

# INTERLØPERS

ORIENTEERING CLUB

EDINBURGH

NEWSLETTER NO. 127

June 2002

127

## The End Of The Curse ?

Always the bridesmaid ? Not any more ! Always destined to be second ? Not any more ! The greatest curse since Howard Carter opened Tutankhamun's tomb may finally have been laid to rest. For now is the summer of our content as some Shakespearian character may have said. So what is he gibbering about now ? Well, Interløpers finally seem to have shrugged off their habit of inevitably coming home in second place. Things seemed to be running pretty much as normal at the JK with the Mens' relay team finishing second to South Yorkshire by 16 seconds. But by the time the British Championships came around in May in Northern Ireland we saw emigre Daniel Marston romp home by two and a half minutes in the Individual and Godfree, Buckley and Lenton make it a double in the Mens'

Open on the following day. This prompted a regular correspondent from over the pond to register disgust at the behaviour of the club members involved. And then, not content with that, at the Scottish Championships, Interløpers collected so many trophies it seemed as if they were about to go out of fashion. With wins for both men and women in the relays, Tim and Gillian winning elite, and a host of other successes as well, Disgusted from New Jersey over in the New World began to question whether in fact the old world order was breaking down. He then pointed out that he himself was winning too. Needless to say this success will all evaporate the minute he comes back and once again we will all be able to wallow in misery when the curse returns !

### ***Holiday Special***

***Bob Stobie***

***Letter From Another  
Editor***

***The Compass Of  
Your Dreams ?***

***Midges, Midges,  
Midges and Ticks***

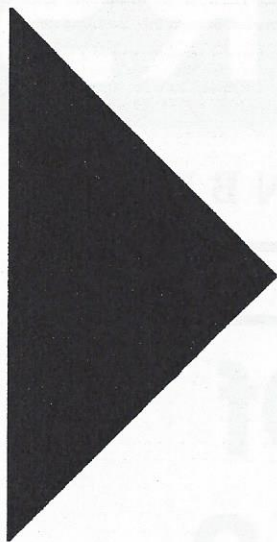
***Championship City***

***And A Nice, Long,  
Hot Summer To  
Look Forward To,  
Perhaps !***

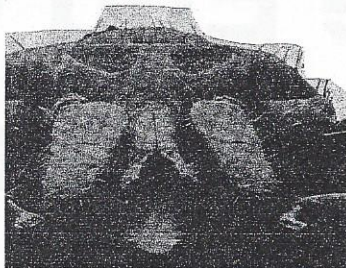


**A triumphant Dan is held aloft by his jubilant team mates**





## Wild Guess



So did you recognise what it was ? It's the tick which gives you Lyme disease. You know - that debilitating illness which we as orienteers should live in mortal fear of. And thousands of American golfers too ! Or so was the hope and therein lies a tale !

When the boss's wife takes an interest in a product it needs to be treated with great care. That was chastening reality for scientists at SmithKline Beecham working on a vaccine for Lyme disease in the mid-1990's.

The disease, carried by tiny ticks which feed on deer, has terrorised walkers and fishermen in the US for the past two decades. Potentially serious, Lyme disease begins with a bite but can lead to facial paralysis, arthritis and heart conditions.

SmithKline pumped millions of dollars into developing the world's first vaccine against the illness, with enthusiasm from the boardroom when the disease was contracted by the wife of former chief executive Bob Bauman. Launched with much fanfare, annual sales were tipped to be as high as £300m. But the vaccine was quietly pulled from the market last week, after dismal demand from just 10,000 people a year.

So what went wrong with GSK's hyped attempt to kill the "great pretender" - so called because of Lyme disease's habit of mimicking other diseases ? GSK's explanation is disarmingly simple. A company spokesman says: "Demand has dropped off significantly. It just didn't take off."

For Stephen Sheller, a Philadelphia lawyer, the truth is significantly darker. He says: "Any doctor who uses this thing has got to be the stupidest doctor around."

Mr. Sheller represents more than 350 plaintiffs who claim the vaccine, LYMERix, gave them a treatment resistant form of arthritis and an extreme form of Lyme disease. "We have got people who got shots of this thing and within days, they were in wheelchairs for the rest of their lives," he claims.

(Reassuring Note ? While 17,000 cases were reported in America last year it is rare in Britain despite the fact that it probably originated in Europe. The number of cases in Britain last year dropped from 323 to 241.)

## In The Club

Many of this issue's new members have been around for a while now but because of the increasing irregularity or decreasing frequency of this publication they haven't been 'officially' welcomed. So a big hello and welcome to Interlopers to new members

Jamie Andrew (M21) and Anna Wyatt (W21)  
98 Mayfield Road, EH9 3AF (0131-667-7835)

Alastair Buckley (M21)  
2F2, 92 Montpelier Park, EH10 4NG (0131-229-2940)

Toni O'Donovan (W21)  
Rutherford Subwarden, Loughborough University, Ashby Road,  
Loughborough, LE11 3TH (0775-3660513)

Jamie and Anna make Mayfield Road the in-place to be for Interlopers. They are the third 'family' there now ! Handy for me delivering newsletters. How did you do in the London Marathon Jamie ?

Alastair joins his sister in the club and can be found down the road from Fiona and Barry.

Toni increases the Irish contingent and adds strength to our womens' relay squad.

Have lots of fun in the forest and be happy on the hills !

## On The Move

Lots of movement. Kate has finally made an honest man of Andy. Congratulations to the pair of you. Are you still Andy 'Two Houses' Kitchin ? Alison is in the Army now so she's reverted to her home address. The Matthewsons have moved from West Linton to West Linton. Simon has headed south even further away from Edinburgh and Claire has decided to forsake Fife for the fleshpots of Edinburgh.

