committee" is committing us too much? Is it better to say "No" to the SOA/BOF than to over-burden members with organising big events? Should the BOF have offered to host WM'76? Would you have joined the club if someone had told you we had to draw 3 maps/year and organise 4 events? My own view, of course, is that we should organise these events because that's what brings us together. Not only that,

but we can and should show every other club how it should be done -- professionally and without strain.

5. Can you afford one evening a week to meet/talk/argue/moan/fall-over/train/learn/teach? You can't? --- then why not write and tell the committee to make the regular meeting every fortnight? I thought it wouldn't be asking too much for our "old boys" to hang out some stremers for the youngsters to find -- if you rotated the duty it would come up once every 6 months and only take a morning or an evening. Or maybe you don't care about the Juniors?

6. Of course, the majority of the readers are only interested in the odd casual day in the woods at events. It is not possible to motivate/encourage without risk of putting them off, but can the sport afford the luxury? Maybe we should make it clear that orienteering doesn't survive if people only participate -- someone has to map/organise. Maybe everyone should have to do something, or be asked to leave. I'm not serious, but it's a thought.

7. Now to Steve.... Steve, you're wasting your time trying to get people to travel to big events -- why should they; where's the glory? Of course, you and I know there's a lot of experience to be gained/people to meet/socks to wash, so we go anyway. I seriously doubt if it is justifiable to expect people to compete other than for their own sakes -- so let them be -- try to persuade some more competitive people to join our club. Secondly, don't leave! If you go, there will be no-one to show us how to map and we will be useless as an event-organising club; go on strike, yes, but don't leave and tip the balance completely. My own experience of people convinces me that they won't map unless you cajole/threaten/force them, so do that. Ask everyone you meet why they can't help you this weekend, phone them up; you have the talent, you must pass it on.

If, as I suspect, we are not the tightly-knit group of friends we should be, then it's time to act; phone up someone on the address list NOW and plan to travel to the next event together, phone Steve and offer to help to map this weekend....

Geoff Peck

Having just typed all that lot, I would like to make a brief reply to Geoff's eloquent appeal. Referring to his numbered points:

1. Realistically, one day's field work per year by each member in the Edinburgh area would produce about 40 4-hour days at most -- about enough for one map by today's standards. I would prefer to ask for one weekend at least per member.
2. Helping at events seems to be less of a problem, see Badge-event report, page 1
3. THIS is the message I want to get across!! See Mapping Conf. report, below.
4. I agree with Geoff's view.
5. I think a weekly gathering really is too frequent -- the suggestion now (from Hew Fraser I think) is for something like a monthly pub night alternating with a monthly Club Night held somewhere where Juniors can join in.
6. No comment!
7. Several points: (a) I only "compete" for my own sake; I happen to be willing sometimes to travel fair distances to bigger events purely because the better quality of orienteering they provide makes it worthwhile. (b) Our club has one particular liability which, for many "more competitive people" (e.g from EUOC) who might otherwise join, I think acts as a positive discouragement. Courtesy forbids me to name him. (c) I have rejoined for 1979 (groan)! (d) Most important of all: I cannot and will not try to threaten or force anyone anywhere to do anything! And I do not have the talent to persuade. Before I came to Scotland, a good set-up was growing in my previous club: an experienced club member, a good organiser and keen mapper although not very good in the drawing and production skills, handled the organising -- the persuading and cajoling -- leaving me to look after the technicalities. This arrangement I think was near ideal, and I was hoping to be able to set up something similar in Interlopers. No success yet, mainly because I have been trying to handle both sides organisation and technical, with conspicuous failure in the former. I have now decided to stop trying to organise; instead -- Interlopers has a vacancy -- Mapping Organiser! No mapping experience necessary, just a concern for the quality of our map output, a bit of spare time to fill, and a Golden Tongue! So (e) I won't be phoning you, and don't phone me unless you are the new Mapping Organiser! (Steve)

#### BOF MAPPING CONFERENCE (9-10 Dec '78)

As I write I am just trying to recover from over-eating at this event. A party of 20-odd of Britain's top mappers spent the weekend at Glasgow and Stirling Universities for four large free meals and (incidentally) a wide-ranging discussion of mapping topics, with Gordon Petrie, John Keates, Robin and Sue Harvey, and Svein Bakken giving us the benefit of their varied experience. Practical demonstrations of some of the equipment and facilities available at Glasgow were given, and we got a glimpse of the Harvey's cartographic workshop at Dunblane. At one point on Saturday some of us

found ourselves looked-in inside Glasgow University building, and we were just beginning to resign ourselves to a cold, damp, hungry night under the stark gaslamps of the East Quadrangle, when a pioneering soul threaded the labyrinth to a wee leprechaun-door at the front, and we escaped!

