

Chairman - Robin Sloan      Treasurer - Bob Stobie      Newsletter Editor - Susan Mustard  
 Secretary - Scott Balfour      Social Secretary - Fiona Jolly  
 Ordinary Members - Gordon Ross, David Muir

This is my first attempt as the new newsletter editor, so I hope you will bear with me if you find this too long, too short, or just boring.

All those contributions promised in a fervour of alcoholic goodwill at the dinner dance have not so far materialised! It is up to you to contribute to your newsletter, if only to make the editor's life much easier. I hope all our far-flung members from Aberdeen, Australia and America will keep us informed of what is happening in their part of the world.

Without further preamble I shall pick up where the last newsletter finished.

A.G.M. Twenty members turned up at the Trade Winds in Leith for the A.G.M. which was followed by the dinner dance. The new committee appears at the top of the page. John Barrow resigned from the Secretary's job after 7 years. John was one of the founder members of the club and has contributed a great deal to Interlopers and orienteering in general. He has resigned all his commitments prior to going to Australia in the New Year. The main point which emerged from the A.G.M. was an amendment to the Constitution. The new Constitution is closed with the newsletter. Clause 9 has been inserted so that a family membership now has two votes.

The A.G.M. was followed by the dinner dance where eating, talking shop, and drinking were in order. There was not much dancing, due to the band being only marginally better and a great deal louder than last year's!

#### Scottish Championships - Individual

The Saturday proved to be warm and fine after a week of rain. Loch Ard was as hard going as most people expected, but enjoyable nevertheless. The sun made it rather too hot for ~~later~~ later starters and several longer than expected times were recorded.

Best Interlopers result was Carol McNeill winning W19A by 17 minutes. Fiona was 3rd, Frances Ashmole 7th and I was nearly last! In W19B Jan White was 5th. In the Men's classes Ian Miller was 12th, Graham White 19th, Robin Sloan 42nd, Dave Kershaw 56th, and Scott Balfour 61st in M21A. In M21B A. Burchell was 6th, F. Trott 17th, Steve Terry 23rd. Dewi, running in M35A, was 19th.

#### Relays

The scene for the relays was Coilhallan Woods, conveniently near McLaren High School. The men's first team was disqualified, and the same fate befell the women's first team. It was up to the Juniors to save the day - Kate, Fiona, and Jenny won the W15/17 trophy and Rusty, Nicky, and Ann Heyworth won the W12/13 relay.

After almost sweeping the boards at last year's Scottish, this year was rather disappointing. But congratulations to Carol and the Junior relay teams for keeping Interlopers' name in the prize lists.

#### Newcastleton

The S.E. area Champs were not organised by Interlopers and were not held in Glentress! For a change ESOC organised them in Newcastleton which was the scene of much cursing, tripping over branches and toiling up hills in tropical heat. Steve Terry turned up in his new 'Interlopers' car (you can't hide money!)  
 Results????????????

The next event on the social calendar was the Beer and Skittles with ESOC in a refurbished Marischal Arms. A motley crew turned up for an evening of beer, pies, skittles, and more beer.

The Interlopers/ESOC barbecue I gather was a great success. I did not go through being struck down by an unidentified bug, but I hear Interlopers were soundly beaten by ESOC in a marathon game of football!

The culmination for many of the orienteering year came on Sunday 11th June at the BOF Championships in Tentsmuir. Fiona Jolly planned the women's courses which made good use of the new map. Steve Terry especially, and several others, put a lot of work into surveying Tentsmuir and they must be congratulated on a very accurate map.

Scott Balfour was 9th in M21C and is now in training to win the big M21C trophy next year! (These results are unofficial). Bob Stobie had a good run and was 18th in M35A. John Barrow broke his duck and finished an event for a change! He was about 60th in M21B.

or wisdom. All intensely interested, and some make prodigious progress. Fiona's plentiful patience corrects, consoles, congratulates, exhorts and expounds.