Kate Hofman/Andy Kitchin  
3F1, 51 Thirlestane Road, EH9 1AP (0131-668-2449)

Alison Laws  
14 Hatton Place, Luncarty, Perth, PH1 3UY (01738-828922)

Matthewson/Tidmarsh Family  
11 St Mungo's Lea, West Linton, EH46 7JA (01968-661739)

Simon Thompson  
18 Eastgate, Macclesfield, Cheshire, SK10 1GD  
(01625-612844)

Claire Williams  
25 Lauriston Garden, EH3 9HH (0131 229 6887)

## Wired !

Janine Hensman      janine.hensman@lycos.co.uk  
Toni O'Donovan      t.odonovan@lboro.ac.uk  
Claire Williams      Claire.Williams@kpmg.co.uk



# Winning Trio Beat Curse

*Godfree, Buckley and Lenton storm to victory at the British Relays !*

At the British Relay Championships on 6th May in Northern Ireland, the fantastic trio of Dave Godfree, Al Buckley and Tim Lenton took the title of British Relay Champions for "Team CompassPoint", beating rivals SYO into 8th place.

On the first leg, Dave Godfree (27) took a cautious approach to the race, and was left trailing after the first few hundred metres, mainly through bothering to look at the map. He then hoovered through the field, however, managing to gain 4th place by the spectator control, perfectly visible to all anxious watchers, thanks to Interlopers' unmissable O-suits (Quality Silva kit from CompassPoint) - (Shameless product placement - Ed.). Dave took the final few controls carefully (or perhaps he was just knackered), to avoid mis-punching, coming home in a very pleasing 6th place, only 40 seconds behind leaders EPOC.

Al Buckley (27) sprinted off on second leg, finding himself at the front by the 4th control. He ran with Roger Goddard (WAROC) and Siggie Gould (EPOC) for a few legs, until he had a long split with an easily-missable ditch junction. Al slowed down to hit it cleanly, knowing that his

superior running speed (built up through countless Meadows interval sessions), would allow him to catch the other two over the easier sections of the course. He did exactly that. Roger disappeared on a longer gaffle, Siggie made a mistake in a thicket, and our hero found himself in the lead again over the final few controls. He said afterwards: "I felt very tired, but I knew that if I sent Tim out in the lead, he'd come back in the lead." *(Unlike the other Tim who said in 1986 that if he went out in the lead he'd win - shortly before getting cuffed by some young whipper-snapper called Hale. Anyone got a copy of the video? - Dave)*

Tim Lenton (28) on the final leg was also confident that he had a good chance, especially with SYO star Jamie Stevenson being absent. A tricky control on a pond made Tim panic slightly, but he forced himself to be calm and focused for the next few controls. The rest of the course was straightforward, apart from one ESOC-style ditch bend - in the middle of a thicket! Tim said: "I knew where the d\*\*n thing was, but couldn't see how to get at it." After punching the final control, Tim powered up the steep run-in to take victory for Interlopers, to the

great delight of green and yellow O suits worldwide. Interlopers had a comfortable cushion over 2nd placed FVO, with EUOC taking 3rd, although the three teams were only able to field one Scottish-born runner between them - Kingussie's Euan McCarthy!

Interlopers were jubilant with the result, especially having lost British Champion Dan Marston to an early flight back to Norway. The title of British Relay Champions is a prize that Interlopers have been fighting for years to hold - has the curse of 2nd place finally been lifted?

"I didn't see anyone else out there." Tim

"Hooray!" Dave

"I knew that if he went out in the lead, he'd come back in the lead." Al

"There was nobody there with the ability to catch me if I ran cleanly." Tim

"I am disgusted by the behaviour of the club I saw reported from the BOC. I hope appropriate action can be taken against the Mens' Open reprobrates". Ex club chairman *(Although not if we have our way at the AGM, ha, ha, ha! - Dave).*

*by Jørn R List*



04 19 02



*the author (on the right) collecting 3rd place in the british sprint race championships in lancaster*

**Lenton showing typical, unerring aplomb in route choice**



# club news

*that rare thing in the newsletter, a letter to the editor, albeit a grovelling, toadying one  
a typical call and response e-mail which goes around the interlopers list  
and the sad news of the untimely passing of one of the first interlopers*

## I read the news today, oh boy !

Dear Ed,

In reading your M fortysomething column I was distressed to read that you're feeling somewhat less successful than that slapdash Score editor fellow, and considering abdication. Please, don't do it ! I believe that the only reasons why said aforementioned Irish whippersnapper is attracting plenty of copy are that:

- 1) he has a lot more people to get articles from;
- 2) his methods of extracting said articles are belligerent and include all the usual IRA threats and coded messages; and
- 3) he ruthlessly plagiarises articles from various other publications.

None of which, I hasten to add, can hold a candle to the witty gems so elegantly penned by your good self in your most excellent publication. It's not your fault that the members of our club are introverted, silent people who feign extreme levels of work activity in order to avoid comparison between their own poor levels of literacy and your jolly japes and quintuple entendres.

Yours imploringly,

(Name deleted for security reasons - RUC)

P.S. Print this or I'll blow your kneecaps off !

## the leukotape classic saga

*A performance enhancing elastoplast  
impregnated with lucosade and currently  
on the IOC banned list.*

16/04

Hi,

Some people have discussed bulk purchasing a box or so of leukotape classic. It's possible to buy in from Finland for approx 12 GBP for a strip of 5 rolls. A box holds 90 rolls. Anyone interested in getting some and then is the club interested in buying in a stock for club members to buy??

Gross

16/04

Hi everyone,

What do you think? The way Heather and I get through ankle tape, this sounds like a good idea - we'd happily take say 20 rolls.

If we were to go ahead is anyone willing to administer?

Ben *Are you lot clumsy  
or something?*

18/04

Hiya Gordon and other leukotape users, I would be interested in a bulk purchase of leukotape. If the club were able to stump up the initial out lay then so much the better. But failing that then I would be prepared to split the initial cost with say one or two others on the basis that we then coordinate selling on rolls to others in the club. I estimate that I get through about 20 rolls a year.

Lorna

18/04

Hi,

A box of tape is going to cost around 200 GBP.

Gross

25/04

Afternoon,

Don't know what the current state of this purchase is but I think I'm about to become a big user after last weekend so count me in.

Cheers,

Chris Godfree

*Chris in need after  
a hard time at SOL3 ?*

25/04

Hi,

Haven't had a response from the club yet but a few individuals will join in. Looks like I'll buy a batch for the Scottish??? Unless someone persuades the club to pay up front as I don't actually use the stuff myself!!

