

INTERLOPERS

ORIENTEERING CLUB

EDINBURGH

NEWSLETTER NO. 123

June 2001

123

Hello ! Hello ! It's Good To Be Back !

Well here it is at last. I can make lots of excuses but none of them stand up to careful scrutiny. You might see this as my bid to relinquish the post of newsletter editor. If you feel strongly enough about my failure to keep the membership fully informed then vote me out at the AGM which you should have had belated intimation of around now. I suppose the general dearth of orienteering is one of the reasons why I haven't really been rushing to put fingers to keyboard. On the family front I've been watching lots of rugby at the weekends watching middle son progress with the Capital Crusaders and Boroughmuir to Scottish district and club championships. He's actually scored conversions in a cup final at Murrayfield. The eldest one is nearly finished his Highers. God bless the SQA (or is that the S (O+2)A) ? Junior is captaining his school football

team to unheard of success. They've actually won some matches ! On the work front our school has been inspected. They've finally caught up with me after 23 years of ruining the prospects of countless Scottish children. Name and shame these failing teachers I say and pay them off with some cushy desk job. Needless to say there's a shortage of Geography teachers, so it's on with the new timetable and all the upheaval that involves. Some stalwart souls have managed to find orienteering events here and there. Most of the major events have been put back a year. The club membership continues to expand. One of them is presented below if the school photocopier does her justice. All this and some more might be found within the pages of this increasingly rare and irregular publication. Enjoy if you dare !

The Annual Issue

***A Christmas
Message ?***

***What To Do If You
Can't Find Any
Orienteering***

***No Great ESOC
Control***

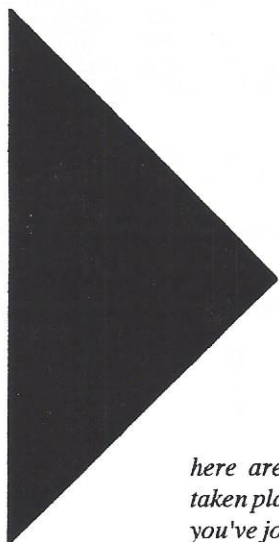
***A Letter From
A-me-ri-ca (I see the
Proclaimers have a
new album out !)***

***Old Results, Some
Events, etc.***

***And don't forget the
AGM !***



Is it a McIntyre or an Eades ? Do you recognise the knee ?



here are some of the changes which have taken place in the long gap between issues. if you've joined the club and I've missed you out or your address has changed and I haven't noted it, I'll get around to it next time - whenever that may be !

In the Club !

At 2.08 am on Tuesday 23rd January, Lorna gave birth to a wee baby girl called Mairi. She weighed in at 5lb13oz or 2.64kg for you metricated folk. Height was measured at 48cm. Mother and Baby seemed to be doing fine, both just tired and a bit sore from the experience.

More recently, Hilary asked us to raise our glasses to Mo and Graham McIntyre to celebrate the arrival on Wednesday 4th April (?) of their latest addition, a wee boy whom they have called Logie. Or was it Rogie and his Dad was just thinking about the Scottish Championships (what Scottish Championships???). If you want the vital statistics please talk to the proud parents, I'm useless at these things. Suffice to say Mo has now experienced both of the most common methods of producing babies and seems to think each has its merits. Well done all concerned.

Wired !

Geoff Peck	joff@netvigator.com
Helen Murray	helen@murrayhc.swinternet.co.uk
Murray Strain	m.strain@ndirect.co.uk
Julian Hall	jajhall@ed.ac.uk
Lardner Family	clarity@lardner.demon.co.uk
Jamie Simpson	jamiesimpson@ukonline.co.uk
Kim Buckley	buckley_kim@hotmail.com
Ken Daly	kendaly@beeb.net
Steve Ambler	steve.ambler@st.com
Joanne Thin	joanne@jthin.freemove.co.uk

Wired up or just rewired, here's where you can contact them.

On the Move

Anthony Squire

7 Copperfield Gardens, Brentwood, Essex CM14 4UB

Tel: (01277 230750)

Anthony assures me that although he's now an Essex Boy he's still an Interlopers Man.

Tim Lenton

(1F1) 18 Roseneath Terrace, Edinburgh EH9 1JN

Tel: (0131 228 1901)

Our illustrious Social Secretary moves closer to the Meadows and I missed the house warming.

Helen Muray

16/3 Greenhill Place, Edinburgh EH10 4BR

Tel: (0131 477 9425)

Helen has moved further away from the Meadows. Flat-warming party to follow once the chaos subsides a little... In the meantime cups of tea and biscuits are on offer for anyone wishing to help unpack boxes, assemble bookcases, etc, etc.

Tim Brand

Penny Fuir Farm, Connel Road, Oban PA34 5TX

Tel: (01631 567048)

A new (short term) address for Tim. Why ? Where are you going next ?



Interlopers Annual General Meeting

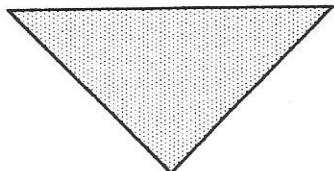
Thursday 14th June

6.30pm onwards

The Meeting Room
Centre for Sport and Exercise
University of Edinburgh
46 Pleasance
EH8 9TJ

Phone John Barrow
(0131-440-2136)
for more details

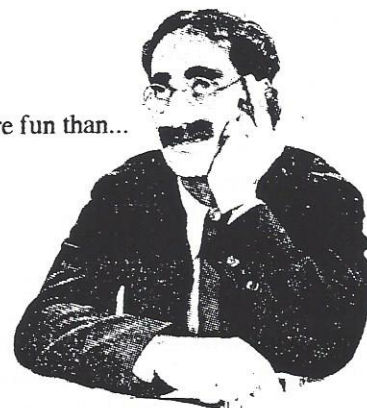




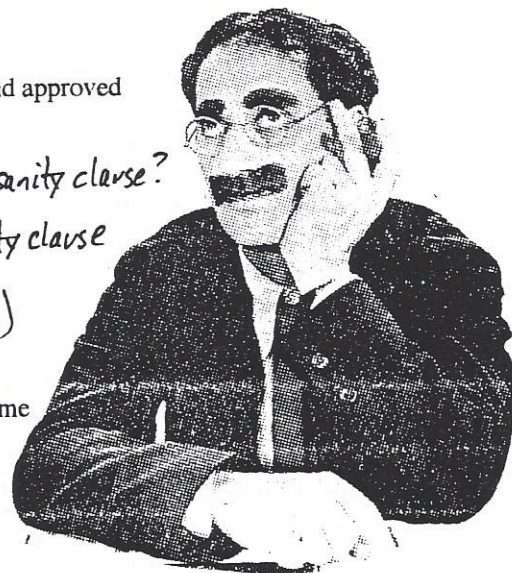
no o go

Darina and Brad have been amusing themselves by concocting new and interesting alternatives to the traditional orienteering events that are, sadly, denied us at present. They thought that you might like to see the fruits of what two Irish people can come up with when they put their heads together !