Long-awaited lunch permits peaceful appreciation of previous piece-preparation, then back to bramble-bashing. Finish the afternoon's exercises with a short "normal" 0-course. We all try that: 2km haggis-race. Forgotten compass - never mind, good training. embarrassing encounter courting couple at contingent control-site. Continue chaotic chase through gorse and glen, over wall and water, by crag and copse. Stagger steaming to a stop beside startled vehicle-glued view-gazers and dead-loss dog-leaders. Beat Balfour! Great Scott!

Consternation - collect controls! Retrace return route. Retrieve renegade writing-instrument which went AWOL in wobbly wall-vault. Unwind with willing wait by wireless-mast to contemplate Sunday city sleep-spread in maze-mosaic to diminish-distance haze-hills. Wend way-weary homeward haul. Banish bone-ache bliss-bath blend. Mellifluous music. Duvet dive. Oblivion, obviously!

Steve.

### Forthcoming Events

- 9th July Harvesters Trophy Relay, South Yorkshire.  
19/20th August Mammoth Weekend, Ullswater,  
26/28th August White Rose Weekend.  
17th September Eborienteers Badge Event, Cropton.  
19th November Interlopers Badge Event.  
17th August Interlopers canoeing evening - Craiglockart Sports Centre - 7pm  
Bring 20p, old but strong footwear, old but warm canoeing clothes.  
Keen types can join in a hill race afterwards. Suitable for complete beginners - the more able can play Canoe polo.  
27th October to 29th March - Thursday evenings - 6.30 for 7.00 - Liberton High School  
Training, circuit and otherwise !! Although designed for canoeists at Liberton and elsewhere, club members are welcome to come along.  
There is always transport to Jenny Ha's afterwards.  
21st September - final preparation for Junior Champs. Tactics, etc chat led by Fiona  
Jolly. David Muiry is organising and making final arrangements.

### Night Fever

Look, w'll save petrol if we only take one vehicle - so we'll persuade the others that it would be better to stay a weekend at home and decorate, or get some overtime, etc. This was a master strategy-for now the Interlopers Harvesters Trophy team of seven was precisised to a more streamlined four who could sit in comfort in Steve Terry's dream machine. Luckily for Ian Miller and myself, John Mitchell decided to sit in the front - we offered him a blindfold but the brave lad preferred to sit whitefaced and ashen and stared nervously at the approaching traffic as Steve overtook everything in range. However the mincepies at the Leeming Motel just south of Newcastle rivetted everyone to their seats and killed the butterflies in our stomachs. At 2300 we arrived at the biggest marquee in the world and were given our 8 m<sup>2</sup> of floor space. Amid cries of "SSSSHHHHH we are trying to sleep !!" , Steve went round the eighty odd teams and eventually secured Ann Other from EUOC for the team. As the midnight hour approached orienteers looking more like Xmas trees emerged from the marquee and lined up for the masses start. They're off - literally a 400m sprint into the trees - JohnM. said noone looked at their map till they were out of sight. Nearly two hours later he emerged triumphant from the 6.5 km course in a wooded area larger but not unlike Corstorphine woods. Ian Miller took the baton/Kevlar for a similar leg but even he found the terrain difficult and only pulled us up to around 25th place. I then ran off into the trees and curled up in the ferns and slept until enough daylight penetrated the foliage to enable me to find the controls. About 5 am Steve raced off in the daylight and after a good run handed on to Ann Other from EUOC who did the first short leg, then back to me for the second short leg and finally Ian Miller was roused to complete the last 9.4 km leg in 72 min. Although the SLOW team won the event in about 7½ hours we were reasonably happy with our 9½ hours and a probable mid thirties position. The four vowed to return next year to a tremendously well organised event, but first we would try to convince three others at least to make the effort and join us. Volunteers are welcomed - should be masochistic insomniacs who are prepared to eat lots of carrots and to get a night orienteering speed of under 10 min per km.