Gross

*Yv started all  
this nonsense !*

05/06

Good news for dodgy ankles!

I've got 90 rolls of Leukotape from Finland.

Cost is £2.75 per roll (compared to £5+ normally), or 4,20 Euros for the internationally minded. First come, first served.

Dave

*Buy Now - While Stocks Last!*

## bob stobie

I just thought I ought to let you all know about the sudden, untimely death of Bob Stobie yesterday afternoon (May 2nd), in Cape Town. He had had chest pains for a few months, and had been admitted to hospital for a triple-bypass operation, where he died in the intensive care unit following complications.

Bob was one of the earliest members of Interlopers, and was Club Treasurer for several years. He first encountered orienteering in Australia, when he was working at Mount Stromlo Observatory in the A.C.T., and was involved in the first Australian international teams, with his wife Mary. Indeed, he acted as local liaison for the Australian Team which attended the World

Championships at Aviemore in 1976. At the time of his death, Bob was Managing Director of the South African Astronomical Observatory in Cape Town, and had been overseeing the building of the 11-metre Southern Africa Large Telescope at Sutherland. He leaves his wife Mary, and their four children Caireen, Dearg, Craig and Rowena.

For those who are interested, there is an obituary at the following URL:

[http://www.sao.ac.za/news/mokhele\\_obit.html](http://www.sao.ac.za/news/mokhele_obit.html)

This appreciation from  
John Barrow.



**4th-8th August  
Lakes 5 Days  
NT 293384**

Organiser: Sue Birkinshaw  
(0161-980-5068)  
sbirkinshaw@cssystems.net  
[http://www.nwoa.org.uk/  
lakes5.htm](http://www.nwoa.org.uk/lakes5.htm)

**Weekend 24th-26th August  
White Rose Weekend (EBOR)  
Thirsk, Yorkshire  
SE 513813**

Organiser: Nev Myers  
(01904-767677)  
neville@myers-n.demon.co.uk

**Sunday 25th August  
MAROC Colour Coded Event  
Redburn, Tarland  
NJ 432022**

Information from  
Dave Campbell 013398-83254  
wddl.westfield@virgin.net  
Entries: £3.50 / £1.50  
No dogs

**Saturday 31st August  
SOL5 (CUNOC)  
Forrest Estate East, Dalry  
NX 552863**

Organiser  
Katharine Melville 01294-850379  
kmelville@ogoroad.com  
Entries on SEF to  
Brigid Flanagan  
47 Arrol Drive  
Seaford, Ayr, KA7 4AL  
01292-267063  
brigid@pat-  
flanagan.freemove.co.uk  
Closing Date 16th August  
LimitedEOD (+£1surcharge)  
Senior £8 / Junior £3.50  
Cheques payable to CUNOC  
Limited Colour Coded  
Parking £1

**Weekend 31st August - 1st  
September  
Harvester Relay and UK Relay  
League (NATO)  
Dipton, Hexham  
NY 970610**

+Limited Colour Coded Event on  
Saturday  
Organiser  
John Crosby  
0191-268-5449  
john@nsoa.freemove.co.uk  
Entries: £3.50/£2.50  
String / TrailO / No Dogs  
Event followed by Queen's Golden  
Jubilee BBQ and Forest Party  
[http://www.muddy.org/NATO/  
index.htm](http://www.muddy.org/NATO/index.htm)

**Sunday 1st September  
Scottish 11 Person Relay (SOL-  
WAY)**

**Drumlanrig Woods, Thornhill  
NX 851993**  
+Limited Colour Coded Event on  
Saturday  
Organiser  
John Crosby  
0191-268-5449  
john@nsoa.freemove.co.uk  
Entries: £3.50/£2.50  
String / TrailO / No Dogs  
Event followed by Queen's Golden  
Jubilee BBQ and Forest Party  
[http://www.muddy.org/NATO/  
index.htm](http://www.muddy.org/NATO/index.htm)

**Saturday 7th September  
BASOC Colour Coded Event  
Revack, Grantown-on-Spey  
NJ 033254**

Information from  
Jan and Gareth Bryan Jones  
01540-673367  
janand.gareth@compuserve.com  
Entries: £4 /£2  
Dogs on lead in car park only

**Sunday 8th September  
SOL4 (GRAMP)  
Docharn and Deishar,  
Carrbridge  
NH 923200**

Organiser  
Anne Hickling 01224-637906  
hickling4@aol.com  
Entries on SEF to  
Jayne MacGregor  
135 Desswood Place  
Aberdeen, AB15 4DP  
01292-267063  
macrehj@bp.com  
Closing Date 20th August  
Entry On Day  
Senior £8 / Junior £3  
Cheques payable to Grampian  
Orienteers  
Parking £50p No Dogs

**Saturday 21st September  
BASOC Colour Coded Event  
Deishar, Aviemore  
NH 971225**

Information from  
Norma Atherton  
01540-661069  
atherton.insh@zetnet.co.uk  
Entries: £4 /£2  
Dogs on lead in car park only

**Sunday 22nd September  
SOL6 (INVOC)  
Dallaschyle, Cawdor**

Organiser  
David Summers 01463-793356  
Entries on SEF to  
Sue Nicolson  
17 Mason Road  
Inverness, IV2 3TA  
01463-238492  
inicolson@aol.com  
Closing Date ?  
Limited Entry On Day  
Fees: tba  
Cheques payable to INVOC

Events





# dnf

as well as standing for did not finish, on this page it means **do not forget !**

- I don't know if Hilary's exclusive insight into our club members' other activities is still online. But if our club had an internet-based magazine, she would have submitted this article for inclusion 'cos it just won't work on paper.... It's quite amusing and you'll find it at  
<http://www.hilaryquick.co.uk/internetlopers.html>
- Mr Ross would like you to know that Scottish O Tours have a new website. Please have a look and please also forward this to as many orienteers as you know !!  
<http://www.scottishotours.co.uk>  
 (Much grovelling from GROSS)