E-i-e-i-o	Farmyard orienteering (currently banned due to F&M)
Dod-o	Thump each control with a large mallet until it's extinct
Grouch-o	Extra Marx for wearing a silly mustache
Tally-h-o	You get chased by lots of people in red coats
Heave-h-o	Events run on car ferries
Limb-o	Only the most flexible need enter
Gung-h-o	Pretend that you know what you're doing
Wot-no-bir-o	The map is really difficult to copy down
Allegr-o	Razz around the forest in duff old British cars: pre-cursor to Maestro, and lots more fun than...
Monde-o:	Where all the courses look the same.
Kosov-o	Orienteering in flak jackets
Big-Bro	Your every move is recorded on TV
Kait-o	Mad chinamen leap out on you from behind trees
Clouseau	See above
Clued-o	Someone has stolen one of the controls
Timb-o	Everyone has to try to follow our illustrious social secretary otherwise known as Wheredidheg-o
Adaggi-o	Faster, faster!!
Megidd-o	Only seven controls, and they're all very sharp
Hell-o:	VERY warm weather training
Sadd-o	"To Orienteer Where No-One Has Orienteered Before!"
Sick-o	Like sprint-o, but eat ten Mars bars immediately before running
Mis-o	A nasty Japanese soup, nothing to do with orienteering at all
Loc-o	Every one follows each other and goes woo-wooh
Psych-o	Orienteering with chainsaws, machetes, and ice hockey masks
Guan-o	You don't want to fall over whist running
Quang-o	You must run in groups of 12 and every route choice must be debated and approved
Eur-o	Even more complicated than quang-o
Mamb-o	Really funky running style
Thick-o	For the terminally dim
Pant-o	We might have done this one before...
Pest-o	Pretty oily and only if you're called Basil
Prest-o	Really really fast
Dumb-o	See thick-o, or look out for low-flying heffalumps
Porn-o	Strangely scanty orienteering kit required
Dupl-o	For kiddies (also Lud-o, Leg-o etc etc
Ramb-o	Only the fittest need apply for a course of great ESOC controls of our time
Ah-so	Orienteering with chopsticks
Shaft-o	Orienteering on land above old coal mines, as in Cannock Chase
Bing-o	Orienteering W Lothian style
Ditt-o	Only one control, and you have to visit it 36 times.



I don't want to belong to any club that will accept me as a member (and that includes Interlopers !)



*What about the sanity clause?
There is no sanity clause
(when you're orienteering!)*

and when I copied the e-mail from my browser the full stops came out as squares so the signature at the bottom looked like this !
B□ Brad Connor

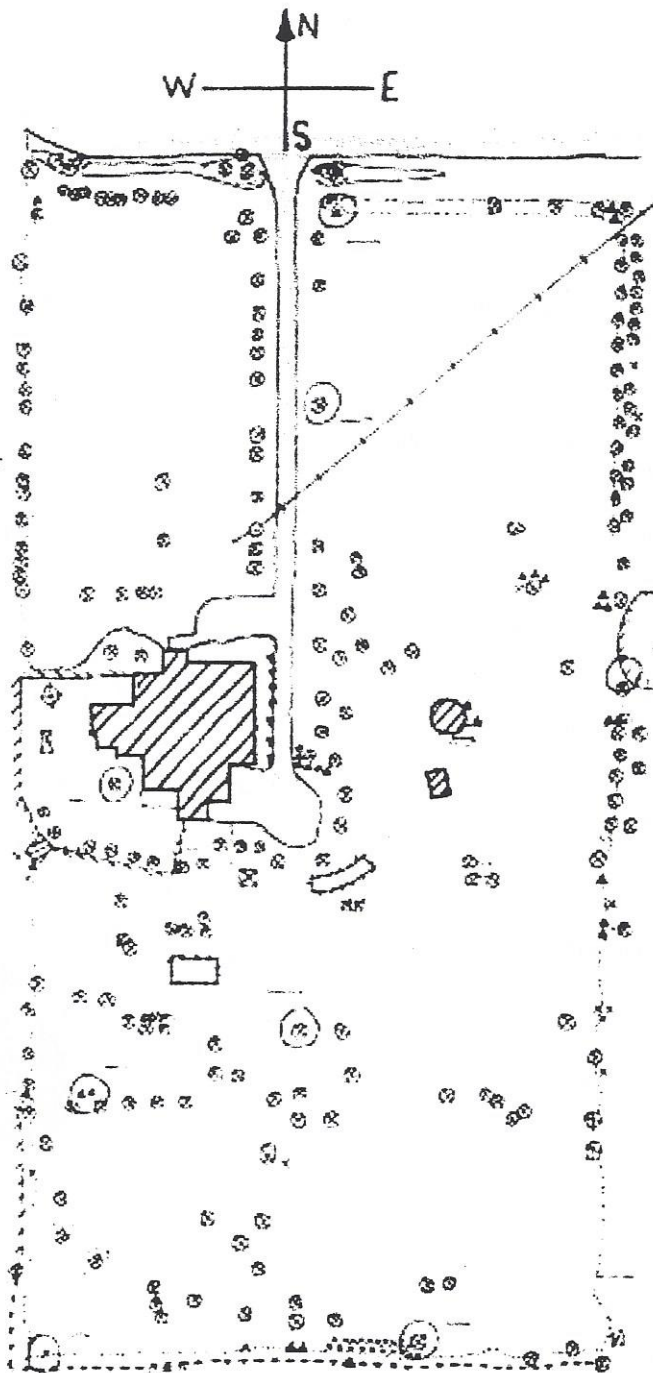
Feel free to add any more you can think of. Send some to me and they'll be in the next newsletter too !

Home On The Range

where the deer and the McIntyre play
where seldom is heard a _____
and you can make the rest up yourself for this issue's competition

Very cryptic Colin. Nice to see the events are appearing again in the UK. We've just had the last one of the local Spring series here. It had a 300m canadian canoe across a river as the first leg then it was 7.5k round prairie and forest. Terrain not unlike the south of England, flat with thick vegetation in places. A few areas with interesting contour wiggles but the only real hills are in and out of stream valleys. I am now the wrong side of 15st (extra large restaurant portion sizes) and struggled round in 69 mins (my favorite number!). Winner took a brisk 52 and is useful even by UK standards. He is of course Eastern European and the next best club athlete is an exile Swede M35. Most of the Americans trail in after that and the best ones tend to be in the older age groups (you know M45 and up like you!!). Anyway, real bit of news was that Jane notched up her first ever win on the green course by 2 mins doing about 5K in 50 mins. Just goes to show how fit you can get running about after the kids. Anyway, we won't see you this summer as we are not coming to the six days. We were back briefly in May for Jane's brother wedding and another trip is too much. Shame really as its the first one I've missed since 85. (We're thinking of doing a grand tour of the Black Hills of South Dakota, Yellowstone, Calagary and the Rockies instead). Kids are fine and have just finished first term of school. Jane is looking forward to the 13 week summer vacation with them (NOT). I had the Brownies round the other night for an O event in my garden (its 5 acres). Went so well the cub scouts want to come round now (see attachment). Maybe I can start the US branch of Interlopers? Anyway, best wishes to all back home and hope that the 6 days goes well.

Presumably a map of McIntyre Hoose



27W361 79th St

Naperville

Scale 1:1,000

Key

- Road
- ▨ Building
- ⊙ Long tree
- ✕ Fallen tree/leg
- ▲ Fence
- ⌘ Hedge
- ⌘ Backhoe hole
- ⌘ Well
- ⌘ Horse stall
- ⌘ Horse stall
- ⌘ Vaccination Barn
- ⊙ Animal Hut
- ⊠ Groundwater Pump

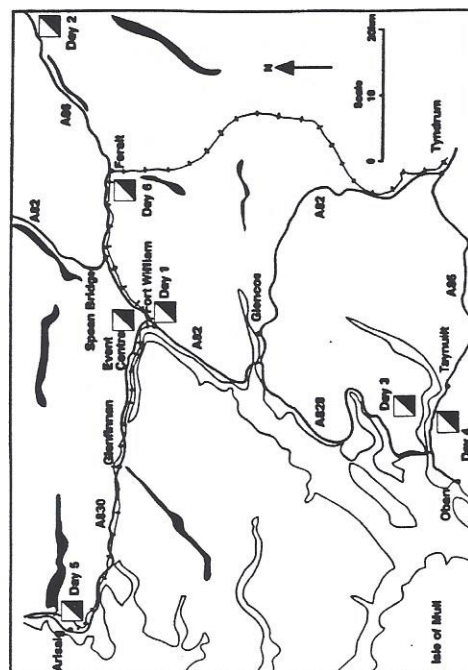
Drawn By Ian McIntyre
May 2001

PUZZLE ANSWER

Events

John Barrow has got our dates for the Autumn Saturday Series of CATI events. Interlopers are down for September 8th, October 13th and November 10th. If you want to embark on an illustrious planning career or just generally fancy helping out, now is the time to register your interest. Choose a date, choose a venue and let the new committee know of your interest and I'm sure they would be happy to assist you. As for other events such as the ESOL, I don't know very much but we'll try to get information to you as soon as we can.