An interesting point to emerge from the discussion was the enormously wide range of field-survey techniques used by different people -- mapping is still very much a matter of personal preference. Also, may I commend to you the advice of top Norwegian professional mapper Svein Bakken (of Bakken & Helgesen O-Kartservice) that:-  
**MAPPING IS THE BEST FORM OF TECHNIQUE TRAINING, especially for Juniors!** Everyone who has competed a moderate amount can help with mapping: the experience enables you to appreciate and understand O-maps much more and thereby improves your O-technique. (However, don't come to me for mapping exercise -- see remarks elsewhere.)

An hour's stroll on Sherriffmuir with Sue Harvey and a photogrammetric base-map completed what was a successful, informative and entertaining weekend for all concerned.  
Steve Terry

#### JUNIOR INTERLOPERS

We had a good start at Lothian O-League No. 1 at Blackford Hill, in spite of seven Interlopers representing Scotland at Cannock Chase on the same day. So keep to your colour and accumulate points throughout the League. Future dates are 28th Jan., 11th February and 11th March.

Do you wish to represent the South-East Area in the Junior Inter-Area Championships? Five of the six winning Junior Women were Interlopers in 1978. Now we have some strong Junior Men and should win both for the South-East. Eddie Harvey and Andy Curtis are looking for candidates.

Are you aiming for a Championship badge in 1979? In which Championships do you hope to gain your three Championship standards -- Midlands, J.K., British, Northern, Scottish Junior?

Did you know that Orienteering qualifies in the "Interests" section of the Duke of Edinburgh's Award, and alternatively in the "Physical Activities" section for Silver or Gold Award for both girls and boys?

Give yourself an objective and go for it -- all out -- just like Orienteering!

Ray Heyworth

#### LOTHIAN REGION SPORTS AWARDS

Application forms are available from: Department of Recreation & Leisure, 40 Torphichen Street, Edinburgh, from 1st February. These awards allow free use of recreational facilities, and pay half of entry fees, travel and accommodation expenses for events held outside Lothian Region. The upper limit of the award depends on the applicant's standard and whether they represent the Area or the Country, but all our Juniors should keep records and send applications to Dewi Jones (S.E. Area Secretary) by 14th February. I would be pleased to help any Junior with an application.

Expenses claims and re-applications have also to be sent to Dewi by that date. Similar awards allowing free use of training facilities, and grants towards attending advanced courses and events as officials, are available for applicants with a basic qualification (e.g successful completion of Carol's Instructors Course).

Ray Heyworth

#### BACK-END BITS AND BOBS (although Scott may add some more)

Fiona Nixon (née Jolly) would like to thank Interlopers for the telegram she and Alwyn received on their wedding day. Her address is now 1 Linden Terrace, Little Crakehall Near Bedale, North Yorkshire.

And GOODBYE and safe journey to John, Jo and Timothy John Barrow who are off to Australia for three years, departing before Christmas. Best of luck, and we hope to see John winning the Australian Championships next year! And HELLO to Hew and Meg Fraser who have just come back from Australia to live in Edinburgh again. Also returning, fed-up with the non-existence of Peruvian Orienteering, is Roger Vander Steen, in January.

And Yes, folks, we always save the BIGGEST news til last!! -- Gross (144) has got a (nother) JOB! Selling outdoor gear in a Princes Street store. Rising meteorically for such a young lad!