This from the absconding Hartmans. In preparation for our round the world trip we are looking to sell our car and let our flat. If anyone is interested in buying our Y Reg VW Golf 1.9 diesel (S TDI) - 16,000 miles - selling price in the region of £10,500 (Was £14k new). Or in renting our spacious 2 bedroom flat in Morningside (for around £700 per month), available from end of June - March 2003, then please give us a call (0131 447 9121).
- Jamie Andrew and Anthony Squire, along with retailing entrepreneur and sponsor to the club, Rick Houghton, were amongst the Interlopers competing in the London Marathon. I don't know how they fared apart from Anthony whose performance was so poor that even I've run faster. That's shocking, Anthony ! Anyhow, the point is, have you paid them yet ? Maybe the other pair could drop me a line and let me know how they got on.
- If you're reading this and you're not a club member and you think that you might like to be then the person to get in touch with is Club Secretary, John Barrow. He can be contacted on (0131-440-2136) or at [jbw@roe.ac.uk](mailto:jbw@roe.ac.uk)
- There is a possibility of a club weekend in the autumn up Aviemore way, maybe in conjunction with the rescheduled SOL4. Maybe the Christmas Cracker will eventually be held. Watch this space for details !
- It looks like our ESOL will be held on November 17th at Glenearn. Start volunteering for jobs or make your excuses now.
- Don't forget the Club Champs on Sunday coming have been relocated by Caban to Kinneil. Starts are from 11.00 am to 12.30 pm. Bring your barbecue with you. You never know it might not rain !
- No doubt as a result of our low key organisation / administration we made a profit of £300 on the Archerfield UK Cup event. Not bad for an event appealing to a small bunch of elite orienteers. Don't tell SOA or BOF in case they put the levy up again.
- A wee while ago the Lardner family had two Adams trail-a-bikes (also known as tag-alongs) for sale, one red, one yellow. Both in very good condition, suitable for children age approx. 4-8. Fit on the seat post of any bike. Cost new £130 each, will sell for £75 each ono. Both include flag and one has a bottle rack. Contact Clare Lardner on 0131-445-5842 or [clare@clarity-scotland.co.uk](mailto:clare@clarity-scotland.co.uk) (If you've already disposed of them folks - Sorry !)
- Can Interlopers do the Double Whammy ? How many second places can we achieve in one weekend !??  
 31st August - Harvester Relay, Hexham, Northumberland  
 1st September - 11 Person Relay, Drumlanrig, Dumfries  
 The Harvester is an overnight race with teams of seven for the men and five for the women.  
 The 11 Person is as it says on the tin but it needs 5 women and 6 men in each team. Legs are of Orange, Light Green and Green standard so anyone can run.  
 If you're interested in either or both and want to run let Gillian know on (0131-667-9747).
- Info Sheet 10 which you may have received from BOF in your renewal mailing has notes on the history of orienteering. If you haven't read it yet it notes that in the following year (1969) Geoff Peck produced Britain's first specialist 1:20 000 orienteering maps for the British Championships at Kिरroughtree Forest in Southwest Scotland. Another first for Interlopers.
- Have you not renewed your BOF/SOA/Club membership yet ? Get a grip of yourself and do it now . That's 6 months for heaven's sake ! Get in touch with John Barrow at the aforementioned telephone/e-mail addresses if you're unsure what to do or how much it costs.
- We're probably down for an SOL in 2004. Is there anybody interested in doing something about it ? Planning, organising ? If you get in quickly you can decide where the event is going to be. Any volunteers / suggestions to any responsible committee member if you can find one.
- We're thinking of putting in another order for O-suits. We need a minimum number before Rick sets up his handloom. State size and preference for long or short sleeve top to Darina (0131-662-8972).
- There will be a committee meeting soon after the AGM so if any of you committee members don't attend you'd better assume you're still on it and find out when the first meeting is. Maybe you'll get this before the AGM ? Maybe ?



## Sunday 24th March

### SOL1 (CLYDE)

#### Garelochhead

JM2	Stephen Haley	1st
	Alan Cherry	2nd
TM5L	Scott Fraser	2nd
M21L	Tim Lenton	1st
	Alastair Buckley	2nd
	Rob Lee	6th
	Chris Godfree	7th
	Ben Hartman	11th
M35L	Paul Caban	4th
	Phil Smith	5th
M40L	Ken Daly	2nd
	Rob Bloor	4th
M45L	Bob Cherry	11th
M70L	Ray Heyworth	2nd
W21L	Gillian Godfree	1st
	Heather Hartman	3rd
	Lorna Eades	7th
W21S	Fiona Weir	2nd
	Darina Cunnane	3rd
	Ruth Pyatt	5th
W35L	Ann Haley	1st
	Helen Murray	2nd
	Karen Dobbie	3rd
W35S	Patricia Alston	4th

#### Green 4km 200m climb

1st	Claire Lardner	W40	50.32
2nd	Ronnie Lardner	M45	54.70

I'm looking forward to this after a very stop-start winter season. The newly revamped Scotlandsgaloppen, a new area and the chance to stretch my legs for the first time in while. Needless to say I go down with a stinking cold and a sore throat a couple of days before the event. My colleagues have been dropping like flies all term and I've managed to avoid everything going. Until now that is. The club do well with a number of first places. Congratulations to Stephen, Tim, Gillian and Ann. The new junior courses get their first airing. W35L seems as if it's going to be very competitive. And I know the Cherry family are CUNOC members but we can still claim them as our own when they win anything. The Larder family slug it out on Green with wife beating husband this time.



## Weekend 30th-31st March

### Jan Kjellstrom

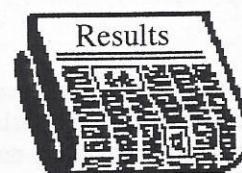
#### Forest Of Dean

M12B	Alan Cherry	1st
M16A	Scott Fraser	mp
M20E	Murray Strain	4th
M21E	Tim Lenton	5th
	Alastair Buckley	8th
	Gordon Riemersma	13th
	Andy Kitchin	18th
	Dave Godfree	20th
	Anthony Squire	23rd
	Chris Godfree	38th
	Colin Eades	53rd
M21S	Graeme Ross	96th
M40L	Rob Lee	7th
W21E	Gillian Godfree	2nd
	Lorna Eades	19th
	Janine Hensman	20th
	Claire Williams	21st
	Toni O'Donovan	24th
W21L	Mary Ker	21st
	Kate Hofman	35th
W21S	Ruth Pyatt	41st

A long haul down to Gloucestershire (?) means a low representation of Interlopers. Only the fit, ambitious and foolhardy venture forth. Young Alan can't really be an Interloper. He won on both days! Scott blows his chances by mispunching on Day 1 but records an impressive 3rd on Day 2. Murray makes a flying visit from Norway and young Riemersma is sighted for the first time in a while. Tim was a bit disappointed with his showing. Gillian has a very good weekend. She's obviously in great form just now.