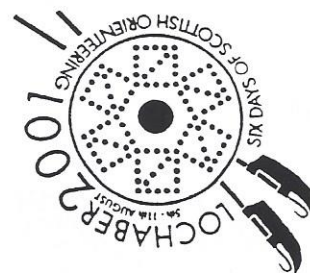
Everything seems postponed until next year. We were thinking of holding our ESOL on Glenearn but we'll probably hold it on Archerfield now. The whole Scotlands galoppen series has been put back to 2002. If a club wished to put in for an event in 2002 they will probably be given first consideration for 2003. This knock on effect may have consequences for us in 2003 with us nominally being the lead club for Moray 2003. We had asked for an SG in 2002 and had been allocated one 'somewhere on Speyside'. Will it go ahead? We'll be suffering from planning/organising fatigue by then. There have been suggestions that the Scottish Championships could be held in October but the general feeling is we'd prefer Rogie in 2002 unless the SOA come up with an area which is nearer the central belt, the relays are held in conjunction with it, and we get an Organiser and support from other clubs if needed. What do you think will happen?



Six Days On The Road



two important messages for everybody. Graeme has copied the official SOA announcement on the Six Days and Ben and Heather make a plea for your assistance on our Day A day in Arisaig - what more could you want ? - (apart from no rain)



Following detailed discussions with landowners and farmers whose land we are using, the organising committee has decided to proceed with Lochaber 2001. The organisers gratefully acknowledge the understanding and co-operation of the landowners and farmers concerned with the event. Naturally they reserve the right to review the position should there be an unexpected deterioration in the Foot and Mouth situation.

<http://www.scottishorienteering.org.uk/lochaber.html>

April entry Fees extended to June 30.

The organisers are pleased to announce that entry fees will remain at their April level until 30 June 2001. Seniors £10/Day, Juniors £5 / Day, other Juniors in same family £4 / Day. Entry forms are available from your Club Secretary, the PO Box or from our Website.

Hi everyone,

As you will all now have heard the 6 day is on - Hurrah! As planners of Day 5 we ask you all to get your entries in and please come along. Everyone that wants a run should get one provided there are enough people at all times to run the event. But we have been told that means something like 75 people (between INT, TAY, KFO & Lakeland) - so the more people we get the easier it will be. We don't want to give too much

away about the courses - except that we think that they're simply excellent - so far as we can see from our armchair. The area combines good running with plenty of contour and rock detail and some of the best scenery in Scotland. In fact it will be the perfect venue for willing control collectors to enjoy a lovely sunny evening ... along with the midges

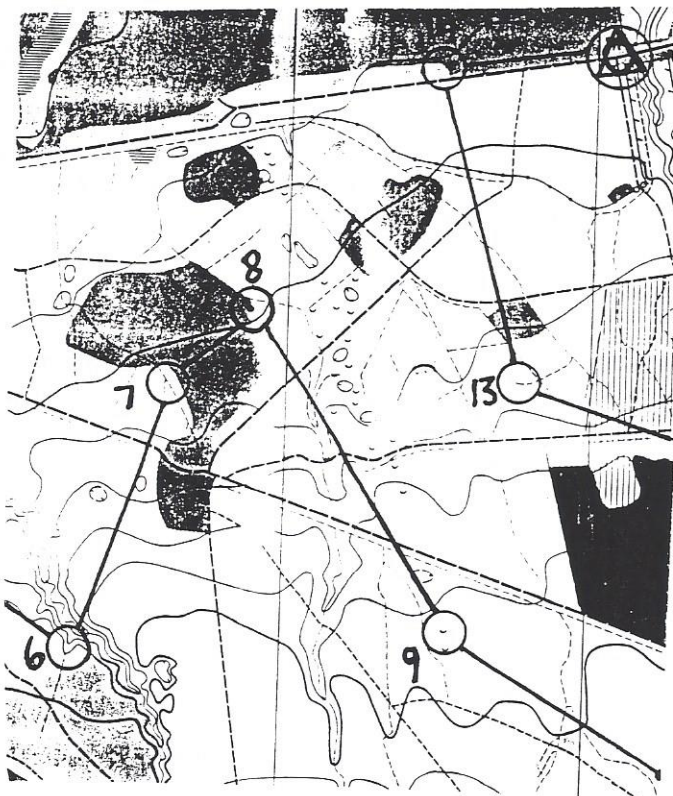
Ben and Heather

■ The grasping tightfists at the City of Edinburgh Council have decided to start charging access fees for using council property which the general public get to use for free. A flat fee of £25 was levied on ESOC for the first of the Saturday Series events this year. Discussions about this have followed and the Council have reviewed the situation and will waive the fee if 20 or fewer competitors take part. That doesn't exactly encourage participation and the cost wipes out any entry fee income a club might make. This to be continued.

■ Be prepared to give up some of your Rest Day if you're going to the Six Days. Days 3 and 4 are at Connel near Oban. To get the equipment from there - a fair step south of Fort William - to Arisaig, a similar distance west, would be logistically difficult. The plan is to take the equipment from the Day 2 event and set it up on the Rest Day (between Days 3 and 4). I suppose there is a possibility of some preparatory work being done beforehand. Get in touch with Ben (0131-4447-9121) if you want more details or want to offer your assistance.

■ Ken Daly seems to be fully immersing himself in the murky world of sports politics. From nowhere the man has landed two plumb jobs. Not only is he secretary of ESOA, he has also been installed as vice-president of the SOA. Watch your back, Juan Antonio Samaranch, we say.

■ The developers are talking about building golf courses on Archerfield! Will our next ESOL finally be the last chance to run there?



■ Earlier on in the year, this tumbled into my e-mail folder G Ackland wrote:

We have received a proposal from SOA to set up, in parallel with the newly established Scottish Elite development orienteering squad (SEDS), a secondary tier, the Scottish "A" development orienteering squad (SADOS).

This group will be aimed at those of lesser skills than the true elites, and will follow on from the successful National "A" development squad (NADS) in producing more well-rounded orienteers than the Elite NEDS, and be open to those who simply want to hang out together. Like NEDS and NADS, with their "Go NEDS"-type slogans it is envisaged that SADOS will want a strong group identity slogan, and SOA is currently awaiting suggestions. An important aim of SADOS will be to boost the SEDS morale by finishing behind them in races. Since Interlopers has established a national reputation for being second best, it is hoped that many of our club members may already have met the crite for being SADOS.

"Am I being specifically targeted for this prestigious group or is it April 1st already?" I enquired. From the orienteer who was in the lead on his course for the first four controls and then posted 4 of the slowest legs for the next four and had a brief resurgence of getting the controls correct towards the end.

■ It's the AGM on Thursday June 14th, advertised elsewhere in this august publication. Get the newsletter editor you deserve, shape the club's future direction or skip it and just turn up for the meal at Suruchi's after. Let Tim (0131-228-1901) know if you intend going. If you decide on the latter course of action don't moan about the committee then. No participation - No representation!

ESOC
Sprint-0
Kinneil

Second Run.