Scott.

Letter from Carol - 16/6/78

- 1) Did everyone see the Sunday Post on the 11th June - photo of me with 6-8 Juniors - "Champions of the Unknown".
- 2) British comments - Both Ann Heyworth and I were in the lead for ages waiting for the 'favourites' to return ..... and beat us! i.e. Marcella Robertson, Sue Barkin, and Jenny Pearson.
- 3) I shall be in Norway 8th July - 20th Sept. - if anyone wants to contact me.  
c/o Tefrun  
26 Greverud Terrasse  
Oppegård  
nr. Oslo
- 4) I shall be investigating the possibility of finding a Norwegian club who would like to 'twin' with us so we can do exchanges - holidays and competitions - A week in Kingussie a possibility for July/August 1979. CXC skiing in Norway??
- 5) Club Hut I've been thinking about it quite a lot and talking to people.

Conclusion

- 1) It should be 20-50 miles from Edinburgh so we can use it a lot rather than just the occasional weekend.
  - 2) Near some hills, water, and forest 'O' country (not necessarily mapped).
- What are we looking for?
- 1) Basic house/cottage.
  - 2) Water (and preferably electricity) to hand.
  - 3) Forestry cottage or old railway station could be considered.

Where?

- 1) Pentland strip (not a lot of forest).
- 2) Tweed valley (forests are hard work).
- 3) East Lothian - close to Lammermuirs, Moorfoots, Gullane/Yellowcraigs - new map planned. Tynninghame and Saltoun maps.
- 4) ?????

Everyone - keep your ears to the ground, eyes to the property columns, feet towards local hills - keep looking. I've a feeling we could be getting somewhere. Could say £8,000 limit - property under £3,000 favoured.

- 6) S.E. Area Coaching for coaches weekend of 30th Sept. - 1st Oct. - see Scottish Orienteer. Applications to Dewi Jones. Organiser Carol McNeill. For orienteers interested in coaching - no experience necessary.
- 7) My next Instructor Training and Assessment Course will be Jan. 27th - Feb. 4th 1979. Ray Heyworth and Frances Ashmole came on the last one - anyone for the next one?

STOP PRESS! LATE EXTRA! A strangely stirring Sunday story from Steve!

I found Fiona's "training day" much more inspiring than the barbecue.....

Oh G...d! That b...y alarm again!!!!

Turn over and have a doze for 20 minutes (shouldn't have done that). Drag drooping out of drowse and drown the sleep-dust down the drain. Consume the quickening cup of copious coffee and the comforting quantities of carbohydrate-containing cereal, not to mention the pep-pills, tartan tablets, purple hearts, grass, acid etc., because today I'm taking a trip....

Bisect the bread, measure the meat, batter the butter, salt the sandwiches, titivate the tomatoes, assemble the apples, squirt the squash, thrill the thermos to the blinking brim. Gather the gear, command the compass, shopping-bag the shoes, capture the car-keys, stagger out and start up. Heavens! - half-hour late! Wonder if she's waiting wearily? Oh yes. Oh dear. Sorry.

Fiona explains the day's doings on the way to the Blackford Hill Astrodome. Park pretty.

Dance dutifully down the dell, flinging forest-fixtures, nailing numbers, mounting multicoloured markers on field-fence, peril-pit, tum-tum tree and ragged ruin amid nuisance nettles. Plaintive peal through the glowing green - Fiona's finished her fixture-flinging and can't find car-keys - potential panting public almost arriving!