In the relays, INT1 just missed out on winning by 16 seconds. Gordon, Andy and Al had built up a 2 minute lead but Tim was against Jamie Stevenson on the last leg and just couldn't hold out and SYO won. A valiant effort lads! INT2 with Dave, Rob, Murray and Anthony came a good 9th, 15 minutes behind the winners. Blisters put paid to the womens' chances when Claire had to withdraw. INT5 with Janine, Kate and new signing Toni were 9th, 18 minutes behind the inevitable South Yorkshire Orienteers again.

Overall a good weekend for the club then. Our ventures into the transfer market for Alastair and Toni seem to be paying dividends. But what do the orienteering traditionalists think? Are we going the way of the Scottish Premier League with these fancy, overpaid foreign imports?



## Saturday 6th April

### Short Race (INT)

#### Gullane Dunes

4th	Tim Lenton	60.04
8th	Alastair Buckley	61.01
9th	Andy Kitchin	61.06
16th	Dave Godfree	62.34
23rd	Rob Lee	64.54
27th	Anthony Squire	65.44
30th	Murray Strain	66.06
42nd	Chris Godfree	70.58
43rd	Colin Eades	71.16
2nd	Gillian Godfree	63.32
10th	Janine Hensman	68.48
12th	Lorna Eades	71.44
16th	Heather Hartman	76.15

## Sunday 7th April

### SOL2 (FVO)

#### Trossachs

M12B	Alan Cherry	2nd
M16A	Scott Fraser	3rd
M21E	Tim Lenton	2nd
	Anthony Squire	7th
	Rob Lee	19th
	Andy Kitchin	27th
	Murray Strain	30th
	Colin Eades	34th
	Chris Godfree	36th
	Alastair Buckley	mp
	Dave Godfree	mp
M21L	Pete Tryner	1st
	Ben Hartman	4th
M21S	Graeme Ross	8th
M35L	Phil Smith	4th
M40L	Ken Daly	2nd
	Rob Bloor	3rd
M45L	Bob Cherry	5th
M70L	Ray Heyworth	3rd
W21E	Gillian Godfree	2nd
	Lorna Eades	5th
	Janine Hensman	7th
	Heather Hartman	17th
W21S	Mary Ker	1st
	Jo Mein	3rd
	Ruth Pyatt	mp
	Fiona Weir	mp
W35L	Karen Dobbie	6th
	Helen Murray	mp



By the time of this UK Cup weekend I'd had a few days off school and was just beginning to pick up a bit so I didn't have the inclination or the energy to exert myself over the weekend. I did come out and help at the Hagaby. Not that I was much use. I hung about in the car park for ages while all the people who made the decisions and had the intelligence to tell me what to do were lollygagging around the golf course. I eventually hotfooted it along the path to the Assembly zipping past all these elite orienteers. By the time I arrived most of the proper work had been done and I was left to untangle tape, hand out maps and just generally encourage our lads and lasses as they sped round. It was a very nice day for it too. If I remember it was one of the few good days we had around that time. Gordon seemed to have deliberately opted for a typical Interlopers low key sort of disorganisation but things seemed to go very well. Dave and Tim started out promisingly on the first of their 3 loops but while the former held position, young Godfree seemed to slip a bit. Strong runs or shorter loops on the last leg saw Andy and Alastair pick up quite a few positions. In the end Tim finished a minute and a half behind the winner. In the Ladies' event Gillian ran consistently but couldn't make any impression on the winner, Sarah Rollins. After a bit of tidying up I had a brisk jog back to the car park and was quite satisfied that I'd managed to run a couple of miles both directions without any problems.

As for the Trossachs, well after a nightmare there a few years ago in a CompassSport cup match I was glad I wasn't running. Tim ran well despite his exertions the day before but couldn't get the top spot. Anthony seemed to last the weekend better than some of his more elderly compatriots. Maybe he paced himself better. Wins were recorded by Pete and Mary in the 21's. Spare a thought for poor Graeme. Out for over 130 minutes for 5.5kms on M21S. Even young Ben Hartman was out for almost 2 hours for his 8kms. Maybe the elite orienteers appreciated the challenge but I think I'm glad I missed out on the experience.

So what happened to SOL3 at Sluie ? I couldn't work up enough enthusiasm to enter and when I looked at the results on the website all the classes were jumbled up but organised by course and I just couldn't be bothered disentangling them, so there !

## Saturday 4th May British Championships Northern Ireland

M12B	Alan Cherry	1st
M16A	Scott Fraser	2nd
M21E	Daniel Marston	1st
	Alastair Buckley	5th
	Tim Lenton	7th
	Dave Godfree	16th
	Gordon Riemersma	19th
	Anthony Squire	27th
	Colin Eades	31st
	Neil Marston	ret'd
M21L	Brad Connor	12th
M35L	Paul Caban	19th
M40L	Rob Lee	2nd
	Ken Daly	28th
M45L	Bob Cherry	38th
W21E	Lorna Eades	10th
	Toni O'Donovan	11th
	Gillian Godfree	14th
	Janine Hensman	17th
W21L	Darina Cunnane	8th
W21S	Claire Williams	1st

And young Alan Cherry just keeps on winning ! Never mind Dan winning M21E - What about the youngster's performance to achieve the double - JK and the British Champs ! Daniel zipped round almost 14kms in just under 75 minutes. That's fast ! He won fairly comfortably with a two and a half minute margin between himself and the second finisher. Claire obviously recovered from her blisters to make it a triple success for the club. Congratulations to you all and well done to all our competitors who realised their own personal challenges.