Sunday 17th December
Interlopers
Club Championships
Kinneil Wood, Bo'ness

Short Green 2.6km

1st Lorna Eades 48:10

Green 4.5km

1st	Alison Laws	43:57
2nd	Keith Turner	51:05
3rd	Rachel Wilson	51:48
4th	Neil Turner	52:43
5th	Karen Dobbie	53:04
6th	Fiona Weir	55:20
7th	Marjory Foreman	56:32
8th	Janet Walton	57:14
9th	John Barrow	62:21
10th	Jen Leonard	64:58
11th	Pascal Lardet	66:09
12th	Ray Heyworth	67:50
13th	Sandy Sharp	77:57
14th	Helen Murray	81:09

Brown 7.1km

1st	Tim Lenton	49:08
2nd	Colin Eades	50:08
3rd	Ben Hartman	50:35
4th	Graeme Ackland	50:46
5th	Rob Lee	52:11
6th	Tamas Toth	57:03
7th	Ken Daly	57:23
8th	Camilla Berglund	57:51
9th	Rob Bloor	59:41
10th	Janine Hensman	62:05
11th	Julian Hall	62:30
12th	BradConnor	
	(akaWidowTwanky)	62:37
13th	Heather Hartman	63:46
14th	Hilary Pussy-Cat Quick	71:01
15th	Jane Ackland	72:06
16th	Barry Owen	73:29
17th	Darina Cunnane	75:28
	Gillian Godfree	rtd
	Colin Inverarity	rtd



A motley multitude convened on a miserable morning at Kinneil. Spirits were soon lifted by the pantomime characters present. I just made it in time finding out that my wife had almost run the petrol tank dry, necessitating a detour to find a petrol station. I had a reasonable start but was soon deflated by a supercharged Ackland flying past. Soon after I spent ten minutes looking for a ditch end I'd marked in the wrong place. I had had enough. Lack of morale fibre. I gave up! The winner of the handicapped Club Championships was Tamas. Second place was Darina. Congratulations to the winners, thanks to Paul (and Ken ?) for organising and the rest of you for turning out rather than doing your Christmas shopping.

Sunday 12th January ESOL4 (ESOC) Dalkeith Park

White 1.5km

2nd	Chris Galloway	M5	18.19
5th	Mark Haley	M6	22.00
6th	Lardner Family		27.14

Yellow 2.1km

3rd	Stephen Haley	M10	28.24
-----	---------------	-----	-------

Orange 3.0km

8th	Calum Inverarity	M12	66.51
-----	------------------	-----	-------

Light Green 3.5km

2nd	Clare Lardner	W40	44.27
3rd	Graham Haley	M35	45.42
7th	Ray Heyworth	M70	52.05
14th	Jane Dawson	W40	59.50
16th	Janet Walton	W35	61.57
18th	S Turnbull	W21	67.53

Green 5.2km

1st	Gillian Godfree	W21	40.33
9th	Karen Dobbie	W35	57.28
20th	Jo Mein	W21	66.38
37th	Scott Fraser	M16	72.46
39th	John Barrow	M50	74.41

Blue 7.1km

1st	Tamas Toth	M21	52.59
6th	Heather Hartman	W21	66.03
10th	Bill Mason	M50	67.38
13th	Darina Cunnane	W21	71.07
22nd	Fiona Weir	W21	75.07

Brown 7.8km

4th	Ben Hartman	M21	52.49
5th	Colin Eades	M21	53.32
6th	Graeme Ackland	M35	54.21
7th	Rob Lee	M35	54.40
10th	Graham McIntyre	M40	58.53
12th	Ken Daly	M35	60.47
17th	David Jones	M35	63.54
20th	Pat Bartlett	M21	66.23
27th	Hilary Quick	W45	70.45
28th	Colin Inverarity	M45	80.46
29th	Barry Owen	M50	81.17

I like running here, preferably when the bluebells are out. Early January is a bit on the crisp side though but Having run here regularly I feel I know the park well. It's the usual scenario of a good start which goes haywire later on. By Control 5 some guy in a foreign top had caught up with me. We traded places continually up to the 2nd master maps at 13. He got there slightly ahead of me. As I knelt down beside him I thought the next control looked a bit familiar. Hadn't I been there already? I was about to copy the Blue course! I pointed this out to him and managed to get a start on him. We ran in tandem until 18 when he didn't seem convinced I was going to the correct control. I'd dropped my control descriptions by this time. I called the code out to him and he said he didn't know. He'd picked up the descriptions for the Blue! Great! I decided I was at the right spot and promptly bombed off the wrong way along the track and didn't realise until I was sandwiched between two out of bounds areas with a long detour ahead. Spiffing! Bloody foreigners! Take about 10 minutes off my time and I would have beaten that Quick woman.

There's over 400 metres of climb and I'm thinking of doing the Sprint-O tomorrow. Am I mad? It's the tried and tested route of up the Craggs, plover about in the depressions in Camstone Quarry, down across the Bog and up over The Dasses and Long Row to Whinny Hill and we're only en route to 4. 5 is where I blow it. 15 minutes for a leg that should have taken me about 3. Once I get that out of my system things seem to go OK. Down to Dunsapie, round the hill, over the road and back up the saddle, down The Dasses and the second master maps at Haggis Knowe. It's a shorter circuit this time but no major mishaps occur. I chicken out at the end and don't opt for the hair-raising, death defying descent down to St. Margaret's Loch. I'm still wary of my elbow when going down steep slopes so choose the longer, safer option with the gentler gradient. What am I going to feel like tomorrow?

Binning 2

13 Colin Inverarity					INT				33987 Brown				mp
1(216)	2(33)	3(220)	4(224)	5(240)	6(230)	7(238)	8(232)	9(231)	10(212)	11(233)	12(237)	13(241)	
9:42	12:22	15:08	17:48	38:40	40:58	46:35	53:28	58:28	81:05	85:48	71:47	78:08	
9:42	2:40	2:44	2:40	18:54	4:18	5:37	6:51	3:00	4:39	4:43	5:59	4:18	
14(229)	15(225)	16(226)	17(223)	18(221)	19(235)	20(236)	F		*31	*222			
79:12	83:18	85:03	88:27	—	103:48	108:16	107:07		718:57	93:17			
3:08	4:08	1:45	3:24		15:21	2:28	0:51						

Saturday 17th February ESOL5 (EUOC) Holyrood Park

White

7th	Mark Haley	M6	9.12
10th	Heather (and Jane) Walton	W?	34.15

Yellow

1st	Stephen Haley	M10	11.20
6th	Vicky (?) Powell	W21	21.33

Light Green

1st	Graham Haley	M35	24.01
5th	Ray Heyworth	M70	52.48

Green

2nd	Mary Ker	W21	40.00
5th	Graeme Ross	M21	46.15
12th	John Barrow	M50	56.34
30th	Jane Dawson	W40	76.10

Blue

3rd	Heather Hartman	W21	58.24
6th	Scott Fraser	M16	59.35
6th	Keith Dawson	M40	61.40
8th	Bill Mason	M50	62.47
11th	Karen Dobbie	W35	69.43

Brown

2nd	Ben Hartman	M21	55.44
3rd	Rob Lee	M35	56.16
3rd	Murray Strain	M18	56.16
5th	Graeme Ackland	M35	58.01
6th	Anthony Squire	M21	59.24
12th	Julian Hall	M35	68.38
15th	Barry Owen	M50	70.00
18th	Colin Inverarity	M45	86.24