#### BACK BACK END BITS AND BOBS (Scott is adding some more)

Night Event 12th Dec. This went quite well with a few Interlopers actually braving the frost to run round the Braid Hills in the Dark - some very fast times were recorded - mainly due to the full moon casting some very eerie shadows. Carol McNeil was whipped on the hard course by young Ben Hall (who later confessed that he plays golf on the Braids every week in the summer and so knows the place very well. Ray Heyworth bombed round the score event to win second place behind Bill Gauld of ESOC who got all points with time to spare.

night event cont../

Ann Heyworth enjoyed the B course but was beaten by some very prepared Venture Scouts who were using the event as a night navigation exercise. Derek Lipscombe had a good time for the A course but poor old John Wardlaw of M13 infamy had a disastrous run on the easy B course and is hoping to find more time to continue with his stargazing. All in all the event worth running - at least the newest member Peter Black came along and started to meet the rest of the club.

FOR ALL THOSE WHO ARE A LITTLE WORRIED ABOUT MAPPING AND DON'T KNOW WHERE TO START While planning the longest and hardest course of the night event, I decided that I needed a couple of controls out in the middle of nowhere in the SE corner of the Braids - I eventually took to mapping the bunkers and other recognisable features onto a Curtis Map and found the problem quite enlightening.

So - if you fancy some secret practice - get a copy of some OS map or large scale map including a golf course and produce a simple black and white map. Let someone on the committee know and perhaps we could organise a simple training evening on your area. It is easiest to work with public courses as then there is little difficulty with access.

#### Coming Club Commitments in the Summer

SE Area :3rd June The club has Castle Oe'r in mind. This is about 10 miles North of Langholm. Scott Belfour has agreed to do the planning. However we still need an organiser and a planner as both people approached will find it difficult. So howse about a volunteer to organise.

In view of the reluctant mappers, Scott has started on a back up area much nearer Edinburgh - the Castle Oe'r map will be continued as a club project for 1980.

Comrie T79 Aug 11th. Hope you have all made a note of this in you 79 diaries. Bob Stobie is going to organise and Robin Sloan has the planning in hand. A bit of difficulty over the controller should be overcome quite soon.

Scottish Junior Oct 7th ? Definitely at Duns and local problem cleared up. Mapping proceeds with Robin and Steve. No other officials appointed yet.

#### SALES BIT

An order went in for a supply of Tee shirts and badges.

The badge order has been accepted and delivery is expected to Scott B in late Jan. The Badges are Green on a yellow background with Carols Design. They will probably cost about 60p each the unknown bit being the postage.

We have a problem with the T-shirts - the firms supplier is temporarily out of long sleeved T-shirts till Spring. They suggested supplying cheaper quality sweat shirt at around £3.50 but these may be too heavy for racing in - I think most people want to race in the club colours. This firm can supply Hooded tops, and short sleeved teeshirts to order if people want non-race gear.

In view of the above, I have written to another firm to get a quote.

If ANYONE CAN GET A SUPPLY OF LONG SLEEVED YELLOW TEESHIRTS PLEASE LET ME KNOW - THESE CAN BE SENT TO THE FIRM TO GET THE STENCIL PRINTED.

ScottB

#### NEW YEAR RESOLUTION

I must try to put the info + dates into my diary from this N/L.

TRANSPORT TO ORIENTEERING EVENTS

19/12/78

With so many members without transport, this form is intended for everyone who wants to compete in O-Events and who would like transport or is prepared to offer transport.

I need a lift	I can offer a lift	Date EVENT	Preentry necessary	Definitely going: will enter myself	Not sure	I cannot go
		7.1 Sponsored Score				
		21.1 EUOC Badge Event				
		28.1 LOL 3 Dunfermline				
		4.2 Scottish Score				
		11.2 LOL 4 Saltoun				
		18.2 ESOC Badge Event				
		25.2 Strathclyde Badge Event				
		11.3 LOL 3				
		18.3 Midland Champs				
		14,15 J K DEVON April				
		5/6.5 Scottish, Tensmuir				
		19,20 British, Lake District May				
		5-11 Trossachs 79 August 6 day event				

Name : ..... Age class 1979 .....

Comments:

Ideally every active member should return a completed form to Carol McNeil who will attempt to coordinate it all. Alternatively contact Susan Mustard.