And there was more to come on the next day as well. Even without the new champion Interlopers were strong enough to win the Mens' Premier with Dave, Al and Tim on anchor leg. INT2 with Scott, Rob and Anthony were 12th and a somewhat elderly INT3 with Paul, Ken and Colin were 21st. Brad distinguished himself in a one person team for INT4. The Ladies, (Toni, Lorna and Gillian) once again found SYO too strong finishing 3 minutes behind them this time in 2nd place.

## Saturday 1st June Scottish Championships Rogie (ESOA)

M12A	Stephen Haley	5th
M12B	Alan Cherry	1st
M21E	Tim Lenton	1st
	Alastair Buckley	2nd
	Dave Godfree	4th
	Colin Eades	10th
	Pete Tryner	dnf
M21L	Brad Connor	mp
	Ben Hartman	(1st?)
M35L	Phil Smith	7th
	Paul Caban	9th
M35S	Graham Haley	7th
M40L	Rob Lee	1st
	Rob Bloor	4th
	Ken Daly	11th
M45L	Bob Cherry	9th
M55L	Barry Owen	13th
M55S	Pat Squire	5th
M70L	Ray Heyworth	2nd
W21E	Gillian Godfree	1st
	Janine Hensman	5th
	Toni O'Donovan	7th
	Lorna Eades	8th
	Heather Hartman	(9th?)
W21S	Fiona Weir	6th
W35L	Ann Haley	2nd
W35S	Patricia Alston	6th
W40L	Hilary Quick	1st

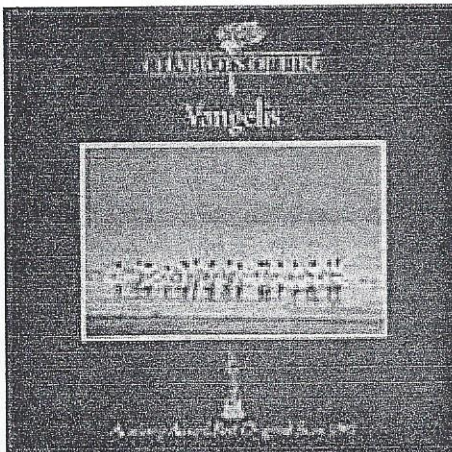


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Doo doo doo doo dooooooooooooo

Don't you recognise the karaoke lyric sheet for Chariots Of Fire ?



So what had happened by the time of the Scottish. Well shortly before I played in a staff 7-side tournament and literally with my last touch of the ball in our last match felt my hamstring go. I rested up for a wee while and then tried it out at the EPO at Kinneil but although I felt OK in the warm-up I was struggling even before I reached the first control. I wasn't in the frame of mind for an uncomfortable drive up to Strathpeffer at the weekend so I baled out and left the stalwarts to get on with it I'm afraid. Needless to say I was disappointed at not being able to defend my M45S title from 2000 which I still held on to thanks to foot and mouth. Anyway the club seemed to do us proud with first places galore. As well as outright wins for Alan (now a treble champion), Tim, Gillian and Hilary, trophies also went to Ann and Ray for being first native Scots and Ben would have won M21L if he hadn't been planning it ! Looking at the numbers participating they might be considered a bit disappointing but maybe taking the distance to be travelled they were alright on the whole. On the relays at Littlemill, Dave, Al and Tim stormed to victory again. This time by around 5 minutes. This means they've won the UK Relay League already. Congratulations Interlopers Team Compass Point. INT2 with Rob, Colin and Ben finished 9th and a really elderly INT35 of Paul, Ken and Rob (Bloor) came 13th. Janine, Lorna and Gillian easily won for us as well and will be UK Relay Champions if they win the Harvester in August. Mention must be made of a creditable 6th place on Ad Hoc by Team Haley. If me and Niall had combined with Pat it would have been a different story ! Are we good or are we good ?



## The Cave Hill Campaigner

With or without Foot and Mouth, farmers' representatives have given the impression that they would prefer interlopers from the city to be disinfected at all times, that is if they cannot be shot.

*The type of reasoned thinking one might expect from a Belfast community newsletter.*

## Salaam

### The Muslim Portal For Jobs

But on all sides of the political spectrum there is agreement on the policy of keeping secure 'Fortress Europe' from 'bogus asylum seekers' (an expression Tony Blair and Jack Straw repeatedly employ) and other wreckers of the dream of a harmonious and prosperous continent free of foreign 'interlopers'.

*Well that's the last time Daniel Marston runs for us !*

### A Student Dissertation from the Royal Agricultural College

Women Managers: Interlopers Or An Under-Used Resource?

*I'm not saying anything about this !*

## Aberdeen FC

### A Totally Unofficial Web Page

#### INTERLOPERS

There are several known interlopers who like to listen in to the list. If you're one of them feel free to contribute but remember that personal attacks on players and officials are not welcome.

Interlopers who abuse Aberdeen or their supporters will risk being removed from the list and be accused of not having washed very often, if at all.

*So are we part of that amorphous group, the great unwashed ?*

# more interløper spottings

## Security Tight For McCartney Wedding: 09 June 2002

The invitations have gone out, the marquees are up and the security guards have been briefed to halt all interlopers at the gates.

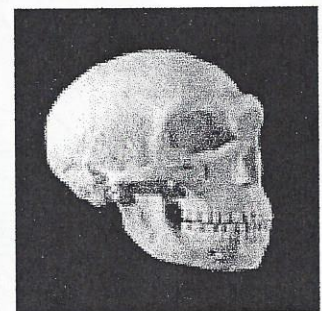


*Well that's the last time I buy any of your records, pal !*

## ape-man

### Adventures in Human Evolution BBC Website

They argue that the Neanderthals did not go extinct, but interbred with the interlopers, and may well have contributed genes to later generations. Svante Paabo's team of geneticists in Leipzig managed to sample a tiny fragment of Neanderthal DNA, and showed that it was very different to that of living people.



*Brad ?*



06.04.02 | 9



## Get your kit out

### Silva Nomad

**A compass for the digital age?** You enter a bearing and the face shows you how far you are deviating from it. It also keeps a back-bearing to where you came from.