Sunday 18th February ESOC Sprint-O Beecraigs

Long			Total	Run 1	Run 2
3rd	Tim Lenton	M21	0:48:05	0:24:15 2	0:23:50 7
8th	Robert Lee	M35	0:49:03	0:25:02 5	0:24:01 8
9th	Murray Strain	M18	0:49:39	0:24:36 3	0:25:03 11
10th	Anthony Squire	M21	0:49:58	0:25:35 9	0:24:23 9
11th	Graeme Ackland	M21	0:51:07	0:25:39 11	0:25:28 13
12th	David Eades	M21	0:51:34	0:26:13 13	0:25:21 12
14th	Ben Hartman	M21	0:52:21	0:25:50 12	0:26:31 14
19th	Chris Godfree	M21	0:57:00	0:27:31 18	0:29:29 23
25th	Camilla Berglund	W20	1:06:24	0:35:25 36	0:30:59 25
26th	Heather Hartman	W21	1:07:10	0:34:18 32	0:32:52 27
28th	Janine Hensman	W21	1:07:34	0:32:41 27	0:34:53 35
32nd	Jane Ackland	W21	1:09:28	0:37:24 40	0:32:04 26
33rd	Brad Connor	M21	1:09:36	0:33:57 30	0:35:39 38

Short			Total	Run 1	Run 2
6th	Hilary Quick	W45	0:51:40	0:23:57 8	0:27:43 7
9th	Jo Mein	W21	0:52:59	0:24:07 9	0:28:52 12
10th	Scott Fraser	M16	0:55:13	0:30:43 31	0:24:30 2
12th	Colin Inverarity	M45	0:55:30	0:28:40 25	0:26:50 6
14th	Niall Inverarity	M18	0:55:52	0:27:30 21	0:28:22 9

It has been at Beecraigs and Penicuik. This time it's at Kinneil. I think it's the best venue for this sort of event. A compact wood, pleasant terrain and fast running this time. Well, maybe ! 2 to 3 I head off at the not quite the right angle and run down the wrong track wondering why there's so much fight on my left which isn't on the map. This mistake proves costly. Obviously I'm mentally as well as physically drained by yesterday's exertions on Arthur's Seat. The rest of the course goes alright if somewhat uneventfully. I'm way down the course. 25th or something like that. I was 4th last year ! Niall's beaten me. W50's and M14's have beaten me also. The ignominy of standing in the queue for the start of the second run with all these people ahead of me. I catch up with a few of them by a better route choice for once to No.1. The experience of the club championships, however limited, is obviously paying dividends. Along the steep, slippery northern slope by the railway and I've caught up with even more but am slowed down by a snake like procession clambering up the precipitous terrain to the control. Something for the planners to consider next time. Us 'fast people' being held back by queues for the punch. Make the legs at the beginning longer and don't put them on a steep slope. I've picked off quite a few now and continue to do so as we make our way into the main block of forest. I'm running with some Aberdeen University guys as we head east. There's one I just can't overtake. He seems to be heading too far to the left to Number 9. I veer to the right but then convince myself he's right. Wrong choice! I realise my mistake but get there first and then do the old 180 degree error as I'm holding my map the 'wrong' way. Scott Fraser has caught up with me now. Can I hold him off ? I try to lift my pace and keep ahead of him until he passes me on the last leg to 14. He gets a write up for the biggest improvement of the day from 31st to 2nd. No doubt helped by me towing him along for the last five controls. May I point out that I had the second biggest improvement from 25th to 6th, once again highlighting the fact that if I hadn't run like a haddie first time round I would have fared considerably better. Niall has a good second run also improving from 21st to 9th. It was noticeable that most of the big boys seemed to struggle a bit more on their second legs judging by their positions with the exception of Mrs. Ackland. No stamina I say. I don't spend two hours out in the forest for 5 kms for nothing I can tell you ! No winners this time (Tim was only 31 seconds behind the winner) but some very good placings and some keen intra-club competition.

Saturday 17 March East of Scotland Spring Saturday Series Blackford Hill & The Hermitage

Blue 6.8km

1st	Tim Lenton	51.50
2nd	Bruce Duncan	52.02
3rd	Jon Duncan	53.35
4th	Clive Parry	54.55
5th	Steve Nicholson	55.05
6th	Jason Inman	58.08
7th	Graeme Ackland	58.18
8th	Ben Hartman	60.58
9th	Stewart Fishwick	61.55
10th	Jane Ackland	69.30
11th	Roger Scrutton	71.12
12th	Walter Clark	71.50
13th	Jon Cross	74.53
14th	Colin Inverarity	80.02
15th	Alastair Lessells	80.11
16th	Bill Stevenson	81.40
17th	Julian Hall	83.59
18th	Hilary Quick	85.55
19th	Beccy Osborn	86.50
20th	Bill Gauld	87.02
21st	Barry Owen	89.51
22nd	Ian Jackson	119.40
23rd	M. Matthews	129.23

Short Blue 4.4km

2nd	Alison Laws	50.32
3rd	Heather Hartman	54.45

Green 3.9km

1st	Mary Ker	47.11
2nd	Scott Fraser	47.28
7th	Fiona Weir	53.20
8th	Darina Cunnane	55.32
16th	Graeme Ross	72.13

69 competitors for a come and try it event. I was having a great time hareing round. In the excitement of registering competitors on yellow and orange courses earlier no one had told me when I went off that there was a second map. It felt like I'd run 6.8 kms when I got back. You can imagine the sympathy from my fellow club members when they realised my error (Not !). I have to say that I approached the second loop with something less than full enthusiasm as could be detected by some of my route choices. I was feeling so good after that first lap. Why didn't it just end there ?

Late-(i)nt Orient

(that means it's being lying around for a while doing nothing !)

i know it's a bit late but it's nice to get messages from foreign climes and find out what's happening in places like the exotic orient and it helps fill up sapce in the newsletter too ! Thanks, Geoff !

Season's greetings from Hong Kong !

Yes, yet another email Christmas message ... and yet another excuse. I did have grand intentions to get cards sent on time this year but and then I thought this would be a good time to save some rainforests and embrace the technology of the new millenium :) My excuse ... well, I had to attend a wedding at the end of November. My own! Iris and I decided to tie the knot and we had a great day. It started with a traditional Chinese 'churt mun' ceremony where I had to go to her family home to ask for 'hand'. Her friends and family made ridiculous demands, and my 'support team' did their best to deflect them with various ingenious devices ... in typical Hong Kong style, a compromise was reached. Then 'yum cha' lunch and a change of clothes for the traditional western registry office, slightly different because we took over the community centre in our local village for the occasion. We managed to make a normally dry, impersonal ceremony fun ... and took hundreds of photos. A long day was rounded off with a relatively quiet dinner for close family and friends ... although the chocolate prophylactics made an unwelcome return. Not much of an excuse you say, but we also decided to start married life in a brand new flat ... unfortunately it wasn't ready on time and neither of us managed to get any holiday so we've spent virtually every minute since then decorating, building, buying furniture and everything else for an empty house. The good side is that the flat is only 5 minutes from the new airport saving an hour's commute for both of us .. Iris is still working in Cathay and is refusing to become a 'taai taai'.

I also managed to complete my annual ritual of the Trailwalker. This is a 100km trek across Hong Kong, joining all the high ridges ... about 25000ft of climbing mainly along rough trails. It is a team event with 4 runners having to remain together for the whole race and this year we managed 4th place ... yes, not as good as last year, but one of the team had serious dehydration problems and we lost a lot of time but our notorious team spirit kept us together and we beat all our local rivals.