Plod panting back to base and wait wonderingly for wished-for buses of boisterous boys and gleaming girls all intent on initiation into Orienteering (Interlopers-style, of course!) Only about a dozen, after all, almost outnumbered by outstanding adult assistants! Alert attention to Fiona's incisive instruction; concentrated course-copying; then pupils perambulate piecemeal horizonwards, returning after a time with tales of woe

Ray Heyworth was about 34th in M43A. Jenny, Kate and Fiona were 5th, 8th and 11th respectively in W17 - a very good result which won them the team prize. Ann Heyworth, Nicky and Kirsty were 2nd, 15th and 24th in W13 and also won the team prize. Ann narrowly missed winning the W13 trophy. Carol was 3rd in The W19A class which she led for a long time until Jenny Pearson and Sue Parkin clocked in faster times.

#### Committee Meeting

The new committee had their first meeting on 15th June in Jenny Ha's. Interlopers are organising a Badge Event on the 19th November - keep that date free as volunteers(?) will be needed to help. We are also organising a Lothian 'O' League on Feb. 11th (date provisional as yet). Next year it is our turn to organise the S.E. Area Champs. This combined with one event in the Trossachs '79 series will mean a busy year for the club.

#### COMPETITION

The committee decided to order long-sleeved T-shirts (like ESOC's). However we need a design for the front (or back too if you like). All you budding artists are asked to design a motif and send it to me or hand to any committee member. The prize will be a free T-shirt! Prices will be approximately £3.50 ~~XXX~~ to £4.00 for a 34" to 36" chest, and they apparently keep their shape when washed. CLOSING DATE FOR ENTRIES : 30th September 78.

#### FROM ROBIN SLOAN (May 1978)

When Interlopers was formed in 1970 one of the attractions of the name was the first three letters which reflected the international aspirations and achievements of most of the foundation members. Since then these hopes have seemed well justified in terms of national representation especially by the ladies.

1978 must be a vintage year, though, for the club. Geoff and Carol have already been selected for the World Championships (this year in Norway in September) together with Sue Parkin (nee Banner) - which shows that they still stand head and shoulders above everyone else in the country. We should be proud to have them in the club.

Frances Ashmole has been chosen for the GBv Denmark match in May, along with Carol, and for a Junior International in Denmark in June. Also with Carol she has been chosen to go to the Swedish 'O' Ringen, and should the invitation materialise Frances is to go to the Norwegian 'Vangen' camp - which I seem to remember started Geoff on the road to success ten years ago. Jenny Doig is off to Germany and Belgium shortly and Fiona Cra ddock to Denmark and Sweden on the Junior tour. In August Ann Heyworth is going to Swedish local events with Junior Squad Chairman Peter Palmer.

Fiona Jolly is our sole representative in Scottish team for Welsh 3-days in May - (P.S. she ended up 5th, helping the Scottish team to 2nd place - unfortunately we were well beaten by England, for whom Jenny Pearson ran brilliantly)

Congratulations to all those - let's hear about your experiences when you get back. There are more and more opportunities for subsidised travel abroad for juniors - so come on, you boys - do well at home next winter and you can go places too!

#### Bits and Pieces

Gordon Ross is our representative on the S.E. Area committee.

Frances Ashmole was the sole Scottish team member in Denmark for the 7 Nation International on the 17/18th June. She will be working in Norway for the rest of the summer.

Ann Heyworth is going on a Junior tour to Sweden.

John and Jo Barrow have sold their flat and move to sunny Roslin in July so that John can now run to work every day - he will have to as his car will have given up the ghost by then!

Steve is on the lookout for more forests to map and is surveying Castle O'er and possibly Duns Wood. Any volunteers to help map, please contact him.

I have received a missive from Carol (I think) which gives the results of the Interlopers Junior Course Planning competition - 1st K. Richards, 2nd L. Richards, 3rd A. Heyworth.

Jenny Doig was in Belgium for the German 3-day held on the Belgian/German border. She finished 10th overall.

Steve has a local mapping project in hand - this is very suitable for people with no experience of mapping and who would like to learn about fieldwork. The area is inside the City of Edinburgh and is easily reached by public transport. Work will probably start in the winter - again see Steve if interested.

There are still spare seats at Jenny Ha's Pub on Thursday evenings!