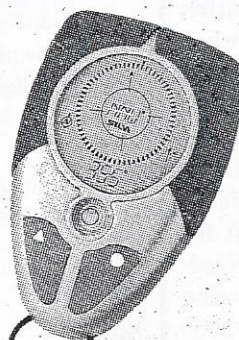
**But I can do something similar with my old-fashioned flatbed compass.**

With the Nomad, you do not have to twist a bezel about and the digital read-out is easier to follow than a bouncing needle. Accurate to one degree.

**And what else?** It compensates automatically for magnetic declination. The face is backlit for night use and poor visibility and the lithium battery lasts about 500 hours.

**Sounds fine if you know the bearing you want.** Or if you can see your objective and take a bearing from it.

**But can you take a bearing**



**off the map?** No, because it does not have a built-in protractor.

**Bit of a drawback, then?** You can get a rough bearing by using the Nomad to align the map north and south, then

turning the compass on it to point to your objective.

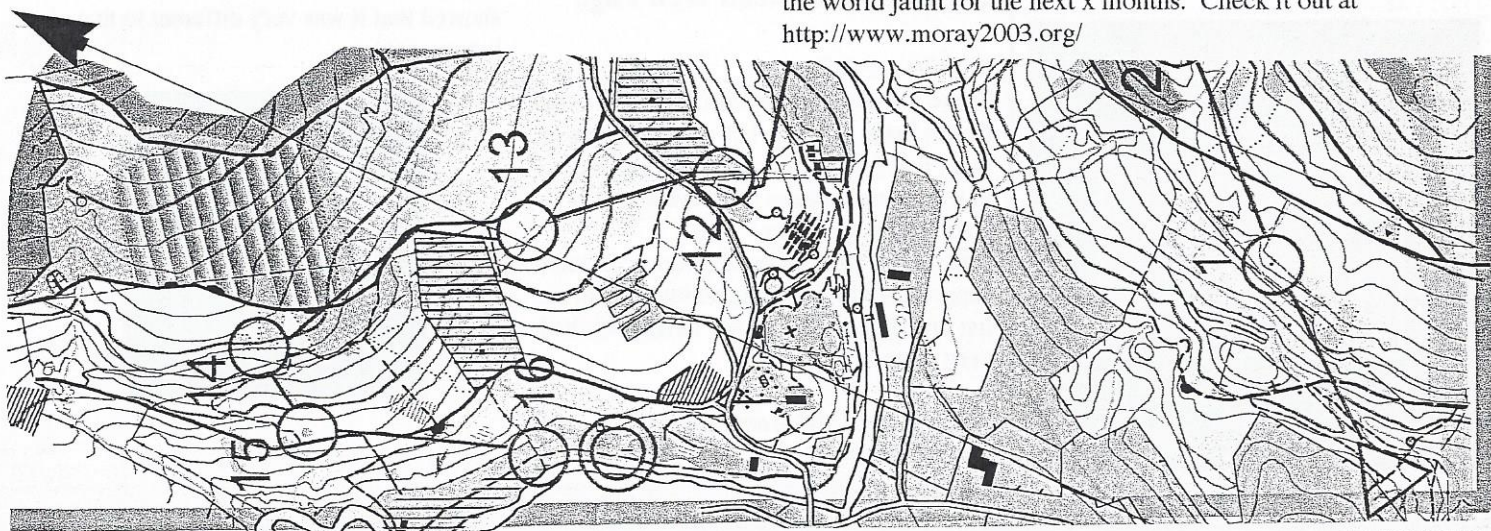
**So, take your old-fashioned flatbed with you as well?** Yes, this is not a complete replacement. But it is fun to have and easier to walk a bearing with, especially in poor conditions.

**Price?** £49.99, including neck and wrist straps. Conventional flatbed compasses cost between £9 and £60.

**Where is it available?** For mail order, try Itchy Feet on 01225 442618, [itchyfeetonline.com](http://itchyfeetonline.com). For a list of local stockists, call Silva on 01506 406277.  
**Stephen Cook**

Should you be allowed to copy down your map before you start at a colour coded event? This suggestion sparked a lot of correspondence/debate in orienteering circles of late. I'm in with the Rob Lee faction on this one despite the fact that I could probably mark the controls quicker than him. I hate copying down controls huddling under a plastic sheet trying to mark controls on a sodden map with a pen that is stubbornly refusing to work. Or substitute an orange tent for the plastic sheet and you can't make out any colour variations on the map and you can't see if you're marking the circles properly. Orienteering should be about your ability to navigate. You shouldn't be penalised because you take more care / a bit longer copying down controls. Why not have a 5 minute call up which gives you enough time to draw up your map but not enough time to plan your entire route. In the end BOF seem to have decided to leave the decision to the discretion of the organisers of events. Another storm in a teacup quelled!

Moray 2003 has been officially launched. The Scottish Championships saw the first appearance of promotional literature, entry forms, etc. The website is up and running too. Check out Aberdeen and Grampian Tourist Board for accommodation or if you want to go west cross the border into Inverness and Nairn. For newer club members it's a six day festival of orienteering fun held every two years. It's a family oriented affair with a rest day in the middle so you can take a wee bit more time out to enjoy some of the delights and attractions of whatever part of Scotland it's located in. Numbers vary on the whole between 2500 and 4000 so it's an experience you might not have come across. It can also be as competitive as you want it to be. You can choose long course if you want something challenging or shorter courses if you don't want to be a physical wreck. This year for the first time you can enter by internet if you so wish. The more people who opt to enter this way means that our costs will be reduced and there will be a greater surplus to put back into grassroots orienteering. So don't worry about security issues just because the treasurer is running off with her husband on a round the world jaunt for the next x months. Check it out at <http://www.moray2003.org/>





# Midgeless glens beckon as Scots test 4ft zapper

They are the scourge of the Scottish summer, a bloodsucking menace seemingly resistant to any repellent. But the midge may have met its match.

Scientists in Edinburgh are testing a "midge magnet", said to be able to clear an area the size of a football pitch of midges by emitting carbon dioxide to attract them then zapping them with bug spray.

There are 37 different types of midge north of the border, but only five with a taste for human blood. They prefer the Highlands and the west coast, and reach their peak in mid to late summer.

Researches at Edinburgh University found midges cost the tourist industry £286m, with 86% of first-time visitors saying they would advise friends not to travel to Scotland in July or August.