I'm still busy at work, now training again on the 777 as Cathay try to fill seats in the 15 new aircraft they've ordered next year and struggle with industrial action. Last year the pilots accepted a large pay cut to help the company face an expected down-turn in profits ... this year they announced a huge profit yet seem reluctant to discuss the pay issue! : (Eileen is still in Sydney (eileenpeck@bigpond.com) but is spending this Christmas with her new 'man', an ex-colleague from a computer firm in Fleet, and New Year in Scotland with her family and Christopher. He's still working for a software company in Dunfermline and has just bought his first flat in Edinburgh. It was great to see him in Hong Kong for the wedding. ... it looks like we've got another chance to see in a new millenium. Unfortunately I'm working over Christmas and New Year so there won't be any celebrations, but I'm looking forward to what it may bring. I hope you are too. Love from Hong Kong, Geoff

Hong Kong's new airport

Kai Tak Airport in Hong Kong is one of Asia's busiest and one of the world's potentially most dangerous. The approach route to the airport is over one of the world's most densely populated cities (Figure 6.13) and planes seem to 'disappear' behind high rise buildings as they land (Figure 6.15). The runway, although very long, extends out into the one of the world's busiest harbours. What would be the damage and loss of life should the pilot descend too quickly or pull up too slowly? The airport handles 16 million passengers and will be operating at full capacity by 1994.

The Hong Kong government have begun, despite much opposition from China who will take over the colony in 1997, to build a huge new airport and seaport on the island of Lantau (Figure 6.13). The project will include a twin-runway airport with a dozen or more container terminals and cargo berths. These will be linked to Kowloon and Hong Kong Island by a six-lane expressway, a commuter line, a 1.4 kilometre suspension bridge and five tunnels. The first stage, the levelling of a hilly island just off the coast of Lantau, has already begun.

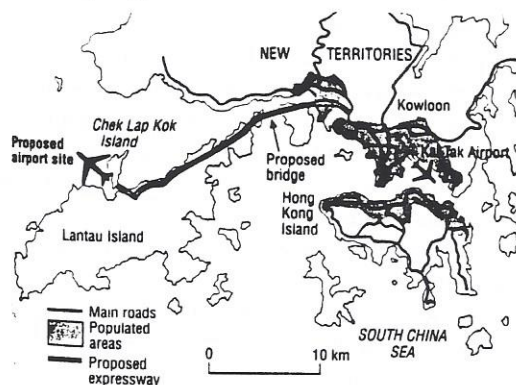


Figure 6.13
Proposed site of the new
Hong Kong airport

The project is continuing amid considerable political opposition from China. The colony's government claimed that without the new airport Hong Kong could lose 13 billion US dollars a year in trade and tourism. China feels it is an attempt to run down Hong Kong's money reserves before the take over in 1997 and resents the lack of consultation. Unlike other proposed airport developments and extensions elsewhere in the world, such as London, political opposition is greater than environmental protests.

Club News

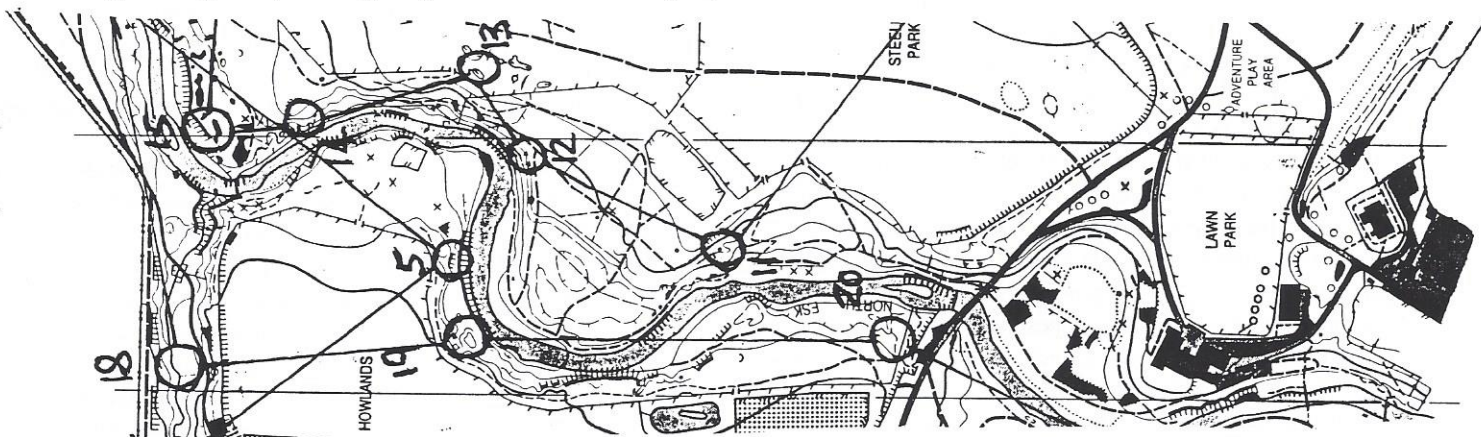
while you've all been eagerly awaiting the welcome thud of an envelope containing your newsletter on your hall floor as I or some postman thrusts it through your letter box the increasingly safest way of finding out what is happening is to get on the club e-mail list

Keith Dawson had to drop out of planning the Hagaby/LOL on Archerfield so we were looking for someone to plan a prestigious UK cup race on a super new O-Cad map which needless to say never occurred. The club trestles were all loaned to Moravian but we only got half of them back. Eddie Harwood claimed someone came to his back garden and took them away and thus began the saga of the missing trestles. Anthony became an Essex Boy but still claimed to be an Interlopers Man! Assistant or Vice Social Secretary (depending on how you look at it) Connor started organising lots of soirees to various cultural events. Some of them may have even take part. None of them have been advertised in this week's guest publication, the increasingly irregular and little read Interlopers Newsletter. So here we go then! Crouching Tiger, Hidden Dragon, Transition, Burns Night at the Acklands, the Waterboys, Scottish National Jazz Orchestra, Salsa Celtica, silly board games at Brad's, Pancake Night at Helen's, Don Giovanni, Shostakovich and Beethoven by the RSN, tutored wine tasting evenings, Tommy Tiernan, Kiss Me Kate, Scottish Ballet and Carmen, Bjorn Again, the Hobbit. Billy Joel could probably put all that to music. Stuff the orienteering and concentrate on the socials. Well done you social type peoples! If you're salivating at that feast of entertainment make sure you're on the Interlopers mailing list to get first hand information of what might be happening.

So back to the e-mails! Ben and Heather suggested some training up in Speyside. Martin dusted off his o-shoes and offered to organise a Summer Series event at Dechmont Law on a super new map courtesy of Mr. Godfree. Brad asked for someone to volunteer to address the haggis which elicited this scurrilous response from the Chairperson. "That would be a Scotsman I believe. Do we have any of those?" - Graeme MacLand "PS. Can you inherit Scottishness from your children, like insanity?" which of course in true Interlopers fashion prompted the following response. "McGraeme, it is typically the maister of the hoose whose duty/honour it is to address the haggis - and I'm sure that you'd look very fetching in a kilt, although the sight of your surgically manhandled knee might put

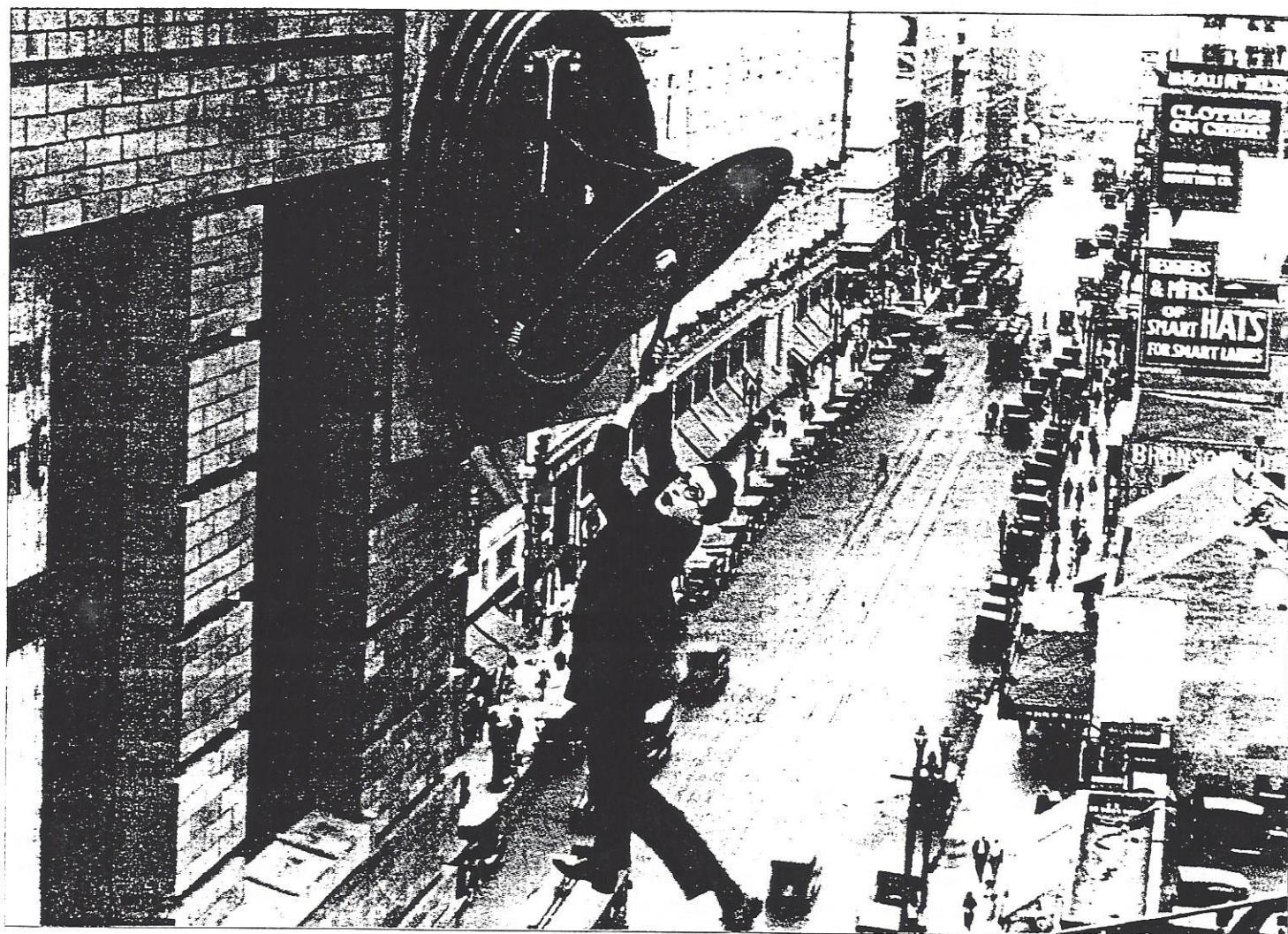
some off their haggis. All the more for the rest of us, then. Get practising those "rrrr's", Jimmy." McBrad (What sort of burger is that?). Moray 2003 meetings continued. Ben was trying to organise relay teams. The Curse of INT afflicted several Lothian Running Club teams at the Devil's Burden Relays with a considerable number of them finishing 2nd. There was a forlorn plea to club members for an Organiser for our Day at the Six Days which thankfully was solved when the poisoned chalice was taken up by Rab Philp of KFO, I think! Darina tried to whip up some interest in the Irish Champs. Travel arrangements for a National Event in Wales were well under way. Then some cows got sick and everything went pear-shaped!

Events were cancelled across the board forcing some innovative thinking for weekend training runs. Our benevolent sponsor, Rick at CompassPoint, felt the pinch as sales fell with the drop in participation in outdoor activities. Remember and give him your custom. Murray was looking for a big headlamp. Somehow Caban managed to organise an orienteering event on Blackford Hill which must have been the best attended come and try it event ever, certainly if the number of national squad members and ex-internationals present was anything to go by. Ben and Heather looked for sympathy as they attempted to sell their Nova. Are you sure it's only 85,000 miles? The Forestry Commission started opening up some of their forests which was much appreciated by some. A rare event near Elgin was advertised prompting Ackland to ask anyone going to look out for our trestles. Gallant efforts by Hilary and Graeme Mac to keep the Scottish Champs alive foundered. After being left with child when her husband deserted her for the London Marathon, Mrs. Ackland put out a plea for a LMGSOHNSFL soul out there (whatever that is!) keen to examine the insides of some clouds with her at the Lowe Alpine Mountain Marathon. A few days later she was looking for potential Highland Cross competitors and was inundated with responses. Janine was desperate... for a blank map of Devilla to organise junior squad training.



if you're now convinced you want to be on the list, email Paul at Paul.Caban@ed.ac.uk and he'll keep you right

No Great ESOC Control



A Plea From The Heart / Chair

Some of you with long enough memories may remember in the last issue we highlighted the concern over the validity of the North American Championships in the M50 course where N.W. Thicket and A Gor(s) Bush both claimed to have won the title. Further investigations have unearthed this damning photograph of an ESOC official (and relative of Thicket) blatantly tampering with the event clock. Clearly this behaviour does not show our sport in a good light. Time is not on our side in our attempts to clean up the image of orienteering and many honest club orienteers don't want to be left hanging around waiting for the powers that be to resolve this situation. Any hopes that ESOC and Interlopers will join together to form an Edinburgh 'super-club' must be seriously called into question after this most unsportsmanlike action.

Appalled, Newington

Dear All,

You should by now have got notification of the AGM next Thursday.

One of the most important things for the club is to appoint a new committee. Several committee members are standing down, including Paul Caban (treasurer) and myself (chairman). Being a committee member is not especially onerous (we only meet every couple of months) and it gives you the chance to shape the direction the club goes. Since I've been chairman, the committee has agreed that we can't do everything that seems to be "a good thing". We made definite choices to concentrate on some areas and neglect others.

We have organised more big events at remote locations and as few as possible local colour codeds. We have withdrawn from organising summer series schools events

and held instead Wednesday sprint races. We have actively increased membership in the senior age group while neglecting juniors and older vets. We have run infrequent training weekends in quality terrain, and neglected frequent local training. We have agreed to be central organisers for Moray 2003 reducing our time for other events and local development.

I hope its clear that none of these choices are straightforward, and there are strong arguments for disagreeing with some of them. If you want to change the way the club goes, or ensure we keep doing things the way we currently are, please consider standing for a position on the committee.

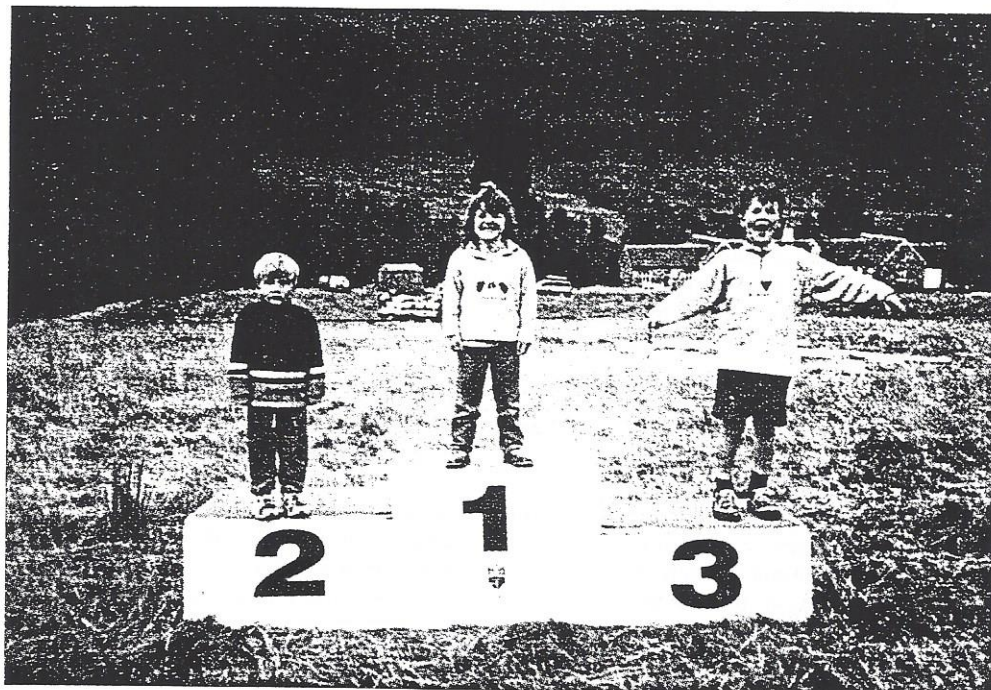
If you want to discuss further what's involved, please feel free to contact me by email or phone (0131-667-7718)

Graeme

Future Champions Cup



Here's a photo to get in you in the mood for the Six Days courtesy of the Guardian. Some youngsters up on holiday in Glen Affric having fun on the podium.