The 4ft by 3ft midge zapper, which contains a gas cylinder, has been designed by Calor Scotland and is to be tested by the university to see if it can be marketed. A company spokesman said it could be in shops by next summer.

Kirsty Scott The Guardian May 13th

*it was a balmy April evening at Carberry. (about the best we've had all year, but that's another story) and I ended up being eaten alive by midges. west highlands in July yes but Musselburgh in April - No ! global warming is here. what can we do about it ?*

I fervently hope that the "midge magnet" tests are a miserable failure. Midges have an inalienable right to go about their lives without interference. The midge magnet is another example of human arrogance in assuming superiority over the rest of the living world.

Steve Shaw

Bude, Cornwall

A little Laphroaig can be rubbed on the skin, or better still, drunk and exuded from the pores. The latter has two distinct benefits: it repels midges; and if taken in sufficient quantity, you don't care if you are bitten or not.

FM Gillespie

Burwell, Cambs.

## Are You A Midge Magnet ?

Researchers at the Sir Alexander Robertson Centre for Tropical Veterinary Medicine have confirmed the truth behind the long-held belief that some of us are more prone to midge attacks than others.

For the first time they have established that some people are bitten more than others and that this depends on the behavioural and electrophysiological responses of midges to different people's sweat extracts. (My response tends to be "Get away you wee b\*\*\*\*rds !" - Ed.).

The team collected human sweat samples and then tested them to see how attractive different sweat samples are to midges. They also conducted biting trials with live human subjects. The discoveries about how midges' antennae respond to human sweat could ultimately help entomologists develop new repellents to block receptor sites on the midges' antennae, and stop people being bitten by midges no matter how irresistible their sweat.

From Edit, The University of Edinburgh Magazine, Summer 2001



**Interlopers  
Club Championships**



**Sunday 23rd June  
Kinneil Country Park  
Bo'ness  
NS 985803**

**Starts 11.00 am - 12.30 pm**

**Courses: Yellow, Orange, Red, Purple, Green**

**Cost: Seniors £2.50 / Juniors £1**

**More information from  
Paul.Caban@ed.ac.uk**

**0131-445-3098**



# M fortysomething



# 127

Well it's been an uneventful Spring and early Summer for me. All my good intentions came to nothing as I was daft enough to play football outdoors at my advancing age. While I can get away with it indoors in the Games Hall outside it's a different matters as more stress and strain is put on my deteriorating skeletomuscular frame. I had lasted alright against the pupils the week before but the current 6th year weren't very good so I hadn't really been stretched too much.

So here I am a month later, I've tried resting it and it's still not healed properly yet. Oh just in case you haven't read the earlier bits, it's my hamstring this time. It looks like I'm going to have to bite the bullet, grit my teeth, get my wallet out and get some physio.

Apologies again for not getting out the newsletter before the AGM. I tried valiantly but eventually succumbed to the round of rugby training pickups, award ceremonies and school trip arrangements which are the lot of parents of teenage boys at this time of year. Ruaridh got his colours for playing in the school 1st XV and is off to Canada with them tomorrow (Friday). Oh no! I'll be out at the airport with him while the England v Brazil match is on. How will I survive?

Niall picked up the prize for Mechanics and got his colours for helping edit the school newspaper. It's a pity he's showing this talent now when he's just about to go off to university. There

again you never know. By the time you read this I may have been replaced as editor. You live in hope!

I have about 3 weeks now to shed some of the pounds I've gained so that I cut a svelte figure as I pose by the pool of our villa in Florida. We're grossing out this summer on a tasteless, mind-numbing fortnight in Theme Park World and probably enjoying every minute too. The thinking is that this might be our last family holiday but if I know my eldest son he'll be sponging off of us for as long as he can. So I don't think I'm going to be running much in the heat and humidity of Orlando. The Hartmans and Godfrees gasp in horror as they think of what a wasteful way to spend your holidays. I'll start training when I get back. I promise!

What's happening club wise? Well as mentioned earlier the Hartmans are zipping off around the world so we may be rudderless or leaderless but there again we might not re-elect Graeme as Club Chairman. Be very afraid, the Acklands will be coming back soon. Wedding bells have rung for Andy and Kate. I believe some orienteering was managed during the weekend festivities down in Cumbria. The Dobbie/Davies combine are reputedly moving after Mark's elevation to a lofty position well above that of mere classroom foot soldier. My spies haven't been able to confirm where they're going to yet. But don't get your hopes up you pair, you can move house to escape

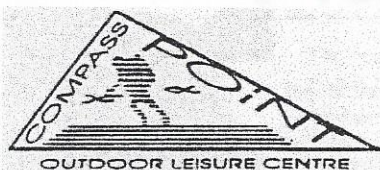
Interlopers but you can't hide!

On a personal performance note, I have enjoyed the few EPO's I took part in, even although I should have done better. Muchos gracias to Gillian and Dave for all their efforts. And just in case you think you'll never be able to compete with the elite, take heart from the fact (which I have repeated to anyone who will listen countless times already) that I beat Tim Lenton to the first control at Carberry. The only other excitement for me was a trip down to Kielder for a NATO Badge Event where things seemed to be going well until No. 10 where confronted with the choice of the easy but circuitous motorway ride or the direct route through steep river bank, featureless, against the grain kak I chose the latter. I did enjoy it overall but admit to being fazed a bit by north lines which weren't perpendicular and rather widely spaced apart on a last printed map which perhaps could have been a bit sharper.

In conclusion have a nice summer. Run well, stay healthy and come back refreshed to start thinking about Moray 2003 and don't forget as Bjørge Lillelien said "Lord Nelson, Anthony Eden, Bobby Charlton, Winston Churchill, Maggie Thatcher, Tony Blair. Can you hear me Tony Blair? Your boys (and girls) took a hell of a beating."

Happy Trails

## COMPASS POINT



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Camping  
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and Fell Running needs

10 Market Square, Lytham, Lancashire  
Telephone (01253) 795597  
Email Rick@compasspoint.demon.co.uk  
or from Darina at most Scottish events



## Run and Become Become and Run

56 Dalry Road, Edinburgh EH11 2BA  
Telephone: 0131 313 5300  
Fax: 0131 337 3133