(Above, top to bottom)
Christian Moorhead, age 6
Cragg Vale School

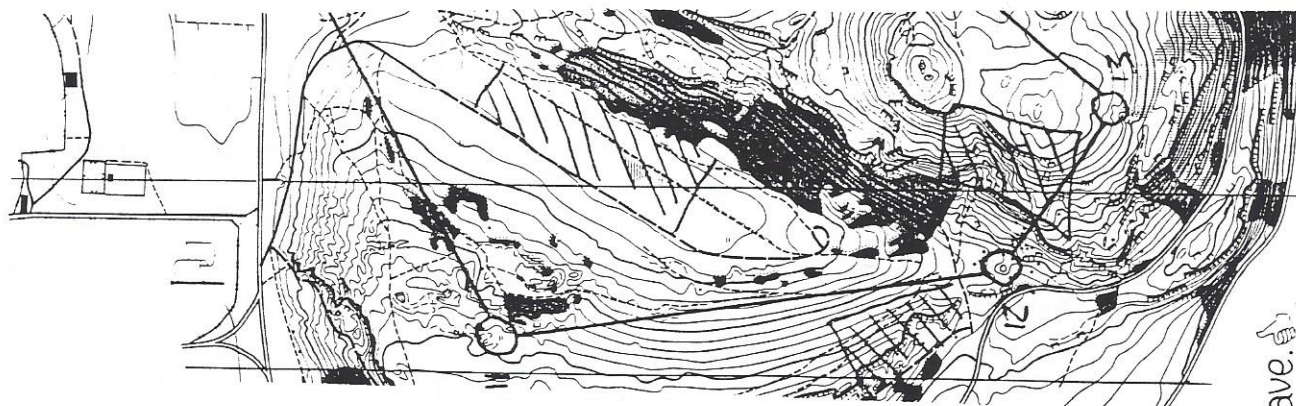
We saw this tractor in the field behind our house and my dad said we could go out to talk to the farmer. He stopped the tractor and said we could get in for a minute, and I took this picture of my brother Joseph in the driving seat, only you can't see him so well, but he is there. I like tractors.

Jenny Illingworth, age 9
Trumacar Primary School

My friend's mum said the Queen was coming to Morecambe and would we like to go to see her. I've seen her on the telly, but never in real life before. We went to the prom and waited for ages and ages. Then this big car came along, an old-fashioned one. The Queen got out and walked close to me and my friend. She gave us a big smile as I took my photo, and said 'hello' in a really posh voice.

Annie Scarf, age 6
Cragg Vale School

This is a picture of me and my brothers Joey, who's four, and Ben, who's nine — I got my mum to take it. We were somewhere in Scotland at a place where people do orienteering, and there was this place where winners get their medals and we went to stand there.



Dave.



Apologies to all those on the e-mail list who received a strange message recently but in true interloper fashion it prompted some amusing responses. Maybe there's some mileage in sending the odd surreal message just to see what reaction it provokes. I said "WHO interlopers" Ian MacIntyre all the way from The US of A said, "Very cryptic. Colin." "WHO colin inverarity - aka Roger Daltrey, perhaps?!" said our loveable leprechaun, Brad "Ooh, ooh to you!"

Ever the master of space and time, Ackland said "I am the doctor..." Gillian didn't mess around. She came out with the straightforward, good old-fashioned bemused enquiry "What?!!"

The only man more senile than me in the club had to have a dig and said "Time for your lie down, I think..." Thanks Bazza! Ever the teamplayer Hilary had to respond "WE INTERLOPERS!!!!!!" There's no need to shout! Where's your netiquette, woman? "Er, I think you meant to send this to the administrator rather than the list" said Paul, realising that my request for a list of those on e-mail had gone to the wrong address. Sorry! It did prove the editor is still alive and thinking about the newsletter.

New members. Hello to Julian Hall. Cecilia MacIntyre and family. At least you're a Mac rather than a Mc. We've already got two of them so that saves some confusion. Murray

Strain has defected from ELO in an attempt to gain from the experience of our elite runners and get the chance to participate in relay teams at the highest level. Hard lines there, Murray! The powers that be at ELO (your Mum and Dad) must be in collusion with the Gods of Foot and Mouth. Scott Fraser from my school has joined. I don't teach him at present. He shows some talent at Geography and a predilection for writing on the desks in my principal teacher's room. A habit he had better get out of fast! The expanding McIntyres, as opposed to the emigrating McIntyres, have out of necessity moved to larger premises somewhere in the southern periphery of our conurbation. Address to follow.

If by some miracle this newsletter reaches you by Wednesday 14th you might be able to catch the Summer Series event at Hillend from 4.30 pm onwards. There's usually a Short Sprint event around 7.00 p.m. If you can't make it earlier or want to run with the big boys and girls. Check with Dave or Gillian Godfree (0131-667-9747) to see if there is one. If you can't manage that, the last event is over in Fife on Wednesday 20th June at Lochore Meadows Country Park, 3 miles north of Lochgelly on the B920. Check with Peter Adams of KFO (01592-644219) to see if it is still going on. Apologies again to those who rely on publication in the newsletter to keep you informed of events. I'll try to resume normal service.

What else can I fill up some space with? Moray 2003. The organising committee have met on a number of occasions now and its ranks are steadily swelling. There are some vacancies still open. If I could be bothered digging out my notes or could translate the minutes sent to me into something approximating English I could inform you of them and try to work up interest amongst you. I believe the following are still available Webmeister, Publicity Officer, Secretary and Overall Co-ordinator. Step right up and volunteer to Jim Heardman (Heardman@btinternet.com) and / or Donald Petrie (Donald@soa.almac.co.uk). The next issue will probably be a bumper issue with as much as I can remember about the Six Days. I should remember more this time as I'm wimping out on Short. My wife has cunningly arranged that she's got to go back down to Glasgow University for part of her Early Education course so it's really just a Three Days for her and potential disaster for a cottage full of incompetent males in Onich. Hopefully the weather will be kind and the courses challenging but fair. Embarrassment or a game of staff football might prevent me from attending the AGM so if anybody wants the post of newsletter editor...! Have a good summer and Happy Trails!

COMPASS POINT

oops, I've lost the logo...

Sorry, Rick!

For all your
Walking
Mountaineering
Camping
Climbing
Orienteering
and Fell Running needs

10 Market Square, Lytham, Lancashire
Telephone (01253) 795597
Email Rick@compasspoint.demon.co.uk

or from Darina at most Scottish events



Interlopers Club Meal

After the AGM Food
Suruchi's
(Opposite the Festival Theatre)
Thursday 14 June
for 8.30pm

Please e-mail Tim
(tlent@ceh.ac.uk)
to reserve your place.

Helen
(One of several assistant social
secretaries)

